

# B.A.S.T.E. Analysis Tool

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Title of Dance being Analyzed: \_\_\_\_\_

## **B**ODY

How were the dancers' bodies used? What body characteristics did you notice?  
How were different body parts used? What shapes did the body make?

## **A**CTIONS

What movements or actions did the dancer(s) make?

## **S**PACE

What patterns in space did the dancer use?

## **T**IME

What aspects of time were used? What did you notice about the dancers' rhythms? Were there accents? Was the dancing fast or slow?

## **E**NERGY

How would you describe the energy of the dancer(s) and the dance?

**Personal Response:** What do you think this dance is about?