

# Psychology

## Program Highlights

- Exceptional opportunities for independent research during the academic year and summer months.
- Senior majors have the opportunity to gain hands-on experience serving as teaching interns for the introductory psychology labs.
- Many of our majors have been accepted to doctoral and masters programs in psychology, social work, and other related fields as well as law school, medical school and other professional programs.
- Faculty members have won several teaching awards in recent years such as the S. Mary Grell Teacher of Distinction Award and the Robert L. Spaeth Teacher of Distinction Award.
- We provide students with the skills necessary to succeed in continued graduate education or a competitive job market.
- Flexibility for the student to select a broad range of courses and outside-of-classroom learning experiences in both experimental and applied psychology.

## Program Overview

Psychology is a discipline defined by the scientific study of behavior. Our curriculum provides students with the knowledge and skills necessary to investigate questions important to the human condition from a scientific perspective, emphasizing clear thinking, communication skills, and ethical judgment. In addition, we strive to foster the personal and professional growth of men and women in our department by offering extensive and varied opportunities for integrative experiential learning, including faculty/student collaborative research, teaching practica, service learning, and on-and off-campus internships.

Our goal is to produce graduates with a high level of reflective, critical and complex thinking skills derived from their knowledge of the basic principles and methodology in both traditional and emerging branches of psychology. They will be well prepared to pursue advanced training and/or rewarding careers in psychology and related disciplines, and to be active and engaged lifelong learners prepared to make positive contributions to the people and the world around them.

## Psychology Teaching Practicum

The practicum offers senior psychology majors teaching experience through the opportunity to design and teach introductory psychology labs. Seniors are able to develop curricula, learn about pedagogical theories and skills, and apply and implement their knowledge of the psychology field into their lesson plans.

## Sample of classes offered

- Social Psychology
- Principles of Learning and Behavior
- Cognitive Processes
- Physiological Psychology
- Abnormal Psychology
- Developmental Psychology
- Several other special topics courses such as Sports Psychology, Psychology of Gender, and Neuropsychology

For a complete list of psychology courses offered at CSB/SJU, please visit our web site.  
<http://www.csbsju.edu/psychology/curriculum/descriptions.htm>

## Internships and Careers

There are numerous opportunities to obtain internships that relate to the psychology major. Students have worked in a variety of business organizations, abuse treatment centers, court system settings and mental health agencies.

## Examples of where our students have interned and/or work:

- Internship with the St. Cloud Hospital -Behavioral Health Clinical
- Chrysalis— A Center for Women
- Fraser Child & Family Center
- St. Cloud Correctional Facility
- St. John's Preparatory School
- YMCA— Camp Icaghowan

## Career Opportunities for Psychology Majors

Graduates of CSB/SJU utilize their psychology background within the field of psychology as well as in a variety of other career areas, such as business, teaching, law or medicine. Graduates contend that a strong liberal arts education coupled with a psychology major offers them a variety of career options. A total of about 40 percent of graduates go directly into the workforce in a psychology-related field such as chemical dependency, forensics or mental health counseling. Others use their psychology degrees in areas like sales, marketing or insurance.

## Research

Collaborative research is a key feature of our department. Students are encouraged to engage in collaborative research with faculty. This collaboration may include conducting independent research which is supervised by a faculty member or assisting a faculty member with his or her research. Many students have had incredible experiences through these independent research studies.

## Study Abroad

The psychology department recommends that students take advantage of our phenomenal study abroad programs. Psychology advisers will help you adjust your four-year graduation plan to ensure that you complete the necessary course work to graduate within four years. Developing the competency to truly understand different cultures is a key asset in today's world, regardless of which employment path your degree takes you.

## Examples of graduate schools students have attended:

- University of Minnesota-Moorhead— Specialist Degree in School Psychology
- Creighton University in Omaha, NE— Medical School, specializing in Cardiology
- Southern Illinois University-Carbondale— Counseling Psychology Ph.D. Program
- University of Cincinnati— Master's in Criminal Justice
- East Carolina University— Marriage and Family Therapy
- Boston College— Master's in Counseling Psychology
- American University— Behavior, Cognition, and Neuroscience Ph. D. Program
- Argosy University— Clinical Psychology

---

"During the summer of my sophomore year I participated in an internship with the Minnesota Zoological Gardens' marine mammal program where I spent the summer working with five Atlantic bottlenose dolphins. The best part was working with some of the most intelligent and fascinating animals in the world. This internship experience has allowed me to use my education in psychology to the fullest. At this time, I am working with the U.S. Navy's Marine Mammal Program, continuing to use my degree in psychology. Each and every day is different. The animal's behavior keeps me on my toes and I can't get enough of it! Psychology has given me the opportunity to do what I love and I am positive that it can help you too if you take advantage of it!"

- **Robert Roozendaal**

---

## **Faculty**

### **Pamela Bacon**

Ph.D., Iowa State University

### **Laura Helfritz**

Ph.D., Baylor University

### **Jan Holtz**

Ph.D., L.P., University of South Dakota

### **Aubrey Immelman**

Ph.D., University of Port Elizabeth, South Africa

### **Bob Kachelski**

Ph.D., University of Wisconsin – Madison

### **Michael Livingston**

Ph.D., University of Minnesota

### **Rodger Narloch**

Ph.D., University of Nebraska – Lincoln

### **Rebecca Pohlig**

Ph.D., University of Alabama

### **Stephen Stelzner**

Ph.D., University of Illinois at Chicago

### **Linda Tennison**

Ph.D., Washington State University

### **Richard Wielkiewicz**

Ph.D., University of Hawaii

---

"Most CSB/SJU psychology students engage in hands-on learning experiences such as student-faculty research, internships, supervised teaching opportunities, and service learning projects. These unique experiential learning opportunities, combined with the high quality classes conducted by our outstanding faculty, prepare our graduates for quality employment or advanced study in a variety of disciplines."

**Dr. Rodger Narloch, associate professor & chair**

---