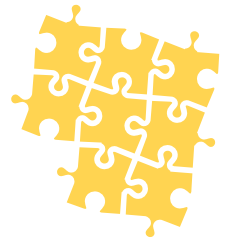


WHO AM I?



Complete the following sections to create a picture of you at this time. Intentionally reflect on who you are and connect this deeper self-understanding with your educational, career and life goals.

My interests include:

My skills and strengths include:

Classes and/or areas of study I enjoy are:

Things I like to participate in:

Values that are important to me/guide me are:

Things I dream about doing/accomplishing:



Next steps...

- Discuss this worksheet with mentors (i.e. faculty, advisors, career coaches)
- Consider taking the Strong Interest Inventory or CliftonStrengths through XPD for further self-understanding

