

Elizabeth M. Smith, M.S.W

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EDUCATION:

Masters of Social Work May 2016
University of Minnesota, Minneapolis, MN Licensure: M.S.W. (May 2016)

Bachelor Arts May 2014
College of Saint Benedict, St. Joseph, MN
Major: Sociology
Study Abroad: Guatemala, Spring 2013

RELATED EXPERIENCE:

Family Counselor September 2014 – Present
St. Mary's Helping Hands, Arden Hills, MN

- Counsel individuals and families regarding a variety of mental health and crisis issues.
- Facilitate and mediate group counseling sessions for clients.
- Provide appropriate community resource referrals to clients.
- Manage caseload of 25-40 residents.
- Suggest goals and safety considerations in assisting clients' planning development

Volunteer Teacher May – September 2014
Los Niños del Sol, Puerta Lempira, Honduras

- Developed diverse educational curriculum and social recreation for teachers.
- Creatively taught and engaged children ages 5-12 in a variety of subjects including art and music.
- Worked collaboratively to organize funding opportunities that assisted with the community's educational finance deficit.

Camp Counselor May – August 2013 & 2014
Venture Friendships, Annandale, MN

- Completed intakes of children, helped them feel initially welcome and situated, and performed continuous supervision of the children throughout the summer
- Assisted with planning and implementing physically and intellectually stimulating activities for children with intellectual and development disabilities.
- Addressed the physical and emotional health, personal care, and general welfare requirements of the children

Social Work Intern January 2014 - May 2014
Behavioral Health Services, St. Cloud Hospital, St. Cloud, MN

- Provided individual assessment and psycho-therapy services to socio-culturally diverse adult population diagnosed with mental disorders.
- Collaborated with team of social workers, psychologists and psychiatrists to develop individualized treatment plans.
- Participated and evaluated group counselling sessions with patients.