

SAINT JOHN'S UNIVERSITY
RESIDENTIAL CURRICULUM & PROGRAMMING MODEL

JUNIOR STUDENTS

Learning Outcomes

Career Development & Exploration: Students will actively explore career development opportunities beyond the classroom by applying for internships, attending Career Services events, seeking letters of recommendations, and/or preparing for post graduate education exams such as the GRE, GMAT or LSAT.

Community Engagement: Students will augment their community living skills and grow in their capacity to interact peacefully and respectfully with neighbors in an adult community.

Intercultural Competence: Students will engage in at least one experiential learning activity, such as Study Abroad, Alternative Break Experiences, etc., that supports their academic or career goals.

Personal Growth: Students will enhance their fitness/health and wellness by participating in a varsity, intramural or a club sport, or by an engaging in individual health and wellness programs (including individualized workout programs).

Spirituality: Students will explore their spiritual development through participation and reflection on their involvement with community liturgy and other events or spiritual opportunities (e.g., men's spirituality groups, men's Campus Ministry trips/retreats, formal and informal interactions with Saint John's monks, etc.).

Programs

The following programs are examples of activities or events that could be sponsored/encouraged/offered by residential life and another student development area. The intent is actively engage men in the life of campus and to promote the holistic learning. Check all that apply.

CAREER DEVELOPMENT

- J1 Engage in at least one significant experiential learning activity that fits my academic and career goals (internship, undergraduate research, fellowship, significant volunteer experience, etc.).
- J2 Prepare resumes, letters, interviewing and networking to gain experience for employment or grad school.
- J3 Receive a recommendation letter from a faculty or staff member.
- J4 Take the GRE, GMAT or LSAT.
- J5 Attend a job or volunteer fair.
- J6 Find on-campus job for the summer.
- J7 Attend one or more events hosted by Career Services.
- J8 Interact with staff of Career Resources.
- J9 Intern at an on or off campus location.

COMMUNITY ENGAGEMENT

- J10 Continue and/or participate in at least one organization/club.
- J11 Participate in one Residence Assistant (RA)-hosted event per semester.
- J12 Volunteer for Arboretum sponsored programs, such as the Maple Syrup Festival and Hands on the Land Class.
- J13 Learn about life skills that will increase my success as an adult outside of college, such as being neighborly, respectful and developing a community that supports academic, social and personal growth.
- J14 Serve as a mentor to an under-classmen and accompany them on their Benedictine leadership journey.

INTERCULTURAL COMPETENCE

- J15 Participate in an Immersion Program (Study Abroad, Alternative Break Experience, etc.).
- J16 Sign up for International Friends Program.
- J17 Bring an international roommate or floor-mate home during a break.
- J18 Attend at least one cultural event/activity, such as Festival of Cultures.

PERSONAL GROWTH

- J19 Attend a speaker/event that enhances personal growth.
- J20 Develop personal narrative to reflect who, why and how leadership has been demonstrated throughout my college experience.
- J21 Participate in a Peer Resource Program Trip.
- J22 Participate in Outdoor Leadership Center (OLC) activities.
- J23 Attend an Arboretum Natural History Lecture Series.
- J24 Prioritize responsibilities (i.e. personal time, family, friends, school, etc.).
- J25 Attend two health and wellness related programs.

SPIRITUALITY

- J26 Volunteer on and off campus for five hours per month.
- J27 Meet and talk with a monastic member, other than my Faculty Resident (FR).
- J28 Participate in the Liturgy of the Hours.
- J29 Attend a men's only trip in connection with Campus Ministry or another group.
- J30 Attend a Men's retreat on what it means to be an authentic person.
- J31 Attend a religious service with my friends and discuss the meaning of religion/spirituality in my life with my FR.