

CSB|SJU Community

A newsletter for the faculty and staff of the College of Saint Benedict/Saint John's University

May 2003

CSB Names Carol J. Guardo as President

prepared by Communication and Marketing Services

Dr. Carol J. Guardo has been appointed CSB president by the college's Board of Trustees for the 2003-04 academic year. She will begin her official duties on July 1. Current president Mary E. Lyons has accepted the presidency of the University of San Diego and assumes that post on July 1.

Guardo is past president of Rhode Island College in Providence, and of the Great Lakes College Association, a consortium of 12 selective liberal arts colleges in Michigan, Indiana and Ohio. She also has served as a trustee at many private colleges. Since 1996, Guardo has been a consultant to colleges in areas of strategic planning and governance.

Guardo has been actively involved with both CSB and SJU in a variety of consulting roles since 1993. She played a criti-

cal role in helping to establish the coordinated academic administration for the colleges and led an extensive assessment of the effectiveness of the colleges' coordinated administrative structure. She also assisted the CSB Board of Trustees with the college's last presidential search in 1995.

"I am thrilled to be able to help lead the College of Saint Benedict through this period of transition," Guardo said. "This is a special opportunity to contribute to the college's standing as a distinctive liberal arts institution."

"Our paramount objective in making this selection was that the president embrace the mission and vision of the college and sustain our momentum," said Susan Lester, chair of the CSB Board of Trustees. "Carol Guardo's experience in
(See President, page 7)

Commencement Activities Planned

CSB Welcomes Kathleen Hall Jamieson as Commencement Keynote Speaker

*prepared by Jo Ann Shroyer
CSB director of communication
Communication and Marketing Services*

Kathleen Hall Jamieson, political campaign expert and professor of communication and dean at the Annenberg School for Communication at the University of Pennsylvania, will deliver the keynote address at the CSB commencement ceremonies at 2 p.m. Saturday, May 10, in the Clemens Field House.

CSB will present an honorary doctorate — for the first time since 1979 — to Jamieson. Biology major Karolanne Hoffman will deliver the student address to her 476 classmates comprising the CSB graduating class of 2003.

During the 1996 general election, Jamieson, who also is the director of the Annenberg Public Policy Center, served as a commentator on the debates for
(See CSB Commencement, page 7)



Kathleen Hall Jamieson

SJU Commencement to Feature PBS Correspondent as Speaker

*prepared by Michael Hemmesch
SJU director of communication
Communication and Marketing Services*

Ray Suarez, senior correspondent for "The NewsHour with Jim Lehrer" on PBS, will deliver the commencement address at 2 p.m. Sunday, May 11, in the Saint John's Abbey Church. Also at the commencement ceremony, SJU will present its Pax Christi Award to Dr. John Page, former executive secretary of the International Commission on English in the Liturgy. Linda L. Hoeschler, executive director of the American Composers Forum, will receive an honorary Doctor of Humane Letters degree, while Suarez will receive an honorary Doctor of Laws degree.



Ray Suarez

James Mulrooney, a political science major from Inver
(See SJU Commencement, back page)

Campus News

Recipients of the Tom Creed Award Announced

The Committee on Academic Computing has selected three recipients for the 2003 Tom Creed Award for innovation in the classroom using information technology. Frank Rioux, Jeanmarie Cook and Stephen Saupe have been honored this year for their technological applications in promoting learning in their courses.

For many years, Rioux, professor of chemistry, has worked toward integrating computational techniques into his classes, including assignments asking students to learn from practicing these techniques. Often, this has led to papers and conference presentations sharing his assignments and thoughts with chemists outside CSB/SJU. His continued, deep integration of computer technology into his courses is recognized by the committee as exemplary.

Cook's incorporation of Web-based materials into courses is considered excellent, but the committee was most impressed by her successful integration of Web-based discussion into a course on intercultural communication. By establishing a bulletin board shared with a sister class in China, the associate professor of communication gave students the opportunity to learn more about communicating with members of a different culture. Although it would have been easy for such discussion to stagnate, this discussion board appeared to thrive over the semester, with many students of both classes contributing.

Saupe, professor of biology, has displayed outstanding use of the Web, including most notably his development of a Web-based newsletter alerting students and faculty to events, opportunities and others' work in the biology department. The committee appreciated the thoroughness and personality reflected in his extensive personal and class Web pages.

Author Jon Hassler Receives Colman Barry Award from SJU

prepared by Communication and Marketing Services

SJU presented the 10th annual Colman Barry Award for Distinguished Contributions to Religion and Society to author Jon Hassler, SJU class of 1955, to honor his service to humanity through his writing. The award was presented on Friday, April 25, in conjunction with Saint John's Day activities and the celebration of the appointment of SJU President Dietrich Reinhart, OSB, to a third six-year term.

Hassler, a nationally respected author of novels, plays and nonfiction, is widely considered one of the most insightful, entertaining and authentic voices of Minnesota. His novels *Staggerford* and *Grand Opening* have won prestigious literary awards, and he is the recipient of the 2000 Flanagan Prize from the Minnesota Humanities Commission and the 2000 Distinguished Minnesotan Award from Bemidji State University.

Hassler received his bachelor's degree from Saint John's and master's from the University of South Dakota. He was writer-in-residence at SJU from 1980 until his retirement in 1997 and is currently Regents Professor Emeritus of SJU. He and his wife, Gretchen, live in Minneapolis. Among his most recent works are a novel, *Staggerford Flood* and a work of nonfiction, *Good People — from an Author's Life*.

The Colman Barry Award for Distinguished Contributions to Religion and Society recognizes the contributions that the Rev. Barry, a Benedictine monk of Saint John's Abbey and former president of SJU, made during his life of scholarship and teaching. The author of several books, including his three-volume *Readings in Church History and Worship and Work*, the Rev. Barry began his teaching career at Saint John's in 1952. He died in 1994.

The Rev. Barry was responsible for the creation of the Jay Phillips Chair in Jewish Studies in 1969, the first such chair at an American Catholic college and the Hill Monastic Manuscript Library in 1964. His creative leadership set the roots on the SJU campus for Minnesota Public Radio in 1967, which has grown to become one of the top public radio networks in the nation.

The Colman Barry Award for Distinguished Contributions to Religion and Society is given annually to those who, like Rev. Barry, have made significant contributions to human knowledge, understanding or communication in religion and society.

Bresnahans Honored

SJU President Br. Dietrich Reinhart presented an alumni achievement award to Richard Bresnahan, SJU class of 1976, during a dinner celebration on Friday, April 11, at Avalon Event Center in Fargo, N.D.

Growing up in Casselton, N.D., Bresnahan began his study of ceramics at Saint John's. He went to Japan his senior year as an apprentice under Nakazato Takahsi, a 13th-generation potter and the son of a "Living National Treasure." Over the next three-and-a-half-years, Bresnahan acquired a vast knowledge of potting techniques, kiln construction and firing methods, earning the title, Master Potter.

Upon returning to the U.S. in December 1978, former SJU President Rev. Michael Blecker promised to make Bresnahan an artist-in-residence at Saint John's, where he set up his first studio in the summer of 1979. Since then, he has worked with and trained more than 70 emerging artists and student apprentices receiving fellowship opportunities from the Jerome and Grotto Foundations.

In 1993, Bresnahan began building a massive wood-burning kiln in Minnesota, which he named after his mentor, S. Johanna Becker. With the help of 30 volunteers, he completed the project two years later, in October 1994. The wood-burning kiln is 87 feet long with a 37-foot long backpressure tunnel, making it widely acknowledged as the first of its design and the largest kiln in America.

Bresnahan's rich and rewarding career at SJU and the Pottery Studio was chronicled in a 1997 film "Clay, Wood, Fire, Spirit: The Pottery of Richard Bresnahan," directed and produced by John Whitehead, which won two Emmy awards. *Body of Clay, Soul of Fire: Richard Bresnahan and the Saint John's Pottery* is a book by Matthew Welch (Afton Historical Society Press, 2001) that tells the fascinating story of Bresnahan's professional and personal life and describes the community of artists that have gathered around him and Saint John's Pottery. It also offers insight into Japan's handmade ceramics and apprenticeships, as well as a lively history about the Benedictine monks who founded Saint John's Abbey in the 1860s. Since 2001, some 68 works from 13 Grotto Foundation Apprentices, 19 Jerome Foundation Emerging Artists and Bresnahan have been touring the Midwest.

Also at the event, Richard Bresnahan Sr. received an honorary bachelor of arts degree from Saint John's. The elder Bresnahan attended the University of North Dakota for several years before serving in the Navy in the Pacific during World War II.

After the war, he enrolled at SJU as a junior and would have graduated in the class of 1948. Unfortunately, his father passed away quite suddenly at the age of 43, and he had to return home to

Casselton, one semester shy of graduating, to care for his mother and four siblings.

The SJU Alumni Association Board of Directors selects up to four alumni each year for recognition of their professional careers and community service. Past recipients include former Sen. Eugene McCarthy; Johnny "Blood" McNally, a charter member of the NFL Hall of Fame; Roger Birk, former chairman of Wall Street's Merrill Lynch; Jim Scheibel, vice president of the Corporation for National Service; and Steve Seidel, executive director of the Twin Cities Habitat for Humanity.

Spirituality Center Offers Retreats and Programs

*submitted by Katie Sturm
publicist, Saint Benedict's Monastery*

The Spirituality Center at Saint Benedict's Monastery offers one-day to three-day retreats, faith formation programs, personal retreats and spiritual direction. Offerings are open to both women and men of all faith denominations. Following is a listing of the retreats and programs available in May.

Dreamwork and the Path of Individuation

Thursday, May 15, 7-9 p.m.

Presented by Galen Martini, OSB, licensed psychologist, Jungian analyst

Fee: \$25

This workshop will explore the concept of individuation and dreams as an aid to this necessary transformation. Using Jung's concepts of shadow/complex/persona and self, we will work on several dreams together to understand how dreams convey messages which challenge and balance our conscious attitudes.

Healing Touch, Level 1

Friday, May 30, 7 p.m. to Sunday, June 1, 5 p.m.

Check-in: Friday, May 30, 6:15 p.m.

Led by Jackie Mielke, certified healing touch practitioner

Fee: \$225 (tuition fee) plus \$64.50 (optional lodging and meals)

A nursing continuing education program for registered nurses, physicians, body therapists, counselors, psychotherapist, other health professionals, and individuals desiring an in-depth understanding and practice of healing work using energy-based concepts.

Daily Centering Prayer

A group gathers daily at the Spirituality Center for centering prayer from 4:25-4:50 p.m. Everyone is welcome. There is no fee.

Spiritual Direction

Fee: \$35 for a one-hour session

Spiritual direction is available on a regular basis to help people get more in touch with their inner selves, to grow toward greater personal freedom and recognize the many ways God invites them to live their lives. To arrange for spiritual direction, contact Josue Behnen, OSB, at 363-7179 or jbehnen@csbsju.edu Partial sponsorship assistance is available.

Internship in Spiritual Direction

Applications are being accepted for the 2003-2005 training program for persons interested in learning or enhancing the art of spiritual direction. For further information, contact Kathryn Casper, OSB, at 363-7028 or kcasper@csbsju.edu.

Private Retreat

Fee: \$45 per day (includes meals and overnight accommodations)

Gift yourself with some quiet time away. Our Spirituality Center welcomes you! An air-conditioned facility, spacious grounds and a wooded area provide an atmosphere for prayer, quiet, reflection and relaxation. You are invited to worship with the monastic community in the daily Eucharist and Liturgy of the Hours. Meeting with a spiritual director can be arranged for an additional \$30. For further information, contact Rita Budig, OSB, at 363-7115 or rbudig@csbsju.edu.

All programs and retreats are conducted at the Spirituality Center at Saint Benedict's Monastery, 104 Chapel Lane, St. Joseph. For more information or to register, please call 363-7115 or 363-7116 or e-mail rbudig@csbsju.edu

CSB/SJU Adds Summertime Learning to Schedule

*prepared by Glenda Isaacs Berguson
Community editor
Communication and Marketing Services*

In Bernie Elhard's Nutrition 225 course (summer session), lab assignments are a piece of cake, or maybe a baked Alaska or even homemade ice cream.

Students in this laboratory-based foods course, Experimental Food Science, will examine the underlying principles of chemistry, biology and physics that influence food quality. They will learn to use the scientific method as they modify ratios and types of ingredients and alter food preparation methods. As a bonus, they get to eat their assignments.

Campus News

CSB/SJU Faculty Group, Pastiche, Plans Spring 2003 Tour

*prepared by Communication
and Marketing Services*

The CSB/SJU music faculty performing group, Pastiche, will present four concerts throughout Minnesota this month. The schedule includes The Church of St. Patrick of Edina on May 12; Moorhead High School, Moorhead on May 14; Mayo High School, Rochester on May 15; and Weber Hall at the University of Minnesota, Duluth on May 16. All concerts will be held at 7:30 p.m. and are free and open to the public.

Pastiche will perform "A Soldier's Tale" by Igor Stravinsky. The work combines theatre, music and a moral. The jazzy score was written by Stravinsky to be used as a traveling theatre piece at the end of World War I. The concerts are sponsored by a CSB/SJU faculty research and development grant.

Pastiche, an ensemble of various members of the joint music department at CSB/SJU, typically offers two performances each year, showcasing their many talents. Pastiche performs an extraordinarily diverse repertoire written for different combinations of singers and instrumentalists — from classical to jazz and beyond, from the sacred to the profane and from the serious to the absurd.

Seeking a grant?

For assistance, see www.csbsju.edu/grants.

Campus News

Giving Boosts Food Drive Totals

The CSB/SJU community boosted giving to record levels during this year's Lenten Food Drive. Food donations totaling 2,265 pounds increased last year's total by more than 1,000. Cash donations totaled \$2,295, up \$630 over last year, Josie Stang, associate director of admission, SJ Prep, and Saint John's Administrative Assembly Steering Committee member, announced. The annual food drive is sponsored jointly by the Saint John's Administrative Assembly and the College of Saint Benedict Administrative Assembly and involves all community sectors — students, faculty, staff, administrators and monastic members.

"It is wonderful and heart-warming to see the generosity of our communities during these very difficult times," Stang said.

The food and dollars were donated to the following locations: St. Cloud Food Shelf; St. Joseph Community Food Shelf; Resurrection Lutheran Church Food Shelf, St. Joseph; Southeast Central Stearns Food Shelf, Cold Spring; and Avon Food Shelf.

Other years	Pounds	Dollars
2003	2,265	\$2,295.00
2002	1,140	\$1,665.00
2001	1,125	\$1,600.00
2000	602	\$1,101.00
1999	990	\$1,615.51
1998	793	\$1,273.00

The course is one of several available in the new May/summer session being offered at CSB/SJU. The new session is being launched — as a pilot — for several reasons, according to David Lyndgaard, director of academic planning and budget, Office of Academic Affairs.

"We are attempting to provide students with as full a slate of learning opportunities as we can," he said. "Some of these courses are not offered in the traditional semesters, or we are unable to provide as many spaces as students request during regular semesters without increasing class sizes. We're also attempting to provide some of the most positive experiences in the old January interim and have them available in a new vehicle to students. Also, we've recognized that a growing number of our students are interested in continuing formal education during the summer months, and this an effort to meet that interest."

In addition to on-campus offerings in math, communication, English, music and geology, several off-campus courses are available. Biology of the Pacific Northwest, taught by Gordon Brown and Larry Davis, offers students a month of field study of mountain ecosystems in the Northern Rockies and marine tidal environments on the Olympic Peninsula of Washington. New York Music and the Arts, taught by Robert Koopmann and David Paul Lange, will expose students to cultural events in New York City. Unfortunately, a course on Economic Development and Social Change in China, with John Hasselberg as faculty moderator, has been cancelled this year because of the SARS epidemic.

The variety of courses reflects an effort to encourage creative thinking in course offerings. Summer learning should extend rather than duplicate the educational enterprise, according to Provost Henry Smorynski.

"Learning never stops," he said. "Summer learning opportunities for our students provide experiences that are unique or difficult to fit into regular semester schedules. This summer we are extending our excellence in study abroad education. We are also creating new opportunities for intense learning like our program with the arts in New York. I know that we are only at the beginning of a new and exciting educational venture."

For Elhard's students, that venture includes kitchen encounters with exotic dishes. Although not technically a cooking class — the course offers science credits for nutrition majors as well as non-majors — the course provides students a bonus of basic instruction in food preparation, Elhard said.

"A lot of the students don't have established cooking skills," said Elhard, who also teaches the course during regular semesters. In fact, she said, for many of the students, cooking skills consist of boiling water to make Ramen noodles or macaroni and cheese.

Likewise, many have a limited range of dining experience. For example, Elhard said many students are not familiar with baked Alaska, an ice cream dessert sealed under a mound of meringue and baked until golden brown. Elhard uses the dessert to demonstrate the principle of egg white coagulation. In a unit on protein, Elhard alarmed some students — until they sampled the result -- when she added red wine to a pot of chicken to make the French classic, coq au vin.

For the nutrition majors, the course serves as a foundation for later coursework in recipe development. For the non-majors who are fulfilling a science requirement, Elhard said she gets satisfaction in knowing that they have gained basic nutritional information and basic skills in the kitchen that they can apply throughout their lives.

New Cookbook Artfully Adds Leftover Johnny Bread to Recipes

*submitted by Michael Hemmesch
SJU director of communication
Communication and Marketing Services*

Recently retired CSB/SJU professor and lifetime cook Elizabeth Stoltz has solved the dilemma of what to do with leftover Johnny bread in her new cookbook, "Half a Loaf: Johnny Bread Recipes to Nourish the Body and Soul."

Stoltz's cookbook takes an innovative approach to recipes, using Johnny bread as the signature ingredient. The Minnesota native has created recipes that use leftovers in many forms; she not only incorporates crumbs into her delicacies, but bread slices, bread cubes and bread meal as well.

And, in a unique touch, the cookbook adds a taste of nostalgia to its pages. Baked from a recipe brought to St. John's Abbey by the founding German Benedictine monks over 100 years ago, Johnny bread has established its own following among locals and alumni, and conjures up different memories for many.

With each recipe, Stoltz includes a local photo and a small written memory from a well-known personality such as former Sen. Eugene McCarthy, Minnesota author Jon Hassler, and former St. John's President Fr. Hilary Thimmesh. Many college alumni and local students at CSB/SJU also share memories, quips and quotations. The book is beautifully adorned with stunning black and white photographs by Catherine R.D. Wallace, a former student at CSB.

The cookbook idea arose from the many loaves of Johnny bread that Stoltz and her family bought for years. Stoltz, who taught at CSB for 20 years, often drove to St. John's to pick up a fresh loaf of Johnny bread. The loaves are larger than ordinary

loaves of bread, and Stoltz often found she had leftover bread that was beginning to go stale and few ideas for its use beyond the usual croutons.

"I was intrigued with the possibilities of leftover bread. I guess it was the old Depression-era mentality of not wasting what you have," Stoltz recalls.

Combining her idea of bread recycling with her lifetime love of cooking, Stoltz decided to develop delicious recipes using the whole grain bread.

Inside the cookbook, both seasoned cooks and beginners in the kitchen will find new twists on old recipes or entirely new recipes for every meal. But Stoltz didn't forget the college students she's been teaching for years. "Half a Loaf" has its own section on college fare: "easy-to-make recipes suited for the pressure of time and study." A final section gives appetizing bread-related recipes, such as Chocolate Orange Biscotti, Bruschetta, and Symposium Bread Sticks.

"Half a Loaf" costs \$16.95 and is available at the CSB/SJU book stores.

Fr. Jerome and The Road to Rome Featured on 'CBS Sunday Morning'

"The Road to Rome," a series of paintings and watercolors by Fr. Jerome Tupa, SJU professor of French, was featured on "CBS Sunday Morning" on Sunday, April 20.

The Road to Rome is a series of more than 50 paintings that retrace the steps of pilgrims on their way to Rome to pay tribute to the Apostles Peter and Paul. To learn more about The Road to Rome, visit <http://www.csbsju.edu/sjualum/events/Roadtoromechicago.htm>.

Faculty/Staff News

Marina Martín, professor of MCL, recently delivered two papers at conventions. "El espacio en la producción filmica de Alejandro Amenábar" was presented at CINE-LIT V, An International Conference on Hispanic Film and Fiction on Feb. 26 through March 1. The conference was organized by Portland State University, Oregon State University and Northwest Film Center/Portland International Film Festival, in Portland, Ore. The second paper, "Mitos de la narrativa latinoamericana en la filmografía de Alejandro Amenábar," was presented at the 34th annual Convention of The Northeast Modern Language Association (NEMLA) in Boston, March 6-9.

Jeff Kamakahi, associate professor of sociology, received a Fulbright Award for the Fall of 2003 and part of Spring 2004. He will be teaching gradu-

ate and undergraduate students at Tohoku University in Sendai, Japan. Tohoku University is one of three Imperial Universities in Japan — the other two are Tokyo University and Kyoto University. Tohoku University is ranked among the top five universities in Asia and the Pacific. Kamakahi will be teaching courses on "American Society" and "Inequalities" in the College of Arts and Letters and in the College of Education. He has previously engaged in research on the history of the sake (Japanese rice wine) brewing industry in the United States as well as a study of 19th Century Hawaiian Kingdom Censuses which included Japanese migration to Hawaii.

Kamakahi has been selected from a national pool of scholars as one of 25 participants in the National Endowment for the Humanities (NEH) Summer Institute entitled "Re-Imagining Indigenous Cultures: The Pacific Islands." The Institute is a five-week program funded by the NEH and will be held at the East-West Center on the University of Hawaii — Manoa campus during the summer. Kamakahi was the only sociologist selected as a participant. The instructing scholars at the NEH Institute are based at universities throughout the United States and the Pacific.

Kamakahi is the organizer for the session on "Indigenous Peoples" for the American Sociological Association (ASA) Conference to be held in Atlanta in August.

He and **Kate Kamakahi**, director, CSB/SJU International Student Program, have co-authored a paper titled "A Semi-atic View of Native Hawaiian Identity" to be presented at the Hawaii International Conference on Social Sciences in June in Honolulu. The paper examines the concept of a non-solipsistic indigenous identity distinct from diffuse status characteristics (e.g., race, ethnicity and nationality) and operational within complex and diverse contexts.

Sara Rothenberger, CSB residential life, **T. Todd Masman**, student activities/leadership development, and **Sheila Nelson**, associate professor of sociology, presented a program at the 2003 American College Personnel Association Convention titled: "Coming Out of the Institutional Closet at Catholic Institutions." For more information, please e-mail one of the presenters.

Gar Kellom, vice president of student development, and **Fr. Robert Pierson**, chaplain and SJU director of campus ministry, also gave a presentation at the ACPA Convention. They presented, along with senior elementary education major John Schmanski "The Spirit of Man: Voices from Men's Spirituality Groups."

Lisa Mueller, CSB residential life, received a recognition award at the 2003 American College

Campus News

Kate Hand Named New CSB Head Soccer Coach

CSB/SJU athletic director Carol Howe-Veenstra has announced that Kate Hand has been appointed as Blazer soccer coach.

As the varsity head women's soccer coach at Cretin-Derham Hall for seven years, she led her team to six straight St. Paul City Conference championships. The Raiders have appeared in the Minnesota State Tournament three times, including a third place finish in 1998. Hand has been named section coach of the year two times.

"We are thrilled to get someone with Kate's experience and connections," said Howe-Veenstra. "We believe Kate is an exceptional fit for our current team as well as for the future success of our soccer program."

From 1992-1996, Hand was the varsity head women's soccer coach at Edina High School.

Hand has been a member of the Minnesota State Select/Olympic Development Program.

She graduated from Dartmouth College in 1991 with a bachelor of arts in psychology. She was also a four-year letter winner in an NCAA Division I program. Hand graduated from Edina High School in 1986.

She replaces former Blazer head soccer coach, Bill Kelly. Kelly was at CSB for seven seasons and compiled an 89-26-13 overall record. Kelly's 2002 team shared the MIAC championship with the University of St. Thomas and advanced to the second round of the NCAA Tournament.



Kate Hand

Campus News

Caritas Awards Ceremony Honors CSB/SJU Alumnae/i and Students

CSB/SJU alumnae/i Sarah Athman, '99, and Mike Sersch, '00, and CSB/SJU seniors Karolanne Hoffman and Gabe Berendes were honored recently at the eighth annual Caritas Awards Ceremony for their commitment to and involvement in service and justice activities.

The ceremony was April 28 in the CSB Haehn Campus Center and was sponsored by the CSB/SJU campus ministry offices, alumnae/i associations and service learning department.

To further the culture of service on the CSB/SJU campuses, the Caritas Awards commend active members of service and social justice and recognize them for making the campuses, communities, nation and world a better place to live. "By praising the efforts and achievements of the students and alumnae/i, the Caritas Awards inspire students to action and remind them that a lifelong commitment to the pursuit of service is worthy of celebration," said Carla Durand-Demaraais, CSB associate campus minister.

Award recipients are chosen from nominations submitted by the Caritas Awards Committee and the larger campus community.

Personnel Association Convention. This is a national recognition awarded for receiving the Outstanding Conference Program Award for the 2002 Minnesota College Personnel Association Fall Conference at Minnesota State University, Mankato. This program was a two-hour presentation titled: "Real World vs. Road Rules." For more information, contact Mueller.

The following CSB residence directors received professional development grants to attend the 2003 American College Personnel Association Convention in Minneapolis, from March 28-April 2: **Rebecca Rawe, JoAnn Jasper, Michelle Overtoom, Lisa Mueller, Sara Rothenberger and Kelly Schackmann.** Also attending from CSB Residential Life was **MaryBeth Thompson and Jody Terhaar.** Also attending from CSB/SJU student development were **T. Todd Masman, Sheila Nelson, Gar Kellom, Amy Discher, Heidi Harlander and Angie Schmidt.**

Lynda Fish, CSB/SJU academic advisor to international students, and Professors **Dave Bennetts and Richard Bohr**, co-directors of the Asian Studies Learning Community, presented a panel entitled "From Asian Studies to Asia Hands: Placing Graduates in Asian Teaching Jobs" at the 11th annual ASIANetwork conference in Greenville, S. C., on April 11-13. ASIANetwork, of which CSB/SJU is an institutional member, is a consortium of 150 U.S. liberal arts colleges dedicated to strengthening Asian studies on their campuses. The annual conference is an opportunity for members to learn from one another about the latest developments in curriculum, pedagogy and programs.

At the conference, Bohr was elected to the ASIANetwork Board of Directors. The ASIANetwork Board develops and oversees ASIANetwork's curriculum projects, raises funds for student and faculty research and study tours among member institutions, and monitors the latest trends within Asia-related liberal arts education.

Taking Care of Yourself? I Can Barely Remember My Name!

by Jason Laker, SJU dean of campus life

Editor's note: Each month, the Healthy Learning Community and the Partners for Healthy Learning promote a health theme to the CSB and SJU campuses. These groups are involved in the promotion of physical, intellectual, emotional, social, occupational and spiritual health. To learn more about the Healthy Learning Community and the Partners for Healthy Learning, please visit the Web site at <http://www.csbsju.edu/extending/projects.htm>.

If readers are anything like the author of this article, then they've heard many ideas about how to stay healthy: sleep, get exercise, eat balanced meals, etc. Well, this article isn't about any of that. This writer is pudgy, doesn't get enough sleep, and can't afford organic food for his whole family. Between working full time, finishing a Ph.D. and trying to be a good husband and father (four kids), it seems impossible to make changes at this point.

Most readers probably know how to exercise safely, how to assemble balanced meals, what time one "should" go to sleep, etc. The reality is that many people don't have the time to work on these things right now. This article is for those who would like to sleep, exercise and eat nutritious meals, but are just too busy or broke to do it right now, or maybe just not angry enough to do it. Don't take this the wrong way. It would be nice to be doing these things. But during preliminary drafting of the obligatory New Year's resolutions back in December, there came this crazy idea. This year the author, referred to herein in the third person, kind of like a Royal, has just one resolution: Have more fun.

"Fun" doesn't refer to expensive hobbies or vacations. Instead, this year it shall be OK to be pudgy and not eat the best foods. The focus will be on being silly with a weird sense of humor. A more fundamental question will be: "Am I happy?" Taking care of oneself will be about mischief and lighthearted silliness. The sillier, the happier, and perhaps a longer life will be the result (or at least a smile upon exit). Here are some ideas for expressing a strange side:

- When in meetings, explore various fake accents.
- Use an upward inflection at the end of statements so they sound like a question.
- Consider wearing a monocle.
- Wear a dickey over a shirt.
- When answering a question, begin with "methinks."
- Choose a food to stockpile, such as raisins, and offer them to people constantly until people refer to this as "gifts from the raisin guy/lady."

These are just a few suggestions, but feel free to come up with new ones. Enjoy!

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higher education, her deep knowledge of the College of Saint Benedict and commitment to its Catholic mission and identity and her appreciation of the coordinate relationship between CSB and SJU make her an ideal leader. We are very fortunate to have someone with Carol's leadership and experience to help us move forward."

The Board of Trustees also announced that Lester will chair the search committee for the permanent president. Guardo will not be a candidate for the permanent position. The search committee's activities will commence this summer and are expected to conclude with the selection of a new president in spring 2004.

Guardo views her appointment as a rare opportunity, given her professional associations with CSB/SJU. "Because I know most of the key players, I know the two institutions and I understand the coordinate relationship, it just seemed like the kind of opportunity I couldn't say no to. I have always enjoyed my work there and have great respect for the people I've worked with. It will be an adventure for a year," she said.

Among her immediate goals will be to sustain the college's momentum and to ensure a smooth transition as the search process gets underway.

"I will try to get a sense from the board and cabinet, the faculty and staff what are the major priorities, what are things that we really can't afford to lose momentum on and make sure that I dedicate my energies to those things," she said.

"I've always been impressed that the college has a nice positive momentum about it. We want to keep that momentum going and in place so that as we search for a permanent president the candidates will see that momentum in action."

Additionally, she said she wants to reassure people about the search process "so that they feel they

have a voice and can help define the kind of president you're going to need for the longer term."

She also plans to make sure that the coordinate relationship stays healthy, "because that's really vital to both institutions."

While she understands the challenges she faces, she said she will not face them alone.

"I understand the job because I've done it before, but I also think it takes good people around you, too. As I told some of the people I spoke to about this opportunity, if you're looking just for a caretaker, you have the wrong person; it's not my personality. It doesn't mean I'm going to try to run everything, because you really can't run everything in one year. But I'm going to try to make sure that we have that nice, vibrant, active, moving forward kind of attitude and we get some things done."

Guardo said she will devote special attention to the qualities that make CSB unique.

"The College of Saint Benedict has a unique standing in Catholic higher education in particular. It may be a one-of-kind in some sense, to be a women's college, a liberal arts college. That will be very important to keep in the forefront of any thinking because that's a position that one needs to maintain. There are going to be the usual challenges of making sure you get enrollment and making sure the capital campaign stays on track, and those things that are common in most situations. But I think what's vitally important is maintaining that which gives you your distinctiveness."

Guardo said her background as a psychologist, with an interest in how students learn, what motivates them and how the teaching/learning process has changed, drives her commitment to scholarship and the liberal arts.

"To me, the critical point in any college is the interaction between the student and the faculty — that's where the action is."

(CSB Commencement, from Page 1)

"CBS News," "The NewsHour with Jim Lehrer," National Public Radio's "Weekend Edition" and CNN's "Inside Politics." She is also author or co-author of 10 books.

"Jamieson is known for her insightful and fearless critiques of the rhetoric used in campaigns, offering the news-consuming public much needed clarity on such communications as well as on presidential discourse," said CSB President Mary Lyons. "She applies exacting scholarship to matters

of the utmost civil and individual importance in our democracy, drilling down through the rhetoric of politics to the meaning in the message."

CSB Commencement Saturday, May 10, 2003
9:30 a.m.-6 p.m. — CSB Bookstore Open, Mary Commons
9, 11 a.m. — Graduation Masses, Sacred Heart Chapel
10:30 a.m.-1 p.m. — Brunch, Claire Lynch Hall
2 p.m. — Commencement Ceremony
The ceremony will be televised with no ticket required in the HCC Alumnae Hall, Claire Lynch Hall and O'Connell's; open at 1:30 p.m.
Please direct your questions to Mary Jo Waggoner at 363-5401 or by e-mail at mjwaggoner@csbsju.edu

Jamieson, a 1964 graduate of St. Benedict's Academy, has received numerous teaching and service awards, including the Christian R. and Mary F. Lindback Award for Distinguished Teaching. She received her bachelor's degree from Marquette University and holds a master's degree and a doctorate from the University of Wisconsin.

Campus News

Extraordinary Performance Award Recipients Named

prepared by Herb Trezn director of human resources

Barb Fahnhorst, CSB associate director of financial aid, and Valerie Knopp, SJU student employment coordinator, were recently selected as the Spring 2003 recipients of the EOP Award.

They were recognized at a luncheon in their honor, with their invited guests and those who nominated them. Each recipient received a desk clock, savings bond and a personal day off with pay to commemorate their selection.

Please congratulate them for the contributions they make to our community.



Barb Fahnhorst



Valerie Knopp

COMMUNITY

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Louise Stenberg '03, Community Student Coordinator

(SJU Commencement, from Page 1)

Grove Heights, Minn., will be the student commencement speaker, as selected by this year's SJU senior class. The 2003 Saint John's graduating class includes 400 undergraduate men and 36 School of Theology-Seminary graduates.

Suarez joined "The NewsHour" in October 1999 as a Washington-based senior correspondent responsible for conducting newsmaker interviews, studio discussion and debates, reporting from the field and serving as a backup anchor. Suarez has 25 years of varied experience in the news business. He came to "The NewsHour" from National Public Radio where he had been host of the nationwide, call-in news program "Talk of the Nation" since 1993. Prior to that, he spent seven years covering local, national, and international stories for the NBC-owned station, WMAQ-TV in Chicago. Suarez wrote the book *The Old Neighborhood: What We Lost in the Great Suburban Migration: 1966-1999*, and has contributed to several other books and publications.

Suarez also served as a Los Angeles correspondent for CNN, a producer for the ABC Radio Network in New York, a reporter for CBS Radio in Rome and a reporter for various American and British news services in London. He shared in NPR's 1993-94 and 1994-95 duPont-Columbia Silver Baton Awards for on-site coverage of the first all-race elections in South Africa and the first 100 days of the 104th Congress, respectively. He has been honored with the 1996 Ruben Salazar Award, Current History Magazine's 1995 Global Awareness Award and a Chicago Emmy Award.

The Second Vatican Council approved the use of vernacular languages in the liturgy so the faithful could take a full, active and intelligent part in the celebration of the Church's worship. To facilitate that process, the International Commission on English in the Liturgy

was founded in October 1963 and was charged with providing the English texts of the liturgical books of the Roman Rite as revised in accord with the decisions and directives of the Second Vatican Council.

Page joined the staff of ICEL in 1972. Page was named associate executive secretary of ICEL in 1974 and executive secretary in 1980. He served in that capacity until August 2002.

The Pax Christi Award is the highest honor awarded by SJU and it honors people who have devoted themselves to God by working, in tradition of Benedictine monasticism, to serve others and to build a heritage of faith in the world. Since 1963, 48 people have been presented the Pax Christi Award. Past recipients include former senator and presidential candidate Eugene McCarthy; former Archbishop John Roach of the Minneapolis-St. Paul Archdiocese; Mary Jo Copeland, founder and director of Minneapolis' Sharing and Caring Hands; Amy Grant, a contemporary Christian singer; the late Cardinal Joseph Bernardin of the Chicago Archdiocese; and the Most Rev. John Kinney, bishop of the Diocese of St. Cloud.

Hoeschler has served as executive director of the St. Paul-based American Composers Forum since 1991. The American Composers Forum supports the artistic growth of composers and develops new markets for their music. Hoeschler recently announced her retirement in July 2003. Prior to joining the Forum, Hoeschler worked for 14 years in the corporate sector as vice president of the Dayton Hudson Corp., group vice president of National Computer Systems and president of Landmark Investors, Ltd. From 1976-77, she ran the Minnesota Governor's Commission on the Arts.



Linda Hoeschler



Dr. John Page

SJU Commencement Sunday, May 11, 2003

9:30 a.m. to 6 p.m. — SJU Bookstore Open, Sexton Commons
10 a.m. — Community Mass, Abbey Church
10 a.m. — ROTC Officers Commissioning, Stephen B. Humphrey Auditorium
11 a.m. — Commencement Luncheon, Refectory and Old Gym
2 p.m. — Commencement Ceremony, Abbey Church
3:30 p.m. — Commencement Reception, Abbey Church Mall (in case of rain, Guild Hall)
Please direct your questions regarding graduation to Shirley Kelly at 363-3147 or by e-mail to skelly@csbsju.edu.

Community will resume publication in mid-August. To share your summer information and story ideas, simply e-mail them to Community at: community@csbsju.edu.