

# Summary of Rules and Policies for Saint John's Abbey Property Regarding the Use of Trails, Lands, Lakes, and Wetlands

July 1, 2010

To the students, employees, staff, alumni/ae, oblates, arboretum members, visitors, event participants, guests and friends of Saint John's:

Welcome to the lands of Saint John's Abbey. The Abbey has owned and cared for this site since 1856. In keeping with our Benedictine values, the monastic community is pleased to share our home with you where you may observe nature and be physically and spiritually refreshed. As a guest on this private property, please be respectful of our policies and this land which we consider sacred. Thank you.

You are welcome to:

- Walk, run and ski the trails.
- Bike only on paved surfaces.
- Walk and snowshoe off the trails (except in the private Monastic Gardens.)
- Use non-motorized watercraft. (Electric and gas motors are not allowed across Abbey land.)
- Fish from shore and from non-motorized watercraft.
- Observe and study nature.
- Take pictures.
- Contemplate and appreciate the wonders of the creation.

The following list highlights what is not allowed on Saint John's Abbey lands, including lands leased to Saint John's University or other entities:

- No disturbing the natural order or scenery or leaving any trace of your presence.
- No dogs and other pets. They are not allowed anywhere at any time, unless they are designated service animals.
- No biking on unpaved surfaces.
- No driving unauthorized vehicles or off-road vehicles on any trails or land without written permission from the Abbey Land Manager.
- No building of fires without written permission from the Fire Chief/Life Safety Services.
- No tenting or camping without written permission from Life Safety Services.
- No building "forts" or structures from native or human-made materials.
- No gathering or harvesting of any plants, plant materials, animals, fungi, or inorganic material without written permission from the Abbey Land Manager.
- No undertaking educational research or sampling without permission from the Abbey Land Manager.
- No use of the beach without permission
  - No swimming outside the designated beach area.
  - No swimming without a life guard on duty.
- No transporting motorized watercraft, motorized vehicles or motorized tools across Abbey property, including:
  - No use of electric or gas motorized boats launched from Abbey property.
  - No use of motorized ice augers transported across Abbey property.
- No possession or use of weapons (whether real, toy, or facsimile) is allowed without written permission from Life Safety Services. (This includes weapons otherwise authorized by conceal and carry or similar permits.)

All recreational and educational uses must meet Abbey policy. Additional restrictions and policy details are available at <http://www.csbsju.edu/outdooru/abbeyarboretum/policies> or by calling Life Safety Services at 320-363-2144.

**The Abbey may change these policies at any time and/or restrict entry for any reason.**