**Pre-Roommate Agreement Worksheet**

*The answers on this worksheet are an opportunity for you to reflect and think about what you will need to share*

*with your roommate to have a successful relationship. Use the back of this sheet if you need space to write.*

1. **What are my hopes for my relationship with my roommate?**
2. **What family or cultural traditions I want to share with my roommate?**
3. **What are non-negotiables for me?** (eating food I bought, sitting on my bed, going into my closet, etc.)
4. **How do I behave I am stressed?** (talk about being sleepy, cry, stay up really late, etc.)
5. **How do I want my roommate to approach me with concerns? (circle one)**

**In-Person** (Whenever we are together. I don’t need time to gather my thoughts.)

**In-Person** (I need time to gather my thoughts. Tell me in-person what you want to talk about. Then, we can sit down and talk the next day.)

**Text, Then In-Person** (I need time to privately gather my thoughts. Text me what you want to talk about. Then, we can sit down and talk the next day.)

1. **How do I feel about overnight guests?**

I am (OK/NOT OK) with overnight guests of (SAME/DIFFERENT/ANY) gender.

I am (OK/NOT OK) with overnight guests who are romantic partners.

1. **How do I feel about alcohol and other drugs?**

I am (OK/NOT OK) with alcohol around me. I am (OK/NOT OK) with drugs around me.