

SUBJECT: Courses of the College

COLG 101Z TOPICS IN MUSIC (FA) (0-4)

NO COURSE DESCRIPTION

COLG 102 Introduction to the Benedictine Tradition (1)

An introduction to the Benedictine history, thought, and practices at the lower-division level.

COLG 103 Topics in the Benedictine Tradition (1-2)

An exploration of one or more specific elements of the Benedictine tradition in the context of Benedictine communities today; taught at the lower-division level. Offered on campus or abroad.

COLG 105 Special Topics (0-4)

In-depth study of an issue, perspective, or methodology at the lower-division level. Course may be repeated for credit when topics vary.

COLG 105C Reading Group (0-1)

Course offered for S/U grading only

COLG 105D Career Planning (1)

This course is a practical seminar intended to increase student understanding of themselves in relationship to their academic and career goals. The course explores the importance of experiential learning opportunities and the professional preparation required to actively pursue these opportunities. Content includes major and career exploration, career tool (e.g., resume, letters, interviewing) development, and the leveraging of career resources including human networks, technology, and others.

COLG 105G Study Skills/Academic Transit (0-1)

Course offered for S/U grading only

COLG 105I Reading Group: Somali Community (0-1)

We will discuss the book, *New Beginnings*, which is a series of interviews of members of the St. Cloud Somali community about their experiences in Somalia and as refugees in the St. Cloud community. The book is edited by Sr. MaryJane Berger and the interviews were conducted by her students in 2004. We will read the stories and look at the St. Cloud Somali community today as well. Course offered for S/U grading only.

COLG 105J Reading Group: Muslim Journeys (0-1)

This is a reading course offered as an option to CSB/SJU student participants in the Let's Talk About It: Muslim Journeys reading and discussion program being offered in spring 2014. We will read and discuss five books from the Muslim Journeys Bookshelf "Connected Histories" theme: • *When Asia Was the World: Traveling Merchants, Scholars, Warriors, and Monks who Created the "Riches of the East"* (Stewart Gordon) • *The House of Wisdom: How Arabic Science Saved Ancient Knowledge and Gave Us the Renaissance* (Jim Al-Khalili) • *The Ornament of the World: How Muslims, Jews, and Christians Created a Culture of Tolerance in Medieval Spain* (María Rosa Menocal) • *Leo Africanus* (Amin Maalouf) • *In an Antique Land* (Amitav Ghosh). We will discuss the five "Connected Histories" books in concert with supplemental readings, film clips, and guest presentations from the local Muslim community. Students will be active participants in the discussion of the books, and will write a short response paper to each book and a final reflection paper on what they have learned about Islamic history and the Muslim world through these books. Offered for S/U Grading only.

COLG 105L Hot Topics in Food and Nutrition (1)

This course meets weekly to discuss current topics in the nutrition field. Controversial foods, laws, or resources will be emphasized. Students will engage in frequent discussion and present to the class on varying aspects/viewpoints

of current controversial nutrition topics.

COLG 105N Somalis in Minnesota (2)

This course is an introduction to the Somali community in Minnesota, with a focus on Central Minnesota. We will do a brief overview of the history of Somalia and of Somalis in Minnesota. We explore Somali involvement in economic and political life, education, business and health care. We will also learn about Somali values, beliefs and norms, and how Islamic beliefs and practices are interpreted by Somalis. We will watch documentaries, have field trips, and read two short books: Somalis in Minnesota, Ahmed Ishmail Yusuf (Minnesota Historical Society, 2012, 85 pp.), and the new book by CSB grad Hudda Ibrahim, From Somalia to Snow: Somalis in Central Minnesota (Beaver's Pond Press, 2017, 120 pp.).

COLG 105O Talking Circles and Restorative Justice (2)

In this course we will study Talking Circles and Restorative Justice. Talking Circles are a way of bringing people together to discuss issues and build relationships. They are used in schools, communities, organizations and various programs, such as restorative justice programs. Part of the course will be training in how to facilitate Talking Circles and to discuss how they can be used for various purposes, including community building and restorative justice programs. Restorative justice is an approach to offences and crime that brings together the individual(s) who committed the offence, the victims, and others affected by the offense to discuss the harm done and how to repair that harm and "put things right." Restorative justice is used in the criminal justice system in Minnesota and in schools and communities around the state (and elsewhere). We will study concepts of restorative justice and how sessions are conducted, as well as studies of the effectiveness of restorative justice. Texts for the course are The Little Book of Circle Processes by Kay Pranis, and A Restorative Justice Reader, second edition, edited by Gerry Johnstone.

COLG 105P College Success (1)

The purpose of COLG 100 is to help new students make a successful transition to CSB/SJU. This course aims to foster a sense of belonging, promote engagement in the curricular and co-curricular life, articulate expectations of students, and help students continue to clarify their purpose, meaning, and direction. Offered for A-F grading only.

COLG 105Q Global Activism, Youth, and Social Movements (1)

This interactive one-credit course introduces students to youth-led social movements in Africa and beyond, drawing lessons from the 1976 student protests and the 2015 - 2017 Fees Must Fall protests in South Africa, the Arab Spring in North Africa, and Black Lives Matter in the United States. While discussing conflict theories and conflict resolution approaches, the course focuses on the unique roles for young people in creating social change.

This course is taught by Dr. Siyabulela Mandela, who recently earned a Ph.D. in International Relations and Conflict Management. Dr. Mandela has deep connections to social justice movements across the world like his late grandfather, the late former President of South Africa and Nobel Peace Prize winner, Nelson Mandela.

COLG 105R GRAND ILLUMINATION (0-1)

This reading group aligns with the Grand Illuminations series, which focuses on spirited public conversations that wrestle with the complexities of putting together a good and meaningful life. Participants engage in the public events, do short readings before and after the conversations, and conclude the course by joining in a group discussion based on the public conversations.

COLG 106 Topics in Tutoring in Academics (0-4)

NO COURSE DESCRIPTION

COLG 106A Tutor for Writing (1)

The course is required for students that have a work award or ILP and are new to the Writing Center. Students learn about the theory and practice of tutoring writing. Strategies for engaging students in one-on-one and group tutoring at all stages of the writing process are emphasized. Completion of FYS and approval of instructor required for enrollment.

COLG 115 Introductory STEM Topics I (0-1)

First year students intending to become STEM majors (biochemistry, biology, chemistry, computer science, mathematics, or physics) will form a cohesive and supportive peer group as they are introduced to STEM careers, research, internship opportunities and develop practical and leadership skills. The instructor for this course will serve as their advisor. Topics will include applying for summer research positions, an introduction to scientific literature, developing resilience as they face challenges in becoming independent learners, and balancing leadership, service and academic commitments. Offered for S/U grading only. Fall.

COLG 116 Introductory STEM Topics II (0-1)

A continuation of Introductory STEM Topics 1. First year students intending to become STEM majors (biochemistry, biology, chemistry, computer science, mathematics, or physics) will form a cohesive and supportive peer group as they are introduced to STEM careers, research, internship opportunities and develop practical and leadership skills. The instructor for this course will serve as their advisor. Topics will include summer internship applications, an introduction to scientific literature, industry tours, and alumni networking. Students will develop resilience as they face challenges in becoming independent learners, and balancing leadership, service and academic commitments. Prerequisite: 115. Course offered for S/U grading only. Spring.

COLG 121 Medical Terminology (1)

This introductory course is designed to provide a foundation for using medical terminology. Students will become familiar with the structure of the medical language in order to learn medical terms and abbreviations.

COLG 125 Cultural Academic Orientation (1)

Social and academic life on a United States campus and socio-academic realities of the College of Saint Benedict/Saint John's University and the surrounding area. Focus on cultural adjustment cycle, and strategies that help students integrate themselves in U.S. campus life. Topics that will also be covered are immigration laws, health services, library services, course registration and advising, plagiarism, security, sexual violence and harassment issues, racism and xenophobia. S/U grading only. Fall and Spring. Recommended for all entering new and transfer undergraduate international students. Permission of instructor required.

COLG 128 Personal Finance (2)

This course will give students a fundamental understanding of several important money management concepts use in daily life in college and far beyond. Topics will includes general financial planning, budgeting, paying for college, income taxes, financial institutions, credit, loans (including student loans), insurance, saving and investments, and retirement planning.

COLG 130 EMT Basics (4)

This course covers basic minimal emergency care required to work on an ambulance or a first responder squad. The course offers basic to more advanced techniques of pre-hospital emergency care. Prerequisite: CPR for the Professional Rescuer. Course offered for S/U grading only.

COLG 140 Healthy Lifestyles: Introduction to Health Professionals (1)

An interdisciplinary course designed for students with an interest in health. Course participants function as a learning community and study the effect of health on their learning. Emphasis is on inter-relating physiological, psychological, social and spiritual aspects of health. Concepts include health assessment, prevention of illness and injury, and promotion of a healthy lifestyle using psychosocial theories and quantitative and qualitative research. The impact of the social and physical environment on lifestyle and access to health services is included. General concepts of professional legal and ethical parameters are also included. Prerequisites: Nursing and Dietetics majors have priority enrollment. Course offered for A-F grading only.

COLG 180 Summer Topics Courses (1-3)

A series of topics courses offered during the summer term.

COLG 201 Benedictine Heritage and Practice (2)

Benedict as portrayed by Gregory the Great and in subsequent literature and art, the spread of Benedictine monasticism worldwide, historical reforms of Benedictine monasticism; the history of Metten and Eichstatt and those monasteries' role in founding Saint John's Abbey and Saint Benedict's Monastery; the early histories of Saint John's and Saint Benedict's, key historical figures in women's and men's monasticism; and key themes in applying monastic practices to one's life in college and beyond: Awareness of God, Community, Living, Dignity of Work, Hospitality, Justice, Listening, Moderation, Peace, Respect for Persons, Stewardship, and Care for the Environment.

COLG 202 Topics: Comparative study in the Benedictine Tradition (2)

A study of applications of Benedictine thought and practice in multiple cultural, societal, or historical contexts.

COLG 203 Topics in Leadership (1)

A study of aspects of effective leadership. Offered for S/U grading only.

COLG 203A Leadership Lessons with John Gagliardi (1)

A study of the qualities necessary for effective leadership, inspired by the legendary football coach John Gagliardi. Course offered for S/U grading only.

COLG 204 Introduction to Private Equity Investments (1)

A study of the lifecycle of private equity investments – including acquiring capital, analyzing opportunities (sourcing the deal), selecting an investment, managing the investment, and exiting the investment. Offered for S/U grading only.

COLG 271 Individual Learning Project (1-4)

Supervised reading or research at the lower-division level. Permission of Director of Academic Advising required. Not available to first-year students.

COLG 280 Summer Topics Courses (1-4)

A series of topics courses offered during the summer term.

COLG 302 Topics in the Integration of Benedictine Thought and Practices (1-2)

Students explore aspects of the Benedictine tradition in the context of their academic research, involvement in a campus or community project, or anticipated future role in society.

COLG 305 Concepts: Health Care Policy, Economics and Management (2)

Within the context of a liberal learning environment and Catholic and Benedictine values, learners will develop the basic knowledge and skills to function effectively as a member of an inter-professional health care team. Concepts and context (e.g., social values, politics, economics) that are foundational to effective management, cost-containment and policy development/reform will be applied to the analysis of contemporary health care issues. Learners will be actively involved in influencing policies that shape health and/or health care. Prerequisites: Senior standing in the nursing major or permission of instructor. Fall.

COLG 320 Principles of Arts Management (4)

This course is designed to provide an overview of the structure in which non-profit arts organizations are based. Topics of inquiry include, but are not limited to, organizational concept, mission, organizational structure, budgets and financial planning, marketing, and development (fundraising, grant writing, board relations). Class assignments include: assigned readings, from both the required text and supplemental readings as provided by your instructor, analysis and discussion of case studies from both printed and on-line resources, class discussions with guest professionals from the regional arts community, topical research to support unit assignments, attendance and participation at field trips to professional arts organizations, mid-term conference, final class presentation, final portfolio project.

COLG 365 Social Justice Teachings: Theology and Economics in Dialogue (1-2)

COLG 365 is an introduction to the topic of social justice, in general, and Catholic social justice teachings in particular. What does social justice mean, within both historic and contemporary constructs? How does the Catholic Church define social justice both in theory and in practice? What role do theology and economics play in social justice? This course will use encyclicals and other texts to examine the various interpretations of social justice. The objective of this course is to encourage students to examine their own ideas about social justice and be able to thoughtfully articulate their own ethical framework. Offered for S/U grading only.

COLG 371 Individual Learning Project (1-4)

Supervised reading or research at the upper-division level. Permission of department chair and completion and/or concurrent registration of 12 credits within the department required. Consult department for applicability towards major requirements. Not available to first-year students.

COLG 380 Summer Topics (0)

An international field-based study of the cultural dimensions of Sweden and American school practices and how they affect teaching and learning. Students engage in a study of theories and practices that foster meaningful learning experiences for culturally diverse student populations. Students apply their knowledge of culture and schooling to classroom practices. Students will learn, and engage in, Swedish classroom practice for school comparison.

COLG 385 Study Abroad Seminar (4)

Selected topics pertaining to the study abroad program site, with a significant emphasis on the local culture(s). Course content will include other site specific fields (history, art, economics, politics, biology, geology, music, etc.), depending upon the expertise of the program director. Excursions, field trips, volunteering and or interactions with local institutions and people will also be a part of the course experience. A-F grading only

COLG 385B Study Abroad Seminar (4)

Selected topics pertaining to the study abroad program site, with a significant emphasis on the local culture(s). Course content will include other site specific fields (history, art, economics, politics, biology, geology, music, etc.), depending upon the expertise of the program director. Excursions, field trips, volunteering and or interactions with local institutions and people will also be a part of the course experience. Offered for A-F Grading only.

COLG 396 Distinguished Thesis Proposal Essay, Research or Creative Project (0-1)

Student will work closely with a faculty advisor from the student's major department to develop a proposal for a thesis. The proposal will include: title, selection of committee members, statement of purpose and value to discipline, preliminary outline of project, bibliography and summary. Note that this is a self-directed process. Junior standing is required to enroll in Thesis Proposal. In rare cases, COLG 396 may be taken concurrently with COLG 398, but this must be approved by the department chair. Offered for S/U grading only.

COLG 397 Internship (1-16)

Supervised career exploration which promotes the integration of theory with practice. An opportunity to apply skills under direct supervision in an approved setting. Prerequisites: approval the Director of Academic Advising and a faculty moderator; completion of the pre-internship seminar.

COLG 398 Distinguished Thesis Proposal (1-4)

Student will work closely with a faculty advisor from the student's major department writing a thesis, often in an area closely related to the advisor's own research or creative work. This research will typically take place over the course of one academic year or longer, and includes a prerequisite for a proposal (396). Student will form a committee comprised of 1 advisor and 2 readers. The thesis culminates in a 60 minute defense. Senior standing is required to enroll in All College Thesis. May be split between semesters. Offered for A-F grading only.