

CSB|SJU Community

A newsletter for the faculty and staff of the CSB/SJU undergraduate program

November 2001

Fulbright Scholar Bridges Cultural Gap in Nursing

*prepared by Kathy Wenker
Community student coordinator*

Laura Rodgers knows first-hand what happens when cultures collide. In an effort to bridge nursing curricula and the ideas of two very different countries, the CSB/SJU associate professor of nursing has discovered an irreplaceable sense of friendship, generosity and humility.

She has been to Russia six times, since 1998, when she received a Fulbright Scholarship to study the Russian health care system and teach. Rodgers plans to return in May with nursing students and three faculty members. When in Russia, she stays with a family in Khabarovsk, located in the Russian Far East, where she witnesses first-hand the difficulties Russians face each day.

Rodgers first got involved in Russian health care and education as a faculty member at a university in Portland, Ore., where she was asked to assist health care workers who were trying to learn how to serve the particular needs of their Russian immigrant patients.

"Health care providers often wondered why some immigrants were belligerent and exhibited demanding behaviors as well as thinking that our physicians and nurses are not knowledgeable about health matters," Rodgers said. "I realized that understanding the Russian immigrant's previous health care experiences in the context of the Russian health care system would enable U.S. health care workers to provide more culturally competent and sensitive health care."

There are many differences between the Russian and American health care systems. Physicians and nurses are not as respected there as they are in America "In fact," Rodgers said, "people are leaving it in droves because they can't make a living out of it. They're one of the lowest paid of all professions, yet it's one area that they need the most."

Russians also value different things. "They believe in family but they don't have the confidence in the government like we do. We believe that change is for the good in contrast to the Russian belief in stability. In addition, Americans place much trust in their government — water control, regulation of drugs — whereas Russians place their trust in personal relationships and friendships. Pessimism has been an outlook on life for Russians for over 800 years, while Americans are typically depicted as optimistic. It will take some time for effective change in their health care system." Still, Rodgers hopes things can change.

However, it is sometimes difficult for Russians to under-



Laura Rodgers

stand America's health care system. "My goal is to establish ... faculty and student exchange. We need to get them [Russians] over here so they can see what American nurses do," she said.

In Russia, the physicians teach the nurses, whereas in America, nurses teach nursing students. It's also difficult for them to grasp the idea of options in health care. Doctors in Russia don't give their patients choices — the patients are told what to do.

In her travels to Russia, Rodgers has taught hundreds of people through lectures and question-and-answer sessions that last hours at a time. She teaches at the Khabarovsk Medical University and the Khabarovsk State Medical College, and oftentimes, mutual learning occurs because Rodgers learns about some of their health care practices. For example, Russian nurses use certain water and massage therapies that could be useful in American health care, she said.

Rodgers knows she is making a difference in Russian health care, but "they have a long way to go to educate the nurse and the physician as far as improving the quality of health promotion and illness prevention." She has seen changes since she first started going to Russia. One major change is the establishment of what she believes is the first nursing organization, now two years old, whose members are all nurses — not physicians. Previously, nurses had to provide a physician's name in order to submit an article to a nursing journal. "That is pretty exciting," Rodgers said. "Once you can empower a group of

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CAMPUS NEWS

Health Ministry Renewal Day Held at CSB

prepared by *Communication & Marketing Services*

The CSB/SJU nursing department hosted a Health Ministry Renewal Day on Oct. 13, on the CSB campus. The event was intended for nurses and others interested in or involved in church health ministry.

The keynote speaker was SJU's Rev. Rene McGraw. He addressed the theme, "Facilitating Forgiveness," and a panel of health ministers reflected on their experiences facilitating forgiveness in their congregations. The main goals were to discuss and teach the benefits of forgiveness in scripture, health and ministry.

The CSB/SJU nursing department holds this event twice a year, in October and April.

Professor Seeks Lessons from History to Understand America's New War

prepared by *Glenda Isaacs Burgeson*
Community editor

Polls show overwhelming support for America's war on terrorism. In a recent CSB/SJU Collegial Conversation, Ken Jones, professor of history and a specialist in 20th century American history, addressed the question, "What exactly is it that we are welcoming?"

While U.S. leaders have repeatedly cautioned the public that this war will be different, Jones noted that it is human nature to recall past experience in order to anticipate what this war will be like. In his presentation, "History, Memory and September 11," delivered at SJU on Oct. 18, he discussed the historical record of 20th century wars and the subsequent folklore associated with those experiences to bring an historical perspective to thinking about the aftermath of Sept. 11.

The historical record is not always compatible with the public memory of events, Jones said. Citing the Gulf War as an example, he pointed out that collective memory recalls a tidy war, brief, and conducted at low cost, with few casualties, few sacrifices, no social disruptions, and portrayed at home by clean video images of precision bombing.

"By and large, we went on with our lives and we were victorious," he said. "The Gulf War model makes the prospect of war palatable."

However, the war was not nearly as slick as our memory suggests, he said. The smart bombs weren't so smart; they caused extensive collateral damage. Thousands died. It wasn't low cost. The subsequent sanctions have taken a toll, especially on Iraqi children. We defined victory as driving the Iraqis out of Kuwait, while leaving Saddam in power.

While most Americans were born after World War II, we derive our sense of that experience from the movies, most recently from "Saving Private Ryan" and "Pearl Harbor," Jones said.

Those movies convey a sense of the horror of war, but also dramatize an exciting time with multi-

ple opportunities for heroism. Overall, the message is this: "War is a temporary aberration that ends with images of a peaceful resumption of our lives," he said.

In truth, one of the consequences of 20th century wars is that the power of the state grows at the expense of civil liberties. Jones cited numerous instances from both World Wars: the Espionage Act, granting more power to the state; the suppression of labor activists; the intimidation of German Americans; the forced relocation of Japanese Americans and censorship, both from the government and self-imposed.

He provided one more historical reference as a model for what our current experience may resemble: the Cold War, in which we engaged the Soviet Union on numerous battlefields, including the space race and the Olympics, locked in a "cosmic battle pitting good versus evil."

During this time of vigilance against enemies foreign and domestic, Americans supported a widespread and evolving effort to protect against domestic subversion with what Jones characterized as "more and more extreme actions."

Programs aimed at ensuring loyalty provided the rationale to deem homosexuals and civil rights advocates as risks to national security, he said. Membership in the Communist Party was outlawed, the First Amendment notwithstanding.

"This is what happens when we get scared," Jones said. "Today we profile possible terrorists by what they look like."

Both in the Cold War and our present circumstance, we have defined our responsibility as universal, Jones said. Once we express our effort to end terrorism in a cosmic way, it becomes hard to limit our objectives. The problem is that we have poorly defined what those objectives are.

"The lesson is we are getting involved without a clear definition of our endpoint."

Jones concluded that that our recent Gulf War experience provides a false sense that war is palatable; that we need to recognize that major wars have consequences and require real sacrifices; and that history teaches that it is easy to get into war, but difficult to get out.

"This is what happens when we get scared. Today we profile possible terrorists by what they look like."

Ken Jones

Aurora Raises Money for American Red Cross

The Aurora Hall resident assistant staff has been conducting a fund-raising effort for the American Red Cross to support relief efforts following the Sept. 11 terrorist attacks. One of the RAs, Sarah Summers, submitted the results to Residentassistant.com, an on-line resource for students in residential life staff positions. Of the schools that participated, Aurora Hall was second, raising a total of \$2,109.60. To find more information, view the following Web site: <http://www.residentassistant.com/newsletter/oct2001.htm#RESULTS>



Members of the Breuer panel include (from left): Larry McGough, Fr. Florian Muggli, Val Michelson, Robert Gatje, Hamilton Smith and Fr. Hilary Thimmish.

Panelists Recall Experiences in Design and Construction of Abbey/University Church

*prepared by Glenda Isaacs Burgeson
Community editor*

After hearing stories of the design and construction of the Saint John's Abbey and University Church, one has to wonder how it ever got built.

The project was a collaborative work in progress between the monastic community and renowned architect Marcel Breuer, according to some of the men who were involved. Yet, their stories suggest the presence of a third party, the hand of God.

A panel featuring some of the principle participants highlighted a recent daylong commemoration at Saint John's of the 40th anniversary of the dedi-

cation of the church. The event, held Oct. 24, featured tours of the church, Mass, dinner, and a video presentation, along with the panel discussion, "Building the Abbey Church: Reflections and Ruminations," moderated by Fr. Hilary Thimmish.

Panelists swapped anecdotes and recalled personal experiences of their individual roles resulting in an architectural landmark hailed worldwide for its innovative design. In their stories, they recounted instances of re-design, reinforcement and blind faith along the way.

Larry McGough, a contractor whose family business was awarded the construction bid, said he knew from the beginning that the project was a lifetime opportunity.

"When we first saw the plan, we were absolutely convinced that it would be a world-class building. Our first impression was that we bid too low."

Despite that initial misgiving, McGough said his company decided to take \$100,000 off their profit, because the Abbey was willing to proceed with construction while raising the funds.

"The Abbey was taking the risk," he said. "We were convinced it would be a great building and we knew the advertising we would get would be unbelievable."

Sometimes potential problems were dismissed by a wave of monastic practicality.

Hamilton Smith, who worked as an assistant architect with the Breuer firm, recalled how Breuer questioned, in correspondence with the Abbey, the adequacy of



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Clemens Library Computer Center Celebrates Opening

The College of Saint Benedict offered an open house for the Clemens Library computer center Tuesday afternoon, Oct. 9.

A ribbon-cutting ceremony, marking the center's official opening, featured remarks from Tina Schochow, student senate president, and Mary Lyons, CSB president. Professionally trained IT staff were present to explain the computing opportunities the new center offers students, faculty and staff.



space to accommodate 1,200, considering a college enrollment of 900, plus 220 prep students and members of the parish. The abbot responded that they probably wouldn't all be in the church at the same time.

Initially, the trapezoidal shape was not a part of the design. Breuer associate Robert Gatje said the shape was devised to accommodate a large group while maintaining close proximity to the altar.

"When we studied the numbers, we had to fan it out," he explained.

Similarly, the freestanding balcony was an improvisation for the same reason, according to Smith.

"It was a logical way to seat the required numbers without moving people away from the altar," he said.

Smith also disclosed his theory about why the monastery selected Beuer to design the church. "Neither Breuer, nor Bob (Gatje) nor I had ever worked on a Catholic church. I think the monks didn't want anyone with preconceived notions. We certainly didn't have any."

Fr. Florian Muggli, who served as Abbey treasurer and co-chair of the building committee, commented on the timing of the design, which preceded the second Vatican Council. Issues about altar placement and whether to install communion rails, which the monks didn't want, were unresolved.

"We were kind of guessing," he said of the monks' decision to proceed. Ultimately, the church was featured in 27 architectural magazines and it continues to attract visits from architects and architectural students.

Val Michelson, who served as on-site project representative for the Breuer firm, said the project was revolutionary in more ways than just design. The construction required a groundbreaking construction system as well, he said, in order to pour the concrete, precisely and efficiently, to achieve the slope of the walls

Gatje described his perception of the collaborative experience. "Here's the client — a large group of dedicated people in the Midwest — and seven or eight of us in New York — 25- and 26-year-olds. It was a very uneven dialog from our point of view."

Recalling how he, as a newcomer to his profession, had such an opportunity as the Abbey Church project, Gatje said, "It was probably one of the most dramatic things that has happened to me."

The celebration of the anniversary of the church dedication was the first of a series of scheduled events marking the 100th anniversary of Breuer's birth. The next event will be a lecture, "Remembering Marcel Breuer," by Robert Gatje at 7:30 p.m. Nov. 14 at the SJU Humphrey Auditorium. Gatje's lecture is based on his 23-year association with Breuer. His book, *Marcel Breuer: A Memoir*, was published in 2000.

New Board of Trustees Members Named at CSB

prepared by Communication & Marketing Services

CSB has appointed three new members to its Board of Trustees. Judith Sitarz, Janet Fiola and Robert Salipante begin their three-year terms this fall.

Sitarz, a CSB graduate, is president and CEO at Painting Perfection, Ltd. (PPLtd.) in Hugo, Minn. Prior to founding PPLtd, Sitarz worked for 18 years with her family business, Prospect Foundry, Inc. Sitarz was the 1995 recipient of the LaSallian Award, presented by DeLaSalle High School in Minneapolis, and the 1999 recipient of the CSB Alumni Achievement Award.

Fiola has worked at Medtronic, Inc. in Fridley, Minn. for 21 years and is senior vice president, Human Resources. Prior to her employment with Medtronic, Fiola was with human resource management at Target Corporation and Allied Stores. She serves on the boards of the Courage Center, AAA — Auto Club and the Medtronic Foundation. Fiola received her bachelor's degree from the College of Saint Teresa.

Salipante is the general manager and chief executive officer of ING U.S. Retail Financial Services in Minneapolis. Previously, Salipante served as president and chief operating officer and director of ReliaStar Financial Corp. Salipante serves on several boards, including Deluxe Corporation, Life Insurance and Market Research Association (LIMRA International, Inc.) and Minnesota Diversified Industries. He received his bachelor's degree in economics from the University of Michigan and his master's degree in management at the Massachusetts Institute of Technology.

SJU Names New Board of Regents Members

prepared by Communication & Marketing Services

SJU has named Michael Francis, Jim Frey, Mark Flynn, Jack McKeon and Michael Wethington to three-year terms on its Board of Regents, beginning this fall.

Francis is senior vice president for marketing at Target Corporation, a position he has held since January 2001. Francis came to Target from the corporation's department stores division (now Marshall Field's), where he was the senior vice president for marketing and visual presentation. Francis is involved with many civic and cultural organizations and serves on several boards, including the Steppenwolf Theater, the Walker Arts Center and Minnesota Orchestra. Francis graduated from

Nominations Due for EPA

Do you work with someone who shows extraordinary commitment and enthusiasm for his/her role in the workplace and life in general? If so, consider nominating them for an Extraordinary Performance Award. Nominations are due by 4:30 on Tuesday, Nov. 27. Forms are available in Human Resources (Main 230/Quad 127) or on the HR Web site (<http://www.csbsju.edu/humanresources>). Take the time to nominate — or re-nominate! — someone you feel is deserving of this award.

**Career Services Awarded Grant**

CSB Career Services has been awarded a \$2,500 grant from Target Corporation. The presentation of the grant was made on Thursday, Oct. 25, at Target's Information Session (for on-campus interviews). SJU Career Services was also awarded a similar grant. Pictured are (from left): Katrina Lusty, CSB '00, Target business analyst; Lori Kratchner, CSB/SJU recruiting sponsor for Target; Ed Stubblefield, associate director CSB Career Services; John Clarkson, associate director SJU Career Services; and Mike Thielman, SJU '00, Target business analyst.

the University of Michigan in Ann Arbor.

Frey is president of Wabash Management, Inc., a position he has held since January 1997. Previously, Frey was an attorney at Leonard, Street & Deinard, PA. Frey is involved with various organizations, including the Venezuelan Mission Committee for the Archdiocese of St. Paul and Minneapolis. Frey serves on several boards, including Courage Center and The Saint Paul Foundation. Frey, a 1978 graduate of SJU, received his law degree from William Mitchell College of Law in 1993.

Flynn is founder and managing partner of Trilogy Capital Partners, LLC, a merchant banking firm based in Menlo Park, Calif. Flynn has previously worked at Salomon Brothers, Inc., Volpe, Welty & Company, LF Rothschild & Company and Arthur Young & Company in San Francisco. Flynn, a 1978 graduate of SJU, received his MBA from Harvard in 1984.

McKeon is president of Golden Valley Microwave Foods, the leading producer of microwave popcorn in the world. McKeon has held that position since August 1993. Previously, McKeon worked at McKeon Associates, Northstar Industries, Inc. and General Mills. McKeon serves on various boards, including Hawkins, Inc. and Popcorn Board. McKeon received his bachelor's degree in 1968 and master's degree in 1971 from the University of Minnesota.

Wethington is involved with Venture Capital,

investing and consulting in merging companies. Previously, Wethington was founder and CEO of Synet Service Corporation. Prior to founding Synet, Wethington worked at Xerox Corp., and Dataserv. Wethington is also a member for the executive committee of the Council of Growing Companies, Minnesota chapter, and chairman of the Minnesota chapter's legislative committee. Wethington is a 1979 graduate of SJU.

Also named to the SJU Board of Regents for 2001-02 are: Jennifer Galovich, CSB/SJU associate professor of mathematics, as faculty regent; Carey Musech, a 1980 graduate of SJU and president of the alumni association, as alumni regent; Br. Robin Pierzina as corporate secretary; and SJU senior Matt Schmit as student regent.

Washington Coordinates Courageous Kids Program

*prepared by Kathy Wenker
Community student worker*

Felicia Washington, adjunct assistant professor of social work, has taken on a new challenge as faculty coordinator of Courageous Kids. The program enables volunteer students from CSB/SJU to go into a classroom for one hour per week at Jefferson, Roosevelt, Lincoln, or Madison elementary school

CAMPUS NEWS

Phillips Center Sponsors Program on Holocaust

Dr. Michael Luick-Thrams presented "A Midwestern Response to the Holocaust" on Oct. 24, on the CSB campus. The program was sponsored by the Jay Phillips Center for Jewish-Christian Learning.

Luick-Thrams is a historian, writer, teacher and public speaker based in Berlin, Germany. He has authored three books, including *Out of Hitler's Reach: The Scattergood Hostel Story for European Refugees, 1939-43*.

From 1939 to 1943, nearly 200 refugees from Nazi-occupied Europe found a safe haven at Scattergood, a temporary hostel in what had been a Quaker boarding school near West Branch, Iowa. Luick-Thrams gave a multi-media presentation of this little known "Schindler's List on the Prairie."

in St. Cloud.

"The goals of the program are to provide tutoring services to at-risks youths in the four schools and to develop leadership skills, not only in Saint John's/Saint Ben's students, but also for the youth that are being mentored and tutored," said Washington. Students learn to take on leadership roles at a young age and obtain leadership skills that will be valuable to them in the future.

The program started in 1997 in order to extend the service learning community at CSB/SJU out into the larger community. Through this program, the elementary students realize the importance of academic excellence, forming relationships and leadership.

"It's a process of discovery and I, too, am building my own relationships as I get to know the students who are involved in this," Washington said since she is new to the program and still in the discovery stages as to where and how she can apply her own skills as an educator and social worker.

As coordinator, Washington meets with the student assistant directors, Angela Davis and Allison Holewa, to solve problems, troubleshoot, and make suggestions to keep things running smoothly. She will also be doing the grant writing for the program.

Courageous Kids also benefits CSB/SJU students because it reinforces Benedictine values and gives them a realistic setting to apply their knowledge. According to Washington, "The classroom becomes a practical place for understanding human development." Washington believes that the students get hands-on experience with human development and are challenged to help maximize children's potential.

The program also ties communities together; parents, teachers, principals, college and elementary students all work together to form relationships and serve one another. "All of those people become involved around a common goal. In that involvement, you strengthen community, and that is absolutely one of the tenants of Benedictine values," Washington said.

She, as well as each volunteer student, is there to serve and promote leadership to children in the outer community, and through this service shines the value of education and hope for the future. As she said, "St. Ben's and St. John's students become role models. In that modeling, there's hope."

The Rev. Magnus J. Wenninger Participates in Colloquium Series at Columbia University

The Rev. Magnus J. Wenninger, Saint John's Monastery, participated in the 2001 Fall Colloquium Series at Columbia University. From Oct. 23-25, he



Rev. Magnus J. Wenninger

presented a series of workshops focusing on "The Work of Magnus J. Wenninger: A Perfect Balance of Mathematics and Art."

He shared his story on the mathematics, pedagogy, visualization and artistry of polyhedral (a body or solid contained by many sides or planes) models. Participants had the opportunity to talk and work directly with him, as he demonstrated methods described in his books, *Polyhedron Models*, *Dual Model* and *Spherical Models*. His models were on display, including a paper model of the sculpture, "Order in Chaos."

According to Wenninger, "The study of polyhedra is one area of mathematics in which the ordinarily abstract and speculative considerations of the subject find pleasing and attractive visual applications."

He received his master's degree from Columbia University, taught mathematics for 25 years (1946-1971) at St. Augustine's College in the Bahamas and recently celebrated his 60th year as a monk. His life and dedication to teaching are being documented in the Polyhedron Video Project. The videos are a joint production with SJU and The Fashion Institute of Technology (SUNY.) Dr. Joan Steck, chair of the CSB/SJU communication department, is producing the videos with assistance from two Saint John's students. To view polyhedra constructed by Rev. Wenninger, go to <http://www.employees.csbsju.edu/mwenninger/>.

CSB/SJU Professor Guides Dutch Film Crew For Documentary on Sex Differences

prepared by Glenda Isaacs Burgeson
Community editor

The behaviors of men and women in the St. Cloud area will soon be viewed in the Netherlands as part of a documentary on sex and gender differences. A crew from the Netherlands recently spent four days filming in our area, guided by Linda Mealey, CSB/SJU professor of psychology.

Mealey, who is president of the International

Students, Faculty Form
Learning Community
in North Woods

CSB/SJU Community
**CLASSROOM
SNAPSHOT**

CSB/SJU students and faculty are exploring Minnesota's North woods this fall as part of an intensive environmental studies program, "Environmental Studies Learning Community:

People and the Environment in Northern Minnesota." The opportunity, one of four pilot learning communities funded by the Bush Foundation, provides an interdisciplinary examination of the complex issues involved in species and habitat preservation, natural resource management and economic development in the region. Students are enrolled as a team in four courses, which are each team-taught by two or more faculty. Subject matter includes integrated environmental science, environmental history, sustainable enterprise and independent research.

The ESLC spent a month conducting research in Northern Minnesota, including residencies at the University of Minnesota's Cloquet Forestry Center near Duluth and at the UM Lake Itasca Biological Research Station. Several nights were also spent in the field, camped at places like Lake Bronson State

Park, Buffalo Prairie State Park, and in the Chippewa National Forest. The group studied the ecology of the areas they visited, conducted service projects (including planting over 4,000 pine trees), and met with local experts in forestry, prairie restoration, economic development, tourism and a variety of other fields.

Participating faculty include: Gordon Brown, biology; Ernie Diedrich, economics; Bill Lamberts, biology; Derek Larson, history and environmental studies; Jamie Partridge, management; and Mike Ross, chemistry.



Gordon Brown (center), associate professor of biology, conducts fieldwork with CSB/SJU environmental studies minors Matt Johnson and Kim Connolly.

Society for Human Ethology, is the author of a textbook, *Sex Differences: Developmental and Evolutionary Strategies* (Academic Press, 2000). The Dutch program is part of a 10-part series on human behavior to air later this winter in the Netherlands.

Ethology involves the study of observable, non-verbal behavior of animals. In order to sample a varied perspective on the differences between men and women, Mealey took the crew to a variety of places to observe and film people behaving in everyday life. They visited a farm, a playground, a bar, a gym at St. Cloud State University and a hiking trail at Saint John's.

The SCSU gym provided an example of the ways men and women, faced with the same workout equipment, use the technology in distinctly different ways, Mealey said to explain her choice for that location.

"We looked at how the people worked out. The women were on the Stairmasters and the men were pumping iron," she said.

Along the SJU hiking trail, they observed that women communicated more through facial expressions and eye contact than did the men.

These behaviors reflect basic biological differences, Mealey said. She compares those differences to different automobile models, where a Porsche might represent the male, and the family station wagon represents the female.

"Male bodies use more energy; and female bodies are more functional," she said.

Differences in the brain include its size, cell density and different neural connections.

"Females are better at detecting facial expressions. This is not learned. Baby girls are better at determining facial expressions."

Mealey said the likely reason is a functional matter of survival. Among mammals, females are more risk averse and their behavior is designed to protect their reproductive systems. Females are born with all their eggs intact and have a greater need to protect them. Thus, the need to recognize facial expressions of threat, fear or anger is imperative for

CAMPUS NEWS

**Fine Arts Programming
Awarded Grant**

*prepared by Communication
& Marketing Services*

CSB/SJU Fine Arts Programming has been awarded a grant of \$20,000 from the Association of Performing Arts Presenters' Arts Partners Program. The grant was used to plan for the recent extended residency with Diavolo Dance Theater and to build new adult audiences for dance.

"The planning process gave community members the opportunity to respond to events during the September 2001 pilot residency with Diavolo Dance Theater," said Anna Thompson, executive director of Fine Arts Programming. "Through this process, we were able to develop community ownership and deepen understanding of the art form and the creative process." Planning partners included District 742 of St. Cloud and CSB/SJU theater departments.

The Arts Partners Program is an organization with more than 1,600 members in the U.S. and Canada. Members can be found in various performing arts programs — presenting organizations, colleges, universities; regional, state and local art agencies; artists' representatives and artists. Services provided by the program are intended for individuals and organizations that are working to bring artists and audiences together.

The Arts Partners Program is funded in part by Wallace-Reader's Digest Funds and Doris Duke Charitable Foundation. The goal of the Wallace-Reader's Digest Funds is to increase participation in cultural organizations in an attempt to diversify, broaden and deepen relationships with adult audiences. Likewise, the Doris Duke Charitable Foundation supports artistic collaborations, residencies and community projects in order to improve the quality of peoples' lives by nurturing the arts.

CAMPUS NEWS

Sisters Host Second Sacred Fabrics Exhibit

The Haehn Museum now has on exhibit "Liturgical Splendor," running through Feb. 24, 2002. The Haehn Museum is located at the Art and Heritage Place, Saint Benedict's Monastery, 104 Chapel Lane, St. Joseph.

The second of a four-part series on sacred fabrics, "Liturgical Splendor" features vestments sewn to complement the architectural features of the Sacred Heart Chapel at Saint Benedict's Monastery. Justina Knapp OSB (1862-1954), the monastery's directress of the Art and Needlework Department, prompted each vestment's design. "The gold couching in the vestments reflects the baroque-style golden leaf architecture once featured in the Sacred Heart Chapel," says Ruth Nierengarten OSB, museum curator.

The museum's regular hours are 10 a.m. to 4 p.m., Tuesday through Friday, and 1 p.m. to 3:30 p.m., Saturday and Sunday. Art and Heritage Place is also the home of Whitby Gift Shop and Gallery, which features the sisters' hand-made items and presents periodic gallery displays.

The exhibit is free and open to the public. For more information, call 363-7100 or visit www.sbm.osb.org.

survival.

Biologically, men have a greater density of muscle fibers and are twice as strong as women in the upper body. Hence, at the gym, men bulk up their upper bodies to enhance their mating potential, while women opt for the Stairmaster or stationary bicycle.

"Even with equal opportunity in the weight room, men and women don't choose the same machines. We tend to choose what we're good at. Our behavior is reflected in our physiology."

The sense of smell also differs between men and women, Mealey said.

"Women have a better sense of smell. Mothers and babies recognize each other's smell."

Our sense of smell, while the least researched among the senses, is believed to aid in mate selection, she explained.

"Our individual smell reflects the genetics of our immune system. Women are attracted to men whose smell is different, thereby helping to ensure greater immunity to disease for their offspring," she said.

Howe-Veenstra Receives Honor

CSB athletic director Carol Howe-Veenstra was inducted into the Minnesota State University-Moorhead Dragon Hall of Fame on Saturday, Oct. 23.



Carol Howe-Veenstra

Howe-Veenstra graduated from MSUM in 1975. She is a charter member of the Minnesota High School Volleyball Coaches' Hall of Fame. While coaching in high school, she led St. Cloud Tech to four state tournament appearances between 1975-1984. Then at CSB, she was named MIAC Coach of the Year in 1987 and 1989 during her 15 years as head coach for the Blazer volleyball team.

Hayes to Appear on PBS, MPR Broadcasts

Nicholas Hayes, CSB/SJU professor of history and holder of the SJU University Chair in Critical Thinking, will travel with PBS broadcaster Fred de

Sam Lazaro to Moscow, the Russian Far East, and Uzbekistan Nov. 26-Dec. 4, for television reports in conjunction with the national PBS "Religion and Ethics News Weekly" and, subject to final authorization, "The NewsHour with Jim Lehrer," on issues of religion and politics on the 10th anniversary of the end of the USSR and on Islam and politics in Uzbekistan. He will also do a live radio program for MIDDAY on MPR (tentatively scheduled for Dec. 3). The following Friday, he will speak at the CSB/SJU Friday Forum on "Ten Years After: The Former Soviet Union a Decade After the End of Communism."

Fr. Eric Hollas Announces Retirement as Executive Director of HMML

Fr. Eric Hollas, executive director of HMML, recently announced he will retire from his position on June 30, 2002. He has been executive director for



Fr. Eric Hollas

nearly nine years. A committee has been formed to conduct the search for a new executive director.

"Fr. Eric Hollas has been an invaluable ambassador for HMML and SJU during his nine-year tenure. Under his creative leadership not only has financial stability been achieved, but major advancements in microfilming, electronic initiatives and public education programming have been undertaken," said Nicky Carpenter, chair of the Board of Overseers at HMML. "I will miss his sensitive and humanistic approach to all he does. He will leave the library having completed many important initiatives and with a new strategic plan in place."

Hollas graduated from Princeton University in 1971, with a bachelor's degree in history. The following year he became a Benedictine monk at Saint John's Abbey, and, after seminary training, he received the M.Div. at SJU and was ordained a priest.

He subsequently received his doctorate in medieval studies at Yale University, where he specialized in the history of medieval Spain. From 1980 to 1993, he was on the faculty at CSB/SJU, and in 1993 became executive director of HMML.

"I am deeply grateful to Fr. Eric for his nine years of service to the Hill Monastic Manuscript Library. Under his dedicated leadership the mission and vision of the Library have been strengthened and renewed, and it has become an unparalleled resource for academics, scholars and historians," said Br. Dietrich Reinhart, president of SJU.

Field Trip Participants Tour Glacial Sites

*prepared by Glenda Isaacs Burgeson
Community editor*

Most Minnesotans know that our famous landscape of 10,000 lakes was carved by a series of glaciers. Recently, a group of 29 CSB/SJU students, faculty, staff and friends enjoyed an opportunity to view firsthand the sequence of that activity in geological time.

A caravan of three vans toured west central Minnesota on Oct. 20, on a brilliant and crisp fall day, for a geology field trip organized by paleontologist and CSB/SJU associate professor of geology Larry Davis. Guest lecturer Alan Knaeble, a glacial geologist with the Minnesota Geological Survey and an SJU alum, led the outing.

Prior to the journey, Knaeble gave a brief summary of glacial activity in Stearns County, which he has surveyed. He described a glacier as "like honey, constantly moving and melting." He also explained it as a conveyor belt, depositing particles, gravel and pebbles, as it moved. Those deposits help geologists retrace the glacier's path, as they identify the source materials and map their occurrence across the landscape.

The field trip included stops at six excavation sites, featuring the handiwork of three glaciers. The Rainy lobe advanced from the north and northwest and is believed to have covered all of Stearns County. The Superior lobe advanced during this same time from the Lake Superior basin, into the Twin Cities lowland, and merged with the Rainy lobe east of Stearns County, forming the St. Croix moraine. The third ice sheet, the Des Moines lobe, flowed down the Minnesota River valley and then south to Des Moines.

The excavation sites, located at gravel pits and at the Powder Hill Ski Ridge, afforded the group an opportunity to inspect exposures in the pit walls and identify sediment, while Knaeble explained the features and composition of each formation.



Alan Knaeble explains soil composition during the field trip. CSB/SJU students (inset) take a closer look at an exposed site.

CAMPUS NEWS

Academic Advising Hosts Workshop

*prepared by Susan Douma
director of academic advising*

The CSB/SJU Academic Advising Office hosted a workshop for the Minnesota Private College Academic Advisors on Oct. 8, on the SJU campus. Participants included academic advisors from St. Olaf College, University of St. Thomas, Augsburg, Minneapolis College of Art and Design, Hamline University, College of Saint Catherine, Gustavus Adolphus College, Carleton College, as well as CSB and SJU.

CAMPUS NEWS

Grantseeker Resources Available

prepared by Diane Calabria
Corporate Foundation associate
Development

CSB/SJU has renewed its subscription to IRIS, a large database of grant and fellowship opportunities compiled by the University of Illinois at Urbana-Champaign. The database contains records on over 8,000 federal and private funding opportunities for individuals in the sciences, social sciences, arts and humanities. The IRIS database is easy to use, updated daily and is available on all computers on our network.

To search the IRIS database for funding opportunities in your area of interest, go to: <http://www.library.uiuc.edu/iris>

We suggest that you bookmark the IRIS database address and check it periodically.

From the IRIS home page, click on The IRIS Database, IRIS (WWW version) to search the database for opportunities in any field of interest. New users can click on IRIS WWW help file for useful information that will make searching easier and more fruitful.

Also check out the CSB/SJU grants information home page (<http://www.csbsju.edu/grants>), which contains a wealth of useful information for grantseekers. You'll also find a link to IRIS there.

Once you have found a funding opportunity you would like to pursue, contact the Development Office on your respective campus (CSB: contact Catherine Stoch, Main 216, ext 5690; SJU: contact John Taylor, Luke 124, ext 2596) for more information about the Foundation. We can provide information about our history with that funder and expertise with preparing a proposal. Before commencing work on a grant application, clear your idea with your department chair and dean.

Saint John's Pottery Exhibit Opens

An exhibit of Saint John's Pottery, featuring acclaimed SJU artist-in-residence Richard Bresnahan will open at the SJU Alice R. Rogers and Target Galleries on Dec. 9 and continue through Feb. 8. The exhibit launches a traveling pottery exhibition throughout the upper Midwest, in conjunction with the publication of a book about his work.

Body of Clay, Soul of Fire: Richard Bresnahan and the Saint John's Pottery is written by Dr. Matthew Welch, curator of Japanese and Korean art at the Minneapolis Institute of Arts, and chronicles Bresnahan's formative years as an apprentice potter in Japan, his return to his alma mater where he founded the Saint John's Pottery, and its place within the Benedictine and university community.

The book is published by Afton Historical Society Press and is available at the SJU Bookstore. Proceeds from SJU Bookstore sales will benefit an endowment for future apprentices and visiting artists.

The exhibit will feature 20 pieces of Bresnahan's pottery from throughout the years, as well as pieces produced by Jerome Foundation Emerging Artists from 1984 through 2000, and pieces by Grotto Foundation Apprentices from 1983 through 2001.

Traveling exhibit sites will include Sioux Falls, S.D.; Morris, Minn.; Duluth and Hudson, Wis., with additional sites under consideration.

Faculty/Staff News

Mary Kay Becker, assistant professor of nursing, and **Janet Neuwirth**, associate professor of nursing, presented a poster session, "Clinical Teaching Strategy for Beginning Students," at the Nursing Education 2001 Conference in Philadelphia, last June.

Fr. Robert Koopmann, professor of music, lectured and performed on piano and organ for a three-week study tour to Warsaw, Poland; Kaunas and Vilnius, Lithuania; Riga, Latvia, Tallin, Estonia and St. Petersburg, Russia, in July and August. The study tour for music teachers was organized and sponsored by the Minnesota Music Teachers Association.

Koopmann also performed a concert at Normandale Community College in Bloomington, Minn., on Sept. 27, and another concert on Oct. 4 for The Thursday Musical Society at Temple Israel in Minneapolis. He performed works of Bach, Brahms, Schumann, Debussy and music from South Africa.

An essay by **S. Nancy Hynes**, professor of English, is featured on NimbleSpirit.com, an on-line literary and spirituality review. In the essay, Hynes

recalls her teacher, S. Mariella Gable, who, ahead of her time, defined the genre of "Catholic fiction." The essay can be viewed at www.NimbleSpirit.com

Lynda Fish, advisor for international students, presented a session titled "Bridging the Gap Between Faculty and ESL Students" at the National Academic Advising Association national conference on Oct. 13 in Ottawa, Canada. She has created materials and programs to assist ESL students at CSB/SJU.

Chris Schaller, assistant professor of chemistry, was granted \$25,000 over two years for Synthesis of Ruthenium Alkyl Hydride Complexes for Elimination Studies from the American Chemical Society — the Petroleum Research Fund.

Marina Martin, associate professor of modern and classical language, delivered her paper, "Versiones y diversiones metafisicas del humor y la parodia en Borges," at the 5th conference of the International Society for Luso-Hispanic Humor Studies, sponsored by the Loyola University in Chicago, Sept. 27-29.

Martin was also invited to submit her work on Spanish film director Alejandro Amenábar for publication in FILMHISTORIA ONLINE, a journal sponsored by the Universidad de Barcelona. Martin's work on Amenábar's *Abre los ojos* was presented at a summer course, The Young Spanish Cinema, sponsored by the University of Wyoming & Spain's Ministerio de Educación y Cultura. Martin participated in this summer course as a visiting professor.

Diane Veale Jones, professor of nutrition, made a presentation on "Food and Identity" at the annual conference of the Family and Consumer Sciences in Education on Oct. 18. The conference was held in Monticello, Minn. Attendees were middle school and high school teachers throughout Minnesota.

Joe DesJardins, professor of philosophy, has had several publications appear recently. His essay "Environmental Responsibility of Business" appears as a chapter in *Blackwell's Guide to Business Ethics* edited by Norman Bowie and published by Blackwell Publishing. With Ron Duska, he co-authored a paper titled "An Aristotelean Model of Ethical Leadership in Business" which will appear in *Business and Professional Ethics Journal*. He also is the content editor of a video, CNN Today: Ethics Vol. IV: Business Ethics, a collection of CNN news stories on topics in business ethics that was produced jointly by CNN and International Thomson Publishing.

Erin Szabo, assistant professor in communication, presented "Reactance as a Response to Antismoking Messages" at the National

Breathe Easy Month

by Joyce Simones, Nursing Department

Editor's note: Each month the Healthy Learning Community and the Partners for Healthy Learning promote a health theme to the CSB/SJU campuses. These groups are involved in the promotion of physical, intellectual, emotional, social, occupational and spiritual health.

The lungs and respiratory system bring fresh oxygen into the bloodstream and remove carbon dioxide. As you breathe in, the chest expands sucking in air, and when you breathe out, your lungs push out the stale air.

Important things that your lungs do:

- Bring air to the proper temperature
- Moisturize the inhaled air
- Protect the body from harmful substances by coughing, sneezing, filtering or swallowing them, or by alerting the body through the sense of smell
- Defend the lungs with:
 - Cilia — microscopic hairs along the air passages
 - Mucus — a moving carpet of mucus collects dirt and germs inhaled into the lungs and moves them out to be coughed up or swallowed
 - Macrophages — scavenger cells in the lungs that literally eat up dirt and germs invading the lungs

What you can do to protect your lungs and prevent lung disease:

- Do not smoke — quitting smoking is the best protection for your lungs. The American Lung Association can help. Each year 419,000 Americans die from the effects of cigarette smoking — more than from AIDS, drug abuse, car accidents and murder combined

Please visit the Healthy Learning Community Web site at <http://csbsju.edu/extending/healthylearningcommunity/index.htm>

- Exercise — regular exercise will build strong lungs and fight against disease

- Eat healthy — from a variety of food groups each day

- Be alert — realize that chronic cough, shortness of breath and other lung symptoms are not normal

- Recognize abnormal symptoms — bring any lung disease symptom to a doctor's attention early

- Avoid lung risks — secondhand cigarette smoke and air pollution can cause lung disease

- Immunizations — influenza and pneumonia can be prevented with immunizations

Warning signs of lung disease

- Chronic cough — a cough lasting a month is chronic regardless of your age

- Shortness of breath — when shortness of breath continues after a rest period following normal exercise or when short of breath at rest

- Chronic mucous production — mucous production lasting a month

- Wheezing — noisy breathing is a sign of a narrowing in the airways

- Coughing up blood — whatever the source of the blood, it is a sign of a health problem

Parts taken from "How to keep your lungs healthy" pamphlet 1999 by the American Lung Association

Communication Association Convention in Atlanta on Nov. 1. Her paper received a top three-paper award from the applied Communication Division.

Szabo also co-authored an article (along with Michael Pfau, University of Oklahoma, and Patricia Moy, University of Washington), "Influence of Prime-Time Television Programming on Perceptions of the Federal Government" published in the November issue of *Mass Communication and Society*.

Don Turk, assistant professor in communication, presented "The Effects of Partner Insistence on Condom Usage on Perceptions of that Partner: Why

don't you trust me?" to a competitive and peer reviewed division (the Interpersonal Communication Division) at the annual meeting of the National Communication Association in Atlanta on Nov. 1.

Susan Douma, director of Academic Advising, was invited to facilitate a faculty workshop sponsored by the Association of Tertiary Institutions in The Bahamas in Nassau on Nov. 7-9. The focus of the presentation was to assist faculty in developing advising philosophies, materials and techniques that foster student retention and success.

THE WELCOME MAT

We welcome the following new CSB/SJU faculty and staff to our community:

New Hires

Renae Kelly, Dining Services
Tina Kortenbusch, Bookstore
David Singley, Music Dept.
Victoria Weisen, Library
Sara Winscher, Fine Arts
Julie Zupfer-Anderson, Faculty

Resignations/Terminations/ Retirements

Sarah Delong, Annual Giving

COMMUNITY

Community is published by the CSB/SJU Communications and Marketing Services staff:

Jon McGee, Vice President for Institutional Planning, Research and Communication

Greg Hoye, Executive Director of Communication and Marketing Services

Julie Marthaler, Office Coordinator (CSB)

Viv Krueger, Office Coordinator (SJU)

Mike Durbin, Sports Information Director (CSB)

Michael Hemmesch, SJU Director of Communication

Jo Ann Shroyer, CSB Director of Communication

Glenda Isaacs Burgeson, Assistant Director of Communication/*Community* Editor

Tammy Hansen, Assistant Director of Communication/Electronic and Print Media

Greg Becker, Senior Associate Director of Publications and Graphic Services

Kay L. Buytaert, Associate Director of Publications and Graphic Services

Ron Schoonover, Assistant Director of Publications and Graphic Services

Kathy Wenker, *Community* Student Coordinator

Deadline for the December issue is Nov. 16. To share your information and story ideas, simply e-mail them directly to Community at: community@csbsju.edu.

In the Media

Carol Howe-Veenstra was interviewed on WJON on Friday, Oct. 19, to discuss women's sports.

On Tuesday, Oct. 2, NBC's Dateline devoted a special hour show to the heroism aboard Flight 93: "No Greater Love: The Story of Flight 93." It was the last of the four planes to go down on Sept. 11.

Louis D. Johnston, CSB/SJU department of economics, appeared on MPR on Oct. 2, discussing the economic impact of the Sept. 11 terrorist attacks.

Nick Hayes, CSB/SJU professor of history and holder of the SJU University Chair in Critical Thinking, was featured in a *St. Cloud Times* story on why the Middle East hates the U.S. He also did an hour commentary question and answer for MPR MIDDAY on Oct. 4.

Stephen Saupe, CSB/SJU biology department, appeared on WJON's morning show to discuss the science behind color change in autumn leaves.

November Retreats Offered

The Spirituality Center at Saint Benedict's Monastery offers one-day to three-day retreats, educational programs, personal retreats and spiritual direction. Offerings are open to both women and men of all faith denominations. Following is a listing of available retreats and programs.

TRANSITIONS: Embracing Your Inner Journey

Tuesday, Nov. 13, 7 p.m. to 9 p.m.
Presented by Kathryn Casper OSB
Fee: \$15

Dare to explore the transition place between beginnings and endings that are part of every per-

(Continued from Page 1)

nurse leaders, then with numbers, they can start to make some dynamic and effective changes and improvements."

She said it is important to note that Russian nurses will adapt what they learn from American nursing rather than copy it outright. She thinks over time they will adapt it to their own culture.

Rodgers believes it is crucial to understand the differences between Russian and American health care so that nurses and physicians can adequately serve Russian patients' needs. That idea is the thesis of a paper, "Providing Culturally Competent Care to Russian Immigrants Living in the U.S.," that Rodgers presented in Moscow at the third U.S.-Russian Nursing Conference in August. She also

son's life journey. Bring spirit and serenity to that journey. Through input, conversation and ritual, take a step toward a different way of seeing and being.

Looking Inward — Looking Outward

Three interactive sessions: 7 to 9 p.m.

Presented by Phyllis Plantenberg OSB

Fee: \$40 for all three sessions or \$15 a session

Look inward in the search for deeper meaning in the events of your life by looking outward to creation around you. Listen and respond to the Spirit within as you reflect and share conversation with others.

Harvesting and Dying

Thursday, Nov. 15

Autumn is a time to harvest, take stock and plan for the future. What is the lesson we learn from brilliant fall colors, the hoarding of food, the flight of birds or digging of potatoes? When is death real?

Waiting and Resting

Thursday, Jan. 10, 2002

A cold winter night may chill us to the bone, but look to the star-studded winter skies and feel your hearts rejoice. How many other experiences in our lives and in nature are double-sided?

Budding and Growing

Thursday, April 25, 2002

Seeds sprout and soft rains return to water the earth. Birth and new life are found everywhere. Spring is always full of surprises. Where do you find Spring in your daily life?

Ancient Gifts for a New Age:

A Monastic Retreat for Busy Persons

Friday, Nov. 16, 7 p.m. to Sunday, Nov. 18, 1 p.m.

Led by Hélène Mercier OSB

Fee: \$100 (includes meals and overnight accommodations)

Find the treasure of practical wisdom from the Rule of Benedict that can be a pathway to God. Come spend a weekend at the monastery and let the rhythm of quiet and prayer bring serenity and peace.

For more information or to register, please call 363-7115 or 363-7116 or e-mail rbudig@csbsju.edu.

presented a second paper at the conference. "Developing a Working and Collaborative Relationship Between U.S. and Russian Nursing Faculty" is based on her experiences working with her Russian colleagues. "I wanted Moscow people to know that someone is interested in Khabarovsk because Moscow decides where all the money goes," she explained.

Knowledge of Russian health care is not the only thing Rodgers has brought back to America. "I come back a different person every time," she said. "The people I stay with have gone way beyond what most American friendships and hosts would do. I try to do that with my friends here. I have been able to take friendship to a different level, which I wouldn't have done had I not gone over there."