

Spring 2010 Alcohol and Drug Survey Executive Summary

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Methodology:

	Survey Type	Sample (N)	Response (N)	Rate
	Web-based	Random		
CSB		1200	453	37.8%
SJU		1877	471	25.1%
Total		3077	924	30.0%

Demographics:

Year in school

First year	23.6%
Sophomore	27.3%
Junior	23.0%
Senior	26.1%

Permanent Residence

U.S.	96.6%
International	3.4%

Ethnic Origin

White	91.8%
Black	1.7%
Hispanic/Latino/a	1.3%
Asian/Pacific Islander	3.1%
American Indian/Alaskan or Hawaiian native	.1%
Biracial or multiracial	1.3%
Other	.7%

GPA

Less than 2.0	.7%
2.0-2.49	3.4%
2.5-2.99	16.0%
3.0-3.49	34.2%
3.5-4.0	45.2%
Don't know	.5%

Gender

Female	453	49%
Male	<u>471</u>	51%
Total	924	

Current Residence

On-Campus	81.5%
Off-Campus	17.7%

Key Findings – Alcohol

Prevalence:

	Annual (reported any use in the last year)	30 day (reported any use in the last 30 days)
CSB	79.9%	72.4%
SJU	83.9%	75.8%
Underage	73.7%	62.1%
Of Age	96.1%	94.2%
Total	82%	74.1%

Average (mean) number of drinks per week for total and selected groups:

	All Students	CSB	SJU
General avg. per week	5.56	3.00	8.04
First year students	2.87	1.98	3.86
Sophomores	3.58	2.00	5.45
Juniors	7.05	3.52	9.75
Seniors	8.74	4.68	12.35
Under-age students	3.49	2.10	5.03
21+ students	9.10	4.83	12.49
GPA less than 2.0	6.83	n/a	6.83
GPA 2.0-2.49	6.67	1.11	8.95
GPA 2.5-2.99	7.66	3.5	10.26
GPA 3.0-3.49	6.18	3.78	8.07
GPA 3.5 – 4.0	4.12	2.57	6.39
Lives on-campus	4.26	2.48	6.01
Lives off-campus	11.33	5.42	16.89

Average number of drinks per week: (note: no response at 11 drinks)

	<u>Percent</u>	<u>Cumulative Percent</u>
0 drinks	36.7%	36.7%
1 drink	5.3%	42.0%
2 drinks	6.4%	48.4%
3 drinks	6.2%	54.6%
4 drinks	7.0%	61.6%
5 drinks	5.0%	66.6%
6 drinks	4.5%	71.1%
7 drinks	2.7%	73.8%
8 drinks	3.9%	77.7%
9 drinks	1.2%	78.9%
10 drinks	4.7%	83.6%
12 drinks	3.2%	86.8%
13 drinks	.2%	87.0%
14 drinks	1.0%	88.0%
15 drinks	3.1%	91.1%

Average drink consumption by students Thursday-Saturday nights:

# of drinks	Thursday	Friday	Saturday
0 drinks	83.1%	46.8%	43.1%
1-2 drinks	6.6	10.5	12.2
3-4 drinks	5.2	13.6	12.7
5-6 drinks	2.0	10.5	13.5
7 or more drinks	2.9	18.3	18.4

Binge drinking (4+ drinks for women, 5+ for men per sitting/occasion) in past two weeks:

47% of all students engaged in binge drinking in the past two weeks (CSB – 39.7%, SJU – 53.9%)

	<u>Women (%)</u>	<u>Men (%)</u>
0 Times	60.3%	46.1%
Once	19.9%	15.1%
Twice	8.8%	16.0%
3-5 Times	9.9%	18.2%
6-9 Times	.9%	3.8%
10+ Times	.2%	.9%

Greatest number of drinks in the past two weeks:

32.6% reported no alcohol consumption in previous two weeks

39.7% reported consuming 1-6 drinks

13.3% reported consuming 7-9 drinks

14.4% reported consuming 10 or more drinks

Mean/average was 4.34 drinks (CSB – 2.88 drinks, SJU – 5.75 drinks)

Frequency of alcohol use in the past year:

	<u>Percent</u>	<u>Cumulative Percent</u>
Did not use	18.0%	18.0%
Once per year	6.3%	24.3%
Six times/year	9.7%	34.0%
Once per month	6.5%	40.5%
Twice per month	15.2%	55.7%
Once per week	26.7%	82.4%
Three times/week	16.8%	99.2%
Five times/week	.8%	100.0%

Frequency of alcohol use in the past month:

	<u>Percent</u>	<u>Cumulative Percent</u>
Did not use	25.9%	25.9%
1-2 days	20.6%	46.5%
3-5 days	25.2%	71.7%
6-9 days	18.4%	90.1%
10-19 days	9.0	99.1%
20-29 days	.7%	99.8%

Change in alcohol consumption over the past year:

	Decreased	Stayed the same	Increased
CSB	18.1%	40.5%	19.5%
SJU	18.4%	45.6%	17.1%
Total	18.2%	43.1%	18.2%

Alcohol Use History

	Reported drinking alcohol prior to coming to college	Reported drinking alcohol for the first time in college
CSB	50.9%	30.4%
SJU	61.7%	24.1%
Total	56.5%	27.1%

Perceptions:

	Frequency of drinking Perception/Reality	Amount of drinking Perception/Reality	Occasional Drunk is okay as long as it does not interfere with academics or other responsibilities. Perception/Reality	Occasional Drunk is okay as long as it does not harm anyone. Perception/Reality
Typical CSB/ CSB Respondent	1.97 days per week/ less than once per week (.84)	6.53 drinks per week/ 3.0 drinks per week		
SJU	2.72 days per week/ 1.32 days per week	10.24 drinks per week/ 8.04 drinks per week		
CSB/SJU			90.2% would endorse/ 79.3% actually endorsed	84.2% would endorse/ 69.1% actually endorsed

Campus Environment:

Statement	Endorse
Alcohol is a central part of the social life of: SJU students CSB students Male athletes Students on study abroad programs	84.6% 66.7% 65.7% (46.5% female athletes) 62.0%
Social atmosphere promotes alcohol use At CSB At SJU	64.1% said somewhat or yes 75.5% said somewhat or yes
CSB/SJU provides enough on-campus social activities on weekend nights	74.7% (CSB – 75% SJU – 74.2%)
Attended a house party during the last school year	60.5% (CSB – 56.5% SJU – 64.8%)
Never or rarely drink prior to attending an on-campus, weekend event at which alcohol will not be available	65.9% (CSB – 74.9% SJU – 56.8%)
Students' alcohol use is problematic when riding the Link on weekend nights	27.7% (CSB – 31.8% SJU – 22.6%)
If substance-free living arrangements were offered, would choose to live there	13.7% (CSB – 15.3% SJU – 11.9%)
Have family members who have experience alcohol and/or drug problems	47.5%
Would prefer a tobacco-free campus including all buildings and grounds	63.8%

Use of alcohol on campus beliefs	About the same as other campuses	Greater than other campuses	Less than other campuses
CSB	54.1%		37.6%
SJU	62.9%		24.7%

Negative consequences of drinking: (in order of frequency, during the past year)

	Total Students Have Experienced	CSB Students Have Experienced	SJU Students Have Experienced
Had a hangover	60.4%	55.9%	65%
Got nauseated or vomited	46.8%	43.1%	50.5%
Had a memory loss	35.3%	32.5%	38.1%
Done something they later regretted	31.2%	29.7%	32.7%
Had to have someone take care of them	28.4%	32.2%	24.9%
Got into an argument or fight	22.7%	20.2%	25.3%
Been criticized by someone they knew	22.4%	19.6%	25.2%
Missed a class	15.9%	11.9%	19.9%
Been in trouble with police, res hall, etc.	15.2%	11.2%	19.2%
Performed poorly on a test or important project	13.7%	13.7%	13.8%
Been hurt or injured	13.6%	10.8%	14.4%
Driven a car while under the influence	8.6%	7.2%	10%
Have been taken advantage of sexually	6.5%	7.9%	5.2%
Thought they might have a drinking problem	6.0%	4.5%	7.4%
Damaged property, pulled fire alarm, etc.	3.9%	2.0%	5.8%
Tried unsuccessfully to cut down on alcohol use	3.4%	3.4%	3.5%
Seriously thought about suicide	2.2%	2.9%	1.5%
Tried unsuccessfully to stop using alcohol	1.2%	1.3%	1.5%
Have taken advantage of another sexually	1.4%	1.4%	1.5%

Been taken to detox/hospital	1.1%	.7%	1.5%
Sought help off-campus for a drinking problem	.6%	.2%	.2%
Seriously tried to commit suicide	.3%	.7%	0%
Sought help on-campus for a drinking problem	.2%	.9%	.2%
Been arrested for DWI/DUI	.2%	.4%	0%

Negative consequences of others' alcohol use:

Other people's alcohol use:	Percent who reported experiencing in the past year	CSB	SJU
Caused me to take care of a friend or give needed assistance	49.3%	51.3%	47.4%
Didn't interfere with my life	42.7%	40.1%	45.2%
Disrupted my sleep	41.3%	44.6%	37.9%
Messed up my living space	32.4%	27.6%	37.2%
Interrupted my studying	26.3%	26.4%	25.8%
Prevented me from enjoying events	18.2%	21.0%	15.3%
Made me feel unsafe	16.0%	21.4%	10.5%
Insulted or humiliated me	11.6%	12.3%	10.7%
Caused a friend to be traumatized/assaulted	10.3%	11.2%	9.5%
Adversely affected my academic performance	5.6%	5.3%	5.7%
Adversely affected my involvement in an athletic team or organization	5.0%	4.1%	5.9%
Made me think of transferring to another school	4.0%	4.6%	2.9%
Disrupted a class	3.4%	4.1%	2.7%

Protective strategies:

Behavior	Percent who sometimes, usually or always engage in these behaviors during the past year	CSB	SJU
Eat before and/or during drinking	72.5%	71.1%	74.1%
Choose not to drink alcohol	64.1%	68.6%	60.0%
Use a designated driver	61.4%	59.8%	63.0%
Keep track of your drink so no one tampers with it	61.1%	70.6%	52.6%
Keep track of how many drinks you are having	60.1%	63.9%	56.6%
Determine in advance not to exceed a certain number of drinks	44.3%	52.0%	36.8%
Alternate non-alcoholic with alcoholic beverages	42.4%	47.8%	37.4%
Pace your drinks to one or fewer per hour	36.8%	46.9%	27.3%
Have a friend let you know when you've had enough to drink	35.1%	43.5%	27.0%
Avoid drinking games	34.7%	40.7%	29.2%
Drink an alcohol look-alike	23.1%	32.5%	14.3%

Key Findings – Marijuana and other Illegal Drugs

Prevalence: Marijuana

	Annual (reported any use in the last year)	30 day (reported any use in the last 30 days)
CSB	22.1%	8.1%
SJU	34.0%	19.2%
Total	28.2%	13.7%

- Of the 13.7% who endorsed some use, the most frequent response was once or twice.
- Of the 28.2% who endorsed some use in the last year, more than half endorsed smoking infrequently (i.e., one to six times per year).
- Next highest illegal drug use after marijuana is recreational use of prescription drugs; 7.6% of students reported using at least once in the past year.

Change in illegal drug use over the past year:

	Decreased	Stayed the same	Increased	Never Used
CSB	4.5%	7.5%	3.0%	73.5%
SJU	7.6%	18.1%	4.7%	59.4%
Total	6.1%	12.9%	3.8%	

Marijuana Use History

	Reported using marijuana prior to coming to college	Reported marijuana use for the first time in college
CSB	16.5%	10.0%
SJU	24.8%	15.8%
Total	20.8%	12.9%

66.3% reported never using marijuana

Campus Environment:

Statement	Endorse
Social atmosphere promotes illegal drug use At CSB At SJU	6.1% said somewhat or yes 14.4% said somewhat or yes

Use of marijuana on campus beliefs	About the same as other campuses	Greater than other campuses	Less than other campuses
CSB	23.6%		71.4%
SJU	29.3%		64.3%