

Upcoming Deadlines:

February 26
Teaching Practicum 2010-2011 Application Deadline

March 9
2010-2011 Psychology Department Coordinator Application Deadline

March 12
GRE Prep-Course Sign-Up Deadline

March 19 and March 26
Summer Research Fellowship Application Deadlines

The Freudian Slip

CSB/SJU Psychology Department Newsletter



College of Saint Benedict and Saint John's University



Psychology students receive Jackson Fellowship

by: Jeff Lesmeister
—Editor

Kaitlin Andreasen and Carolyn Vandelac, CSB a psychology major and psychology minor, respectively, will be building leadership skills, enhancing social development and improving community life this summer thanks to their internships through the Marie and Robert Jackson Fellows program.

The Jackson Fellows program was established in 2008 through an anonymous donation made to the College of Saint Benedict. Students who are named Jackson Fellows work at civic affairs organizations for the summer and also attend group seminars focused on civic engagement and leadership.

This year over forty applications from highly qualified candidates were received, said Matt Lindstrom, associate professor of political science at CSB and SJU and director of the Eugene J. McCarthy Center for Public Policy and Civic Engagement who co-heads the fellowship, along with Marah Jacobson-Schulte, service-learning coordinator at CSB and SJU. “[The selection process] involved looking for applicants with strong communication and

leadership ability, academic success, and an interest in community service and public policy,” said Lindstrom.

Andreasen and Vandelac are among the nine students chosen this year to receive paid internships at a work site of their choice. For her summer, Andreasen plans to work at The Kaleidoscope Place, a nonprofit alternative learning school in downtown Minneapolis. “I will have the opportunity to mentor and provide support to children in different areas including social, cognitive, and emotional development,” said Andreasen.

For her internship, Vandelac plans to work in St. Paul for the White House Project, a national, nonprofit, nonpartisan organization that seeks to advance women’s leadership in communities and government. She will be involved in many projects for the organization, including planning their annual conference and debate training sessions for women.

Both women hope this community-oriented internship is a stepping-stone on the path toward fulfilling careers. “I am very excited to be a 2010 Jackson Fellow and to broaden my horizons in the field of psychology,” said Andreasen. Those interested in future Jackson Fellowship slots should

get involved in community-building activities as soon as possible. “Don’t wait until you’re a senior to worry about your résumé,” said Lindstrom.

The two psychology students also advocate early preparation. “Students [should try] to gain a deeper understanding of civic engagement and... have internships, summer jobs, and extra-curricular activities that they are passionate about,” said Vandelac. She went on to stress that leadership skills are very important, and can be honed through classes offered by the Inspiring Leaders Certificate Program (ILCP).

Volunteer work and activities are very important, but Jackson fellows, as exemplified by Andreasen and Vandelac, must have more than that. “[We are looking] for students who push themselves,” said Lindstrom, “people who don’t just take the easy way.” Jackson fellows are top students and campus leaders interested in civic engagement and volunteerism.

For more information on the Kaleidoscope Place, visit <http://www.kaleidoscope-kids.org/about/>; for more information on the White House Project, visit <http://www.thewhitehouseproject.org/>; and for more information on the ILCP, visit <http://www1.csbsju.edu/ilcp/default.aspx>.

Teaching opportunity for Psychology Majors

by: Chelsie Roberge
—Contributing Writer

JUNIOR PSYCHOLOGY MAJORS! Do you have a passion for psychology? Do you like to continuously learn about the field of psychology? Do you want to share your love for psychology with your fellow students? If so, you should strongly consider applying to be an Introductory Psychology Lab Teaching Intern (TI) in the psychology department’s unique teaching practicum program (PSYC 399)!

During this experience you will be responsible for teaching two, 70-minute introductory psychology lab courses to small groups of introductory psychology students, and you will work with classmates to develop lesson plans and grade assignments for these labs. In addition, all TIs will meet twice

a cycle for the practicum course, in which you will work together to develop strong teaching practices to implement in your labs.

There are many fulfilling benefits to being a TI. This experience fulfills the senior capstone requirement for the psychology major and along the way, you are sure to learn many valuable life skills that will help you in the future. You will also be able to interact with psychology faculty, fellow senior psychology majors, and other students.

Here is what a couple current teaching interns have to say about the program:

“It’s been a huge growing experience; a great opportunity to take a leadership position, learn my strengths, and improve on my weaknesses. I love being

involved in the whole process: we design lesson plans, teach labs, grade, get to know students, and we have a wonderful support system while doing it.”

—Mikaela Dunn (Spring 2010 TI)

“If you are passionate about psychology and love talking about it to others (even when they forced to listen), being a TI is perfect! It is so much fun to have your own lab and get to do fun activities related to your major. I have such a good time sharing my passion with the students and trying to get them excited about the subject.”

—Taylor Kannawin (Spring 2010 TI)

“I would recommend being a TI to juniors considering applying to the program because the opportunity is one that I could not get in any other class. This

experience provided me with an application of my psychology skills in a way that I had not been able to do before, and really made my learning experience here at CSB/SJU come to life.”

—Joy Pohland (Fall 2009 TI)

If you want to seize this rare opportunity to share your knowledge and passion for the field of psychology with your fellow Bennies and Johnnies, you’ll need to act fast. The deadline for the application is this week, Friday, February 26th. If you are interested, submit a cover letter and transcript to Samantha Heintzelman, Peter Engel 121 or sheintzelm@csbsju.edu.

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