



Benedictine Bits

Spirituality Center of Saint Benedict's Monastery



The Spirituality Center and Studium ministry, offered by the Sisters of Saint Benedict's Monastery, provides programming, spiritual direction, and retreat opportunities right here on the Saint Benedict's campus. Since 1955, the Sisters have shared the Benedictine tradition of learning and sharing the joy of discovering how God meets us in the world through programs, spiritual direction, hermitages, and scholarship. Here, the Sisters offer guidance in deepening relationships with God, others, and oneself. Studium provides a spiritual place where visiting scholars are able to come together to motivate, support, and empower one another by living in community and sharing their work at monthly meetings. Taking part in the Studium experience requires scholars to apply for the program stating why they believe this environment is an appropriate setting for their work. Applicants must also be working on a project that reflects the Benedictine tradition. Students, employees, guests, women, and men of all faiths and cultures are welcome in this spiritual place of learning, peace, and solitude.