



# **INSIDE THIS GUIDE**

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# CSB/SJU/OSB BENEFIT PROGRAM

Our faculty and staff are our greatest asset and without each of you, we could not achieve the success that we are all proud of. As a valued employee of the College of Saint Benedict, Saint John's University or the Order of Saint Benedict, you have access to a comprehensive and competitive benefits program. The program offers a wide range of benefits designed to meet the needs of you and your family, including:

- Medical, Dental and Vision coverage
- Health Savings Account
- Flexible Spending Accounts
- Life Insurance
- Aflac Voluntary Benefits Accident, Critical Care, Hospital Indemnity, and Cancer
- Farmers Auto & Home Discounts
- Employee Assistance Program

Your benefit options are discussed in greater detail within this guide, which can be used as a resource throughout the year. Please refer to the Faculty or Administrative/Support Staff Handbook for further information regarding benefits.



# WHAT'S NEW FOR 2024-2025

### **Medical Insurance**

We are excited to share that after exploring options to provide high-quality and cost-effective benefits, CSB/SJU/OSB has partnered with HealthPartners as new our medical carrier effective July 1, 2024.

The Core A Plan, Core B Plan and High Deductible Health Plan A will remain in place, with access to the broad HealthPartners Open Access network.

Please note: High Deductible Health Plan B will no longer be an option, along with the High Value Network.

Effective July 1, 2024, you will have three plan options on one network to choose from.

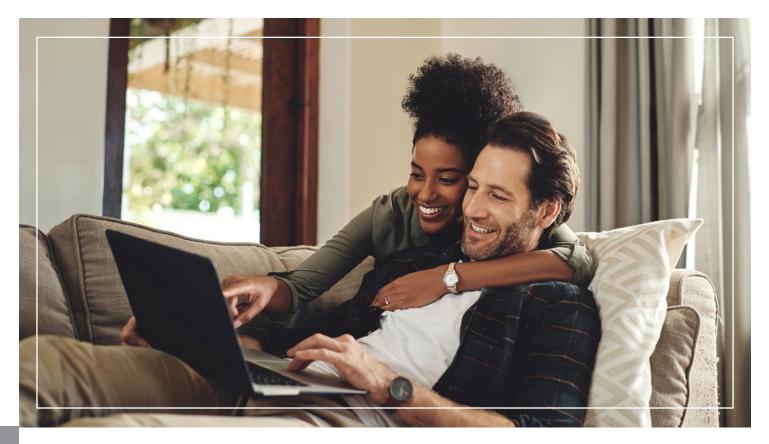
Everyone will receive new ID cards from HealthPartners. Your ID cards with Blue Cross Blue Shield will no longer be valid after June 30, 2024.

### **Health Savings Account (HSA)**

The maximum contribution for Employee coverage has increased to \$4,150 (from \$3,850) and the maximum Family contribution level has increased to \$8,300 (from \$7,750) per IRS regulations.

### Flexible Spending Account

The maximum contribution for the Healthcare FSA is increasing to \$3,200 (from \$3,050). In addition, the maximum FSA rollover amount of \$610 is increasing to \$640 per IRS guidelines. The carryover will occur after the runout period ends.



### BENEFIT ELIGIBILITY

If you are an active, full-time or part-time benefit eligible employee, you are eligible to participate in the CSB/SJU/OSB benefit program. You are eligible for benefits as of the 1st of the month coincident with or following the first day of employment.

**For CSB/SJU ONLY** - All employees are required to log into Employee Navigator to make your elections.

**For OSB ONLY** - All employees are required to log on to ADP to make their elections.

### **Eligible Dependents**

You may also enroll your eligible dependents in medical, dental and vision coverage, as well as in certain voluntary coverages. Eligible dependents include your spouse and your child(ren).

Note: Dependent children ages 19 to 24 must be full-time students attending classes to be covered by life insurance plans. Dependent children, adopted children and stepchildren to age 26 may be covered by the medical, dental and vision plans. Coverage will end at the end of the dependent's birth month following their 26th birthday.

### Making Changes During the Year

The benefit elections that you make as a new hire or during Open Enrollment will remain in effect for the entire plan year. You are only allowed to make changes if you experience a qualifying life event, such as:

- Marriage or divorce
- Birth or adoption of a child
- Death of spouse or dependent child
- A change in spouse's employment status
- A change in dependent's eligibility for benefits

If you experience a qualified status change, contact Human Resources within 30 days to make changes to your coverage. Otherwise, you will have to wait until the next annual Open Enrollment period to make changes to your benefit coverage.



### **MEDICAL BENEFITS**

You have the choice of three (3) medical plans administered by HealthPartners:

- Core Plan A
- Core Plan B
- HDHP with HSA

All three plans cover the same services and provide 100% coverage for in-network preventive care.

### Core Plans A and B

Under both of the Core Plan options, you must first meet a deductible before the plan begins to pay. Once you meet your deductible, you pay 25% coinsurance for in-network care and 50% coinsurance for out-of-network care. The two plans differ in deductible and out-of-pocket maximum amounts.

### **HDHP** with HSA

Under the HDHP (high deductible health plan) options, you pay the full cost of services received until you reach your deductible. After that, the plan pays 90% for in-network care until you meet your out-of-pocket maximum. Then it pays 100% for the remainder of the year. If you go out-of-network, the plan pays 80% coinsurance after you meet the out-of-network deductible.

**NOTE:** Participants in an HDHP receive 100% coverage for specific preventive medications.

The HDHP may be paired with a Health Savings Account (HSA) that you can use to help pay outof-pocket health care expenses (see page 9).

### **Prescription Drug Coverage**

Covered drugs are shown on the HealthPartners PreferredRx drug list.

- Retail Pharmacy There is no annual deductible for prescription drugs under the Core Plans, so participants begin paying a copay based on the tier of the drug purchased.
  - HDHP participants are responsible for the full cost until the deductible has been met. Once the deductible is met, the plan pays 90% until you meet your out-of-pocket maximums. Then, it pays 100% for the remainder of the year.
- Mail Order Pharmacy Participants in all three plans can utilize HealthPartners' in-network mail service for maintenance medications. Through this convenient service, a three-month supply can be mailed directly to participants' homes. Core Plan participants get a three-month supply for the cost of two copays.
- Specialty Pharmacy These medicines treat
  health care conditions like cancer, hepatitis,
  multiple sclerosis, and rheumatoid arthritis.
  Medications considered "specialty" must be filled
  through an approved specialty pharmacy or
  there will be no coverage. You can view the list
  of these pharmacies here.



# FINDING A PROVIDER OR PHARMACY

**To search for a network provider:** Visit **www.healthpartners.com/openaccess** and Select what you want to search (doctors, clinics, hospitals, etc.). Enter your location for the most accurate search results, or call the number on the back of your ID card.

The medical network name is Open Access.

**To find a drug:** Find out if your prescriptions are covered by searching the PreferredRx formulary. Go to **www.healthpartners.com/preferredrx** and search by medicine name, category or first letter.

- Generics will be in all lower-case italics.
- Brand will be in all CAPS.
- Specialty Drug will include a specialty icon.

**NOTE:** For the most accurate search results, and prices, sign in or register to get information specific to you. For general information please call **952.883.5000** or **800.883.2177**.

# **MEDICAL BENEFITS**

### **Your Networks**

### **Open Access**

The Open Access network is HealthPartners' largest network where you are free to see any provider in the network—without a referral —and you are not required to select a primary care clinic. The Open Access network includes 100% of hospitals and 98% of physicians in the state of Minnesota.

### **National Coverage**

This very broad network is offered in partnership with Cigna for coverage nationwide. It provides access to more than 700,000 doctors and care providers, and approximately 5,800 hospitals nationwide.

In addition, members may see any specialist in the network with no referrals needed.

If receiving care out of MN, please remind your provider that your ID card is co-branded with HealthPartners and Cigna information.

### Manage Your Health Online

Once you are enrolled in the HealthPartners medical plan, create a myHealthPartners account at www.healthpartners.com.

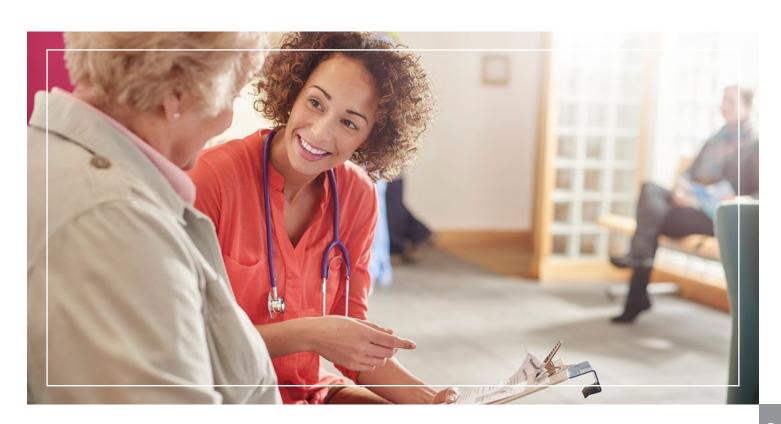
Once registered, you can:

- Look up your benefits information.
- See your claims and explanations of benefits (EOBs).
- Search for doctors in your network.
- Sign up to get your health plan documents delivered online.

### **Manage Your Health Care Costs**

Log on to your myHealthPartners account to check your plan balances, including your deductible and out-of-pocket balance.

- Compare costs for doctors, treatments and more with different cost calculators.
- Estimate your yearly health care costs with the annual planning tool.



### **MEDICAL BENEFITS**

### **Kavira**

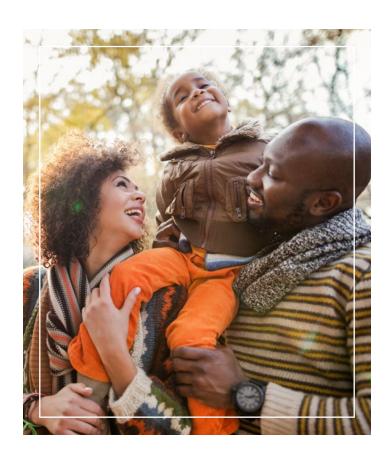
If you want the convenience of receiving everyday healthcare through low to no cost telehealth and home visits, Kavira is right for you. The goal of this offering is to save you time and money when addressing preventive needs and common acute illnesses within the comfort of your own home (virtually or in-person).

Kavira is available for all CSB/SJU/OSB medical plan members.

You start with a virtual visit via text message, video on the Kavira mobile app, or on-line on your computer. Your care may be able to be completed virtually; however, you can request an in-home visit as well, if desired!

Kavira is offered at no charge to you and visits are free to those on Core Plans A & B and only cost a \$5 copay for those on the HDHP with HSA (needed in order to remain compliant with IRS-related HSA regulations).

Please visit **kavirahealth.com** to create your member profile or call **763.373.3856**.





# **DOCTOR ON DEMAND**

You can also seek non-emergency medical care while on the go or from the comfort of your own home by using **Virtuwell** or **Doctor on Demand**. Nurse practitioners (with Virtuwell) or Board certified doctors (Dr. on Demand) are available 24/7, 365 to diagnose medical conditions, recommend treatment, and send a prescription directly to your pharmacy, if needed.

# Cost per Visit for HealthPartners Members (Varies by vendor and is subject to change on an annual basis.):

Through Doctor on Demand, you can also access Psychologists and/or Psychiatric support as well. There are separate costs associated with these visits and they vary by length of the call.

To sign up or log-in to Doctor on Demand, visit: **doctorondemand.com** To sign up or log-in to Virtuwell, visit: **www.virtuwell.com**.

You can download either mobile app for free on the App Store or Google Play.



# **MEDICAL PLAN COMPARISON CHART**

MEDICAL PLAN OPTIONS — IN-NETWORK			
	Core Plan A	Core Plan B	HDHP with HSA
Calendar Year Deductible	\$1,000 single \$2,000 single +1 \$3,000 family	\$1,450 single \$2,900 single +1 \$4,350 family	\$3,200 single \$6,400 family
Coinsurance	After deductible, plan pays 75%; you pay 25%	After deductible, plan pays 75%; you pay 25%	After deductible, plan pays 90%; you pay 10%
Out-of-Pocket (OOP) Maximum	\$2,050 single \$4,100 single +1 \$6,150 family	\$2,800 single \$5,600 single +1 \$8,400 family	\$3,500 single \$7,000 family
Preventive Care	100% coverage; no deductible	100% coverage; no deductible	100% coverage; no deductible
Office Visit/Urgent Care	75% coverage; after deductible	75% coverage; after deductible	90% coverage; after deductible
Emergency Room Visit	75% coverage; after deductible	75% coverage; after deductible	90% coverage; after deductible
Inpatient/Outpatient Hospital Services	75% coverage; after deductible	75% coverage; after deductible	90% coverage; after deductible
MEDICAL PLAN OPTIONS — OUT-OF-NETWORK			
	MEDICAL PLAN OPTIC	ONS — OUT-OF-NETWORK	
	MEDICAL PLAN OPTIO	ONS — OUT-OF-NETWORK  Core Plan B	HDHP with HSA
Calendar Year Deductible			### HDHP with HSA  \$3,200 single \$6,400 family
Calendar Year Deductible Coinsurance	<b>Core Plan A</b> \$1,200 single \$2,400 single +1	<b>Core Plan B</b> \$2,425 single \$4,850 single +1	\$3,200 single
	\$1,200 single \$2,400 single +1 \$3,600 family After deductible, plan pays 50%;	\$2,425 single \$4,850 single +1 \$7,275 family After deductible, plan pays 50%;	\$3,200 single \$6,400 family After deductible, plan pays 80%;
Coinsurance Out-of-Pocket (OOP)	\$1,200 single \$2,400 single +1 \$3,600 family After deductible, plan pays 50%; you pay 50% \$2,900 single \$5,800 single +1	\$2,425 single \$4,850 single +1 \$7,275 family After deductible, plan pays 50%; you pay 50% \$5,400 single \$10,800 single +1	\$3,200 single \$6,400 family  After deductible, plan pays 80%; you pay 20%  \$3,600 single
Coinsurance Out-of-Pocket (OOP) Maximum	\$1,200 single \$2,400 single +1 \$3,600 family After deductible, plan pays 50%; you pay 50% \$2,900 single \$5,800 single +1 \$8,700 family	\$2,425 single \$4,850 single +1 \$7,275 family  After deductible, plan pays 50%; you pay 50%  \$5,400 single \$10,800 single +1 \$16,200 family  50% coverage;	\$3,200 single \$6,400 family  After deductible, plan pays 80%; you pay 20%  \$3,600 single \$7,200 family
Coinsurance  Out-of-Pocket (OOP) Maximum  Preventive Care	\$1,200 single \$2,400 single +1 \$3,600 family After deductible, plan pays 50%; you pay 50% \$2,900 single \$5,800 single +1 \$8,700 family 50% coverage; no deductible	\$2,425 single \$4,850 single +1 \$7,275 family  After deductible, plan pays 50%; you pay 50%  \$5,400 single \$10,800 single +1 \$16,200 family  50% coverage; no deductible  50% coverage;	\$3,200 single \$6,400 family  After deductible, plan pays 80%; you pay 20%  \$3,600 single \$7,200 family  80% coverage; no deductible  80% coverage;

# **MEDICAL PLAN COMPARISON CHART**

### PRESCRIPTION DRUGS — IN-NETWORK

Certain preventive medication is covered at 100% (deductibles, coinsurance, and/or copays do not apply).

Preventive drug lists and coverage varies by plan.\*

	CORE PLAN A	CORE PLAN B	HDHP PLAN A
Key Rx Retail (Up to 31-day Supply)			
Generic Formulary	\$25 copay	\$25 copay	90% coverage; after deductible
Brand Formulary	\$75 copay	\$75 copay	90% coverage; after deductible
Generic Non-Formulary	\$50 copay	\$50 copay	90% coverage; after deductible
Brand Non-Formulary	\$100 copay	\$100 copay	90% coverage; after deductible
Specialty	80% coverage, Up to \$200 max monthly copay	80% coverage, Up to \$200 max monthly copay	90% coverage; after deductible
93 Day Rx Retail/ Mail Order			
Generic	\$50 copay	\$50 copay	90% coverage; after deductible
Brand Formulary	\$150 copay	\$150 copay	90% coverage; after deductible
Generic Non-Formulary	\$100 copay	\$100 copay	90% coverage; after deductible
Brand Non-Formulary	\$200 copay	\$200 copay	90% coverage; after deductible

<sup>\*</sup>Participants in all HealthPartners plans have access to preventive drugs on the ACA MN Preventive Drug List at no cost.

The charts on pages 7 and 8 do not include all covered services. Please refer to the plan summaries for complete coverage information or contact HealthPartners at **800.883.2177**.



# **HEALTH SAVINGS ACCOUNT (HSA)**

If you elect medical coverage under one of the High Deductible Health Plans, you may be eligible to open a Health Savings Account (HSA) through Further. An HSA is a savings account that can be used to help pay for qualified out-of-pocket health care expenses. You can choose when to use the pre-tax money you set aside in your HSA since unused funds carry over from year to year. You can even use the money for health care expenses during retirement.

### **HSA Eligibility**

You must be enrolled in a high deductible health plan to be eligible for an HSA, and you cannot be:

- Covered by other non-HDHP health insurance
- Contributing to or participating in a Healthcare Flexible Spending Account
- Claimed as a dependent on someone else's tax return
- Enrolled in a government health plan, such as Medicare (Part A or B), Medicaid, or TriCare

**Note:** Children over age 19 covered by the HDHP are not eligible for HSA reimbursement unless you claim them as a dependent on your tax return.

### **HSA Contributions**

The IRS sets a limit on how much you can contribute to your HSA each year. You can start, stop or change your contribution amount (up to the limit) at any time. The 2024-2025 HSA contribution limit is:

- \$4,150 if you elect employee-only coverage, or
- \$8,300 if you elect any other coverage level

**Note:** If you are age 55 or over, you can contribute up to an additional \$1,000 per year beyond the current contribution limits.



# Have you tried the Further App?

Access all of you HSA or FSA account information on the go! View activity, pay bills, get reimbursed, scan barcodes to check eligibility, all from your mobile device!

### Over age 65?

If you are over age 65 and enrolled in Medicare A or B, and/or collecting Social Security benefits, you may withdraw money from an HSA without penalty but may not continue to contribute. If delaying enrollment in Medicare beyond age 65, you should stop contributing to your HSA six (6) months prior to enrolling in Medicare. If you want more information on what your options are through Medicare, please call Twin Cities Health Solutions at **763.280.8882** or email **info@tchealthsolutions.com** and tell them you work for CSB/SJU/OSB.

### **HSAs Offer Triple-Tax Savings**



- Contributions are tax free, which reduces your taxable income
- Your HSA balance grows tax free
- Distributions from your HSA are tax free when used toward qualifying expenses

### **Using Your HSA**

The money in your HSA is yours to keep even if you leave employment with CSB/SJU/OSB. After enrolled in the HSA, you will be provided a debit card which can be used when paying for qualified health care expenses. If you prefer, you may also reimburse yourself from your HSA at a later date.

For more information, contact Further at **651.662.5065** or **800.859.2144** or visit **hellofurther.com**. Please have your social security number readily available.

### A Note about HSAs and FSAs

If you participate in a High Deductible Health Plan and utilize an HSA, you are not eligible to participate in the Healthcare Flexible Spending Account nor are you eligible to carry over any FSA money to the following plan year.

## **DENTAL BENEFITS**

The Dental Plan, administered by Delta Dental of Minnesota, offers access to two of Delta Dental's large, nationwide networks – the **PPO network** and the **Premier network**.

You are free to choose any dentist you want, but you will maximize your benefits when you use a network dentist for care. Both of Delta Dental's networks offer discounted fees, but the greatest savings is available when you see a Delta Dental PPO network dentist. If you choose to receive care from a non-participating dentist, your out-of-pocket costs may be higher.

Once you meet the plan's annual deductible, you pay coinsurance for dental services. Different deductible amounts apply for in-network and out-of-network care.

### REMINDER

Dependents can be covered up to age 26 without student status requirements.

To find a participating network dentist near you, visit **deltadentalmn.org** and select the Delta Dental PPO or Delta Dental Premier network. You can also call Delta Dental at **651.406.5901** or **800.448.3815** for more information.

	DENTAL PLAN	
Dental Benefits	In-Network (PPO or Premier Network Dentist)	Out-of-Network (Non-participating Dentist)
Calendar Year Deductible	\$50 per person \$200 family maximum	\$75 per person \$300 family maximum
Calendar Year Plan Maximum	\$1,500	\$1,500
Diagnostic and Preventive Services  Exams; cleanings; x-rays; fluoride treatments; space maintainers; sealants	100% coverage; no deductible	100% coverage; no deductible
Basic Services     Emergency treatment; fillings; periodontal maintenance	80% coverage after deductible	80% coverage after deductible
Endodontics • Root canal therapy	80% coverage after deductible	80% coverage after deductible
Periodontics • Surgical /non-surgical treatment of gum tissue	80% coverage after deductible	80% coverage after deductible
Oral Surgery  • Surgical and non-surgical extractions; all other oral surgery	80% coverage after deductible	80% coverage after deductible
Major Restorative • Crowns, inlays and onlays, prosthetics	60% coverage after deductible	60% coverage after deductible
Orthodontics* • For covered dependents age 8 through age 18	50% coverage up to \$1,000 lifetime maximum; no deductible	

<sup>\*</sup> A 12-month waiting period applies before you are eligible for payment.

This chart does not describe all covered services. Please review the plan summary for complete coverage information or call Delta Dental at **651.406.5901** or **800.448.3815**.

# **VISION BENEFITS**

CSB/SJU/OSB offers voluntary vision coverage through EyeMed. In-network providers have agreed to discounts on covered exams, glasses and contact lenses. Although you can visit any provider you want, you will get more out of your benefits if you use a vision provider who participates in the Insight network. In addition, the Freedom Pass allows members to receive any frame at Target Optical stores at no cost – regardless of the retail price.\*

There are thousands of EyeMed providers nationwide, including a mix of independent and retail outlets.

When you visit a network provider, copays will apply. When you visit an out-of-network provider, you will have to pay in full and then submit a claim to EyeMed. Reimbursement will be based on the out-of-network reimbursement allowance.

To find an EyeMed provider near you, visit **www.eyemed.com** or call **866.439.3633**.

\*Refer to Freedom Pass and OFFER CODE: 755288

Vision Care Services	In-Network <i>Insight</i>	Out-of-Network Reimbursement
Comprehensive Eye Exam (every 12 months)	\$10 copay	Up to \$40
Contact Lens Fit and Follow-Up Exam	Up to \$55 for standard; 10% off retail price for premium	N/A
Retinal Imaging	Up to \$39	N/A
Eyeglass Frames (every 24 months)	\$0 copay, up to \$130 allowance, 20% off balance over \$130	Up to \$91
Standard Plastic Lenses (in lieu of contact lenses; every 12 months)  • Single Vision  • Bifocal  • Trifocal  • Lenticular  • Standard Progressive	\$25 copay \$25 copay \$25 copay \$25 copay \$90 copay	Up to \$30 Up to \$50 Up to \$70 Up to \$70 Up to \$50
<ul><li>Premium Progressive (Tier 1-3)</li><li>Premium Progressive (Tier 4)</li></ul>	\$110 - \$135 copay \$90 copay, 80% of charges less \$120 allowance	Up to \$50 Up to \$50
<b>Lens Options</b> (paid by member and added to base price of lens)	\$15 - \$45 copay, depending on option; some options 20% off retail price	N/A
Contact Lenses (in lieu of glasses; every 12 months) • Conventional • Disposable • Medically Necessary	\$0 copay; up to \$130 allowance, 15% off balance over \$130 \$0 copay; up to \$130 allowance Paid in full	Up to \$130 Up to \$130 Up to \$210
Lasik or PRK from U.S. Laser Network	15% off the retail price or 5% off the promotional price	N/A
Additional Discounts (see summary for additional discounts)	40% off complete pair of eyeglasses; 20% off non-prescription sunglasses; 20% off remaining balance beyond plan coverage	N/A
Hearing Care Hearing Health Care from Amplifon Hearing Network	40% off hearing exams and a low price guarantee on discounted hearing aids	N/A

This chart does not describe all covered services. Please review the plan summary for complete coverage information or call EyeMed at **866.439.3633**.

# **PREMIUMS**

### 2024-2025 Medical Plan Premiums

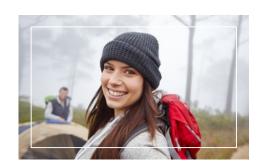
	OPEN ACCESS NETWORK		
Coverage Level	Your Cost Per Pay Period	Employer Cost Per Pay Period	
Core Plan A			
Employee Only	\$95.99	\$287.66	
Employee + Child(ren)	\$240.69	\$560.74	
Employee + Spouse	\$260.50	\$606.90	
Employee + Family	\$385.97	\$899.22	
Core Plan B			
Employee Only	\$57.31	\$287.66	
Employee + Child(ren)	\$159.93	\$560.74	
Employee + Spouse	\$173.07	\$606.90	
Employee + Family	\$256.44	\$899.22	
HDHP with HSA			
Employee Only	\$36.62	\$287.66	
Employee + Child(ren)	\$116.67	\$560.74	
Employee + Spouse	\$126.27	\$606.90	
Employee + Family	\$187.10	\$899.22	

### 2024-2025 Dental Plan Premiums

Coverage Level	Your Cost Per Pay Period	Employer Cost Per Pay Period
Employee Only	\$13.53	\$7.29
Employee + One	\$26.78	\$14.43
Employee + Family	\$42.82	\$23.06

### 2024-2025 Vision Plan Premiums

Coverage Level	Your Cost Per Pay Period	
<b>Employee Only</b>	\$3.08	
Employee + One	\$5.86	
Employee + Family	\$8.59	



# FLEXIBLE SPENDING ACCOUNTS (FSAs)

CSB/SJU/OSB offers two types of FSAs administered by Further. These accounts allow you to set aside money to pay certain out-of-pocket expenses. You make contributions to your FSAs from your paycheck with pre-tax dollars, which reduces your taxable income.

ACCOUNT	What it can be used for:	Most you can contribute in 2024:
Healthcare FSA	To pay medical, dental, vision, and hearing expenses not covered by your health care plans, such as deductibles, coinsurance and copayments.  Note: If you contribute to an HSA, you cannot participate in the Healthcare FSA. If you plan to change from an FSA to HSA effective 7/1/2024, you should not contribute to your HSA until 1/1/2025.	\$3,200
Dependent Care FSA	To pay dependent care expenses that allow you and your spouse to work or attend school, including daycare, preschool, summer day camp, before or after school programs or eligible senior centers.  Services cannot be provided by a dependent you claim on your tax return.  NOTE: Eligible dependents include children under age 13 and disabled dependents of any age who are incapable of self-care.	\$5,000 (\$2,500 if married and filing separately)

### How the FSAs Work

- You choose the annual amount you want to contribute to your FSA(s), up to the IRS limit for each account.
- This amount is taken out of your paycheck in equal installments throughout the year before federal and Social Security taxes are withheld.
- You cannot change your contribution amount during the year unless you experience a qualifying status change (see page 3).
- The money in one account cannot be used to pay expenses in another account.
- The Dependent Care FSA has a "use it or lose it" rule, so plan your contribution amount carefully. Any funds remaining in your account at the end of the plan year will be forfeited.
- The Healthcare FSA allows you to carry over up to \$640 at the end of the plan year. Important Reminder: This carry over option is not available if you change plans and wish to open an HSA.
- Expenses must be incurred between July 1, 2024, and June 30, 2025. You have a three (3) month run-out period following the end of the plan year in which you can still submit claims for reimbursement.

### **FSA Eligible Expenses**

\$

You can find a list of eligible health care expenses on the IRS website at irs.gov/publications/p502/index.html. For information about eligible dependent care expenses, refer to irs.gov/publications/p503/index.html.

If you are a new enrollee in the Healthcare FSA you will be issued a debit card. Activate your debit card using the last four digits of your Social Security Number.

**Note:** When contacting Further regarding your FSA, please use your Social Security Number.

### **Did You Know**



Over-the-counter medications as well as PPE (such as: masks, hand sanitizer and wipes) are considered a qualified expense that you can use your HSA or FSA funds for.

# LIFE AND ACCIDENTAL DEATH & DISMEMBERMENT (AD&D) INSURANCE

### Basic Term Life and AD&D Insurance

CSB/SJU/OSB provides Basic Term Life and AD&D insurance at no cost to you through Standard Insurance Company. Coverage is based on your salary according to the following:

SALARY	COVERAGE
\$0-\$20,000	\$50,000
\$20,001-\$37,500	\$75,000
\$37,501-\$50,000	\$90,000
\$50,001-\$66,666	\$100,000
\$66,667+	1.5x salary up to a maximum of \$400,000

**Imputed Income:** The IRS considers employer-provided life insurance in excess of \$50,000 a taxable benefit. The life insurance premium tax will be included annually in a December payroll.

### **Optional Life and AD&D Insurance**

You can purchase Life and AD&D insurance for yourself through Standard Insurance Company if you wish to supplement your basic coverage. You may also purchase dependent life coverage for your spouse and/or your children. Eligible dependents include your spouse and unmarried dependent children under 19 years of age or under 24 years of age if a full-time student. Your cost for this voluntary coverage depends on your age and the amount of coverage you choose and is paid on an after-tax basis.

Optional Life and AD&D Coverage Options		
Employee	Choose optional life coverage amount of 1x, 2x, 3x or 4x your salary, up to a maximum of \$400,000 (including the first \$100,000 of your Basic coverage). Guarantee Issue is \$150,000 when first eligible. Optional AD&D coverage must match the optional life coverage you choose.	
Dependent Life (Spouse/ Children)	Choose dependent life coverage amount of \$37,500 for Spouse and \$5,000 for Child(ren). This coverage is Guarantee Issue only when first benefit-eligible.	

**NOTE:** Your Life and AD&D benefits reduce starting at age 70. At age 70, the benefit reduces to 65%. At age 75, the benefit reduces to 50%.

### Monthly Cost of Optional Life and AD&D Coverage

EMPLOYEE OPTIONAL LIFE		
AGE	Rate per \$1,000 of coverage	
Under 30	\$.039	
30 - 34	\$.052	
35 - 39	\$.067	
40 - 44	\$.095	
45 - 49	\$.143	
50 - 54	\$.219	
55 - 59	\$.409	
60 - 64	\$.627	
65 - 69	\$1.043	
70 +	\$1.736	

### **EMPLOYEE OPTIONAL AD&D**

\$0.03 per \$1,000 of coverage

### **DEPENDENT LIFE**

\$3.25 for \$37,500 of coverage for spouse and \$5,000 of coverage for all eligible dependent children

Each year at annual enrollment, employees may purchase **one** additional increment of salary without having to satisfy medical evidence.

Please note: If you purchase Optional Life coverage when first eligible (at time of hire), you do not need to satisfy medical evidence of insurability to obtain coverage. However, if you waive Optional Life coverage at time of hire and wish to enroll at a later date, enrollment will only be permitted at the Plan's Annual Enrollment period, subject to the plan's evidence of insurability requirement. If Evidence of Insurability was submitted in a previous year and increased coverage was denied, you must complete the EOI process again and be approved before increased coverage will take effect.

**NOTE:** A Member (employee) may not be insured as both a Member and a Dependent under the same employer plan; in addition, a child may not be insured by more than one Member under the same employer plan.

# **VOLUNTARY BENEFITS**

### **Aflac Benefits**

As a supplement to your CSB/SJU/OSB medical coverage, or just to give yourself an added layer of financial protection, you can enroll yourself and your eligible dependents in Accident, Critical Care Hospital Indemnity and/or Cancer coverage through Aflac. These plans provide benefit payments that can be used to help cover out-ofpocket expenses associated with an accident or illness that are not covered by your medical plan.

Accident Indemnity Advantage insurance can help your family cover unexpected out-ofpocket expenses and supplement lost income due to an accident. Accident insurance covers a wide range of injuries and accident-related expenses such as hospitalization, X-rays, ER visits, physicals, occupational and speech therapy, and follow-up care.

Critical Care Protection pays a lump sum benefit upon diagnosis of a serious illness or condition covered under the plan such as heart attack, stroke, paralysis, etc. Rates are based on age and may be impacted by certain things such as tobacco use. Pre-existing limitations may apply.

Hospital Indemnity Insurance pays a lump sum benefit upon admission to the hospital. An additional benefit is payable for days confined to the hospital. This benefit includes an annual payment if you receive a qualifying health screening.

Cancer Indemnity Insurance can help protect your financial health when the unthinkable happens. This benefit pays you a cash benefit upon initial diagnosis of a covered cancer, with other benefits also payable throughout the cancer treatment.

The cash benefit from all of these plans is paid directly to you and you decide how to spend it. You pay the full cost of these voluntary coverages through payroll deductions. For more information about either of the plans, contact Elise at Aflac at 612.227.5846.

Scan the QR code - or visit Aflac's benefits page via the link below - to see more about the products offered.

https://www.aflacenrollment.com



Farmers Auto & Home Insurance

Farmers auto & home insurance policies include:

- Replacement Cost for Total Losses with no depreciation
- Enhanced Rental Car Damage Coverage
- Replacement Cost for Special Parts
- Identity Protection Services
- Deductible Savings Benefit

With Farmers Auto & Home Insurance, you can file a claim 24 hours a day, 7 days a week, 365 days a year. Farmers has technology options that can have your damaged auto assessed with uploaded photos and the estimate paid via their online app.

Act today to protect your tomorrow. For more information, and for free, no-obligation quotes, call **800.438.6381**, M-F: 8:30am-10:30pm EST; Sat: 9:00am-5:30pm EST. You can review the quoting tool by clicking the below link. Please have your current policies on hand when calling.

Insurance Quotes for Home, Auto and Extra **Liability: Farmers GroupSelect** 



### **ADDITIONAL BENEFITS**

### Travel Assistance (through The Standard)

Travel Assistance is available when you travel more than 100 miles from home or internationally for up to 180 days for business or pleasure. It offers aid before and during your trip, including: passport, visa, weather and currency exchange information, assistance replacing lost medication or corrective lenses, emergency evacuation, interpreter services, emergency ticket, credit card, and/or passport replacement, and more! To learn more, please contact Travel Assistance at 800.872.1414 (U.S., Canada, Puerto Rico, Virgin Islands and Bermuda) or +1.609.986.1234 everywhere else. You may also text +1.609.334.0807 or email medservices@asssistamerica.com.

### Life Services Toolkit (through The Standard)

The Life Services Toolkit offers online and telephonic tools and services helpful for important life decisions and end-of-life planning such as: will preparation, powers of attorney, estate planning assistance, financial planning, stress management, identity theft prevention, grief and loss support, and funeral arrangements. For more information please call **800.378.5742** or visit **www.standard.com/mytoolkit** (username = "support").

# Employee Assistance Program (through VITAL WorkLife)

The Employee Assistance Program (EAP), offered through VITAL WorkLife, provides you and your family members with free, confidential assistance to address a variety of personal and/or professional concerns.

The EAP service is available 24 hours a day by calling 320.253.1909 or 800.383.1908.

You can also visit **www.vitalworklife.com** and use your member login for unlimited access to a wealth of web-based work/life resources.

CSB Username: csbsju Password: member
 SJU Username: csbsju2 Password: member
 OSB Username: osbi Password: member

### **Get The App**

Get the most out of Travel Assistance with the Assist America Mobile App.

Go to your iPhone or Android app store or scan the QR code below to download the app. Enter your reference number and name to set up your account. From there, you can use valuable travel resources including:



- One-touch access to Assist America's Emergency Operations Center
- Worldwide travel alerts
- Mobile ID card
- Embassy locator

### **Reference Number:**

01-AA-STD-5201







# **CONTACT INFORMATION**

Please visit our benefits landing page for more helpful tools and resources related to benefits:

### https://digital.nfp.com/vlp/CSB.SJU.OSB

PLAN BENEFIT	PHONE NUMBER / WEBSITE	INFORMATION AVAILABLE
Medical HealthPartners Group #: 41114	800.883.2177 www.healthpartners.com	<ul> <li>Look up benefit information</li> <li>View your claims and explanation of benefits (EOBs)</li> <li>Search doctors or pharmacies in your network</li> <li>View and print ID cards</li> </ul>
<b>Virtual &amp; Home Visits</b> Kavira Health	763.373.3856 www.kavirahealth.com	<ul><li>Chat with a nurse practitioner via text or video chat</li><li>Schedule a home visit</li></ul>
<b>Dental</b> Delta Dental of Minnesota Group #: 094107	651.406.5901 or 800.448.3815 www.deltadentalmn.org	<ul><li>Find a network dentist</li><li>View your coverage and claims</li><li>Estimate dental costs by procedure</li><li>Print ID cards</li></ul>
Vision EyeMed Group #: CSB/SJU-1006011, OSB-1038689	866.4.EYEMED (866.439.3633) www.eyemed.com	<ul><li>Find a network provider</li><li>View your benefits</li><li>Review claims information</li><li>Print an ID card</li></ul>
Health Savings Account Flexible Spending Account(s) Further	651.662.5065 or 800.859.2144 www.hellofurther.com	<ul><li>View account balance/activity</li><li>Access and submit reimbursements</li><li>Search eligible expenses</li></ul>
<b>Life and AD&amp;D</b> Standard Insurance Company	888.937.4783 www.standard.com	<ul><li>Submit a claim online</li><li>Learn about your coverage</li><li>Review EOI requirements</li></ul>
Accident and Critical Illness Insurance Aflac	612.227.5846 www.aflac.com	<ul><li>Submit and manage your claims</li><li>View "how-to" videos about your coverage</li><li>Utilize MyAflac Resource Center</li></ul>
Auto and Home Insurance Farmers	800.438.6381	<ul><li>Request a quote</li><li>Submit a claim</li><li>View your policy</li></ul>
Employee Assistance Program (EAP) VITAL WorkLife	320.253.1909 or 800.383.1908 www.vitalworklife.com	<ul><li>Speak with a counselor</li><li>Schedule a face-to-face session</li><li>Review online EAP resources</li></ul>
<b>403(b) Retirement Plan</b> TIAA	800.842.2252 www.TIAA.org	<ul><li>Create and monitor retirement goals</li><li>Change your investments</li><li>Update beneficiaries</li></ul>
Medicare Support Twin Cities Health Solutions	763.280.8882 www.tchealthsolutions.com	<ul> <li>Review your Medicare options with certified professionals</li> <li>Receive ongoing enrollment support</li> </ul>
<b>Human Resources</b>	Emily Nordmann (CSB/SJU), ext. 5880   Tanya Boettcher (OSB), ext. 2874	

### **GLOSSARY**

### Coinsurance

Coinsurance is the rate at which you and the plan share expenses. The coinsurance percentages noted in this guide are the covered percentage paid by HealthPartners. For example, 75% coverage indicates 75% of the cost is paid by the plan and it is your responsibility as a participant to pay the remaining 25% of the cost of the service.

### Copay

The fixed-dollar amount you pay for specific prescription drugs under Core Plan A or B. After you pay this amount, the plan pays the rest of the cost of your prescription.

### **Deductible**

The annual amount you must pay for nonpreventive services before the plan starts to pay benefits.

### **Embedded Deductible**

Plans with an embedded deductible have a single deductible "embedded" within the family deductible to help limit an individual's expenses. This means that if one person in a family meets the single deductible, the plan coinsurance would start. Without an embedded deductible, one person in a family would need to meet the entire family deductible before the plan coinsurance would go into effect.

### Flexible Spending Account (FSA)

An account that an employee may contribute to in order to pay for certain medical and/or dependent care expenses on a pre-tax basis. Participants in the Healthcare FSA can roll over up to \$640 to be used in the following plan year. This carry over option is **not** available if you change plans and wish to open an HSA.

### **Health Savings Account (HSA)**

A savings account used in conjunction with a high deductible health plan that allows users to save money tax-free against medical expenses. Funds roll over from year to year and earn interest.

### Out-of-Pocket (OOP) Maximum

For your protection, all three plans have annual out-of-pocket maximums that "cap" the amount you must pay toward covered expenses. Once you meet your OOP maximum, the plan pays 100% of your covered expenses for the rest of the calendar year. Deductibles, copays and coinsurance count toward your OOP maximum. OOP maximums differ for in- and out-of-network services.

### **Premium**

The amount you pay out of your paycheck toward the cost of coverage.

### **Preventive Care**

Type of care that may help you catch a health problem before it becomes serious. All of the medical plans cover certain preventive services - including annual wellness exams and certain types of screenings based on age and gender - at 100% when care is received in-network.

### **Prior Authorization**

Approval given by HealthPartners for coverage of certain medications. As a provider in the HealthPartners network, your doctor should know how to request Prior Authorization.

# HIPAA Notice of Special Enrollment Rights

If you are declining enrollment for yourself or your dependents (including your spouse) because of other health insurance or group health plan coverage, you may be able to enroll yourself and your dependents in this plan if you or your dependents lose eligibility for that other coverage (or if the employer stops contributing towards your or your dependents' other coverage). However, you must request enrollment within 30 days after your or your dependents' other coverage ends (or after the employer stops contributing toward the other coverage).

If you have a new dependent as a result of marriage, birth, adoption, or placement for adoption, you may be able to enroll yourself and your dependents. However, you must request enrollment within 30 days after the marriage, birth, adoption, or placement for adoption.

If you decline enrollment for yourself or for an eligible dependent (including your spouse) while Medicaid coverage or coverage under a state children's health insurance program is in effect, you may be able to enroll yourself and your dependents in this plan if you or your dependents lose eligibility for that other coverage. However, you must request enrollment within 60 days after your or your dependents' coverage ends under Medicaid or a state children's health insurance program.

If you or your dependents (including your spouse) become eligible for a state premium assistance subsidy from Medicaid or through a state children's health insurance program with respect to coverage under this plan, you may be able to enroll yourself and your dependents in this plan. However, you must request enrollment within 60 days after your or your dependents' determination of eligibility for such assistance.

To request special enrollment or obtain more information, contact Emily (CSB/SJU) or Tanya (OSB) in Human Resources.

# Mothers' and Newborns' Health Protection Act

Group health plans and health insurance issuers generally may not, under Federal law, restrict benefits for any hospital length of stay in connection with childbirth for the mother or newborn child to less than 48 hours following a vaginal delivery, or less than 96 hours following a cesarean section. However, Federal law generally does not prohibit the mother's or newborn's attending provider, after consulting with the mother, from discharging the mother or her newborn earlier than 48 hours (or 96 hours as applicable). In any case, plans and issuers may not, under Federal law, require that a provider obtain authorization from the plan or the insurance issuer for prescribing a length of stay not in excess of 48 hours (or 96 hours).

# Women's Health and Cancer Rights Act Annual Notice

Do you know that your plan, as required by the Women's Health and Cancer Rights Act of 1998, provides benefits for mastectomy-related services including all stages of reconstruction and surgery to achieve symmetry between the breasts, prostheses, and complications resulting from a mastectomy, including lymphedema? Call Human Resources for more information.

# Prescription Drug Coverage and Medicare

It is important to know about your current prescription drug coverage with and about your options under Medicare's prescription drug coverage. All three (3) medical plans offered to you are deemed creditable therefore indicating that, on average, the drug coverage is as good or better than the basic Medicare Part D prescription drug benefit. For more information about Medicare prescription drug coverage visit www.medicare.

gov. If you would like a copy of your full Medicare Part D Notice, please contact your human resource representative.

### New Health Insurance Marketplace Coverage Options and Your Health Coverage

### **PART A: General Information**

When key parts of the Affordable Care Act took effect in 2014, a new way to buy health insurance was introduced: the Health Insurance Marketplace (also called a Health "Exchange"). This notice provides some basic information about the Marketplace and how it relates to you and the health coverage offered by your employer.

### What is the Health Insurance Marketplace?

Created by the Affordable Care Act, the Marketplace is an online center designed to help individuals to find health insurance that meets their needs and fits their budget. The Marketplace offers "one-stop shopping" to find and compare private health insurance options. Open enrollment for health insurance coverage through the Marketplace takes place each year in October for coverage starting as early as January 1. Individuals who qualify may be eligible for a tax credit that lowers their monthly premium.

# Can You Save Money on Your Health Insurance Premiums in the Marketplace?

The Health Insurance Marketplace is primarily intended for people who are currently uninsured, do not have minimum essential coverage as defined by the ACA, or who have coverage that is deemed unaffordable by the law.

While anyone can purchase health insurance through the Health Insurance Marketplace, only those people whose coverage falls into the above categories (and who meet income requirements), can qualify for premium subsidies. The actual savings on premiums depends on household income.

How does this relate to you: The health coverage provided by your employer exceeds the minimum essential coverage standard of the ACA. The cost of your coverage meets the ACA guidelines for affordability. Because the health coverage meets the standards set by the ACA, employees of

CSB/SJU/OSB will not be eligible for a tax credit through the Marketplace.

# Does Employer Health Coverage Affect Eligibility for Premium Savings through the Marketplace?

If you determine that the cost of a plan from your employer that would cover you (and not any other members of your family) is more than 9.5% of your household income for the year, you may be eligible for a tax credit.<sup>1</sup>

**NOTE:** If you purchase a health plan through the Marketplace instead of accepting health coverage offered by your employer, then you will lose the employer contribution to the employer-offered coverage. Also, this employer contribution – as well as your employee contribution to employer-offered coverage – is often excluded from income for Federal and State income tax purposes. Your payments for coverage through the Marketplace are made on an after-tax basis.

If you are currently not enrolled in your employer's health plan, you may wish to enroll during the next open enrollment opportunity if eligible.

### How Can You Get More Information?

For more information about the coverage offered by your employer, please check your summary plan description or contact Human Resources.

The Marketplace can help you evaluate your coverage options, including your eligibility for coverage through the Marketplace and its cost. Please visit **HealthCare.gov** for more information, including an online application for health insurance coverage and contact information for a Health Insurance Marketplace in your area.

1 An employer-sponsored health plan meets the "minimum value standard" if the plan's share of the total allowed benefit costs covered by the plan is no less than 60 percent of such costs.

This material is intended to provide accurate information of a general nature on the legislation covered. Guidance on how to obtain more in-depth information on a specific notice is provided at the end of each section.

# Premium Assistance Under Medicaid and the Children's Health Insurance Program (CHIP)

If you or your children are eligible for Medicaid or CHIP and you're eligible for health coverage from your employer, your state may have a premium assistance program that can help pay for coverage, using funds from their Medicaid or CHIP programs. If you or your children aren't eligible for Medicaid or CHIP, you won't be eligible for these premium assistance programs but you may be able to buy individual insurance coverage through the Health Insurance Marketplace. For more information, visit www.healthcare.gov.

If you or your dependents are already enrolled in Medicaid or CHIP and you live in a state listed below, contact your State Medicaid or CHIP office to find out if premium assistance is available.

If you or your dependents are NOT currently enrolled in Medicaid or CHIP, and you think you or any of your dependents might be eligible for either of these programs, contact your State Medicaid or CHIP office or dial **1-877-KIDS NOW** or **www.insurekidsnow. gov** to find out how to apply. If you qualify, ask your state if it has a program that might help you pay the premiums for an employer-sponsored plan.

If you or your dependents are eligible for premium assistance under Medicaid or CHIP, as well as eligible under your employer plan, your employer must allow you to enroll in your employer plan if you aren't already enrolled. This is called a "special enrollment" opportunity, and you must request coverage within 60 days of being determined eligible for premium assistance. If you have questions about enrolling in your employer plan, contact the Department of Labor www.askebsa.dol.gov or call 1-866-444-EBSA (3272).

If you live in one of the following states, you may be eligible for assistance paying your employer health plan premiums. The following list of states is current as of January 31, 2024. Contact your state for more information on eligibility –

To see if any other states have added a premium assistance program since January 31, 2024, or for more information on special enrollment rights, contact either:

### U.S. Department of Labor

Employee Benefits Security Administration www.dol.gov/agencies/ebsa | 1-866-444-EBSA (3272)

### U.S. Department of Health and Human Services

Centers for Medicare & Medicaid Services www.cms.hhs.gov | 1-877-267-2323, Menu Option 4, Ext. 61565

OMB Control Number 1210-0137 (expires 1/31/2026)

ALABAMA - Medicaid

http://myalhipp.com | 1-855-692-5447

ALASKA - Medicaid

### The AK Health Insurance Premium Payment Program:

http://myakhipp.com | 1-866-251-4861 CustomerService@MyAKHIPP.com

### **Medicaid Eligibility:**

http://dhss.alaska.gov/dpa/Pages/medicaid/default.aspx

ARKANSAS - Medicaid

http://myarhipp.com | 1-855-MyARHIPP (855-692-7447)

**CALIFORNIA - Medicaid** 

### Health Insurance Premium Payment (HIPP) Program

http://dhcs.ca.gov/hipp | 1-916-445-8322 hipp@dhcs.ca.gov

COLORADO – Health First Colorado (Colorado's Medicaid Program) & Child Health Plan Plus (CHP+)

### **Health First Colorado Website:**

https://www.healthfirstcolorado.com

### **Health First Colorado Member Contact Center:**

1-800-221-3943 / State Relay 711

CHP+: https://www.colorado.gov/pacific/hcpf/child-health-plan-plus CHP+ Customer Service: 1-800-359-1991 / State Relay 711 Health Insurance Buy-In Program (HIBI): https://www.colorado.

gov/pacific/hcpf/health-insurance-buy-program **HIBI Customer Service:** 1-855-692-6442

FLORIDA - Medicaid

https://www.flmedicaidtplrecovery.com/flmedicaidtplrecovery.com/hipp/index.html

1-877-357-3268

### **GEORGIA - Medicaid**

**GA HIPP:** https://medicaid.georgia.gov/health-insurance-premium-payment-program-hipp | 1-678-564-1162, Press 1

**GA CHIPRA:** https://medicaid.georgia.gov/programs/third-party-liability/childrens-health-insurance-program-reauthorization-act-2009-chipra | 1-678-564-1162, Press 2

INDIANA - Medicaid

### Healthy Indiana Plan for low-income adults 19-64:

http://www.in.gov/fssa/hip | 1-877-438-4479

All other Medicaid:

https://www.in.gov/medicaid | 1-800-457-4584

IOWA - Medicaid and CHIP (Hawki)

Medicaid: https://dhs.iowa.gov/ime/members | 1-800-338-8366

Hawki: http://dhs.iowa.gov/Hawki | 1-800-257-8563

**HIPP:** https://dhs.iowa.gov/ime/members/medicaid-a-to-z/hipp 1-888-346-9562

KANSAS - Medicaid

https://www.kancare.ks.gov | 1-800-792-4884

**HIPP:** 1-800-967-4660

**KENTUCKY - Medicaid** 

Kentucky Integrated Health Insurance Premium Payment Program (KI-HIPP):

https://chfs.ky.gov/agencies/dms/member/Pages/kihipp.aspx

1-855-459-6328

KIHIPP.PROGRAM@ky.gov KCHIP: https://kidshealth.ky.gov

1-877-524-4718

Medicaid: https://chfs.ky.gov/agencies/dms

LOUISIANA - Medicaid

www.medicaid.la.gov or www.ldh.la.gov/lahipp

1-888-342-6207 (Medicaid hotline) or 1-855-618-5488 (LaHIPP)

MAINE - Medicaid

https://www.mymaineconnection.gov/benefits/s/?language=en\_US

1-800-442-6003 TTY: Maine relay 711 **Private Health Insurance Premium:** 

1-800-977-6740 TTY: Maine relay 711

https://www.maine.gov/dhhs/ofi/applications-forms

**MASSACHUSETTS – Medicaid and CHIP** 

https://www.mass.gov/masshealth/pa

1-800-862-4840 TTY: 711

Email: masspremassistance@accenture.com

MINNESOTA - Medicaid

https://mn.gov/dhs/people-we-serve/children-and-families/health-care/health-care-programs/programs-and-services/other-insurance.jsp

1-800-657-3739

MISSOURI - Medicaid

http://www.dss.mo.gov/mhd/participants/pages/hipp.htm

1-573-751-2005

**MONTANA - Medicaid** 

http://dphhs.mt.gov/MontanaHealthcarePrograms/HIPP

1-800-694-3084 | HHSHIPPProgram@mt.gov

**NEBRASKA - Medicaid** 

http://www.ACCESSNebraska.ne.gov

1-855-632-7633 | Lincoln: 1-402-473-7000 |

Omaha: 1-402-595-1178

**NEVADA** – Medicaid

http://dhcfp.nv.gov | 1-800-992-0900

**NEW HAMPSHIRE - Medicaid** 

https://www.dhhs.nh.gov/programs-

services/medicaid/health-insurance-premium-program

1-603-271-5218

HIPP program toll free: 1-800-852-3345, ext 5218

**NEW JERSEY - Medicaid and CHIP** 

Medicaid: http://www.state.nj.us/humanservices/dmahs/clients/

medicaid | 1-609-631-2392

CHIP: http://www.njfamilycare.org/Default.aspx | 1-800-701-0710

**NEW YORK - Medicaid** 

https://www.health.ny.gov/health care/medicaid

1-800-541-2831

**NORTH CAROLINA - Medicaid** 

https://medicaid.ncdhhs.gov | 1-919-855-4100

**NORTH DAKOTA - Medicaid** 

https://www.hhs.nd.gov/healthcare

1-844-854-4825

**OKLAHOMA - Medicaid and CHIP** 

http://www.insureoklahoma.org | 1-888-365-3742

**OREGON - Medicaid** 

http://healthcare.oregon.gov/Pages/index.aspx

1-800-699-9075

PENNSYLVANIA - Medicaid and CHIP

https://www.dhs.pa.gov/Services/Assistance/Pages/HIPPProgram.aspx

1-800-692-7462

CHIP: Children's Health Insurance Program (CHIP) (pa.gov)

1-800-986-KIDS (5437)

RHODE ISLAND - Medicaid and CHIP

http://www.eohhs.ri.gov

1-855-697-4347, or 1-401-462-0311 (Direct RIte Share Line)

**SOUTH CAROLINA - Medicaid** 

https://www.scdhhs.gov | 1-888-549-0820

**SOUTH DAKOTA - Medicaid** 

http://dss.sd.gov | 1-888-828-0059

TEXAS - Medicaid

Website: https://www.hhs.texas.gov/services/financial/health-

insurance-premium-payment-hipp-program

1-800-440-0493

UTAH – Medicaid and CHIP

Medicaid: https://medicaid.utah.gov

CHIP: http://health.utah.gov/chip | 1-877-543-7669

**VERMONT - Medicaid** 

http://www.greenmountaincare.org | 1-800-250-8427

VIRGINIA - Medicaid and CHIP

https://coverva.dmas.virginia.gov/learn/premium-assistance/famis-select

https://coverva.dmas.virginia.gov/learn/premium-assistance/

health-insurance-premium-payment-hipp-programs **Medicaid:** 1-800-432-5924 **CHIP:** 1-800-432-5924

**WASHINGTON - Medicaid** 

https://www.hca.wa.gov | 1-800-562-3022

WEST VIRGINIA - Medicaid

https://dhhr.wv.gov/bms

http://mywvhipp.com

Medicaid: 1-304-558-1700

CHIP Toll-free: 1-855-MyWVHIPP (1-855-699-8447)

Crife 1011-1166. 1-055-1019 VV VTIIF F (1-055-059-0447

WISCONSIN - Medicaid and CHIP

https://www.dhs.wisconsin.gov/badgercareplus/p-10095.htm

1-800-362-3002

WYOMING - Medicaid

https://health.wyo.gov/healthcarefin/medicaid/programs-and-eligibility

1-800-251-1269

# **NOTES**

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