Academic and Co-Curricular Success @ CSB/SJU: The Liberal Arts Advantage
WELCOME CLASS OF 2026!

BEGINNING THE JOURNEY
2022 WEBINAR SERIES
WHO WE ARE: FYX is a campus-wide partnership that creates an environment that encompasses all the students’ experiences and relationships with the institutions from the time of deposit until they return for sophomore year. FYX is led by a talented team of faculty, staff, and student leaders from across campus.

WHAT WE DO: We provide comprehensive programming and support to students during their first year to help ease the transition to college, achieve our FYX outcomes, and become successful members of our campus community!

For more information, visit: FYX @ CSB/SJU
**IMPORTANT:**
Set up your CSB/SJU email account!

- For directions, check your email and follow the link and directions provided so you can

- Need assistance, reach out to your Admissions Representative

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**Start checking your email account for important information related to:**

- The **Forms Portal** (which contains all the online forms you are asked to complete)

  - For Example: Due June 1st
    - CSB and SJU Housing Questionnaire
    - Advising and Class Registration Form

- To access the “Beginning the Journey” (free) online Orientation course link as of June 15

- Campus announcements
Beginning the Journey Summer Webinar Series

- Starting mid-June thru mid-August
- If you cannot attend a session, do not worry!
  - Recordings of sessions can be accessed on the First Year Experience webpage

“Beginning the Journey” New Student Online Orientation Course

- Free and online; Opens June 15th
- Access via directions sent to your CSB/SJU email account
- Students asked to complete the modules (“lessons”) at their own pace (with the goal of completing all the modules by the start of school in August)

- Need help or have questions? Feel free to email us at fyx@csbsju.edu
“Drawn from our missions and our Catholic and Benedictine values and traditions, our Institutional Learning Goals establish clear expectations and outcomes for the curricular and co-curricular experience at the College of Saint Benedict and Saint John’s University.”

For more information, visit:
CSB/SJU Office of Academic Assessment and Effectiveness
Integrations Curriculum
Why study the liberal arts and sciences?
• Acquire a broad base of knowledge from multiple perspectives
• Develop intellectual, creative, and communication skills
• Nurture a lifelong love of learning
• Foster ability to make connections and integrate knowledge/skills across different domains
• Be employable:
  • ¾ of employers want their employees to have a strong liberal arts background
  • Skills like the ability to collaborate, write/speak well, and think critically are listed at the top of qualifications employers look for in every field
CONNECTED LEARNING

Ways of Thinking

- Abstract Structures
- Artistic Expression
- Human Experience
- Natural World
- Social World

Themes

3 courses in 1 Theme

- Justice
- Movement
- Truth
CORE SKILLS

Quantitative Reasoning

Learning *Integrations*

Learning *Foundations*

INTG 105: College Success (1 credit)
PURPOSEFUL LEARNING

Benedictine Raven

Cultural and Social Difference: Systems

Theological Explorations

Language 111

Language 112

Language 111

Cultural and Social Difference: Identity

Theological Integrations

Language 211
ENGAGED LEARNING

EXPERIENTIAL ENGAGEMENT

ARTISTIC ENGAGEMENT

GLOBAL ENGAGEMENT

Study Abroad (satisfies both Experiential and Global)
CSB/SJU Academic Advisors:

• Create individualized first-semester schedules
• Facilitate changes to student schedules during the first semester
• Can answer questions regarding AP, IB, PSEO, and CIS courses
• Guide students in major/minor/program exploration

For more information, visit: CSB/SJU Academic Advising Home Page

CSB Office: (320) 363-5687       SJU Office: (320) 363-2248
Academic Services Bldg          Quad 155
Student Accessibility Services at CSB/SJU:

• Identify accommodation eligibility for students with documented conditions (students who have had IEPs/504 plans)
• Common conditions: ADD/ADHD, Dyslexia, Mental Health, Chronic Health, etc.
• Serve approximately 500 CSB/SJU students.
• Please call 320-363-5245 to schedule an appointment (**After May 8th**)
• We’re in all summer- Schedule as available before arrival in August!

For more information, visit: CSB/SJU Student Accessibility Services Homepage

Front Desk: (320) 363-5245  (Call to set up an appointment)
Location: College of St. Benedict — Henrietta Academic Building, 105
An Honors Program for students who:

• Come from all majors
• Seek a close-knit learning community of students and faculty
• Enjoy working with others collaboratively
• Want to apply their academic knowledge to real world projects
• Are ready to create positive change in the world NOW

Highlights:

• Five connected interdisciplinary courses over four years
• A unique team-taught course in two different disciplines is part of the program
• Work closely with other students and Honors Faculty Fellows in small discussion-based courses
• Engage in community-based research and implementation of student-designed projects that serve the common good
• All courses fulfill general education requirements

**Students with a 3.85 GPA are invited to apply for the program by June 1, 2022.
***If space remains, we will accept applications from first-year students in the fall semester.

For more information, please contact:
• Dr. Beth Wengler, Honors Program Director: ewengler@csbsju.edu
• Dr. Emily Esch, Associate Honors Program Director: eesch@csbsju.edu

Website: https://www.csbsju.edu/honors-scholars
Program Highlights:
• Faculty Coordinator: Mani Campos, Professor of Biology (mcampos@csbsju.edu)

• 10 specialty area advisors in:
  Athletic Training       Chiropractic       Dentistry
  Medicine               Optometry           Occupational therapy
  Physician assistant    Pharmacy            Physical therapy
  Public health          Veterinary Medicine

• Student centered individual advising — academics and co-curricular activities
  • Tentative four-year plans – revised every semester
  • Required courses in natural sciences, humanities, social sciences vary by specialty health area
Interesting/unique courses to CSB/SJU:

- Biology 373: Exploring Medicine (1/2 credits, Fall)
- Biology 373: The Art of Healing (1/2 credits, Spring)
- HIST 305: Medicine, Empire, and Global Health (4 credits)
- HONR 390: Medical Ethics: The Medical Profession in the Modern World (4 credits)
- English 206/207: Creative Writing: Clinical encounters I/II (8 credits)
- Communication 352: Health Communication (4 credits)
- Psychology 343: Health Psychology (4 credits)
- COLG 130: EMT Basics (4 credits)
- Sociology 277A: Global Health (4 credits)
- Sociology 323: Medical Anthropology (4 credits)
- Nutrition 301: Diet, Health & Disease Prevention (4 credits)
- Nutrition 326: Global Malnutrition & Disease (4 credits)
- EXHS 302: Clinical Healthcare: Theory and Application
Co-curricular experiences:

- Student Health Assistant Program, St. Cloud Hospital Emergency Department (30-40 CSBSJU students, year-round) – minimum 12 hours participation/month, shadowing and research program, application late spring/early summer
- CentraCare shadowing programs
- EMT Program
- Research opportunities—summer fellowships/academic year
- Mentorship opportunities arranged by pre-health programming and XPD

Pathways to study health @ CSB/SJU:

- Narrative practice in medicine minor
- Global health minor
- Neuroscience minor
- Entrepreneurship scholar program
“At CSB/SJU, artistic expression is a rich and diverse part of the campus experience. It's a part of our heritage. The unique experiences offered by our fine arts programming provide invaluable exposure to artists and performers across a range of genres. Excellent faculty, extensive facilities and exceptional programming position the art, music and theater departments at CSB/SJU among the best at liberal arts colleges.”
Opening August 2022!

Peer coaching and online resources to encourage and support all students’ academic growth throughout college.

**ADAPT**
Grow into greater responsibility for prioritizing your time, learning beyond class time, setting new goals, seeking new opportunities.

**THRIVE**
Seek resources with purpose, flex analytical & critical thinking skills, rise to challenges, achieve milestones.

**EXCEL**
Know and share your strengths, pursue opportunities with confidence, identify academic skills as key professional strengths, take leadership in the classroom.
First Year Experience

Experience and Professional Development (XPD)

Office of Undergraduate Research & Scholars

Center for Global Education

Fleischhacker Center for Ethical Leadership in Action
• XPD houses career development, experience-based programs, and community-engaged learning

• Approximately 70% of CSB/SJU students change their major at least once; XPD can help!

• Engage in XPD experiences to help you explore interests and build skills (internships, alum shadows, fellowships)

• Handshake is our electronic posting system where you can connect to over 7,000 employers and over 20,000 postings.

• Tools to help you wherever you are at found in our online XPD course

Within one year of graduation, an average of 90% of CSB/SJU students are situated in jobs, graduate school, or volunteer positions.

Explore our Graduate Outcomes Database at [www.csbsju.edu/xpd](http://www.csbsju.edu/xpd)
Approximately **54% of Bennies and Johnnies** study abroad while at CSB/SJU! We are currently **#8** in the US for students participating in semester study abroad program and **#10** in the US for overall study abroad participation.

**• Explore your world:**
- 16 semester long programs to 14 countries
- 10-15 short-term programs (Embedded, Summer, & Global Fellowships) offered annually.

**• Engage in the local community:**
- Incoming exchange students/ Visiting scholars (semester or short-term)
- Summer ESL programs

**• Discover** how study abroad can work into your 4 years with our Study Abroad 101 session or make an appointment with a CGE advisor today.

For more information, contact:

[cge@csbsju.edu](mailto:cge@csbsju.edu) or 320-363-5952

CSB/SJU Center for Global Education
Home to Undergraduate Research, Competitive Fellowships, and Pathways to Distinction

• **Programming Pillars:** Inclusive & Accessible, High-Quality Mentorship, and Investment

• **Our Goals:**
  
  • **Undergraduate Research:** Support growth of student scholars in a manner which facilitates initiative, integrative learning, problem-solving, and innovative thinking.
  
  • **Competitive Fellowships:** We encourage students to reflect upon academic efforts and student engagement, develop confidence in articulating aspirations, and to view the application process as a worthwhile learning experience and development opportunity.
  
  • **Pathways to Distinction:** Intentional engagement plan, recognizing our students’ extraordinary development and accomplishments across a variety of academic, community-based, personal, leadership, global engagement, service and other experiences
The Fleischhacker Center for Ethical Leadership in Action promotes the formation of ethical women leaders in a variety of fields by opening the door to opportunities for experiential learning to increase students’ opportunities for whom these experiences would otherwise be out of reach.

- Undergrad internships have been linked to **more job offers** and **higher starting salaries** for graduates.
- Mentorship and applied internship experiences are strongly linked to **increased employee engagement** and **well-being later in life**.
- In a CSB/SJU survey, 74 percent of students indicated that studying abroad "**very much**” contributed to personal or professional development and **92 percent said the same of internships**.

**For more information, please contact:**
Angie Schmidt Whitney ([awhitney@csbsju.edu](mailto:awhitney@csbsju.edu)), Executive Director Experience & Professional Development (XPD)
Promoting the common good through an integrative environment for learning and uplifting the value of politics; our shared identity as citizens; our engagement in public work.

Events and Programming:
- Large-scale events such as the McCarthy Lecture, the Mark Kennedy Frontiers of Freedom Lecture Series, and the McCarthy Residency
- Mentor Program with individual mentors and professional development seminars
- Student-centered events such as TED Talk Tuesdays, Politics & a Pint, and Study Tours
- Activism and civic engagement- Anna Marie’s Alliance, Votes Coalition, Native American Restorative Justice Project, and more!

Student Resources and Funding:
- Internship funding and scholarship opportunities such as the Summer Leadership Fellows, John Brandl Scholars, and the John E. Robson Scholarship.
- Student funding for projects, research, conferences, and more
**First Year Experience**

**INSPIRING THE ENTREPRENEURIAL SPIRIT**

**FOR 18 YEARS**

100

Entrepreneurial mentors dedicated to working with students scheduled weekly throughout the academic year

Visit the Hatch

Simons Hall 320, SJU McNeely Center Business Hatch. White board, teleconferencing, meeting room.

25

different majors represented within the Entrepreneur Scholars program

57

Student start ups and ventures grown by CSBSJU students

40%

Entrepreneur Scholar alumni living and doing business all over the world in 14 different countries

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**CAMPUS WIDE OFFERINGS**

There’s a moment of truth that stands between innovators and entrepreneurs. Within that moment, you start something—a venture all your own. Everything after that is merely figuring it out. The McNeely Center provides a thoughtful blend of education, mentorship and encouragement to students from any major. With guidance and advice from McNeely staff, faculty and alumni mentors, our students don’t simply wrestle with ambiguity. They embrace it.

**THE SPARK TO START:**
**DAVID FORSTER CAMPUS CHALLENGE**
**FALL SEMESTER**

ERIC REGO BIG IDEA COMPETITION
**SPRING SEMESTER**

SEARCH FOR ENTR IN REGISTRATION MATERIALS
ALL MAJORS, ALL CLASS YEARS

WEEKLY CENTER MENTORS

FOR MORE EVENTS AND INFORMATION, VISIT WWW.CSBSJU.EDU/MCNEELY

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**FORCE YOURSELF TO TAKE RISKS**

**BE RESILIENT**

**INSTIGATE CHANGE**

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**START SOMETHING**

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**ENTR COURSE INFORMATION**

**FALL 2021**

ENTR 101B Innovation in the Liberal Arts (2 credits)
ENTR 101K Small Business as an Agent for Change (2 credits)
ENTR 101M Multi Media Strategies for Entrepreneurs (2 credits)
ENTR 201 Foundations of Entrepreneurship (4 credits)

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**SPRING 2022**

ENTR 101C Improvisation (2 credits)
ENTR 101F Financial Concepts for Innovators and Entrepreneurs (2 credits)
ENTR 101N The Consequences of Innovation (2 credits)
ENTR 304 Entrepreneurship (4 credits)

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Want more information? Contact us or visit the Center for Entrepreneurship in Simons 356 SJU • www.csbsju.edu/mcneely

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**Donald McNeely Center for Entrepreneurship**

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**www.csbsju.edu/mcneely**
Question & Answer Time 😊
Thank you!

For more information about upcoming webinars, please visit:

Beginning the Journey Webinar Series 2022