

Drug-Free Schools and Communities Act Report

FY22 Biennial Report

(Academic years 20-21 & 21-22)

This report is being prepared on behalf of the College of Saint Benedict and Saint John's University, in compliance with the Drug-Free School and Campus Regulation (Part 86) of the Drug-Free Schools Communities Act (DFSCA). This report is intended to summarize our policies, programs, sanctions, and education to support a healthy community. This report will outline the 2020-2021 and 2021-2022 Academic years to support the Drug-Free Schools Act.

Summary of report for CSB and SJU:

I. Brief overview of CSB and SJU

Saint John's University is a private institution that was founded in 1857. Its setting is rural, and the campus size is 2,500 acres. SJU enrolls 1,500 first-year to senior undergraduate students. The College of St. Benedict is a private institution that was founded in 1913. Its setting is suburban, and the campus size is 300 acres. CSB enrolls 1,426 first-year to senior undergraduate students. Under CSB's and SJU's coordinated relationship, students at the two institutions have a shared curriculum and access to resources of both campuses.

II. Policies

The College of Saint Benedict (CSB) and Saint John's University (SJU (collectively, "CSB and SJU") are responsible, as recipients of federal Title IV funds, to comply with the federal Drug-Free Schools and Communities Act and the federal Drug-Free Workplace Act. In addition, CSB and SJU are each committed to promoting safe and productive work and academic environments. Accordingly, CSB and SJU have each adopted this policy to require their campuses to be free of illegal drugs and to prohibit the misuse of alcohol. As required by federal law, this policy also includes information on the health risks of drug and alcohol use, potential drug and alcohol-related sanctions, and available support services. https://livecsbsju.sharepoint.com/sites/humanresources/SitePages/HR-Handbooks-Default.aspx?csf=1&web=1&e=KNXPWX

III. Enforcement of Policies

All students have online access to the Bennie Book (CSB) and the J-book (SJU). PDF of each book is available in Section IIV.

Disciplinary sanctions for alcohol and other drug violations that may be imposed include but are not limited to any of the following or any combination of the following: expulsion, suspension, disciplinary probation, fines, service hours, or a written warning. Restitution may be assigned if offenses involve damage to, destruction of, or misappropriation of property.

The following information appears in the annual campus crime & fire safety report. It is mailed to all students, faculty, and staff by October 1st of each year. Hard copies are available on request, and also found in Section VII.

IV. Prevention and Education programs

CSB and SJU Student Development Divisions provide a variety of educational and prevention strategies to inform students about high-risk behaviors and choices that may interfere with their ability to progress toward earning a degree. The division strives to provide essential information to students to help them make safe, educated, and healthy decisions during their time as a student on the CSB and SJU campuses.

a. Residential Life

CSB and SJU Residential Life trains professional and paraprofessional staff members on an ongoing basis. Each August before student arrival, professional staff are trained on the student code of conduct, student conduct procedure, emergency protocol, AOD information, and campus/community resources for referrals. This information is reviewed and expanded upon as needed over the course of the academic year. Paraprofessional staff receive training on the student code of conduct and conduct procedure, emergency protocol, and receive information about alcohol and other drugs from various campus partners, including Counseling & Health Promotion staff, CSB Security, and SJU Life Safety. Each department also provides a student handbook on their website and a link to the Bennie Book and J-Book that provide all Student Life policies.

https://www.csbsju.edu/csb-residential-life

https://www.csbsju.edu/sju-residential-life-and-housing

b. Student Orientation

The orientation program offers all new and incoming CSB and SJU students information about the risks associated with alcohol use, statistics about the actual use of alcohol on CSB and SJU campuses, and activities, information on campus services related to alcohol use, and alternative programs for those that choose not to imbibe.

https://www.csbsju.edu/orientation

c. Conduct

Students who are found responsible for violating campus alcohol and/or drug policies may be assigned to participate in online educational training, on campus AOD workshops or complete other educational sanctions for their policy violation(s).

d. Varsity athletics

At the start of each season, a required athlete meeting is held on each respective campus to review the rules and regulations of the campus and athletic departments, as well as the NCAA rules and regulations that govern DIII. Coaches also initiate a variety of healthy conversations, bystander training opportunities, and many other ways to help student-athletes make healthy choices and decisions.

CSB Athletics

SJU Athletics

e. Peer Education

At CSB and SJU, the Health Promotion Department employs peer health teams to help comprehensively address relevant health issues on campus from the student perspective

for CSB and SJU students. We believe that students have unique insight into how to connect with their fellow peers and offer them knowledge and opportunities to make healthy lifestyle choices. The peer health promotion teams are here to help bridge the gap between CSB and SJU students and campus health resources and provide valuable information to support healthy decision-making.

https://www.csbsju.edu/health-promotion/peer-health-promotion-teams

V. Campus Support Services

CSB and SJU have a Well-Being Center that is available on both campuses that encompasses Counseling, Health Services, Health Promotion, and Violence Prevention.

a. Counseling

Website: https://www.csbsju.edu/counseling

CSB and SJU have a counseling center on each campus to serve enrolled CSB and SJU students from either campus. The counseling center is open Monday-Friday 8 am-4:30 pm by appointment. The counseling center offers individual counseling and group counseling as well as offering a variety of educational workshops on topics such as body image, alcohol use, smoking, and several other topics applicable to student needs and concerns. Every Wednesday from 1-3 pm Walk-In Wednesday is offered as a first-come, first-serve, 20-minute consultation with a mental health clinician from CSB and SJU Counseling. Zoom rooms are also available to CSB and SJU students when they need a private space to conduct a meeting or appointment.

b. Health Services

Website: https://www.csbsju.edu/health-services

CSB and SJU have a health services center on both campuses. Health services provide high-quality primary care and preventive services (primary care, urgent care, sports physicals, travel (Study Abroad) consults, and wellness services. There is no charge for health care office visits. Labs, assessments, procedures, and medications facilitated on campus are provided at low cost. Health Services is open Monday-Friday 8 am-4:30 pm. They close for lunch, Tuesday mornings from 8-9 am, and are closed weekends, breaks, and summers. In-person and telehealth appointments are available.

- i. St. Cloud Area Health Care Providers, Pharmacies, and Dental Offices Contact information regarding local healthcare providers is also made available to students on the counseling and health services website https://www.csbsju.edu/health-services/local-health-care-providers
 - ii. After-hours resources are made available to CSB and SJU students on the website https://www.csbsju.edu/health-services
- c. Health Promotion

Website: https://www.csbsju.edu/health-promotion

CSB and SJU Health Promotion identify and confront health-related issues facing our students today, and provides creative, dynamic, evidence-based programs, services, resources, opportunities, and leadership.

d. Violence Prevention

Website: https://www.csbsju.edu/violence-prevention

Violence Prevention focuses on improving well-being by working to decrease the number of people in our community who experience gender-based violence, sexual assault, harassment, dating, and domestic violence and stalking. Various programs, services, and education being provided through <u>Project Embrace</u>.

VI. Alcohol, illegal drugs and weapons

a. Alcohol

The College of Saint Benedict & Saint John's University believe that individual choices involving the use of alcohol have an impact on both the individual and the community. National studies have found that alcohol use is closely linked to sexual assault, declining academic performance, violent crime, and alcoholism among college students. For these reasons, the alcohol policy demonstrates a strong ethic of care and establishes healthy standards for the community in relation to the responsible and legal use of alcohol. This policy is written in accordance with Minnesota state law and reflects the mission, goals, and academic standards of our community.

As a residential college, students have the opportunity to learn with a group of individuals who make up their community. A part of the learning that takes place is social in nature. Responsible and legal alcohol use is a part of that educational process. The development of individuals and social choices can have long-term effects on behaviors, attitudes, and values. Learning to know one's limits and care about one's community are integral to the residential experience. Students are expected to use caution in choosing to use alcohol and are responsible for their behavior at all times. Being in a community means that individuals are also responsible for others. Taking action to care about and confront inappropriate alcohol use among one's peers makes the community stronger. Students will be held accountable for their behavior on either campus.

For a full list of the policy and sanctions, refer to the Bennie Book and J-Book listed in Section VII.

b. Illegal Drugs

The College of Saint Benedict & Saint John's University considers the use, possession, distribution, or sale of illegal drugs and the misuse or distribution of prescription or overthe-counter drugs, as detrimental to the welfare of the individual student and the health, security, and safety of the campus community. The illegal use, possession, distribution of drugs, intent to distribute drugs or drug paraphernalia, or misuse or distribution of prescription or over-the-counter drugs, or intent to distribute such drugs will not be tolerated by the College of Saint Benedict or Saint John's University. In addition, the manufacturing or cultivation of drugs, or the intent to do so, is strictly prohibited.

The College & University has a responsibility to maintain a safe and secure environment for students to pursue their educational goals free from the use and/or presence of illegal

drugs. Any information that comes to the attention of college authorities regarding this policy may be communicated to law enforcement.

Additionally, Federal and State drug use control laws are applicable to all members of the campus community. In promoting a drug-free community, CSB and SJU will provide educational and informational programs about the use of drugs as well as provide counseling and emergency services for students.

For a full listing of the policy and sanctions, refer to the Bennie Book and J-Book.

VII. Annual Reports and Surveys – UDATE HYPERLINKS

- a. <u>CSB Annual Crime and Fire Safety Report</u>
- b. SJU Annual Crime and Fire Safety Report
- c. 2019 Alcohol and Other Drug Executive Summary
- d. 2020-2021 Bennie Book
- e. 2021-2022 Bennie Book
- f. <u>2020-2021 J-Book</u>
- g. <u>2021-2022 J-Book</u>