

St. John's University, Box #4321
2850 Abbey Plaza
Collegeville, MN 56321
March 4, 2016

Internship Director
Washburn Center for Children
1100 Glenwood Ave
Minneapolis, MN 55405

Dear Internship Director,

I am writing to apply for the Child/Adolescent Behavioral Health intern position offered by the Washburn Center for Children, posted on the Minnesota Council of Nonprofits job board. I am confident that I have the desired skills and abilities to establish a strong rapport with the clinical staff members, children and adolescents in the Behavioral Health Clinic.

Currently a junior at St. John's University, I am majoring in psychology and plan to further my education in order to practice clinical psychology. Presently enrolled in an Abnormal Psychology course, I strongly believe that this will allow me to draw intuitive connections between what I have learned in the classroom and what I will learn in the clinical setting. This past summer, I worked at Camp Buckskin where I facilitated group sessions on strengthening social skills and improving overall self-concept. Additionally, my background working in the educational system as both a Special Education substitute paraprofessional and a Special Education teaching assistant have further developed my skills in working with children and adolescents living with special needs. I've learned how to properly assess the children I've worked with in one-on-one settings and interpret their reactions in order to provide them with the tools and understanding needed to further their development. My experience as both a Peer Mentor for adolescents with special needs and as a Special Olympics coach has provided me with effective therapeutic techniques to help children problem solve and explain their emotions. My supplementary qualifications with children also include my work as a student naturalist, nanny, and youth basketball coach.

I believe that my solid experiential background will inform my work with children and adolescents as an intern with Washburn Center for Children. The strides that this program accomplishes with each and every one of their patients is exemplary to say the least. The prospect of initiating and developing strong relationships with a diverse population along with the possibility of participating in patient testing, assessment, therapy, and research projects are both exhilarating and very unique opportunities.

Please feel free to reach out to me if I can provide any further information concerning the contributions I could make as a Child/Adolescent Behavioral Health Intern. Thank you for your time and consideration.

Sincerely,

James Rutter

James Rutter