B.A.S.T.E. Analysis Tool

Name: ___________________________ Date: ____________

Title of Dance being Analyzed: ____________________________

**BODY**
How were the dancers’ bodies used? What body characteristics did you notice?
How were different body parts used? What shapes did the body make?

**ACTIONS**
What movements or actions did the dancer(s) make?

**SPACE**
What patterns in space did the dancer use?

**TIME**
What aspects of time were used? What did you notice about the dancers’ rhythms? Were there accents? Was the dancing fast or slow?

**ENERGY**
How would you describe the energy of the dancer(s) and the dance?

**Personal Response:** What do you think this dance is about?