

FYX

First Year Experience

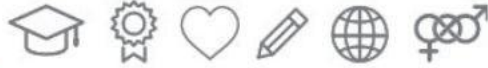


WELCOME CLASS OF 2026!

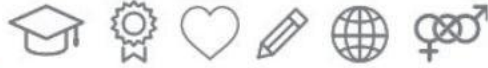


BEGINNING THE JOURNEY

2022 WEBINAR SERIES

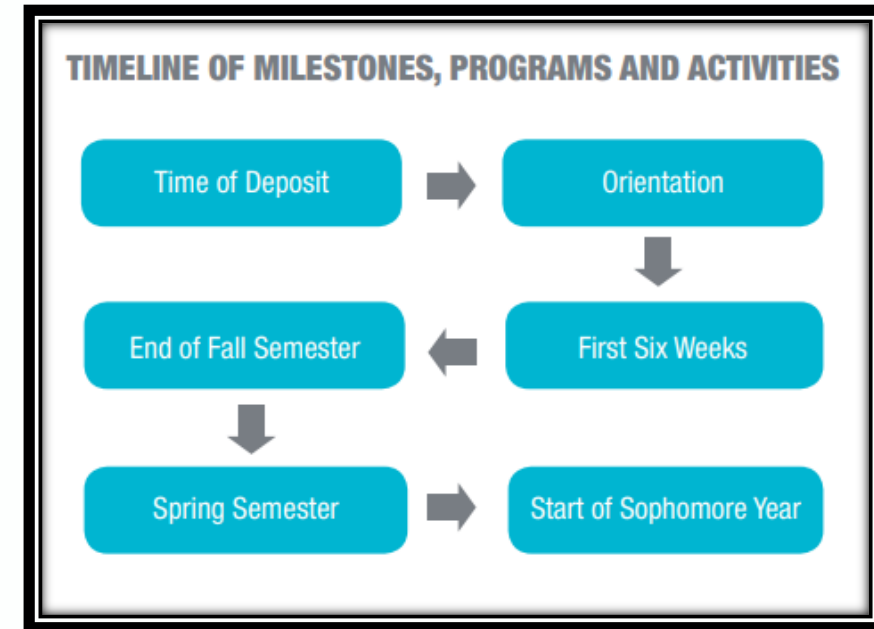


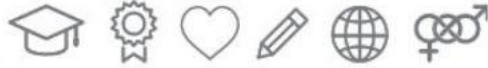
Introduction to the Residential Experience at CSB/SJU



WHO WE ARE: FYX is a campus-wide partnership that creates an environment that encompasses all the students' experiences and relationships with the institutions from the time of deposit until they return for sophomore year. FYX is led by a talented team of faculty, staff, and student leaders from across campus.

WHAT WE DO: We provide comprehensive programming and support to students during their first year to help ease the transition to college, achieve our FYX outcomes, and become successful members of our campus community!





IMPORTANT:

Set up your CSB/SJU email account!

- ✓ For directions, check your email and follow the link and directions provided so you can
- ✓ Need assistance, reach out to your Admissions Representative
- ✓ Aim to do this no later than June 1st!



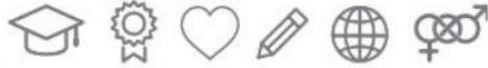
Start checking your email account for important information related to:

- ✓ The **Forms Portal** (which contains all the online forms you are asked to complete)

For Example: Due June 1st

- CSB and SJU Housing Questionnaire
- Advising and Class Registration Form

- ✓ To access the “Beginning the Journey” (free) online Orientation course link as of June 15
- ✓ Campus announcements

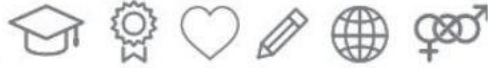


[Beginning the Journey Summer Webinar Series](#)

- Starting mid-June thru mid-August
- If you cannot attend a session, do not worry!
 - Recordings of sessions can be accessed on the First Year Experience webpage
 - <https://www.csbsju.edu/fyx/incoming-new-students/beginning-the-journey-webinars>

[“Beginning the Journey” New Student Online Orientation Course](#)

- Free and online; Opens June 15th
- Access via directions sent to your CSB/SJU email account
- Students asked to complete the modules (“lessons”) at their own pace (with the goal of completing all the modules by the start of school in August)
- Need help or have questions? Feel free to email us at fyx@csbsju.edu



Rooted in the Catholic and Benedictine Traditions



Benedictine Values

Awareness of God
To look for God not in the abstract but in the ordinary events of everyday.
"We believe that the divine presence is everywhere." RB 19

Community Living
To become who we are by our relationships with others.
"Let all things be common to all." RB 33

Dignity of Work
To appreciate the dignity of work in God's creation.
"...they live by the labor of their hands." RB 48

Hospitality
To offer warmth, acceptance, and joy in welcoming others.
"Let all...be received as Christ." RB 53

Justice
To work toward a just order in our immediate environment and in the larger society.
"...that in all things God may be glorified." RB 57

Listening
To hear keenly and sensitively the voices of persons and all created beings.
"Listen...with the ear of your heart." RB Prologue

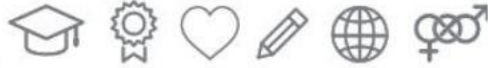
Moderation
To be content with living simply and finding balance in work, prayer, and leisure.
"All things are to be done with moderation." RB 46

Peace
To strive for peace on all levels: with self, others, and with God. RB Prologue

Respect for Persons
To respect each person regardless of class, background, or professional skill.
"No one is to pursue what is judged best for oneself, but instead, what is better for someone else." RB 72

Stability
To cultivate roots here and a shared sense of mission.
"To stand firm in one's promises." RB 58

Stewardship
To appreciate and to care lovingly for all the goods of this place.
"Regard all vessels as if they were the sacred vessels of the altar." RB 31



Community

To become who we are through our relationship with others.

Hospitality

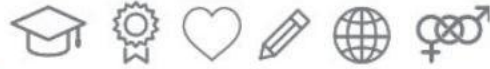
To offer warmth, acceptance, and joy in welcoming others.

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To respect each person regardless of class, background, or professional skill.

What makes living on campus at CSB and SJU special?

- Integral part of the overall CSB+SJU experience
- Four-year residential experience with housing that offers greater levels of independence from first year to senior year
- Opportunity to be part of intentional communities (and create your own)



CSB Residential Life

- Three first year residence halls (Aurora, Corona, Regina)
- Residents Assistants (Peers)
- Residence Directors (FT live in professional staff members)
- Residential Curriculum
- Intentional Communities



Double occupancy rooms include

- Bed (twin), sink, and closet
- Desk, chair, and bookcase
- Access to free laundry
- Lounges and kitchenettes on each floor
- Optional: bedloft, futon, mini-fridge, and microwave (bedloft.com)



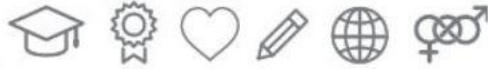
Roommate Options

- Roommate matching
- Choose your roommate



Programs & Activities

- Late night bread and blessings
- Community Connections
- Relation-chips and salsa
- Sno-Ball Semi Formal
- Bring Your Own Mug (BYOM) programs
- Events with Alumnae and Sisters



SJU Residential Life & Housing

Overall Program

- 2 first year residence halls (Tommy and Mary)
- 7 first year floors/communities of 40-80 residents
- 1 faculty resident and 2-3 RAs are staffed per floor



Roommate Options

- Matching via housing form
 - Specify a person
- (assignments are posted in the housing portal by mid-July)*



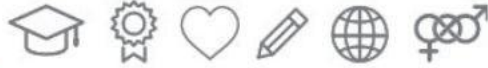
Double occupancy rooms include

- Bed (Twin XL), sink, and closet
- Desk, chair, and bookcase
- Access to free laundry
- Lounges and kitchenettes on each floor
- Optional: bedloft, futon, mini-fridge, and microwave (bedloft.com)



Floor Activities

- Hot Bread
- Thanksgiving Meal
- Intramurals (e.g., Dodge Ball)
- Late night food
- Live-n-learn series



Housing Form Due in Forms Portal

** If you have a preferred roommate, both people must list each other on the housing form*



Housing Assignment and Roommate Information Sent

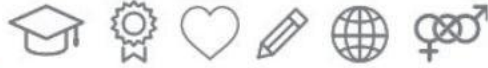
** Don't make assumptions based on what you find online*

Connect with Roommate

- * Make plans for room (who will bring what)*
- * Start talking about needs, wants and expectations*
- * Look at the things to bring (and not bring) list*



Move in Day for New Students!



Campus Dining at CSB + SJU

CSB Dining

Continuous Meal Plan

This plan allows unlimited entry to the Gorecki Dining Center or the Refectory 7 days a week during designated operating hours. All students living in first year housing are automatically assigned this plan.

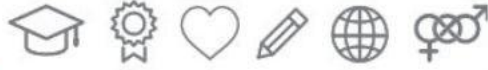
- **Additional Daily Meal Punch** - This plan includes 1 meal punch per day that can be used at the Retail Operations of McGlynn's or Sexton for 1 designated combo meal per day (al a carte and retail items excluded).
- **Bucks** - This includes 150 Bucks (i.e., flex points) per semester that can be used at any of the dining locations.
- **Guest Passes** - Ideal for visiting family and friends, this plan includes 4 free guest passes per semester that can be used at Gorecki Dining Center or the Refectory.

SJU Dining

Continuous Plan

This plan allows access to The Refectory or Gorecki Center during facility hours 7 days a week. Because this is the most popular and preferred plan for students living in traditional residence halls, the Community plan is automatically assigned to all students living in those buildings.

- **Daily Meal Punch** - One meal pass per day may be used for a retail meal exchange at Sexton Commons or McGlynn's.
- **Dining Bucks** - This plan includes \$150 Dining bucks and four guest passes(1) per semester.
- **Guest Passes** - Ideal for visiting family and friends, this plan includes 4 free guest passes per semester that can be used at Gorecki Dining Center or the Refectory.



Well-Being Center

Counseling	Health Services	Health Promotion	Violence Prevention
Individual Appointments	Clinics on both campuses	Health & Wellbeing Resources	Project EMBRACE
Walk-In Wednesdays	No fees are associated with provider/nurse office visits	Peer Health Promotion Teams	Sexual Assault Prevention & Education
Consultations	No insurance required* *Lab fees will be billed directly to you or your insurance (if provided)	<ul style="list-style-type: none"> • Stop@buzzed • Health Advocates • CERTS • Dream Team • Health Advocates/Health Initiative 	Victim Support and Resources
Crisis Resources	Medication delivery through Coborn's pharmacy	Bystander Intervention	Central MN Sexual Assault Center
You@CSBSJU	All students must complete health form		



Question & Answer Time



Thank you!

For more information about upcoming webinars,
please visit:

[Beginning the Journey Webinar Series 2022](#)