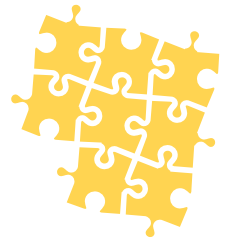


# WHO AM I?



Complete the following sections to create a picture of you at this time. Intentionally reflect on who you are and connect this deeper self-understanding with your educational, career and life goals.

**My interests include:**

Empty rounded rectangular box for writing interests.

**My skills and strengths include:**

Empty rounded rectangular box for writing skills and strengths.

**Classes and/or areas of study I enjoy are:**

Empty rounded rectangular box for writing classes and areas of study.

**Things I like to participate in:**

Empty rounded rectangular box for writing things to participate in.

**Values that are important to me/guide me are:**

Empty rounded rectangular box for writing values.

**Things I dream about doing/accomplishing:**

Empty rounded rectangular box for writing dreams.



## *Next steps...*

- Discuss this worksheet with mentors (i.e. faculty, advisors, career coaches)
- Take an [online interest assessment](#) that links to possible career options

