

CSB Health Survey Frequency Report Spring 2021

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Methodology:

Survey Type	Sample (N)	Response (N)	Rate
Web-based	1576	632	40.0%

This provides a margin of error of 3.0% at a 95% confidence level and 4.0% at a 99% confidence level.

DEMOGRAPHIC INFORMATION

Year in School

	Percent
First Year	26.4
Sophomore	27.3
Junior	22.2
Senior	24.1
Other	0.0

Ethnic Origin

	Percent
White	87.6
Asian	3.7
Black	4.6
Bi/Multi Rac	1.9
American Ind/Alaska	1.0
Native	
Other	3.3

Hispanic, Latino, or Spanish Origin

yes	7.0%
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State Residence

	Percent
U.S. (from Minnesota)	82.1
U.S. (out of state)	15.3
International	2.5

Current Residence

	Percent
On-campus res. hall	51.5
On-campus apartment	29.0
On-campus house	1.7
Off-campus apartment	2.1
Off-campus house (renting)	3.8
Off-Campus house (own)	0.6
Live with family	11.1
Other	0.2

	Percent
On-Campus	81.6
Off-Campus	17.6

Age	Percent
18	15.1
19	30.0
20	23.4
21	22.6
22	8.3
23	0.5
24	0.0
25	0.2
26	0.0

Gender Identity

	Percent
Woman	99.0
Man	0.0
Transman	0.0
Transwoman	0.0
Gender variant/non-conforming	0.8
Prefer not to answer	0.2

Sexual Orientation

	Percent
Heterosexual	88.7
LGBQ+ (Lesbian, Gay, Bi-Sexual, Queer...)	9.1
Undecided/Questioning	1.8

Time Spent in a Typical Day

Hrs	Sleeping	Napping	Texting/talking/ e-mailing (computer or cell phone)	Engaging w/ Social Media	Gaming	On-line Gambling	Surfing Internet	Exploring pornographic web sites
None	0.0	45.6	0.0	1.1	88.1	99.2	39.0	93.8
Up to 1	0.0	31.8	19.1	14.5	6.7	0.6	37.3	5.1
1-2	0.2	18.9	38.4	34.0	2.7	0.2	15.6	1.0
3-4	1.3	2.4	21.5	32.8	1.6	0.0	5.6	0.0
5-6	20.0	0.8	10.5	10.8	0.8	0.0	1.3	0.0
7-8	63.7	0.3	4.6	2.5	0.0	0.0	0.6	0.2
9-10	13.3	0.2	2.2	1.6	0.0	0.0	0.6	0.0
10-11	1.3	0.0	1.4	1.4	0.0	0.0	0.0	0.0
12+	0.3	0.0	2.1	1.3	0.2	0.0	0.0	0.0

Percent

Time Spent in a Typical Week

Hours	In class/lab	Studying/ prep class /write papers	Watch TV /stream tv or movies	Computer Use	Work on- campus	Work off- campus	Volunteer /community service	Socializing w/friends	Partying w/alcohol	Exercising	Athletics/ club sports	Club/Org involvement	Reading for pleasure
None	4.9	0.2	2.2	0.5	38.0	70.2	69.3	1.4	38.0	9.9	72.6	51.1	50.9
Up to 1	0.6	0.5	8.5	1.7	0.3	1.1	15.5	1.6	10.0	9.7	2.2	15.4	21.6
1-2	1.1	1.8	18.8	3.2	2.7	1.9	8.6	7.3	11.9	18.5	4.6	16.5	15.4
3-4	6.2	7.5	27.4	5.4	3.7	3.2	4.0	17.9	17.3	20.7	4.0	7.9	6.7
5-6	3.3	16.5	18.7	7.1	10.5	4.9	1.3	20.3	12.2	17.4	3.5	5.9	3.2
7-8	2.5	19.3	8.9	8.7	9.2	3.2	0.8	16.5	7.0	12.0	3.5	1.4	1.6
9-10	7.9	20.3	8.7	8.2	16.5	3.8	0.3	14.1	2.9	6.1	4.8	0.8	0.2
11-15	58.5	16.0	3.2	15.5	16.2	2.7	0.0	8.4	0.6	4.9	3.6	0.5	0.6
16-20	11.6	11.0	1.7	14.7	2.1	3.8	0.2	4.0	0.0	0.5	0.8	0.3	0.0
20+	3.3	7.0	1.9	34.9	0.8	5.2	0.2	8.4	0.0	0.3	0.5	0.2	0.0

Percent

ALCOHOL

Potential Alcohol-Related Activities for CSB Students

	Smoke cigarettes	Smoke cigars/clove cigarettes	hookah	Use e-cigarettes	Smoke pot	Use other drugs	Gamble	Argue w/others	Get into fights	Sex with someone known	Sex with someone not known	Sexual experience later regretted
Never do this	91.6	98.4	99.7	79.5	82.5	98.9	96.7	81.1	99.0	56.7	93.8	85.4
Do this only when drinking	7.9	1.4	0.3	11.9	4.0	0.5	0.0	1.3	0.3	1.4	3.7	6.8
Do this when I am drinking/ or not drinking	0.5	0.2	0.0	8.6	13.6	0.6	3.3	17.6	0.6	41.9	2.5	7.8

Percent

TOBACCO

Use of Tobacco in past 12 months

	Percent				
	Did not use	Once a Year	6 times Per year	Once per month	Greater than once per month
Cigarettes	87.8	4.9	4.9	1.9	0.5
Hookah	99.2	0.6	0.2	0.0	0.0
E-cigarettes	71.8	7.1	6.8	4.1	10.1
Smokeless Tobacco	99.1	1.1	0.2	0.3	0.3

Use of Tobacco in past 30 Days

	Percent						
	0 days	1-2 days	3-5 days	6-9 days	10-19 days	20-29 days	30 days
Cigarettes	95.7	3.7	0.5	0.2	0.0	0.0	0.0
Hookah	99.8	0.2	0.0	0.0	0.0	0.0	0.0
E-cigarettes	84.3	6.0	1.7	2.1	2.1	1.3	2.5
Smokeless Tobacco	99.2	0.5	0.0	0.3	0.0	0.0	0.0

Trying to Quit Tobacco/e-cigs

	Percent
Don't Use Tobacco/e-cigs	76.0
No	13.0
Maybe	5.2
Yes	5.7

Time spent in the same room with someone smoking tobacco in an avg week

	Percent
0	80.6
Less than 30 minutes	12.4
31 minutes – 1 hour	2.9
More than 1 hour but less than 3 hours	1.4
More than 3 hours	2.7

Places Where Students are exposed to Secondhand Smoke

	Percent
On-Campus (inside)	8.3
On-Campus (outside)	12.4
Residence Hall (outside)	5.7
Bar/Restaurant (outside)	28.1
Private Party (outside)	24.5
Private Party (inside)	23.2
In a car	16.6
Where I live (outside)	8.5
Where I live (inside)	4.9
Other	3.1

Tobacco Free Policy Preference

Percent

	Strongly Disagree	Disagree	Agree	Strongly Agree
Prefer tobacco/e-cig-free campus (all buildings & grounds)	9.9	25.4	39.6	25.2
Support a campus-wide policy that prohibits tobacco/e-cig use anywhere on campus grounds	7.2	28.5	41.3	23.0
Making campus tobacco/e-cig-free would be a violation of my rights	21.5	51.4	22.6	4.5
Making campus tobacco/e-cig-free would be inconvenient	29.8	45.5	21.8	2.9
Making campus tobacco/e-cig-free would not matter to me	9.6	26.6	42.8	21.0

PERCEPTION OF HEALTH

CSB students report when describing overall health	Percent
Much less healthy than most people my age	2.1
Somewhat less healthy than most people my age	14.7
About the same as most people my age	39.0
Somewhat healthier than most people my age	37.6
Much healthier than most people my age	6.6

HEALTH PRACTICES

In the last 7 Days: participated in vigorous exercise for at least 20 minutes or moderate for at least 30 minutes

	Percent	Cumulative
7 days	7.9	7.9
6 days	10.3	18.2
5 days	14.6	32.8
4 days	11.0	43.8
3 days	14.9	58.7
2 days	15.6	74.3
1 day	9.7	84.0
0 days	15.9	99.9

In the last 7 days: performed exercises to strengthen or tone muscles

	Percent	Cumulative
7 days	4.8	4.8
6 days	7.6	12.4
5 days	9.9	22.3
4 days	9.9	32.2
3 days	11.8	44.0
2 days	13.5	57.5
1 day	11.1	68.6
0 days	31.5	100.0

In the last 7 days: got enough sleep so that felt rested when awakening

	Percent	Cumulative
7 days	18.9	18.9
6 days	16.8	35.7
5 days	23.7	59.4
4 days	12.5	71.9
3 days	12.7	84.6
2 days	7.9	92.5
1 day	3.7	96.2
0 days	3.8	100

In the last 7 days: brushed teeth

	Percent	Cumulative
7 days	89.0	89.0
6 days	3.3	92.3
5 days	3.3	95.6
4 days	2.5	98.1
3 days	0.8	98.9
2 days	0.2	99.1
1 day	0.6	99.7
0 days	0.2	99.9

In the last 7 days: flossed teeth

	Percent	Cumulative
7 days	19.7	19.7
6 days	4.0	23.7
5 days	7.5	31.2
4 days	9.9	41.1
3 days	9.2	50.3
2 days	10.7	61.0
1 day	10.8	71.8
0 days	28.2	100.0

In the last 7 days: ate meals and snacks at regular intervals throughout the day

	Percent	Cumulative
7 days	48.8	48.8
6 days	10.0	58.8
5 days	14.0	72.8
4 days	8.5	81.3
3 days	8.6	89.9
2 days	4.3	94.2
1 day	2.1	96.3
0 days	3.7	100.0

In the last 7 days: ate or drank at least 3 servings of milk, yogurt, or orange juice/milk alternatives fortified with calcium

	Percent	Cumulative
7 days	26.9	26.9
6 days	5.1	32.0
5 days	11.4	43.4
4 days	12.2	55.6
3 days	11.6	67.2
2 days	13.2	80.4
1 day	7.6	88.0
0 days	11.9	99.9

In the last 7 days: ate at least 5 servings of fruits and vegetables

	Percent	Cumulative
7 days	18.7	18.7
6 days	8.3	27.0
5 days	17.4	44.4
4 days	13.6	58.0
3 days	13.6	71.6
2 days	13.1	84.7
1 day	5.8	90.5
0 days	9.6	100

In the last 7 days: skipped meals (not eating at least 3 times a day)

	Percent	Cumulative
7 days	9.4	9.4
6 days	5.1	14.5
5 days	7.8	22.3
4 days	8.9	31.2
3 days	10.5	41.7
2 days	15.7	57.4
1 day	14.3	71.7
0 days	28.3	100.0

In the last 7 days: chose whole grains over refined grains

	Percent	Cumulative
7 days	24.6	24.6
6 days	7.1	31.7
5 days	13.0	44.7
4 days	11.4	56.1
3 days	11.1	67.2
2 days	10.3	77.5
1 day	5.1	82.6
0 days	17.5	100

In the last 7 days: ate “breakfast” or some food shortly after waking

	Percent	Cumulative
7 days	36.4	36.4
6 days	7.7	44.1
5 days	10.4	54.5
4 days	11.1	65.6
3 days	9.0	74.6
2 days	10.3	84.9
1 day	5.3	90.2
0 days	9.8	100

In the last 7 days: took a vitamin and/or mineral supplement

	Percent	Cumulative
7 days	31.7	31.7
6 days	3.8	35.5
5 days	5.3	40.8
4 days	3.5	44.3
3 days	5.3	49.6
2 days	4.3	53.9
1 day	3.5	57.4
0 days	42.6	100.0

In the last 7 days: drank at least 8 glasses (about 64oz) of water or other non-alcoholic fluids

	Percent	Cumulative
7 days	41.2	41.2
6 days	7.3	48.5
5 days	13.8	62.3
4 days	12.1	74.4
3 days	9.9	84.3
2 days	6.8	91.1
1 day	2.9	94.0
0 days	6.0	100

In the last 7 days: thought about nutrition or health when choosing what to eat

	Percent	Cumulative
7 days	45.8	45.8
6 days	10.8	56.6
5 days	12.3	68.9
4 days	9.3	78.2
3 days	7.5	85.7
2 days	3.8	89.5
1 day	4.1	93.6
0 days	6.4	100

SLEEP

Sleep Quality (past month)

	Percent
Very good	13.3
Good	36.7
Fairly good	34.1
Fairly bad	11.7
Bad	1.7
Very bad	2.4

Top impediments to good night's sleep (Respondents could choose top 2)

	Percent
Worrying/Fretting	42.0
Browsing Social Media Sites	28.6
Studying/Preparing for Class	25.4
Can't Wind Down	23.4
Irregular Schedule	20.3
Noisy Environments	14.0

Stop Use of electronics (does not include setting alarm)

How long before sleeping	Percent
Use up until the moment of going to bed	47.4
15 minutes	28.7
30 minutes	11.9
45 minutes	3.1
1 hour or more	8.9

Cellphone Use and Bedtime

Statement – My phone is...	Percent
within reach when I sleep AND I leave the vibrate and/or ringer on	35.7
within reach when I sleep BUT I silence all alerts and calls (except alarm).	58.6
not within reach when I sleep BUT I leave the vibrate and/or ringer on	2.2
not within reach when I sleep AND I silence all alerts and calls.	3.5

PREVENTIVE HEALTH PRACTICES

	Percent		
	Yes	No	Don't Know
Used sunscreen every day outside	20.1	75.8	4.1
Had a dental exam and cleaning in the last year	84.1	14.1	1.7
Had cholesterol checked in the last 2 years	42.5	36.8	20.7
Had blood pressure checked in the last year	86.0	10.8	3.2
Performed a breast self-exam in the last month	34.5	63.4	2.1
Had a routine gynecological exam in the last year	26.4	70.4	3.2
Received HPV vaccine (full or partial series)	70.4	13.8	15.7
Received meningococcal vaccination	70.4	7.5	22.1
Received a flu shot or flu nasal mist in last 12 months	66.6	30.9	2.5

WEIGHT

Body Mass Index*

Classification	Freq.	Percent	Cumulative Percent
Underweight (BMI <18.5)	29	4.6	4.6
Healthy Wt. (BMI 18.5-24.9)	402	64.3	68.9
Overweight (BMI 25-29.9)	126	20.2	89.1
Class I Obesity (BMI 30-34.9)	46	7.4	96.5
Class II Obesity (BMI 35-39.9)	8	1.3	97.8
Class III Obesity (BMI 40+)	14	2.2	100.0

Mean = 24.26 Std. Dev. = 5.2 N = 625
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*BMIs are calculated using the CDC BMI Calculator

Trying to do anything about weight?

	Percent
Lose weight	56.4
Stay the same weight	25.5
Gain weight	4.5
Not trying to do anything	13.7

Within the Last 30 Days, did the following:

	Percent
Exercise to lose weight	59.1
Diet to lose weight	35.8
Skip a meal or meals to lose weight	36.7
Vomit or abuse laxatives to lose weight	3.0
Take diet pills or supplements to lose weight	4.3
Smoke cigarettes to lose weight or not gain weight	0.5
Exercise to gain/build muscle	45.3
Consume a diet intended to gain weight or build muscle	14.9
Take nutritional supplements to gain weight or build muscle	16.2
Take steroids to gain weight or build muscle	0.2
Continue to eat (cannot stop yourself) even though feel "full"	24.1
Eat to the point of feeling physically ill	9.8
Skip a meal or meals because do not have enough money for food	5.4

Note: Students could choose multiple responses

BODY IMAGE

“I think I am...”

0.3	very underweight
5.4	somewhat underweight
51.9	normal weight
36.5	somewhat overweight
5.9	very overweight

“From looking at me, most people would think I am...”

1.4
10.1
68.9
16.5
3.0

BODY SATISFACTION

Felt satisfied with body within last 30 days

	Percent
Never	12.2
Sometimes	46.1
Most of the time	36.6
Always	5.1

SAFETY

During the last school year, how often did you do the following...

	Percent					
	N/A	Never	Rarely	Sometimes	Most of the time	Always
Wear seatbelt	0.0	0.3	0.3	1.1	7.3	90.9
Wear helmet – bike	34.2	23.2	10.7	8.1	8.8	15.0
Wear helmet - motorcycle	91.3	0.5	0.5	0.6	0.3	6.8
Use recommended protective equip (pads, life jacket, goggles, etc.)	28.5	2.9	4.8	18.3	23.1	22.3
Drive within 5mph of posted speed limit	6.0	0.8	2.4	18.5	52.5	19.8
Ride with driver who was drinking	18.2	71.5	8.7	1.0	0.3	0.3
Drive car after drinking	23.7	70.1	5.7	0.5	0.0	0.0
Use cell phone for any purpose while driving	8.8	19.1	34.9	31.9	4.1	1.1
Drive 20 mph or more over speed limit	11.8	62.2	19.8	5.1	0.5	0.5
Gamble more money than intended	51.8	45.7	2.1	0.5	0.0	0.0
Drink more alcohol than intended	21.8	29.4	24.6	22.6	1.3	0.3
Tan using indoor tanning bed	33.8	53.6	5.6	6.2	0.5	0.3
Received health care when necessary	6.2	2.7	4.0	13.4	31.8	41.8

ACADEMICS AND HEALTH

	Percent				
	Did not happen to me/not applicable	Have experienced but academics not affected	Received lower grade on exam /important project	Received lower grade in course	Received incomplete or dropped course
Alcohol use	52.1	44.6	2.5	0.5	0.3
Allergies	71.0	27.8	1.1	0.2	0.0
Assault (physical)	98.9	1.1	0.0	0.0	0.0
Assault (sexual)	94.1	4.5	0.6	0.6	0.2
Attention deficit disorder	83.5	6.9	5.4	3.2	1.0
Cold/flu/sore throat	46.4	42.9	8.6	2.1	0.0
Concern for friend or family	47.1	39.3	10.6	2.9	0.2
Chronic illness (asthma, diabetes, etc)	88.4	9.4	1.4	0.6	0.2
Chronic pain	90.4	7.2	1.9	0.5	0.0
Death of a friend or family member	75.5	16.0	5.4	2.9	0.2
Depression/anxiety/SAD	35.2	34.8	18.0	9.3	2.7
Drug use	93.5	6.4	0.2	0.0	0.0
Eating disorder/problem	84.9	12.6	1.8	0.5	0.3
Gambling activity	98.6	1.4	0.0	0.0	0.0
HIV infection/AIDS	99.7	0.3	0.0	0.0	0.0
Injury	90.4	7.5	1.3	0.2	0.0
Gaming	93.2	6.1	0.6	0.2	0.0
Learning disability	93.0	2.9	2.2	1.1	0.3
Mono	98.2	1.0	0.6	0.8	0.0
Pregnancy	99.4	0.5	0.0	0.0	0.2
Relationship difficulty	66.1	22.8	7.8	2.7	0.5
Sexually transmitted disease	98.9	1.1	0.0	0.0	0.0
Sinus infection/ear infection/bronchitis/strep throat	85.3	11.8	2.4	0.5	0.0
Sleep difficulties	39.0	39.3	17.8	3.3	0.5
Stress	11.2	45.8	31.4	9.3	2.2
Harassment/ Stalking In person or electronically	95.0	4.2	0.5	0.3	0.0
Socializing w/ friends	29.7	59.8	8.9	1.4	0.2
Social Media	34.4	58.0	6.4	1.3	0.0
Covid-19	45.5	31.2	15.6	7.0	0.6

HEALTH CARE

Choice For non-emergency medical care	Percent
Hometown health care provider	44.7
CSB Student Health Services	31.2
Clinic in St. Cloud	7.4
No idea what I would do at this time	5.0
Urgent Care	4.3
Clinics located in retail establishments	2.1
Clinic in St. Joseph	1.6

MENTAL HEALTH

Behavior	Percent			
	No	Yes, last 30 days	Yes, last 12 mos	Yes, > 12 mos
Attempted Suicide	92.8	0.2	0.5	6.6
Intentionally cut, burned, bruised, or otherwise injured self	83.7	1.8	1.9	12.7
	No	Yes, on campus	Yes, off-campus	
Currently in therapy	80.4%	9.5%	10.1%	
	No	Yes		
Would seek help from mental health professional	11.2%	88.8%		

If you were having a personal problem that was really bothering you, would you consider seeking help from:

Percent Endorsed

On-Campus, in-person support group	48.7
Off-Campus, in-person support group	37.1
Peer run, in-person support group	25.1
On-line support group	24.0
None of these	30.2

Last 12 months, Mental Health Issues Diagnosed/Treated by Professional:

Percent

	No	Yes, diagnosed, not treated	Yes, treated with medication	Yes, treated with psychotherapy	Yes, treated with medication and psychotherapy	Yes, other treatment
Anorexia	97.1	1.0	0.2	1.0	0.6	0.2
Anxiety	63.8	8.8	12.2	5.0	9.8	0.5
ADD or ADHD	93.6	2.9	2.7	0.2	0.5	0.2
Binge-eating	98.4	0.3	0.0	0.6	0.5	0.2
Bipolar Disorder	99.4	0.0	0.5	0.0	0.2	0.0
Bulimia	98.9	0.2	0.0	0.6	0.3	0.0
Depression	76.1	5.5	7.9	2.6	7.6	0.3
Insomnia	93.9	2.1	2.2	1.0	0.8	0.0
Other sleep disorder	97.9	0.6	1.1	0.2	0.2	0.0
OCD	95.5	1.9	1.1	1.0	1.0	0.0
Panic Attacks	84.8	5.0	3.5	1.6	4.6	0.5
Phobia	98.2	0.5	0.3	0.8	0.2	0.0
Schizophrenia	100.0	0.0	0.0	0.0	0.0	0.0
AOD Abuse /Addiction	99.0	0.8	0.0	0.2	0.0	0.0
Other addiction	100.0	0.0	0.0	0.0	0.0	0.0

Mental Health Topics of the Most Concern to CSB Students

(need/want more info, need/want to make changes, have concerns about own behavior....)

	Percent
Stress	75.1
Anxiety	68.1
Personal development/self-esteem	48.1
Depression	44.6
Grades, Procrastination	40.7
Choosing a major/career	33.2
Family issues	27.1
Relationship Issues	26.0
Eating behaviors	25.8
Social Isolation	22.8
Assertiveness	19.5
Trauma	17.1
Racial issues	15.8
Grief/loss	13.3
Suicidal thoughts	12.1
Sexual concerns	10.4
Cultural adjustment issues	9.4
Sexual Identity	6.9
Self-injury/harm	5.6
Gender Identity	4.6

Physical Health Concerns Most Important to CSB Students

(need/want more info, need/want to make changes, have concerns about own behavior....)

	Percent
Stress management	57.7
Physical fitness/exercise	46.8
Nutrition	45.3
Sleep	45.0
Time management	41.3
Other Women's Health Issues	28.0
Weight: overweight	24.8
Cancer awareness/prevention	15.6
Sexual health	13.8
Sports injuries	10.4
Pregnancy prevention	9.3
Blood pressure	9.1
Alcohol	9.1
Weight: underweight	8.1
E-Cigarettes (Vaping)	7.7
Cholesterol	7.2
Heart disease	7.1
Sexually transmitted diseases	5.4
Drugs	5.3
Diabetes	5.1
Tobacco cessation	3.4

CSB students thought were problems at CSB during the last school year

	Percent				
	Not at all	Small Problem	Some Problem	Great Problem	Very great problem
Alcohol	36.4	20.7	27.4	10.4	5.1
Tobacco	61.4	23.2	12.2	2.6	0.6
Marijuana	52.0	25.8	15.7	4.4	2.1
Date rape drugs	67.7	18.8	10.5	1.8	1.1
Other drugs	67.0	20.5	10.2	1.9	0.3
Nutrition	44.4	20.8	22.7	9.2	2.9
Eating disorders	49.1	19.7	18.7	9.9	2.6
Depression	26.1	18.0	26.2	21.8	7.9
Stress	13.1	12.1	22.2	33.2	19.4
Self-Injury/Harm	63.2	24.5	9.6	2.3	0.5
Sexually transmitted infections	60.4	25.0	11.0	2.9	0.6
Sexual assault	50.4	22.8	16.8	6.6	3.4
Sexual harassment	47.6	23.0	18.6	7.5	3.3
Unfair Treatment (because of gender, sexual orientation, race, culture, disabilities, etc.)	38.0	20.2	20.1	11.3	10.4
Violence	74.0	19.6	5.4	1.0	0.0
Safety on campus	63.8	21.3	10.8	2.6	1.5
Suicide	72.8	21.0	5.5	0.3	0.3
Gambling	86.1	12.5	1.3	0.2	0.0
Gaming (on-line, PC, PlayStation/X-Box/Wii, etc.)	77.8	13.3	6.8	2.1	0.0
Pornography Use	77.7	14.9	5.3	1.5	0.6
E-Cigs (Vaping)	44.4	18.9	18.4	11.6	6.8

CSB students thought were problems at SJU during the last school year

Percent

	Not at all	Small Problem	Some Problem	Great Problem	Very great problem
Alcohol	32.1	17.2	22.7	19.1	8.9
Tobacco	51.8	22.0	16.4	8.2	1.5
Marijuana	43.1	21.8	20.5	11.1	3.5
Date rape drugs	63.0	16.6	13.4	4.9	2.0
Other drugs	63.5	20.2	10.8	4.0	1.5
Nutrition	55.5	22.6	14.3	5.7	1.9
Eating disorders	67.7	19.7	10.4	1.7	0.5
Depression	38.3	17.8	23.8	14.8	5.4
Stress	24.8	15.4	25.0	23.2	11.6
Self Injury/Harm	69.2	22.9	5.7	0.5	1.7
Sexually transmitted infections	60.2	19.3	14.5	4.5	1.5
Sexual assault	48.9	21.5	18.5	7.2	3.9
Sexual harassment	46.2	22.8	18.4	8.5	4.1
Unfair Treatment (because of gender, sexual orientation, race, culture, disabilities, etc.)	43.9	18.9	15.7	12.3	9.3
Violence	62.5	21.0	12.1	3.4	1.0
Safety on campus	59.9	22.4	13.8	2.7	1.0
Suicide	73.5	20.7	4.6	0.7	0.5
Gambling	75.4	16.3	6.6	1.4	0.3
Gaming (on-line, PC, PlayStation/X-Box/Wii, etc.)	58.0	14.3	16.6	7.9	3.2
Pornography	64.5	15.3	10.8	7.2	2.2
E-Cigs (Vaping)	47.6	17.3	13.8	13.6	7.6

SEXUAL HEALTH

Had Consensual Sex (Oral, Anal, Vaginal)

	Percent
No	40.0
Yes	60.0

Note: Those that said “no” automatically skipped past sexual activity questions.

The next 9 questions were responded to by students who responded that they had had consensual sex.

Currently in Sexual Relationship

	Percent
No	34.0
Yes	66.0

Discuss Sexually Transmitted Disease Prevention with Partner(s) Before Engaging in Sexual Activity

	Percent
No	37.0
Yes, with some partners	17.2
Yes, with every partner	45.8

Tested for sexually transmitted diseases in past year

	Percent
No	49.1
Yes	50.9

Diagnosed with sexually transmitted diseases in past year

	Percent
No	97.3
Yes	2.7

Discuss Pregnancy Prevention with Partner(s) Before Engaging in Sexual Activity

	Percent
N/A	6.2
No	7.8
Yes, with some partners	14.2
Yes, with every partner	71.8

Frequency of Protection When Engaging in Sex-Barrier Method (Condom, Dental Dam)

	Percent
N/A	4.3
Not sexually active	5.7
Never	16.8
Rarely	11.4
Sometimes	12.7
Most of the time	23.2
Always	25.9

Frequency of Protection When Engaging in Sex-Non-Barrier Method (Birth Control Pill, Patch, Shot)

	Percent
N/A	9.7
Not sexually active	4.9
Never	10.3
Rarely	1.1
Sometimes	2.2
Most of the time	4.1
Always	67.8

Most Often Used Method of Pregnancy Prevention with Vaginal Intercourse

	Percent
Have not had vaginal intercourse	7.3
Birth control pills/patch/implant	51.5
Depo provera (shots)	2.2
Condoms (male or female)	24.0
Diaphragm/Cervical cap/Sponge/Shield	0.0
Vaginal ring (Nuva Ring)	1.3
IUD (intrauterine device)	9.4
Spermicide (e.g., foam)	0.3
Fertility awareness (calendar, mucous, basal body temp)	0.0
Withdrawal	2.4
Other method	0.3
Nothing	1.3