

Bennie J. Ohnnie

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EDUCATION:

Bachelor of Arts, College of Saint Benedict, St. Joseph, MN May 20XX
Major: Nutrition (Didactic Program-Dietetics) Minor: Psychology GPA: 3.37/4.0
Scholarships: President's

RELATED EXPERIENCE:

Food Lab Manager August 20XX - Present

Nutrition Department, College of St. Benedict (St. Joseph, MN)

- Determine food needs, purchase items, and set-up food experiments for four weekly Food Science and Production classes and twelve weekly Introductory Nutrition labs
- Maintain cleanliness and organization of the lab
- Update inventory of food supplies
- Communicate regularly with instructors to ensure labs run smoothly

Teaching Assistant August 20XX - Present

Nutrition Department, College of St. Benedict (St. Joseph, MN)

- Set-up/clean-up for introductory nutrition labs
- Evaluate/grade student class assignments
- Prepare and present short lectures to introduce lab topics
- Communicate with introductory lab professors regarding lab procedures/issues

Dining Room Aide July 20XX - Present

Little Sisters of the Poor (St. Paul, MN) (Seasonal)

- Communicate with residents regarding their meal orders
- Familiarize myself with low sodium and diabetic diets
- Review menu planning with staff dietitian

Sandwich Artist May 20XX - Present

Subway (St. Paul, MN) (Seasonal)

- Open/close the store, count inventory, manage the till money and maintain a clean store
- Bake bread and cookies, prepare sandwiches and salads, and assist in processing party orders
- Practice food safety methods during food preparation

Dietetic Intern August 20XX

ADA Camp Needlepoint (Hudson, WI)

- Monitored food intake of Type I/Type II diabetic and celiac campers
- Learned about carbohydrate counting and the various types of insulin
- Took meal orders from four different campers per day

Volunteer Nutrition Educator January - May 20XX

New Beginnings, St. Cloud, MN

- Researched, prepared and taught curriculum and nutrition education materials for monthly classes for pregnant women
- Consulted with volunteer coordinator to understand the needs of the residents

Dietetic Job Shadows/Information Interviews

August 20XX – May 20XX

St. Cloud Hospital (St. Cloud, MN), University of Minnesota Medical Center, Fairview (Minneapolis, MN), St. Joseph’s Hospital (St. Paul, MN)

- Shadowed dietitians in endocrinology, neurology, surgical, and telemetry units
- Observed dietitians in patient counseling sessions, patient education and charting
- Attended rounding meetings with doctors, nurses, social workers, and psychologists

Vice President

August 20XX - May 20XX

Nutrition Club, College of Saint Benedict (St. Joseph, MN)

- Planned and led monthly meetings for club members
- Coordinated a bakery tour and holiday event
- Researched and presented sessions on exercise and diet for twenty college students
- Communicated regularly with board members, club members, and faculty representative

Program Intern

August 20XX - May 20XX

CentraCare BLEND Program, St. Cloud, MN

- Educated children and their families on healthy lifestyles and nutrition through presentations and classroom sessions
- Recruited, scheduled and organized over 200 volunteers for the Apple Duathlon and Earth Day Half-Marathon

Student Researcher

January 20XX - May 20XX

Nutrition Department, College of St. Benedict, St. Joseph, MN

- Assessed the differences in eating competency in first years/seniors majoring in Nutrition
- Designed research proposal and obtained IRB approval
- Collected and analyzed data from surveys
- Presented findings at the Minnesota Academy of Nutrition and Dietetics annual conference (April 2016)

Alternative Break Experience Co-Leader

October 20XX – March 20XX

Campus Ministry, College of St. Benedict (St. Joseph, MN)

- Organized and facilitated a week-long service trip to Denver, CO for 8 students for Spring Break
- Coordinated trip itinerary and fundraising efforts
- Communicated with Alternative Break Experience staff and site contacts
- Met deadlines as outlined by Alternative Break Experience staff

Culinary Services Associate

August 20XX - May 20XX

Culinary Services, College of Saint Benedict (St. Joseph, MN)

- Assisted in the bakery area by preparing desserts and menu items, cleaning machinery, and helping staff
- Worked as part of a team to complete orders for on-campus events

PROFESSIONAL MEMBERSHIP: Academy of Nutrition and Dietetics

TECHNOLOGY SKILLS: Computrition Hospitality Suite v.18.3.0.20/15, Microsoft Office Suite

ACTIVITIES: Nutrition Club, Intramural sports