

Spring 2007 Alcohol and Drug Survey Executive Summary

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Methodology:

	Survey Type	Sample (N)	Response (N)	Rate
	Web-based	Random		
CSB			526	
SJU			337	
Total		2800	863	30%

Demographics:

Year in school

First year	23.5%
Sophomore	29.9%
Junior	20.4%
Senior	23.2%

Permanent Residence

U.S.	97.1%
International	2.9%

Ethnic Origin

White	92.7%
Black	.9%
Hispanic/Latino/a	1.3%
Asian/Pacific Islander	2.8%
American Indian/Alaskan or Hawaiian native	.3%
Biracial or multiracial	
Other	2.0%

GPA

Less than 2.0	.5%
2.0-2.49	2.8%
2.5-2.99	14.6%
3.0-3.49	37.1%
3.5-4.0	44.5%
Don't know	.2%
none	.1%

Gender

Female	526	61%
Male	337	39%
Total	863	

Current Residence

On-Campus	84.8%
Off-Campus	15.2%

Key Findings – Alcohol

Prevalence:

	Annual (reported any use in the last year)	30 day (reported any use in the last 30 days)
CSB	84.1%	74.6%
SJU	88.7%	80.0%
Underage	80.6%	68.3%
Of Age	96.8%	93.4%
Total	85.9%	76.5%

Average (mean) number of drinks per week for total and selected groups:

	All Students	CSB	SJU
General avg. per week	5.97	4.04	9.04
First year students	4.30	3.03	6.13
Sophomores	4.27	2.67	7.35
Juniors	7.64	5.42	11.27
Seniors	8.56	5.88	12.33
Under-age students	4.54	3.20	6.97
21+ students	8.95	6.05	12.53
GPA less than 2.0	5.50	4.50	6.50
GPA 2.0-2.49	7.54	4.50	9.71
GPA 2.5-2.99	7.56	4.88	10.45
GPA 3.0-3.49	7.14	5.07	10.11
GPA 3.5 – 4.0	4.41	3.05	7.34
Lives on-campus	4.90	3.21	7.55
Lives off-campus	12.75	9.11	19.26

Average number of drinks per week:

	<u>Percent</u>	<u>Cumulative Percent</u>
0 drinks	29.4%	29.4%
1 drink	8.5%	38.50%
2 drinks	7.0%	45.5%
3 drinks	6.5%	52.0%
4 drinks	4.8%	56.9%
5 drinks	6.9%	63.8%
6 drinks	5.4%	69.1%
7 drinks	3.1%	72.3%
8 drinks	4.2%	76.5%
9 drinks	0.3%	76.8%
10 drinks	5.7%	82.5%
11 drinks	0.1%	82.6%
12 drinks	3.7%	86.4%
13 drinks	.9%	87.3%
14 drinks	.9%	88.2%
15 drinks	2.6%	90.8%

Average drink consumption by students Thursday-Saturday nights:

# of drinks	Thursday	Friday	Saturday
0 drinks	75.4%	36.2%	36.8%
1-2 drinks	7.6%	11.8%	10.7%
3-4 drinks	5.2%	15.2%	14.8%
5-6 drinks	6.7%	14.0%	15.0%
7 or more drinks	5.0%	22.5%	22.4%

Binge drinking (4+ drinks for women, 5+ for men per sitting/occasion) in past two weeks:

46% of all students engaged in binge drinking in the past two weeks (CSB – 50.9%, SJU – 60.6%)

	<u>Women (%)</u>	<u>Men (%)</u>
0 Times	48.0%	36.0%
Once	21.0%	18.0%
Twice	17.0%	15.0%
3-5 Times	11.0%	22.0%
6-9 Times	2.0%	1.0%
10+ Times	.5%	1.0%

Greatest number of drinks in the past two weeks:

28.6% reported no alcohol consumption in previous two weeks

39.5% reported consuming 1-6 drinks

15.1% reported consuming 7-9 drinks

16.6% reported consuming 10 or more drinks

Mean/average was 4.89 drinks (CSB – 3.61 drinks, SJU – 6.93 drinks)

Frequency of alcohol use in the past year:

	<u>Percent</u>	<u>Cumulative Percent</u>
Did not use	13.9%	14.1%
Once per year	6.0%	20.1%
Six times/year	7.4%	27.5%
Once per month	7.5%	35.0%
Twice per month	13.0%	48.0%
Once per week	33.6%	81.6%
Three times/week	16.7%	98.3%
Five times/week	1.5%	99.8%
Everyday	0.1%	99.9%

Frequency of alcohol use in the past month:

	<u>Percent</u>	<u>Cumulative Percent</u>
Did not use	22.7%	23.5%
1-2 days	18.4%	41.1%
3-5 days	26.2%	67.3%
6-9 days	20.5%	87.8%
10-19 days	10.1%	97.9%
20-29 days	1.3%	99.2%

Change in alcohol consumption over the past year:

	Decreased	Stayed the same	Increased
CSB	21.6%	37.3%	22.2%
SJU	22.5%	40.4%	22.8%
Total	21.8%	38.7%	22.4%

Alcohol Use History:

	Reported drinking alcohol prior to coming to college	Reported drinking alcohol for the first time in college
CSB	52.8%	31.4%
SJU	63.8%	24.6%
Total	56.7%	29.0%

Perceptions:

	Frequency of drinking of CSB/SJU students Perception/Reality	Amount of drinking among CSB/SJU students Perception/Reality	Occasional Drunk is okay as long as it does not interfere with academics or other responsibilities. Perception/Reality	Occasional Drunk is okay as long as it does not harm anyone. Perception/Reality
CSB Respondents				
SJU respondents				
CSB/SJU	<u>Perception:</u> - 68.9% of students drink in a typical week - CSB/SJU student drinks 2.19 days per week <u>Reality:</u> - 51.9% indicated they drank at least weekly - average is 1.25 days per week	<u>Perception:</u> 8.44 drinks per week <u>Reality:</u> 5.97 drinks per week	<u>Perception:</u> 92.6% would endorse <u>Reality:</u> 79.9% actually endorsed	<u>Perception:</u> 88.1% would endorse <u>Reality:</u> 70.9% actually endorsed

Campus Environment:

Statement	Endorse
Alcohol is a central part of the social life of: SJU students CSB students Male athletes Students on study abroad programs	89.9% 76.6% 67.1% (female athletes – 48.7%) 65.5%
Social atmosphere promotes alcohol use At CSB At SJU	71.5% said somewhat or yes 82.2% said somewhat or yes
CSB/SJU provides enough on-campus social activities on weekend nights	61.9% (CSB – 63.9%; SJU - 58.5%)
Attended a house party during the last school year	56.0% (CSB - 52.3%; SJU – 62.0%)
Never or rarely drink prior to attending an on-campus, weekend event at which alcohol will not be available	54.2% (CSB – 58.7%; SJU – 46.4%)
Students’ alcohol use is problematic when riding the Link on weekend nights	31.5% (CSB – 35.2%; SJU – 25.5%)
If substance-free living arrangements were offered, would choose to live there	11.0% (CSB - 12.6%; SJU - 8.1%)
Have family members who have experience alcohol and/or drug problems	45.2%
Would prefer a tobacco-free campus including all buildings and grounds	(not asked)

Use of alcohol on campus beliefs	About the same as other campuses	Greater than other campuses	Less than other campuses
CSB	63.8%	6.3%	28.4%
SJU	70.1%	14.5%	14.3%

Negative consequences of drinking: (during the past year)

	Total Students Have Experienced	CSB Students Have Experienced	SJU Students Have Experienced
Had a hangover	66.0%	64.6%	68.6%
Got nauseated or vomited	56.1%	55.1%	58.4%
Had a memory loss	40.1%	37.5%	44.9%
Done something they later regretted	40.3%	38.8%	43.1%
Had to have someone take care of them	36.4%	40.7%	29.9%
Got into an argument or fight	32.9%	32.7%	33.8%
Been criticized by someone they knew	32.7%	31.0%	35.6%
Missed a class	24.7%	22.2%	29.0%
Been in trouble with police, res hall, etc.	21.1%	17.4%	26.9%
Performed poorly on a test or important project	19.6%	19.5%	20.1%
Been hurt or injured	14.0%	12.8%	15.9%
Driven a car while under the influence	18.8%	15.3%	24.6%
Have been taken advantage of sexually	10.1%	11.5%	8.1%
Thought they might have a drinking problem	11.2%	8.4%	15.9%
Damaged property, pulled fire alarm, etc.	6.3%	4.0%	10.2%
Tried unsuccessfully to cut down on alcohol use	(was not asked)		
Seriously thought about suicide	4.1%	4.2%	3.9%
Tried unsuccessfully to stop using alcohol	3.8%	3.1%	5.1%
Have taken advantage of another sexually	3.8%	3.4%	4.5%

Sought help off-campus for a drinking problem	2.0%	0.6%	1.8%
Seriously tried to commit suicide	1.8%	1.9%	1.8%
Sought help on-campus for a drinking problem	2.1%	0.4%	1.5%
Been arrested for DWI/DUI	2.4%	0.2%	3.0%

Negative consequences of others' alcohol use:

Other people's alcohol use:	Percent of students who reported experiencing in the past year	CSB	SJU
Caused me to take care of a friend or give needed assistance	58.1%	61.4%	53.5%
Didn't interfere with my life	38.8%	37.1%	41.7%
Disrupted my sleep	54.2%	57.5%	48.5%
Messed up my living space	44.9%	41.3%	51.1%
Interrupted my studying	41.4%	43.0%	39.3%
Prevented me from enjoying events	22.5%	26.5%	15.4%
Made me feel unsafe	20.4%	24.9%	13.0%
Insulted or humiliated me	14.0%	13.1%	15.1%
Caused a friend to be traumatized/assaulted	12.0%	11.8%	12.3%
Adversely affected my academic performance	7.6%	7.1%	8.5%
Adversely affected my involvement in an athletic team or organization	5.8%	6.0%	5.4%
Made me think of transferring to another school	7.1%	7.1%	7.2%
Disrupted a class	4.5%	4.8%	4.2%

Protective strategies:

Behavior	Percent of students who sometimes, usually or always engage in these behaviors during the past year	Campus	
		CSB	SJU
Eat before and/or during drinking	76.4%	75.0%	79.0%
Choose not to drink alcohol	63.9%	66.7%	59.6%
Use a designated driver	69.6%	69.6%	70.1%
Keep track of your drink so no one tampers with it	67.0%	73.2%	57.8%
Keep track of how many drinks you are having	64.7%	66.4%	62.4%
Determine in advance not to exceed a certain number of drinks	44.5%	50.5%	35.1%
Alternate non-alcoholic with alcoholic beverages	36.8%	40.9%	30.9%
Pace your drinks to one or fewer per hour	36.7%	43.1%	26.1%
Have a friend let you know when you've had enough to drink	38.6%	43.7%	30.9%
Avoid drinking games	40.4%	41.0%	39.9%
Drink an alcohol look-alike	19.6%	23.9%	13.2%

Key Findings – Marijuana and other Illegal Drugs

Prevalence: Marijuana

	Annual (reported any use in the last year)	30 day (reported any use in the last 30 days)
CSB	21.0%	8.2%
SJU	36.8%	17.1%
Total	27.0%	11.6%

- Of the 11.6% who endorsed some use, the most frequent response was once or twice.

Change in illegal drug use over the past year:

	Decreased	Stayed the same	Increased
CSB	6.7%	6.3%	3.3%
SJU	15.6%	12.9%	4.8%
Total	10.1%	8.9%	3.8%

Marijuana Use History

	Reported using marijuana prior to coming to college	Reported marijuana use for the first time in college
CSB	16.6%	9.6%
SJU	30.5%	14.4%
Total	21.7%	11.4%

66.4% reported never using marijuana

Campus Environment:

Statement	Endorse
Social atmosphere promotes illegal drug use At CSB At SJU	7.3% said somewhat or yes 16.3% said somewhat or yes

Use of marijuana on campus beliefs	About the same as other campuses	Greater than other campuses	Less than other campuses
CSB	24.4%	0.6%	73.3%
SJU	31.4%	2.4%	64.7%