

**College of St. Benedict**  
2010 Drinking Water Report

The College of Saint Benedict is issuing the results of monitoring done on its drinking water for the period from January 1 to December 31, 2010. The purpose of this report is to advance consumers' understanding of drinking water and heighten awareness of the need to protect precious water resources.

**Source of Water**

The College of Saint Benedict provides drinking water to its residents from a groundwater source: two wells ranging from 72 to 79 feet deep.

The water provided to customers may meet drinking water standards but the Minnesota Department of Health has determined that one or more of the sources of water are potentially susceptible to contamination. If you wish to obtain the entire source water assessment regarding your drinking water, Please call 651-201-4700 or 1-800-818-9318 (and press 5) during normal business hours. Also, you can view it online at [www.health.state.mn.us/divs/eh/water/swp/swa](http://www.health.state.mn.us/divs/eh/water/swp/swa).

Call Terry Loso at 320-363-5109 if you have questions about the College of Saint Benedict drinking water or if you would like information about opportunities for public participation in decisions that may affect the quality of the water.

**Results of Monitoring**

No contaminants were detected at levels that violated federal drinking water standards. However, some contaminants were detected in trace amounts that were below legal limits. The table that follows shows the contaminants that were detected in trace amounts last year. (Some contaminants are sampled less frequently than once a year; as a result, not all contaminants were sampled for in 2009. If any of these contaminants were detected the last time they were sampled for, they are included in the table along with the date that the detection occurred).

Key to abbreviations:

MCLG -- Maximum Contaminant Level Goal: The level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.

MCL -- Maximum Contaminant Level: The highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.

AL -- Action Level: The concentration of a contaminant, which if exceeded, triggers treatment or other requirement which a water system must follow.

90<sup>th</sup> Percentile Level -- This is the value obtained after disregarding 10 percent of the samples taken that had the highest levels. (For example, in a situation in which 10 samples were taken, the 90<sup>th</sup> percentile level is determined by disregarding the highest result, which represents 10 percent of the samples). Note: In situations in which only five samples are taken, the average of the two with the highest levels is taken to determine the 90<sup>th</sup> percentile level.

pCi/l--PicoCuries per liter (a measure of radioactivity).

Ppb—Parts per billion, which can also be expressed as micrograms per liter (ug/l)

ppm -- Parts per million, which can also be expressed as milligrams per liter (mg/l).

N/A --Not Applicable (does not apply).

Contaminant (units)	MCLG	MCL	Level Found		Typical Source of Contaminant
			Range (2008)	Average/Result*	
Nitrate (as Nitrogen) (ppm)	10.0	10.0	N/A	1.8	Runoff from fertilizer use; leaching from septic tanks, sewage; erosion of natural deposits

\*This is the value used to determine compliance with federal standards. It sometimes is the highest value detected and sometimes is an average of all the detected values. If it is an average, it may contain sampling results from the previous year.

Contaminant (units)	MCLG	AL	90% Level	# sites over AL	Typical Source of Contaminant
Copper (ppm) (07/24/2006)	N/A	1.3	.38	0 out of 12	Corrosion of household plumbing systems; erosion of natural deposits
Lead (ppb) (07/24/2006)	N/A	15	6	0 out of 12	Corrosion of household plumbing systems; erosion of natural deposits

If present infants and children who drink water containing lead in excess of the action level could experience delays in their physical or mental development. Children could show slight deficits in attention span and learning abilities. Adults who drink this water over many years could develop kidney problems or high blood pressure. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. College of St Benedict’s is responsible for providing high quality drinking water, but cannot control the variety of materials used on plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to 2 minutes before using water for drinking or cooking. If you are concerned about lead in your water, you may wish to have your water tested. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline or at <http://www.epa.gov/safewater/lead>.

Some contaminants do not have Maximum Contaminant Levels established for them. These “unregulated contaminants” are assessed using state standards known as health risk limits to determine if they pose a threat to human health. If unacceptable levels of an unregulated contaminant are found, the response is the same as if an MCL has been exceeded; the water system must inform its customers and take other corrective actions. In the table that follows are the unregulated contaminants that were detected:

Contaminant (units)	Level Found		Typical Source of Contaminant
	Range (2007)	Average/Result	
Sodium (ppm) (11/14/2002)	N/A	8.4	Erosion of natural deposits
Sulfate (ppm) (11/14/2002)	N/A	36.8	Erosion of natural deposits

### Compliance with National Primary Drinking Water Regulations

The sources of drinking water (both tap water and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs, and wells. As water travels over the surface of the land or through the ground, it dissolves naturally-occurring minerals and, in some cases, radioactive material, and can pick up substances resulting from the presence of animals or from human activity.

Contaminants that may be present in source water include:

*Microbial contaminants*, such as viruses and bacteria, which may come from sewage treatment plants, septic systems, agricultural livestock operations, and wildlife.

*Inorganic contaminants*, such as salts and metals, which can be naturally-occurring or result from urban stormwater runoff, industrial or domestic wastewater discharges, oil and gas production, mining, or farming.

*Pesticides and herbicides*, which may come from a variety of sources such as agriculture, urban stormwater runoff, and residential uses.

*Organic chemical contaminants*, including synthetic and volatile organic chemicals, which are by-products of industrial processes and petroleum production, and can also come from gas stations, urban stormwater runoff, and septic systems.

*Radioactive contaminants*, which can be naturally-occurring or be the result of oil and gas production and mining activities.

In order to ensure that tap water is safe to drink, the U. S. Environmental Protection Agency (EPA) prescribes regulations which limit the amount of certain contaminants in water provided by public water systems. Food and Drug Administration regulations establish limits for contaminants in bottled water which must provide the same protection for public health.

Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that water poses a health risk. More information about contaminants and potential health effects can be obtained by calling the Environmental Protection Agency's Safe Drinking Water Hotline at 800-426-4791.

***Some people may be more vulnerable to contaminants in drinking water than the general population. Immuno-compromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. EPA/CDC guidelines on appropriate means to lessen the risk of infection by Cryptosporidium are available from the Safe Drinking Water Hotline at 800-426-4791.***