

# THE FUTURE IS FEMALE

NEWSLETTER OF THE INSTITUTE FOR WOMEN'S LEADERSHIP VOLUME. 1. ISSUE. 5

## Upcoming Events

Lets. Talk. Sex.  
MONDAY, NOVEMBER 16TH 7-8 PM

College For Women Panel  
TUESDAY, NOVEMBER 17TH 7-8 PM

Intercultural Dialogue Group  
THURSDAY, NOVEMBER 19TH

Intercultural Mental Health  
MONDAY, NOVEMBER 23RD

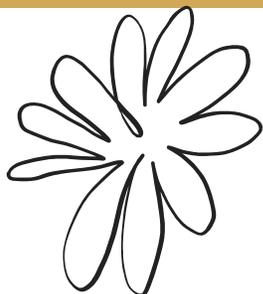
IWL Podcast  
TUESDAY, NOVEMBER 24TH 6-6:45 PM



### Staff Member Of The Week: **PAOLA DE LA MORA**

Hi! My name is Paola De La Mora (She/Her/Hers) and I am the Intercultural Women's Coordinator for the Institute of Women's Leadership this year! I am a junior majoring in Political Science and minoring in Sociology. I am from Las Vegas, Nevada. Through my position in the IWL I hope to create programming that represents all Bennies and allows them to exercise their leadership skills. My goal is to use my intercultural experiences, knowledge, and understanding to advocate for students of different cultures and backgrounds.

**BOSS  
BABE**





## Feminist Of The Week:

Tarana Burke

WOMEN  
FOR  
WOMEN

Tarana Burke is an activist from New York. She founded the Me Too movement in 2006 with hopes that she could help other women who experience the same oppression she does, stand up for themselves. In 2017, the viral hashtag #MeToo became popularized from people tweeting about the Harvey Weinstein sexual abuse allegations and it very quickly turned into an international movement.

## SUSTAINABLE GIFTING

As the holiday season is approaching, it is the perfect time to reflect on our purchasing habits and the brands we choose to buy from. Although it can be difficult (and at times expensive) to buy from more ethical and sustainable brands, even small steps can make a big impact. Here are some tips for making more ethical purchases this holiday season.

**Purchase second hand!** Thrifting, Depop and Instagram thrift accounts can all be great options for buying second hand, and they have vintage finds you can't get anywhere else. Gift ideas: Vintage sweatshirts and Levi jeans, vintage college apparel, retro sweaters and more!

**Look at Etsy!** Etsy has lots of great small businesses (and Black owned shops!) for a wide variety of gifts- many of them hand made. Etsy is also a great place if you are looking for a custom gift. Gift ideas: Jewelry, artwork, masks, beauty products, and much more! Check out their gift guides for inspiration.

**Shop Local!** Give a gift card to a local coffee shop or restaurant you love or want to try. Gift ideas for a CSBSJU friend: Gift cards to the Local Blend, Jupiter Moon, Krewe, or Kwik Trip would all be great gift ideas.

**Shop Sustainable Brands!** Many awesome brands prioritize sustainable and ethical practices. Some include: Girlfriend Collective: An activewear brand that makes its products from recycled materials and ships in 100% recyclable packaging. The products are super cute and very durable - make sure to check when they restock though as they carry limited numbers of products and sell out fast!

**Chng:** Chng offers trendy, durable fashion with a social justice message. They carry lots of graphic t-shirts and their products are made with 100% organic cotton.

**Everlane:** Everlane carries a wide range of clothing options for all. They have more investment pieces, such as high-quality denim, and are focused ensuring all products come from ethical factories and are sustainably sourced.

**Alternative Apparel:** Alternative Apparel are best known for their sustainable basics. They have lots of loungewear options like t-shirts, joggers, sweatshirts and zip ups.

Written by: Emma Uecker- Hispanic Studies & Political Science Major

# BENNIES GIVE BACK

BENNIE STUDENTS AND ALUMNAE ARE A DIVERSE GROUP OF WOMEN, BUT THEY TYPICALLY HAVE AT LEAST ONE THING IN COMMON: BENNIES GIVE BACK. THEY GIVE BACK WITH TIME, TALENT, AND TREASURE. THEY GIVE BACK TO THEIR COMMUNITIES, THEIR CHURCHES, AND THEIR FAMILIES. BUT THEY ALSO GIVE BACK TO HELP YOUR EDUCATION! YEP, THAT'S RIGHT. YOU MIGHT NOT BE AWARE, BUT OVER 5,000 ALUMNAE AND FRIENDS SUPPORTED STUDENT SCHOLARSHIPS LAST YEAR AND THERE IS A WHOLE DEPARTMENT ON CAMPUS DEDICATED TO RAISING SCHOLARSHIP FUNDS THAT GO DIRECTLY TO STUDENTS LIKE YOU. WHEN YOU GRADUATE AND JOIN THE SISTERHOOD OF BENNIE ALUMNAE, IT WILL BE YOUR TURN TO PAY IT FORWARD. AS A STUDENT, I COULD HAVE NEVER AFFORDED TO ATTEND SAINT BEN'S AND HAVE THE TRANSFORMATIVE EXPERIENCES I DID WITHOUT THE HELP OF SCHOLARSHIPS. THAT'S WHY I, ALONG WITH THOUSANDS OF OTHER SUPPORTERS, GIVE BACK TO CURRENT SCHOLARSHIPS TO ENSURE ALL YOUNG WOMEN HAVE ACCESS TO A LIFE-CHANGING BENNIE EDUCATION.

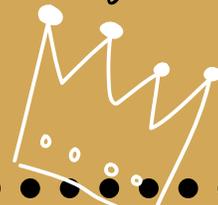
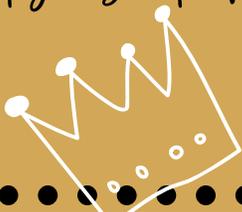
This Thanksgiving season show your gratitude for our amazing alumnae scholarship donors.



Scan the QR code to share your message of thanks and be entered to win some Bennie swag!

"Feminism isn't about making women strong. Women are already strong. It's about changing the way the world perceives her strength."

-G.D. Anderson



# SUBMISSIONS

Do you want to have your work in our newsletters? Click the link in our Instagram bio and fill out the form to submit your work! You can submit pictures, poems, artwork, recipes, opinion pieces, or anything else!

## She sets the bar high on purpose Opinion Piece From Q+

CSB|SJU are not gendered or sexed institutions. The stigma is CSB is compiled of women and females, and SJU is compiled of men and males. Not only is this cis-heteronormative, but by claiming this, one is stating that non-binary, gender non-conforming, intersex, and other individuals' identities are not valid or accounted for, which they are. This type of behavior is transphobic and queerphobic – it is discriminatory and micro aggressive towards non-cis-gender folx who identify outside of the gender and sex binaries. An example of a microaggression against gender non-conforming folx is referring to Johnnies as a brotherhood. By using the term "brother," one is associating the identity of a man or male with the entire population of Saint John's, which is inaccurate – the same can be said for sisterhood at CSB. Although the man and male identities are the campus and society majority, more identities exist that deserve the same recognition and visibility. Next week is Transgender Day of Remembrance, an important holiday for the LGBTQIA+ community. This annual day started in 1999 by transgender advocate, Gwendolyn Ann Smith as a vigil to honor the memory of Rita Hester, a transgender woman who was hatefully killed in 1998. This day of honor and remembrance continues to this day as we remember the transgender folx lost to violence and hate since Rita Hester's death. Transgender Day of Remembrance seeks to highlight the losses trans folx face due to anti-transgender bigotry and violence. Here at CSB|SJU, we can honor this day by acknowledging the presence of transgender identities here on campus, learning more about Transgender advocacy and allyship, supporting Transgender organizations, supporting Q+, and much more!

Equality  
FOR WOMEN

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WANNA HAVE  
FUNDAMENTAL  
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