Upcoming Events

Imposter Syndrome & WOC
Monday, Feb. 22nd 6:00-7:00 PM

Nature Bathing
Wednesday, Feb. 24th 4:30-5:15 PM

HERStory: A Celebration of Black Bennie Artists
Friday, Feb. 26th

Staff Member of the Week

Amber Watkins

Hello hello! My name is Amber Watkins and I am the PR coordinator for the IWL. This is my first year working for this organization, & I absolutely love it! I am a junior here at CSB majoring in elementary education. I am also on the fall performance dance team! My goal for working with the IWL is get more connected with the student body. Almost everyone has some type of social media, so what better what to get connected. When I am not working, I am either dancing, going on walks, or snuggling with my puppy who is also my bestie!
The application for the Hynes Scholars Program opened Wed. Feb 17th and it will remain opened until March 10th.

Go to http://www.csbsju/iwl/hynes-scholars for more information and to find the application.

Check out our Spotify playlists by opening the Spotify app, click the "search" button, then the camera button and scan this QR code. Happy listening!
Underneath all this skin
Is a great mind that is ready to take on the world
A poet waiting to find inspiration in any and everything
A singer clenching her fists in order to emphasize the chords in
which she belches
A dancer with a spin of Zanku to all moments of life
A songwriter with a heart beating to its own sacred
rhythm
Underneath all this skin
Is a go big or go home type girl
With the eccentric flare ready to take on life by a swirl
Awaiting to be swooped off her feet by a flavorful kind of love
No, she is not discrete with her feelings
Yet she is not concrete in her abilities to express them
She breathes in sorrow and radiates a new tomorrow
She hopes and prays for better days as she sees suffering in this
world we know as ours
Understand that underneath this skin
Is a goddess who does not wilt
To disrespect nor bow to snakes or cowardice eyebrows raised
she admires praises from the kin whom try to understand her
Not belittle her
Underneath ...
Nah atop this skin is the silky formed platter of melanin
The kind that shines without assistance
Some may say she glows in the dark
She never ceases to fail
No matter how many times she gets knocked down she stands back up
Life keeps trying to tilt her
But life doesn’t undo her
And even if she were a boat with a hole in it
And life was the ocean beneath her
It could not manage to sink her
She never ceases to be brave
Her voice of reasoning is one that astonishes many and shuns the rest
She speaks with her chest
words that can turn solid concrete into liquid in a matter of a moment
This person I speak of is the definition of beautiful
She is the woman I’ve always envisioned
She is me

- Godgift Iteghete

The intent of my poem is to honor and celebrate self-appreciation. I was always told to love myself no matter what, but I never figured out just how to do that until recently. I know that to love myself is to constantly recognize my mental state, and to monitor my stress levels... I wrote this to celebrate all the African American women in this nation who have had to work hard to gain self-love and self-appreciation because the world does not deem them worthy of beauty or acceptance. I myself am an African American woman and I am finally coming into my voice and choosing to love myself amidst the society that we know as ours.
Books by Black Women

- Becoming - Michelle Obama
- Americanah - Chimamanda Ngozi Adichie
- When They Call You a Terrorist - Patrisse Khan-Cullors and Asha Bandela
- Hood feminism - Mikki Kendall
- Bad Feminist - Roxane Gay
- Thick and Other Essays - Tressie McMillan
- The Hate You Give - Angie Thomas
- How to Love a Jamaican: Alexia Arthurs
- Their Eyes Were Watching God - Zora Neale Hurston
- I Know Why the Caged Bird Sings - Maya Angelou

Connect With Us
WWW.CSBSJU.EDU/IWL