

## Spring 2003 Alcohol and Drug Survey Executive Summary

**Survey administrators:** Janet Anderson Reagan, Ph.D., Lori Klapperich, M.S., Jenny Miller, Ph.D., Eric Felsch, Psy.D.

### Methodology:

	Survey Type	Sample (N)	Response (N)	Rate
	Web-based	Random		
<b>CSB</b>		982		
<b>SJU</b>		1808		
<b>Total</b>		2790	1192	43.0%

### Demographics:

#### Year in school

First year	25.8%
Sophomore	24.7%
Junior	23.0%
Senior	26.3%
Other	.2%

#### Permanent Residence

U.S.	98.2%
International	1.8%

#### Ethnic Origin

White	93.7%
Black	.8%
Hispanic/Latino/a	1.0%
Asian/Pacific Islander	1.7%
American Indian/Alaskan or Hawaiian native	.5%
Biracial or multiracial (not asked)	
Other	2.2%

#### GPA

Less than 2.0	.3%
2.0-2.49	3.3%
2.5-2.99	16.8%
3.0-3.49	40.4%
3.5-4.0	38.8%
Don't know	.4%
None (1 <sup>st</sup> semester)	.1%

#### Gender

Female	502	42.2%
Male	<u>687</u>	57.8%
Total	924	

#### Current Residence

On-Campus	86.3%
Off-Campus	13.7%

## Key Findings – Alcohol

### Prevalence:

	Annual (reported any use in the last year)	30 day (reported any use in the last 30 days)
CSB	<b>86.8%</b>	<b>76.5%</b>
SJU	<b>90.4%</b>	<b>83.3%</b>
Underage	<b>83.4%</b>	<b>71.6%</b>
Of Age	<b>97.0%</b>	<b>94.1%</b>
Total	<b>88.9%</b>	<b>80.6%</b>

### Average (mean) number of drinks per week for total and selected groups:

	All Students	CSB	SJU
General avg. per week	6.90	3.48	9.45
First year students	4.70	2.98	5.98
Sophomores	5.55	2.91	7.85
Juniors	7.80	3.89	10.58
Seniors	9.49	4.30	13.15
Under-age students	5.30	3.02	7.17
21+ students	9.30	4.31	12.55
GPA less than 2.0	14.33	(no data)	14.33
GPA 2.0-2.49	10.49	3.11	12.70
GPA 2.5-2.99	7.51	5.27	8.83
GPA 3.0-3.49	7.76	3.74	10.55
GPA 3.5 – 4.0	5.53	2.70	8.18
Lives on-campus	6.13	2.99	8.42
Lives off-campus	12.14	6.56	16.53

## Average number of drinks per week:

	<u>Percent</u>	<u>Cumulative Percent</u>
0 drinks	23.4%	23.4%
1 drink	8.3%	33.7%
2 drinks	8.2%	43.5%
3 drinks	5.1%	49.5%
4 drinks	6.3%	56.6%
5 drinks	5.4%	62.2%
6 drinks	3.8%	66.6%
7 drinks	1.8%	68.7%
8 drinks	3.4%	72.2%
9 drinks	0.9%	73.1%
10 drinks	5.2%	78.3%
11 drinks	0.4%	78.7%
12 drinks	2.4%	81.2%
13 drinks	0.6%	82.1%
14 drinks	0.7%	82.8%
15 drinks	2.6%	85.5%

## Average drink consumption by students Thursday-Saturday nights:

# of drinks	Thursday	Friday	Saturday
<b>0 drinks</b>	72.4%	34.1%	30.8%
<b>1-2 drinks</b>	7.9	13.1	15.3
<b>3-4 drinks</b>	6.3	14.9	12.4
<b>5-6 drinks</b>	4.8	13.0	14.2
<b>7 or more drinks</b>	8.6	24.9	26.9

## Binge drinking (4+ drinks for women, 5+ for men per sitting/occasion) in past two weeks:

53.3% of all students engaged in binge drinking in past two weeks (CSB – 49.6%, SJU – 63.5%)

	<u>Women (%)</u>	<u>Men (%)</u>
0 Times	50.4%	36.5%
Once	18.8%	17.7%
Twice	15.8%	13.5%
3-5 Times	13.2 %	24.7%
6-9 Times	1.8%	7.0%
10+ Times	0	0.6%

## Greatest number of drinks in the past two weeks:

22.8% reported no alcohol consumption in previous two weeks

37.7% reported consuming 1-6 drinks

15.5% reported consuming 7-9 drinks

23.9% reported consuming 10 or more drinks

Mean/average was 5.9 drinks (CSB –3.66 drinks, SJU –7.5 drinks)

## Frequency of alcohol use in the past year:

	<u>Percent</u>	<u>Cumulative Percent</u>
Did not use	11.1%	11.1%
Once per year	3.6%	14.7%
Six times/year	8.1%	22.9%
Once per month	7.8%	30.7%
Twice per month	17.1%	47.8%
Once per week	26.5%	74.3%
Three times/week	21.9%	96.3%
Five times/week	3.4%	99.7%
Everyday	0.3%	100.0%

## Frequency of alcohol use in the past month:

	<u>Percent</u>	<u>Cumulative Percent</u>
Did not use	19.5%	19.5%
1-2 days	20.4%	39.9%
3-5 days	25.0%	65.0%
6-9 days	21.3%	86.3%
10-19 days	12.1%	98.4%
20-29 days	1.4%	99.8%
Everyday	0.2%	100.0%

## Change in alcohol consumption over the past year:

	Decreased	Stayed the same	Increased
CSB	<b>24.0</b>	<b>33.9</b>	<b>27.0%</b>
SJU	<b>22.7</b>	<b>42.2</b>	<b>23.3%</b>
Total	<b>23.3%</b>	<b>38.7</b>	<b>24.9%</b>

## Alcohol Use History

	Reported drinking alcohol prior to turning 18	Reported drinking alcohol for the first time after turning 18
CSB	<b>45.5%</b>	<b>42.4</b>
SJU	<b>53.1%</b>	<b>37.4</b>
Total	<b>49.8%</b>	<b>39.5</b>

## Perceptions:

	Frequency of drinking Perception/Reality Avg. yearly use for students vs. perceived use of avg. CSB/SJU student	Amount of drinking Perception/Reality Avg. weekly drink consumption vs. perceived weekly consumption of avg. CSB/SJU	Occasional Drunk is okay as long as it does not interfere with academics or other responsibilities. Perception/Reality	Occasional Drunk is okay as long as it does not harm anyone. Perception/Reality
Typical CSB/ CSB Respondent	Perceived: between 3-5x per week; Actual : between 2x/month and 1x/week	Perceived: 6.91 drinks; Actual: 3.48 drinks	60.7% believe avg. student would endorse; 59.9% actually endorsed	(not asked in this survey)
SJU	Perceived: a little more than 3x/week; Actual: a little more than 1x/week	Perceived: 8.58 drinks; Actual: 9.45	66.9% believe avg. student would endorse; 64.2% actually endorsed	(not asked in this survey)
CSB/SJU	Perceived: a little more than 3x/week; Actual: 1x/week	Perceived: 7.88 drinks; Actual: 6.92	64.2% believe avg. student would endorse/ 62.4% actually endorsed	(not asked in this survey)

## Campus Environment:

Statement	Endorsed
Alcohol is a central part of the social life of: SJU students CSB students Male athletes Students on study abroad programs	93.0% 79.2% 73.4% (51.1% female athletes) (Was not asked on this survey)
Social atmosphere promotes alcohol use At CSB At SJU	55.4% said somewhat or yes???? 59.5% said somewhat or yes????
CSB/SJU provides enough on-campus social activities on weekend nights	55.8% (CSB –57.5% SJU –54.6%)
Attended a house party during the last school year	60.5% (CSB –56.6% SJU –63.5%)
Never or rarely drink prior to attending an on-campus, weekend event at which alcohol will not be available	60.4% (CSB –67.2% SJU –55.3%)
Students’ alcohol use is problematic when riding the Link on weekend nights	43.7% (CSB –52.7% SJU –36.9%)
If substance-free living arrangements were offered, would choose to live there	10.1%
Would prefer a tobacco-free campus including all buildings and grounds	Didn’t ask

Use of alcohol on campus beliefs	About the same as other campuses	Greater than other campuses	Less than other campuses
CSB	63.6%	9.9%	26.5%
SJU	64.2%	27.2%	8.5%

## Negative consequences of drinking:

	Total Students Have Experienced	CSB Students Have Experienced	SJU Students Have Experienced
Had a hangover	67.5%	62.6%	71.0%
Got nauseated or vomited	59.7%	54.7%	63.3%
Had a memory loss	43.6%	37.5%	48.1%
Done something they later regretted	43.1%	38.9%	46.3%
Had to have someone take care of them	(not asked in this survey)		
Got into an argument or fight	31.4%	31.7%	31.1%
Been criticized by someone they knew	30.9%	30.0%	31.5%
Missed a class	26.5%	22.6%	29.3%
Been in trouble with police, res hall, etc.	18.9%	10.5%	24.9%
Performed poorly on a test or important project	16.6%	17.0%	16.3%
Been hurt or injured	17.8%	16.4%	18.7%
Driven a car while under the influence	21.4%	16.6%	25.0%
Have been taken advantage of sexually	8.2%	10.3%	6.6%
Thought they might have a drinking problem	10.3%	7.1%	12.6%
Damaged property, pulled fire alarm, etc.	8.7%	2.0%	13.7%
Tried unsuccessfully to cut down on alcohol use	(was not asked in this survey)		
Seriously thought about suicide	2.7%	2.4%	2.9%
Tried unsuccessfully to stop using alcohol	2.0%	1.6%	2.2%
Have taken advantage of another sexually	2.2%	1.0%	3.1%

<b>Been taken to detox/hospital</b>	(was not asked in this survey)		
<b>Sought help off-campus for a drinking problem</b>	(was not asked in this survey)		
<b>Seriously tried to commit suicide</b>	0.3%	0%	0.4%
<b>Sought help on-campus for a drinking problem</b>	0.5%	0.6%	0.4%
<b>Been arrested for DWI/DUI</b>	0.3%	0%	0.6%

### Negative consequences of others' alcohol use:

<b>Other people's alcohol use:</b>	<b>Percent who reported experiencing in the past year</b>	<b>CSB</b>	<b>SJU</b>
<b>Caused me to take care of a friend or give needed assistance</b>	53.7%	59.8%	49.3 %
<b>Didn't interfere with my life</b>	39.2%	34.4 %	42.9%
<b>Disrupted my sleep</b>	(not asked in this survey)		
<b>Messed up my living space</b>	37.6%	31.4%	42.2%
<b>Interrupted my studying</b>	37.6%	34.1 %	40.2 %
<b>Prevented me from enjoying events</b>	20.7%	26.4%	16.4%
<b>Made me feel unsafe</b>	15.3%	22.7%	9.9 %
<b>Insulted or humiliated me</b>	15.1 %	15.0 %	15.1 %
<b>Caused a friend to be traumatized/assaulted</b>	9.2%	13.0%	6.5%
<b>Adversely affected my academic performance</b>	8.3%	5.5 %	10.5%
<b>Adversely affected my involvement in an athletic team or organization</b>	5.9%	4.7%	6.9%
<b>Made me think of transferring to another school</b>	9.2%	12.6%	6.7%
<b>Disrupted a class</b>	2.7%	3.2 %	2.2%

## Protective strategies:

Behavior	Percent who sometimes, usually or always engage in these behaviors during the past year	CSB	SJU
Eat before and/or during drinking	79.9%	76.3%	82.2%
Choose not to drink alcohol	63.0%	70.0 %	57.8%
Use a designated driver	73.5%	73.9 %	73.3%
Keep track of your drink so no one tampers with it	61.8%	74.9%	52.1%
Keep track of how many drinks you are having	63.4%	69.8 %	58.8%
Determine in advance not to exceed a certain number of drinks	42.3%	47.1%	38.4%
Alternate non-alcoholic with alcoholic beverages	31.7%	38.2 %	26.9%
Pace your drinks to one or fewer per hour	34.1%	44.7 %	26.0%
Have a friend let you know when you've had enough to drink	39.1%	45.3 %	34.4%
Avoid drinking games	44.3%	44.2 %	44.4%
Drink an alcohol look-alike	11.1%	16.3%	7.1%

## Key Findings – Marijuana and other Illegal Drugs

### Prevalence: Marijuana

	Annual (reported any use in the last year)	30 day (reported any use in the last 30 days)
CSB	25.3%	10.0%
SJU	38.6%	19.7%
Total	32.9%	15.6%

### Change in illegal drug use over the past year:

	Decreased	Stayed the same	Increased	Never Used
CSB	11.1%	8.3%	3.8%	76.8%
SJU	17.7%	13.7%	6.1%	62.5%
Total	14.9%	11.4%	5.1%	68.6%

### Marijuana Use History

	Reported using marijuana prior to turning 18	Reported marijuana use for the first time after turning 18
CSB	13.8%	18.2 %
SJU	24.7%	22.6 %
Total	20.0%	20.7 %

66.3% reported never using marijuana

### Campus Environment:

Statement	Endorse
Social atmosphere promotes illegal drug use At CSB At SJU	87.3% said somewhat or yes 75.8% said somewhat or yes vast majority of answers are “somewhat”

Use of marijuana on campus beliefs	About the same as other campuses	Greater than other campuses	Less than other campuses
CSB	(Not asked in this survey)		%
SJU	%		%