



YOUR GUIDE TO SUSTAINABILITY AT THE COLLEGE OF SAINT BENEDICT!

BENEDICTINE VALUES

Embrace CSB's heritage and incorporate the core values into your daily life. Community Living, Justice, Listening, Moderation, Peace, Respect for Persons, Stability, and Stewardship directly inform our commitment to sustainability here at CSB.

BENNIE CAREER CLOSET

CAREER CLOSET CSB is committed to an equitable and meaningful educational experience, including professional explorations, for all Bennies. Those who might not be able to access professional clothing otherwise can "shop" for business-appropriate attire at no cost. Items are donated by community members and alumni.

BOOKSTORE

Buying used textbooks saves resources while saving you money, and buying from the CSB Bookstore keeps money in our community and cuts down on energy expended for shipping too! You can also get a reusable water bottle, which you'll want because of our...

BOTTLED WATER POLICY

In 2011, CSB became one of the country's first institutions to ban the sale and purchase of plain, plastic bottled water on campus. We recognize the environmental, economic, health, and social costs of the production, transport, and sale of plastic bottled water, and we also believe that since water is a fundamental human right, we should not profit from it.

CATHOLIC CLIMATE COVENANT

 CSB was the first college in Minnesota to pledge to live the vision of Pope Francis's *Laudato Si'*, which calls for urgent action on climate change and invites everyone to care for Earth, our common home.

CLEMENS PERK

 Bring your own mug! But if you must use a disposable cup, you'll pay 10¢ extra. This student-run venture operates sustainably by sourcing Fair Trade coffee and composting coffee grounds.

CLUBS

  Sustainability Alliance and Climate Action Club are just two of many student clubs at CSB/SJU. Check them out at Involvement Fair!

CENTENNIAL COMMONS

The first college student housing in Minnesota to be awarded LEED® for Homes Platinum, the highest level of certification. The townhouses are built with sustainable features, and student residents are encouraged to live sustainably.

COMMUNITY KITCHEN

A mutually beneficial campus-community partnership that turns surplus food from Gorecki into high quality and nutritious meals to alleviate food insecurity and catalyze education, collaboration, and community action within Stearns County. Join CK's volunteer crew!

CUT THE CURRENT WATER & ENERGY USE CHALLENGE

 Each year, residence halls and apartments compete to see who can reduce their water and energy consumption the most! The winners get a pizza party! But why not aim to reduce your use every day? Good stewardship is always our responsibility.

ECOHOUSES

Rainbow House and Jeanette House are CSB's ecohouse community. Residents choose to live with mindfulness for reducing consumption and other sustainable actions. Join them and the SJU ecohouses for their events throughout the year!

EXTENDING THE LINK

 ETL is a student-run venture that creates an annual short documentary film focused on an under-reported global social justice issue. Previous projects have included the significance of water, electronic waste, and women in agriculture.

FULL CIRCLE GREENHOUSE

 Did you know we can grow delicious vegetables in Minnesota even in the heart of winter? This student-run deep winter greenhouse, located near the Maintenance building, proves it is possible! Email fullcircle@csbsju.edu to get involved!

GHOST RANCH SPRING BREAK

For over 25 years, poet and retired CSB Recycling Coordinator Larry Schug has been leading a group of students to this magnificent retreat in New Mexico for a week of outdoor service work and reflection. Applications are accepted in the fall.

HEALTH ADVOCATES

 A peer-based outreach program that promotes and inspires student wellness by encouraging the integration of healthy choices and self-responsibility into a college lifestyle. Sustainability starts with your own health!

HEALTH SERVICES & COUNSELING

Located in the lower level of Lottie Hall, this is CSB students' resource for primary care, preventative, and mental health services. You help fund these programs, so don't hesitate to use them when you need them.

LIBRARY

Need a book or a media resource? Check out the library before buying it yourself! CSB/SJU Libraries have access to an extensive collection of materials and resources.

THE LINK BUS

Your most reliable method of transportation between the CSB and SJU campuses is also one of the most sustainable! Why drive alone when you can easily catch a ride to class or back to your home campus?

JOHNNIE BENNIE BIKES

 CSB/SJU's bike share program has stations at Gorecki (CSB) and Sexton (SJU). Learn more from the Outdoor Leadership Center (OLC)! Did you know you can bike between CSB and SJU on the Lake Wobegon Regional Trail? Access the trail on the north side of St. Joe from College Avenue.

MAINTENANCE REQUEST

If something breaks in your room or your heat is out of control, submit a maintenance request to our Facilities Department. Opening your windows in cold weather just wastes energy and isn't a good solution to the problem.

MINNESOTA STREET MARKET

 Located across the street from the monastery in downtown St. Joe, this co-op is a convenient shopping destination for high quality, healthy, local, and organic products. A membership in the co-op gets you access to deals, but you don't need to be a member to shop – everybody is welcome!

MONASTERY WOODS

About 90 acres of land stewarded by the

Sisters, with two main trails totaling 1.75 miles. The woods is home to prairies, cattail marshes, common animals of the area (whitetail deer, turkeys, foxes, and birds), and native trees and vegetation (maple, oak, basswood, trillium, jack in the pulpit, and blood root). Some points of interest include a 200+ year old oak tree, Lake Sarah, and Walz Prairie.

NATIVE PRAIRIE PLANTINGS

As part of CSB's turf-grass reduction strategy, portions of campus are being replanted with native prairie species, which require less maintenance - no mowing, fertilizing, or irrigation. Look for these beautiful landscapes!

PAPERCUT

CSB/SJU's print management software tracks students' paper usage and spending, and it has helped us collectively save an average of almost 5,000 sheets of paper per day!

PRESIDENTS' CLIMATE LEADERSHIP COMMITMENT



In 2007, CSB became a charter member to this commitment, pledging to become a carbon neutral institution by 2035. We are constantly evaluating ways to reduce our carbon footprint, and we conduct a Greenhouse Gas Emissions Inventory each year to track our progress.

RECYCLING



CSB has a commingled recycling program, which means that all recyclable items can be put into the same bin! When you recycle paper, cardboard, most plastics, glass, and aluminum, they can be given another life as new products, instead of sitting in a landfill forever. Food waste can be returned to the soil by composting (compost collection is available separately at some recycling locations). Questions? Contact the CSB Sustainability Office.

SENATE SUSTAINABILITY REP

The St. Ben's Senate is the voice of CSB students, serving to support your interests in having the best college experience. Your Sustainability Rep this year is Laura Precourt.

ST. JOSEPH FARMERS MARKET

Every Friday from 3 to 6:30pm May through October "under the water tower" at the Resurrection Lutheran Church parking lot, and there is an indoor market on select winter Saturdays too!

STASH IT, DON'T TRASH IT!



A partnership of the CSB Sustainability Office and CSB

Residential Life & Housing during spring move-out that allows you to give no longer needed items a new home, instead of sending them to the landfill! Some items are sold at The BIG Sale at the beginning of the fall semester.

SWAP SHOP

Drop off unwanted office supplies, swap for supplies you can reuse, save \$\$\$ and the environment! The Swap Shop is located between the Bookstore and Security in Mary Commons. We are also experimenting with including other categories of items in the Swap Shop in the future.

SUSTAINABILITY COUNCIL

A group of faculty, staff, students, and community members meets monthly during semesters to advance sustainability initiatives on campus.

SUSTAINABILITY OFFICE



Established in 2010, the mission of the CSB Sustainability Office is to support existing sustainability efforts on campus, develop and implement new programs, and facilitate the exchange of information and partnerships related to sustainability between all members of CSB's community. Elissa Brown (CSB Sustainability Coordinator) and Julia Abell, Sophie Buysse, Victoria Dironca, Margeaux Pederson, and Cormac Quinn (our student employees this year) are here as a resource for you! Email us at csbsustainability@csbsju.edu, stop by our office in Mary Commons 139, and look for us around campus! We'd love for you to join our efforts and get involved in creating positive change at St. Ben's!

SUSTAINABILITY PLEDGE

Creating a sustainable community at CSB requires active participation by all of us. Take the pledge today and choose what actions you are committed to at www.csbsju.edu/csb-sustainability/sustainability-pledge! Get all of your roommates on board too, and you can join our Green Room program!

THE BIG SALE

Furniture, small appliances, decorative items, and other dorm essentials collected during Stash It, Don't Trash It! are sold garage-sale style at fall move-in, with all proceeds going to support sustainability initiatives at CSB! The BIG Sale this year is Sunday, August 26 - don't miss your best chance to furnish frugally!

TIPS FOR A SMALLER FOOTPRINT

Take advantage of natural daylight · Turn lights off when leaving the room · Unplug idle

electronics and appliances · Set sleep settings on your computer · Turn down thermostats and limit air conditioning · Wash laundry on cold and air-dry · Turn off water while brushing teeth and washing dishes · Take shorter showers · Use alternative forms of transportation or carpool · Cut back on meat consumption · Reduce, reuse, and recycle · Don't buy things you don't need · Embrace a minimalist lifestyle.

UNFCCC



CSB/SJU are among a select few colleges to receive observer status for the United Nations Framework Convention on Climate Change. Delegations of faculty and students (chosen by application) attended the conferences in Paris (2015), Marrakech (2016), and Bonn (2017), and they will also be attending this year's conference in Katowice, Poland.

SUNSET DRIVE GARDEN

A program of the monastery, the Sunset Drive Garden is a community garden offering plots of land for individuals to rent and grow their own seasonal vegetables and flowers. It builds community by welcoming and encouraging people of different cultures, ages and economic status to work side-by-side, sharing hospitality and growing together.

VOLUNTEER!

We are always looking for volunteers to help advance sustainability initiatives on our campus and in our community. Please get in touch with the CSB Sustainability Office to be kept in the loop about volunteer opportunities!

WEEK OF SUSTAINABILITY

Each spring semester, collaborators across our community come together to hold a full week packed with sustainability-related events. Stay tuned for details!

ZERO-WASTE ZONE



Gorecki Dining Center and McGlynn's are zero-waste zones! In 2011, trays were removed from Gorecki to reduce food waste and the resources used for washing dishes. Food waste was cut by almost half! Remember - please take only what you know you will eat, because you can always go back for seconds. Multiple times each year, Culinary Task Force, Nutrition Club, Community Kitchen, and other volunteers conduct "Waste Weighs" to analyze and raise awareness about food waste on campus.

THANK YOU FOR SUPPORTING SUSTAINABILITY AT CSB!