

Material on Faith/Spirituality

The Breath of the Soul by Joan Chittister, OSB

The book attends to preparing for and engaging in prayer, examining what we must bring to the discipline of prayer whatever form it takes to make prayers authentic and real. (Intermediate Level)

The Cloud of Unknowing by Tim Farrington

Widely considered a hallmark of Western literature and spirituality, by an anonymous English monk's sublime expression of what separates God from Humanity. (In-depth Level)

Angels: An Endangered Species by Malcolm Godwin

The mystical hierarchies of heaven and hell, and the ranking of seraphs, cherubim, archangels, and other angelic manifestations are explained in the first comprehensive survey of the one of the most powerful and ever-present symbols. (Intermediate Level)

The Kingdom of Ordinary Time by Marie Howe

The speaker in these poems wonders: what is the difference between the self and the soul? The secular and the sacred? Where is the kingdom of heaven? And how does one live in Ordinary Time? (Foundational Level)

How Christian Faith can Sustain the Life of the Mind by Richard T. Hughes

This essay counters the wide spread perception of Christians as steeped in narrowness and dogmatism and provides a powerful argument that faith, properly pursued, in fact nourishes the openness and curiosity that make a life of the mind possible. (In-depth Level)

Challenge: Daily Meditation Program by Mark Link

Daily meditations based on the spiritual exercises of St. Ignatius. (Intermediate Level)

With Pity Not With Blame by Robert Llewelyn

Based on a series of retreat addresses to clergy, parishes and religious communities given over a period of five years, this is one of the most acclaimed guides to Christian contemplative prayer. (In-depth Level)

Christianity IN Evolution by Jack Mahoney

In an evolutionary perspective the incarnation involved God entering the evolving human species to help it imitate the Trinitarian altruism in whose image it was created and counter its tendency to self-absorption. (In-depth Level)

The Jesuit Guide to Almost Everything by James Martin

A practical spiritual guide book based on the life and teachings of St. Ignatius. Centered on the Ignatius goal of "finding God in all things" shows us how to manage relationships, money, work, prayer, and decision-making all while keeping a sense of humor. (Foundational Level)

God Drops and Loses Things by Kilian McDonnell, Saint John's Abbey

These poems are by turn edgy, affectionate, gentle, deeply moving, and always compassionate.

Swift, Lord, You Are Not by Kilian McDonnell, Saint John's Abbey

Poems of the struggle to find God, waiting for the silence of God to break. He does not write pious verse, or inspirational poetry, but of wrestling with the illusive God. His themes are mostly biblical and monastic. (Foundational Level)

Essential Writings of Christian Mysticism by Bernard McGinn

Explores how human life is transformed through the search for direct contact with God. (Intermediate Level)

Deepening Engagement by Diane M. Millis, PhD

"Is it possible for our institutions of work to become 'soul-forming' institutions"? In this book Dr. Millis clears a path and points the way for those willing to set out on this journey. Leadership becomes a personal quest and calling. (Foundational Level)

Eat Sleep Sit: My Year at Japan's Most Rigorous Zen Temple by Kaoru Nonomura

He skillfully describes every aspect of training, including how to meditate, eat, wash, and even use the toilet, in a way that is easy to understand Zen Buddhism. It offers a fascinating insight into a culture of hardships that few people could endure. (Foundational Level)

Acedia and Me by Kathleen Norris

An examination of acedia in the light of psychology, spirituality, the healing of religious practice, and Norris's own experience. This book is intimate and historically sweeping, brimming with exasperation and reverence, humor, and insightful. (Foundational Level)

Amazing Grace by Kathleen Norris

Struggling with her return to the Christian church after many years away, Norris found it was words like judgement, faith, dogma, salvation, and sinner that most distanced her from faith becoming so abstract that their meanings were impenetrable. (Foundational Level)

Dakota: A Spiritual Geography by Kathleen Norris

A timeless tribute to a place in American landscape that is at once desolate and sublime, harsh, and forgiving, steeped in history and myth. Her voice is a steady assurance that we can and we do, chart our spiritual geography wherever we go. (Foundational Level)

Angels and Demons: A Christian Primer of the Spiritual World by Michael Patella, Saint John's Abbey

A level-headed appraisal of the views of supernatural world in various sections of the Bible. They will be inspired by his foundational conviction that Christ has claimed creation for the forces of good, and there is no chance of the tide turning. (Intermediate Level)

What It Means to be a Christian by Joseph Ratzinger

Presents three sermons on how to live as a Christian in the modern secular world, discussing the true meaning of love for God and for one's neighbor and the importance of faith. (Foundational Level)

The Holy Longing by Ronald Rolheiser

Essential for anyone seeking to understand what Christian spirituality means and how to apply it to their own lives; translating the universal struggle for love and integration of spirit into a language accessible to all, explaining God and the Church. (Intermediate Level)

The Divine Milieu by Pierre Teilhard de Chardin

The companion to his book, "The Phenomenon of Man," this book expands on the spiritual message so basic to his thought. He shows how man's spiritual life can become a participation in the destiny of the universe. (In-depth Level)

Speaking of Faith by Krista Tippett

A thought provoking, original appraisal of the meaning of religion by the host of public radio's "On Being." (Intermediate Level)