Maple Syrup Season 2011 – Summary

report by

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Overview: This report documents the activities of the Saint John's Maple Syrup operation during the 2011 season.

<u>Staff</u>: John O'Reilly, Arboretum Assistant Director of Environmental Education, joined the regular crew consisting of Br. Walter Kieffer OSB, William Mock, Sarah Gainey, Stephen Saupe, Kevin Sittauer, Gary Gillitzer, Al Meyer and Dan Weber. As always, Tom Kroll, Saint John's Arboretum Director, provided logistical, administrative, and technical support.

We were assisted by numerous students, faculty, staff, and friends. We asked volunteers to log the number of hours that they worked either online or in a book at the sugar shack. Although there was a glitch in the online process, more than 150 volunteers contributed approximately 650 hours to the operation (Table 3)! The true total is even higher since this doesn't include school groups who helped collect sap, volunteers who forgot to record their hours, and the hours that weren't logged properly using the online system. Even more remarkably, this figure doesn't include the time spent by the main syrup crew.

We thanked each volunteer with a sample of syrup – from 40 mL to several gallons – depending upon the amount of time they invested. We are strongly committed to keeping our volunteers happy and to recognize them for their service. Without the volunteers, the operation would not be able to function.

Tapping: We tapped trees on Saturday, March 5th. As has become tradition, we held a minifestival to celebrate the opening of the season. We provided coffee, hot chocolate and pastries for the attendees. The celebration included a blessing by Br. Walter, a brief history of syruping at St. John's, and an explanation of how the tapping process would work. We also gave each participant a "Saint John's Maple Syrup Crew" button. A shuttle at 8:30 AM brought St. Ben's students to the festival since the Link doesn't run that early on Saturday. We had over 100 participants who installed about 800 taps. By the end of the season, we had placed out approximately 1200 taps.

Like last year, on Tapping Day we sent multiple drill crews into the field with cordless drills and spare batteries. Each crew consisted of a tapper with portable drill (and spare battery), a spiledriver with a hammer and bucket of spiles, a bucket runner, a lid runner, and a hanger who placed the bucket and lid on the spile. Br. Walter and Steve Saupe directed the crews in the field. Drill crew leaders included Mike Leedahl, Neva Widmer, Bobby Mandel, Hannah Froehling, and several others. This worked well and we plan to do it again next year. To insure that drill crews correctly identified and tapped sugar maple trees, on the day before the event we marked each tree for tapping using paintballs. While the majority of the participants placed taps, another crew remained in the sugar house to set up the evaporator.

This year we put out only buckets on tapping day. Then, during the season, we installed bags.

Clean Up: Tuesday, April 12 was the main tap-removal day. On Wednesday, April 13, barrels, bags and hangers were removed from the woods, and the hoses from the sap wagon and other supplies were cleaned and soaked in 10% bleach. Bucket washing day was Thursday, April 14, using the dishwasher in the Refectory which kept participants significantly drier than our previous typical 'bucket brigade' outside the Refectory loading dock. Spiles were cleaned by placing them in a small grout mixer with granite grit and water for 4 hours. The taps were hosed off and any plugged with grit were cleaned out with a wire and rewashed. Bent spiles were straighten or discarded.

<u>Festivals</u>: Once again we held two festivals (March 26 and April 2). As usual, the festivals featured maple syrup sundaes, live music, a children's nature area, tours of the sugarhouse, educational lectures, tapping demonstrations, horse drawn wagon rides, and a Native American area. More than 500 people attended the first festival despite chilly weather and there were about 800 at the second festival.

<u>Publicity</u>: The Arboretum staff maintained a daily blog, posted at the following link: <u>http://www.csbsju.edu/Arboretum/Stewardship/Projects/LandStewardship/MapleSyrup/Volun</u> <u>teer/DailyUpdate.htm</u>. In addition, the following publicity/articles about the maple syrup operation appeared:

- Abbey Chronicle. *Abbey Banner*, Fall 2011, p 25.
- Bowen, Amy (2011) Syrup festival taps traditions. St. Cloud Times. March 15, 2011.
- Perfect for Two Community Maple Syrup Tapping. The Record. March 4, 2011, p 4.
- Saint John's Maple Syrup Festivals. *Albany Enterprise*, March 16, 2011
- Saupe, SG (2010). Analysis of St. John's Maple Syrup Records: 1942 2009. *Headwaters. A CSB/SJU Faculty Journal* 27: 80 – 89.
- Sustainability Tip of the Week. *The Record*, April 1, 2011; p 4 (advertised a maple syrup festival and some facts about the process)
- Thiessen, Emile (2011) Syrup festival provides hands-on opportunity. *St. Joseph Newsleader* Vol 22 (14): 1, 4. April 8, 2011 (<u>http://www.thenewsleaders.com/syrup-festival-provides-hands-on-opportunity</u>)
- Tison, Alivia (2011) Columbian leave mountains for Minnesota. *The Record*, April 8, p 3.

Sap/Syrup Production: As is tradition, we maintain our sap and syrup records on scrap boards (Fig 1 & 2). These data are summarized in Tables 1 - 3. In addition, data for all years are summarized in Table 4. During the 2011 season, we collected a total of 5615 gallons of sap on 9 different days. The first day on which there was enough sap to collect was March 18 and the last day of sap collection was April 20 (Table 1). Overall, this was a later season than the previous year (Figure 3), but average compared to all seasons for which we have data (Figure 4). By the end of the season we jugged 126 gallons of syrup, which yields a sap/syrup ratio of 44.6 with a seasonal sugar concentration of 1.9%.

Our yields this year were lower than usual because we lost quite a bit of sap/syrup from leaks in our sap pan. We had filled the evaporator and cooked at least once when the weather turned very cold. The sap remaining in the evaporator from this earlier firing froze solid and split some of the seams of the sap pan. Bill and Walter were able to repair the damage using a food grade sealant, and we were able to limp the rest of the way through the season.

Education: We provided educational tours to numerous students, from pre to high school. CSB/SJU students also were involved, including FYS classes and Biology 221 lab. In addition, individuals from the Arhuacos Indigenous group were given a tour of the operation. The Arboretum also sponsored an 'It's Coming...' campaign to generate interest.

Licensure: We were again licensed by Stearns County Environmental Services. We are proud of licensure and work hard to maintain it. Each year we continue to make improvements to insure licensure. For example, this year we replaced our finishing pan with a new stainless steel one. In addition, we replaced the wooden platform of our syrup lifter with stainless steel. We've insured that all supplies are in plastic storage containers to keep them from being exposed to mice and dirt. Each year we need to call Mr. Hank Schreifels, Stearns County Environmental Services, at the start of the season to schedule a time for him to visit the operation.

Sugar Shack Renovation: The sugar shack is undergoing constant renovation and improvement. Kevin Sittauer is working on a project to panel the ceiling which should be finished by the 2012 season. The floor was resealed at the end of the 2011 season.

Br. Walter's crew built a small 'secret' room for Sarah and the educational staff to house their teaching supplies.

As mentioned above, the sap pan was significantly damaged during the season. Our initial plan had been to have a new pan built to replace the existing one. Drawings with measurements with made by some of Br. Walter's students during the summer to give to a metal fabricator. Unfortunately, the pan is difficult to build and will cost almost as much as a brand new unit. We have begun to look at a variety of alternatives. The plan is to locate and secure a different, likely used, all stainless steel evaporator this Spring. The installation will occur as soon as possible so hopefully it will be fully installed by Fall.

Miscellaneous: Caitlin Kennedy, mother of a St. Ben's student and owner/operator of All Things Herbal, Pequot Lakes (MN), approached us obtain sugar sand to make soap. We supplied her with some sugar sand from a previous year and she made it into a wonderful soap with a delightful maple fragrance.

<u>Recommendations</u>: The following is a list of recommendations/wish list the crew made at the end of the season.

- 1. On tapping day we need more hammers and more hot chocolate. A shuttle from campus to the shack would be nice.
- 2. Workers should "stand out" more at festivals (and tapping day)
- 3. Students should have more discounted prices for the festivals
- 4. Replace the plywood panels beneath the windows in the sugarhouse
- 5. Replace the hand-lettered signs identifying the wood types with educational displays with a professionally lettered sign; finish labeling all wood types.
- 6. Finish the design on the sign above the back door
- 7. Enclose the area above the double doors near the evaporator
- 8. Paint or panel the areas on the west side of the shack and permanently mount the past data boards
- 9. Enclose in wood panels the exposed wall from the original shack
- 10. Weed around the sugar house
- 11. Clean up the old railroad tie steps on the north side of the shack so the steps can be used again
- 12. Replace with old tool cabinet with a smaller one that has just essential tools (other tools can be stored in the shed), then replace it with a display case
- 13. Replace the wires on many of the pail covers
- 14. Fix leaky suction hoses on tractor pump
- 15. Change filters more often on tractor pump
- 16. Wash buckets in Reef dishwasher at end of season
- 17. Keep longer lengths of wood-3 feet
- 18. Keep working on drainage issues at shack during the summer
- 19. Phone list in shack
- 20. Refinish benches
- 21. Install stand in corner of classroom for guest book and volunteer sign up
- 22. Add something to west edge of roof by tanks to prevent concussions
- 23. Don't fill around shack to insure proper drainage
- 24. Paint interior doors-lighter brown
- 25. Stain outside of shack
- 26. Finish drip line on back of wood shed
- 27. Add whiteboard to shack side of sap bucket shelves
- 28. Obtain bigger bulk tanks
- 29. Replace cream cans
- 30. Obtain a fire shirt/jacket for person doing the firing

Table 1. Sap Collection Data – Spring 2011									
Date	Sap collected (gal)								
Mar 18	330								
Mar 25	325								
Mar 26	225								
Apr 1	845								
Apr 2	1310								
Apr 3	385								
Apr 6	750								
Apr 7	960								
Apr 10	485								
Total	5615								

Table 2. Syrup Production Data – Spring 2011										
Date	Syrup (gal)									
Apr 2	16									
Apr 3	34									
Apr 7	33									
Apr 10	17									
Apr 11	26									
Total	126									

Table 3: Summary – Maple Syrup Season 2011								
# sap collection days	9							
Tanker loads of sap	29							
Total sap collected (gal)	5615							
Syrup produced (gal)	126							
Ratio (sap/syrup)	44.6							
Sugar concentration (%)	1.93							
Number of volunteers	150							
Hours of volunteer time (excluding	650							
leaders)								
preK-12 th grade student visitors								

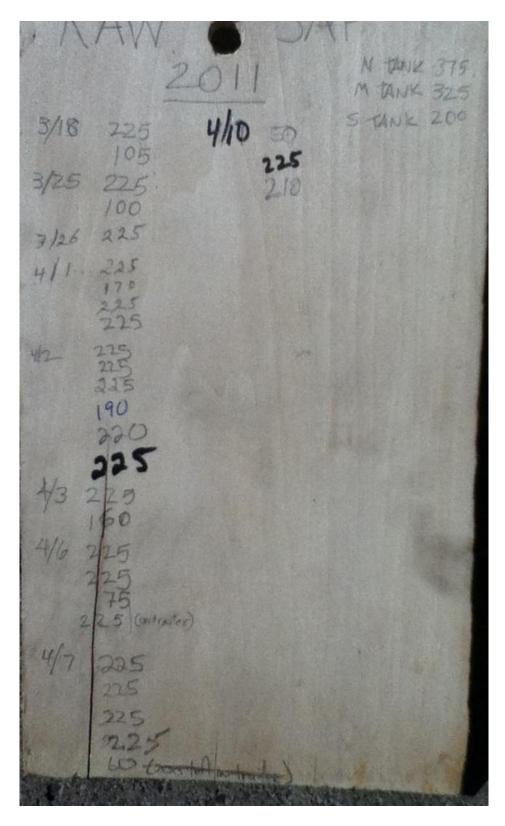


Figure 1. Scrap wood board showing sap collection statistics for 2011 season. Image from Br. Walter Kieffer.

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Figure 2. Scrap wood board showing syrup production statistics for 2011 season. Image from Br. Walter Kieffer.

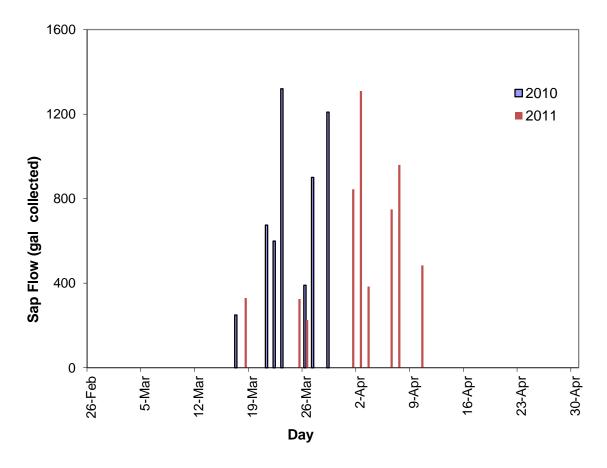


Figure 3. Summary of sap flow data for 2010 and 2011.

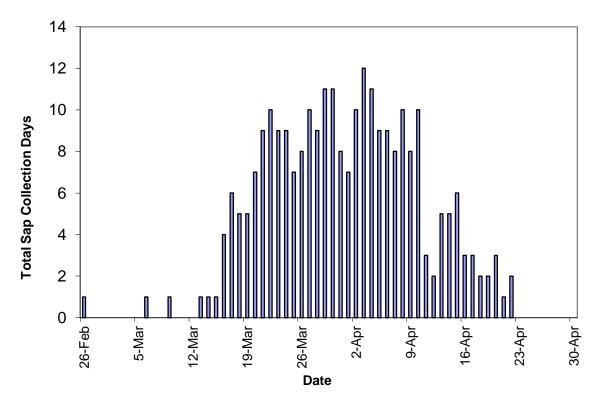


Figure 4. Summary of sap flow data for all years (1942 – 2012) at St. John's

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Some Cartoons that Appeared during the Maple Season that brought a smile

PICKLES



PICKLES





Figure 5. Participants at Tapping Day (*image by SG Saupe*)



Figure 6. Snow at the beginning of the 2011 maple season. (*image by SG Saupe*)



Figure 7. Gary Gillitzer and Br. Walter Kieffer getting the sugar shack ready for syruping. (*image by SG Saupe*)



Figure 8. Damage to a sap sack by squirrels. (*image by SG Saupe*)



Figure 9. Bill Mock driving the sap wagon. (*image by SG Saupe*)



Mission Statement

The mission of the St. John's Maple Syrup operation is to continue the long-standing Benedictine tradition of making maple syrup from the sweet sap of the abundant sugar maple trees (*Acer saccharum*) that grow on campus. Approximately every other year since 1942, the monks and their friends have gathered together to tap trees, collect sap and boil it down to produce a heavenly confection that is a testament to the forest stewardship of the Benedictine community. In addition, we strive to provide opportunities for the St. John's community, including monks, students, and the public at-large, to learn about and participate in the process of making this sustainable forest product.



A Blessing - by Walter Kieffer, O.S.B.

Oh, God of all goodness.

In the beginning you created the earth and divided it between the lands and the waters.

- On the lands you created all kinds of vegetation; plants and trees of all kinds, and commanded them to cover the earth, providing both shelter and food for all.
- Of the multitude of trees you have given us in this forest, you gave us the sugar maple to provide your gift of sweet sap from the healthy trees, and fuel for the cooking from the old and culled trees.
- Today, following the rich traditions of our native brothers and sisters, we ask your blessing on this spring ritual of sapping.

May all the tap holes be clean and of a correct depth.

- Help us to tap the spiles correctly hard enough to seal the spile and hold the bag, but without damaging the tree, splitting the wood and losing the sap.
- We ask your blessing on this season's collecting, boiling, jugging, cleanup and wood restocking.
- May you reward our labors with a fruitful harvest.
- Lord, we ask your blessing on all nature.
- Protect the woods and waters of our lands for generations to come.
- Bless all who come out to work, observe, and visit.
- May we be ever mindful of all gifts you provide for us.
- We make this prayer as always through Christ our Lord, and in the power of your Holy Spirit. Amen.