walks of Life
Researching Alzheimer’s care in Nepal
Taking nothing for granted

Money. In most relationships it is the most difficult topic of conversations. Spouses debate about what expenses count as necessary ones in the household budget. Teenagers plead with their parents for gas money, and parents respond with questions about discretionary spending and saving. And leaders at private liberal arts colleges like College of Saint Benedict spend months deliberating over how to best use our tight budgets to serve our students. That begins our conversations with you—in your mailbox, your voicemail, or in person—about the importance of your financial help for our students.

For the most part, I do believe that the best things in life are free. But a residential liberal arts education, one of the very best things in life, is far from free.

Tuition and fees cover 80% of the total cost of education at Saint Ben’s. Unlike public colleges and universities that receive per capita state and federal subsidies, CSB must secure the remaining 20% from other sources — including the generous support of donors — to sustain exemplary programs. One of my most important duties as president is to lead in spending these dollars to their very greatest effect.

CSB’s endowment remains considerably smaller than endowments at our peer institutions, but it has doubled in size in the past seven years, and judicious management of our investments has allowed us to recoup recession losses. We have developed a national reputation for stewarding our resources exceptionally well and for producing proportionally better outcomes for our students (see People are talking on page 6 for complete details).

This issue of the magazine calls attention to some of that work being done at College of Saint Benedict because of others’ belief in us. In particular we examine how our students’ experience has been transformed by grants and partnerships with foundations and corporations.

Financial conversations by their nature require the participants to demonstrate financial responsibility. Not unlike conversations between teenagers and their parents or spouses balancing household budgets, grant-making bodies that trust us with their funds expect us to demonstrate the importance of our monetary requests and that their funds were well-spent. They require us to plan for continuous improvement in our academic and experiential learning programs. Most importantly, they demand fiscal responsibility and accountability to the outcomes we’ve promised.

The world of grant-getting is a highly competitive one. In most instances the probability of success is low because granting agencies themselves carefully steward their dollars, and because the quality of submissions is high. During my tenure at CSB we’ve ratcheted up our focus on grants, and it has become an integral part of our funding mix. Each grant we apply for honors our competitiveness and forces us to examine our current practices against best practices. The process also requires us to thoughtfully outline the changes we will make and the programs we will institute to increase the rigor, quality, and vibrancy of the CSB experience. Our funding partners challenge us to always be at the top of our game. In return, we are committed to meeting or exceeding the outcomes established in our grant proposals so that CSB is considered for future awards.

But the fundamental question we need to answer is this: Why should the National Science Foundation, the Hearst Foundation, the Teagle Foundation, the Lilly Endowment, the Department of Education (or any foundation) care about College of Saint Benedict? Part of the answer lies within these pages.

We reveal the excitement of math, computer science, and physics for more women. We fill hearts and minds with an expanded worldview. We call on our community members to be lit from within by giving name to and pursuing vocation. And, we encourage our students to nurture the breadth and scope of their interests. The answer to that fundamental question is this: We are College of Saint Benedict.
To become who we are by our relationship with others.
- Rule of Saint Benedict 33

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contributors

Megan Atkinson ’11 majored in Communication. She completed coursework in December 2010 and looks forward to commencement with her classmates in May. Currently, she is employed by United Health Group.

Erica Manternach ’11 is majoring in nutrition and premedicine. She has been accepted to med school. To learn 50 fun facts about her, turn to page 12.

Saint Benedict’s Magazine
Saint Benedict’s Magazine is published three times a year by the Office of Institutional Advancement.

CONTACT
College of Saint Benedict Magazine
37 South College Ave.
St. Joseph, MN 56374-2099

Editor/designer: Heidi L. Everett, heverett@csbsju.edu
For address changes, please call 1-800-648-3468, ext. 1

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The mission of the College of Saint Benedict is to provide for women the very best residential liberal arts education in the Catholic university tradition. The college fosters integrated learning, exceptional leadership for change, and wisdom for a lifetime.
Looking for front-row seats to see some of the most inspiring athletes of our time? Head over to the recently reopened and remodeled McGlynn’s Sports Café: Home of the Blazers.

The décor celebrates Blazer athletics and is extraordinarily unique, focusing on women’s college sports. Old-school jerseys, golf clubs, tennis rackets and various other pieces of equipment adorn the walls and hang from the ceilings. Full-wall murals provide a contemporary, urban backdrop of Blazer athlete photos, logos, motivational quotes, and “grunge” artwork.

“We chose a sports theme for McGlynn’s since Blazer athletics is also housed in Haehn Campus Center. We wanted to create an ambiance similar to other sports grills, so the décor made sense,” said Sonja Gidlow, executive director of auxiliary services. Folks were eager to help out, Gidlow said, noting the coaches went through personal archives to donate Blazer memorabilia.

In addition to the spirited decor, a goal was to make McGlynn’s the go-to place for meals -- and the late-night munchies. Tom Oehler, director of culinary services, said student focus groups called for sub sandwiches and good burgers. Over the summer, a burger contest was held (with more than 18 entries!), and the staff held taste testing for various bread, sauce, and other recipes. Blazer sports fans have been feasting on fresh, hand-pattied certified Black Angus burgers, hand-cut French fries and spicy chicken wings (in our very own classic, buffalo and hurricane!) since the reopening in September. And, McGlynn’s makes it own, unique sub bread, like Asiago Dill.

So far, McGlynn’s is recording a championship season, serving more than 1,000 meals a day. They’ve also experienced an uptick around Blazer games.

“We want to honor and applaud our amazing women athletes,” Gidlow said. “And we want to inspire future Blazers with the emphasis on women who are strong and accomplished in mind, body and spirit.”
PEOPLE ARE TALKING

We’re incredibly proud of the Saint Ben’s experience.

Our history is characterized by a fierce belief in the power of liberal arts education, an engagement with the world around us, responsiveness to the needs of society, an enduring commitment to our Catholic and Benedictine heritage, and an unwavering focus on women’s development.

We believe we’re meeting these commitments, and it’s nice when others notice too. And, they have noticed.

The following accolades were received this past year:

• CSB is 1st nationwide, along with our educational partner SJU, for number of students who participate in semester-long international study.

• CSB is one of the top 3 liberal arts colleges in the “Up-and-Coming” category of U.S. News & World Report out of several hundred schools.

• CSB is 42nd on Kiplinger’s 100 Best Private College Values list out of 1,300 private colleges and universities.

• CSB, along with SJU, is 1 of only 39 liberal arts colleges cited for best undergraduate teaching by U.S. News & World Report.

• CSB and SJU are among the top 100 colleges in Templeton Honor Roll for a strong and inspiring campus-wide ethos that articulates the expectations of personal and civic responsibility in college life.

• CSB, along with SJU, is 1st in Minnesota and 12th nationwide for number of international students according to U.S. News & World Report.

• CSB, along with SJU, is 1 of only 45 Fiske Best Buy Colleges.

• CSB and SJU are among the top 80 liberal arts colleges in Washington Monthly.

• CSB, along with SJU, is a Barron’s Best Buy.

For a complete list and details, log on to: www.csbsju.edu/Admission/whycsbsju/guides

Alumna takes leading role at Saint Ben’s

After more than 20 years of arts administration and fundraising in Washington D.C. and the Twin Cities, Kimberly Ferlaak Motes ’89 is returning home to Saint Ben’s.

In her leading role as vice president of institutional advancement, Motes will be responsible for all aspects of fundraising for the college as well as overseeing alumnae relations, Fine Arts Programming, and the Literary Arts Institute of College of Saint Benedict.

Motes brings an extensive background to the position. For the past two years, she has served as managing director of Theater Latté Da in Minneapolis. She was executive director for the Minnesota Shubert Performing Arts and Education Center (now named the Cowles Center for Dance and the Performing Arts), where she raised $34.5 million and initiated and directed an award-winning, Internet-based arts education program.

Motes served as the director of development at Arena Stage in Washington, D.C. and managed the adult arts education program at the John F. Kennedy Center for the Performing Arts. She also created a national ballet training program with legendary ballerina Suzanne Farrell.

Currently, Motes serves on the boards of the Zenon Dance Company and Theater Latté Da in Minneapolis. She was also a member of the CSB Board of Trustees until her resignation to assume the role of vice president.

This appointment comes at an exciting time for Saint Ben’s as the school looks to celebrate its inspiring 100-year history in 2013. In addition, a bold vision is in place to strengthen and sustain College of Saint Benedict for the next 100 years.

“Saint Ben’s has an incredible story to tell,” Motes said. “I am looking forward to the opportunity to share this with others and build a robust, vigorous fundraising program in support of an institution that has had a profound impact on my life.”

She began her new role January 6.
The Lilly Endowment Inc. has granted nearly $2 million to CSB to enhance and expand programming for Companions on a Journey, a pioneering effort that took root on campus and helps prepare a new generation of women for leadership in church and society. Through innovative programming, women participate in Journey Groups, retreats, discussion groups and opportunities for reflection, and draw on the college’s unique Benedictine monastic heritage emphasizing listening and community.

In the 6th century, Saint Benedict implored “Listen carefully… and attend with the ear of your heart.” Centuries later, it is hard to know how this message would be received, given the competition. External chatter is ever present, and for our Bennies, it is no different. Emails, beeping phones, incoming text messages, friends in need, parental inquiries, professors’ expectations, papers to write, books to read, jobs to work, relationships in various stages—all beckoning for attention. In this Linked In world of near constant bombardment and 500+ Facebook “friends” it is hard to find time to still the chatter, truly be heard and converse about what is really important. It is harder still to make it a consistent pattern.

Monica Fallon ’13 illustrates this with an everyday picture from all of our lives: asking “How are you?” as you hurry past someone. “Sometimes we don’t even bother to listen to the answer before we hurry off because we expect it will be: fine, good, alright, or okay,” she says. “Any other response would require us to stop and have a real conversation.”

In response to the need to stop and be still sits a program that unites women seeking to do just that: Companions on a Journey, which incorporates the tenets of our Catholic, Benedictine heritage and takes into account the way women—regardless of faith orientation—work out “vocation” in a church and society that impels them in certain directions and impedes others. Backed by the knowledge that 55% of our new entering students indicated that integrating spirituality into their lives a very important or essential life objective, students are encouraged, through curricular and co-curricular programming to explore their own vocational and spiritual journeys.

A cornerstone of the program invites each Bennie to develop an understanding of her own vocation through spiritual companionship, building on the ancient practices of spiritual direction and consultation. The program’s centerpiece, Journey Groups, provide students and their facilitator “companions” dedicated time to slow down, turn off, keep perspective, listen and be heard. Journey Groups have also been formed among alumnae, faculty, and staff. These groups not only help women grow in relationship with God and each other, but they have enabled students to discern majors, shift career paths, and evaluate relationships.

Journey Group facilitator Jessica Guentzel ’05 describes the bond of group members this way, “We are held with care, respect, trust, and have the knowledge that through our successes and challenges there will be a group of women each month who are truly listening to our story with the ear of their heart.”
What do robots, strobe lights, and gamma rays have in common? They provide the fun factor when MapCores scholars get together for a play date. More importantly, working with these objects helps instill the self-confidence, resiliency, and problem-solving skills women need to succeed and excel in non-traditional science fields.

College of Saint Benedict is grateful for the $599,950 grant from the National Science Foundation (NSF), the largest ever awarded from the NSF to CSB. The grant enhances the Math, Physics, Computer Science Research Scholars program, which blends scholarships, curricular refinements, monitoring, and support activities designed to attract, retain, and graduate more women in these disciplines.
At 7:45 a.m., you can hear the laughter and noise erupt down the hall of the science building. Nine Bennies in comfy clothes and stocking feet vigorously cheer on their robots. They’re battling for the championship title, after all.

And, which machine rolls to victory amid the cheers, clapping, and pounding? Albus Perceival Wolfrick Brian Dumbledore! Competing robots, Herbie and Hal, didn’t fare as well.

**Shedding light on scientific inquiry**

Racing robots is one experiment in a weekly problem-solving lab that challenges female scholars to tackle unique projects in a field of study they are not familiar with. In this particular lab, students were asked to program light sensors on a robot in order for it to follow a line made by duct tape on the floor.

“We program the light sensor to recognize color distinctions,” explains Laura Nierengarten ’13. “The carpet has a light value of 44, the tape a value of 41. The sensor recognizes these color distinctions and follows the contrast the length of the duct tape and around corners. The robots even know when to reverse at the end of the tape.”

How did these scholars know about light values and robot behavior? They didn’t. They simply figured it out.

“We ask a lot of ‘if’ statements and test what happens,” says Whitney Radil ’13.

The trial-and-error approach used to achieve objectives is a key element of these labs.

“Students don’t necessarily need to know math, physics, or computer science to program a robot,” explains Kristin Nairn, professor of mathematics and advisor to Saint Ben’s Math, Physics, and Computer Science Research scholars (known as MapCores). “They do need to think critically about their tasks and to be comfortable trouble shooting and reconfiguring their approaches to tasks.”

The problem-solving lab -- and MapCores program as a whole -- encourages female scholars to take risks in classroom and lab environments that are free of negative judgments.

MapCores scholars take an all-female, science-focused honors seminar their first year of school. The problem-solving lab is taken during their second year. An all-female research seminar is given during the junior year. Finally, scholars complete a senior research project. These are given in addition to the rigorous academic program within their majors.

“The all-female labs and courses help remove fear. The fear of failure or fear of being wrong is a block to research for women,” Nairn says. “In the problem-solving lab, for example, the projects are so out of the norm of what they do that they have no expectations. They make guesses without fear and ultimately find success.”

Developing critical thinking skills, self-confidence, and resiliency during scientific inquiry empowers the scholars to compete and succeed in fields that are typically dominated by men.

**Putting CSB on the map for women scientists**

The MapCores program is designed to attract more women into math, physics, and computer science at Saint Ben’s. Often, classes in these majors at CSB/SJU have an all-male population.

MapCores changes that.

The MapCores scholarship is highly selective and competitive. In its first two years, 160 students applied for the program. Only 30
were accepted based on academic performance, prior coursework, an interview, and critical thinking skills demonstrated in their application essay.

MapCores has increased the number of women declaring computer science as a major 100% over the prior two academic years, up to six from three. The number of women declaring physics as their major increased nearly 30% over the prior two years, up to 15 from 11. Math remained consistent with approximately 50 declared majors.

Teeming with possibilities

The second-year cohort of MapCore scholars dives into the problem solving lab with determination and competitive spirit on this particular morning.

Team Dumbledore includes Michelle Hromatka ’13, Maria Sakalosky ’13, and Allie Reinsvold ’13. The name of their robot was inspired by a night out with eight of the nine scholars at the midnight premiere of Harry Potter.

Team Hal – Whitney Radil ’13, Laura Nierengarten ’13, and Marie Meyer ’13 – took a practical approach to naming their robot. Hal was the name on the packaging he came in. “We have a slow and steady robot in Hal,” Radil says. “When everyone else’s robot malfunctions, Hal keeps going.”

Team Herbie members Becca Simon ’13, Michelle Hromatka ’13, Jessica Solfest ’13, and Katelin Weiers ’13 all agree that their robot pulls through, like Herbie the love bug.

Establishing a team identity is one way the MapCores program builds camaraderie. The students also develop relationships outside the classroom and hold each other accountable. Meyer explains that four of these scholars live in the same suite; the other five live on the same floor. “It’s saved me a couple times getting me on that 7:20 a.m. bus for lab,” she says.

The women also benefit from the individual skill sets each member contributes to labs and classes. “We’re exposed to all the disciplines all the time in our lab,” Radil says. “So, we can practice, test, and learn from each other.”

In addition to the robot races, the scholars have figured out how to build mother boards and transistor radios, design a video game (which now resides in their suite, Simon whispers) and assemble platonic solids, which are variations of a sphere.

The scholars admit they don’t always know what the outcome of their lab experiments is supposed to be. “We had to practice soldering a circuit board to see what would happen,” Reinsvold explains. “We didn’t know what was supposed to happen, but our team lit up a strobe light. I got pretty excited.”

Some teams took the platonic solid project home. Hromatka says, “We enlisted the help of a roommate. She’s an art major and thought it was cool.”

Simon offers another aside, “We’re learning to contract out.” The MapCore scholars’ final lab experiment of the semester uses probability theory to determine whether or not a natural occurrence has the potential to destroy the Earth in their lifetime. Each team was assigned to investigate gamma rays, volcanoes, or asteroids to determine the probability of occurrence and assess the magnitude of damage. Nierengarten positions the challenge this way, “We’re learning to destroy the world.”

When asked if they’d let us know their assessment, Sakalosky smiles. “Would you really want to know?”
1. I am a first-generation college student.
2. My family and I milk 93 Holsteins on our farm in Iowa.
3. I have two brothers. Byron is earning his masters degree in engineering at Iowa State, and Jacob is earning a degree in dairy science at Northeast Iowa Community College.
4. As a child, I had 43 cats as pets.
5. My favorite kitten was named Pumpkin Pie.
6. My childhood hero was Barney.
7. I love listening to Michael Bublé.
8. One summer on the farm, I grew frogs from tadpoles and butterflies from caterpillars.
9. Creek stomping, making clay pots, eating mulberries, and sending messages in bottles were my favorite summer activities.
10. At Saint Ben’s, I have an infamous craft box containing fun-wire, felt, quilling strips, stickers, jingle bells, glitter, and many more art supplies.
11. I toured College of Saint Benedict on the coldest day of 2005 in February and the hottest day in 2006 in July.
12. I have lived in Corona, Lottie, Luettmer, Westkaemper, and Girgen residence halls.
13. During summer 2009, I coordinated over 25,000 guest stays in campus residential halls for CSB Events and Conferences.
14. Four a.m. is the latest I’ve stayed up studying for organic chemistry, while dark chocolate and good friends helped keep me awake.
15. My favorite weekend activity is sledding down snow-covered hills on rocking chairs and mattresses with friends.
16. I am co-president of the CSB/SJU Pre-Medicine Club.
17. Last year, my friends and I hosted dinner parties with different cultural themes. We “traveled” to Mexico, France, Greece, Kenya, and China.
18. I enjoy making snow-angels late at night when Saint Ben’s campus is quiet and peaceful.
20. This past Halloween, a friend and I dressed up as a peanut butter and jelly sandwich. I was the jelly.
21. I volunteer at SJU as an Emergency Medical Technician.
22. I was Jones County Dairy Princess in 2006 and won the Iowa state pageant for best presentation.
23. I was a Girl Scout for much of my childhood.
24. Every spring, I tap maple trees and collect sap to boil down into syrup.
25. My best studying occurs after 10 p.m. on the exercise bikes in the CSB Fitness Center.
26. When I was little, I insisted my family and friends refer to me as “Erica Rainbow.”
27. Sister Agatha was my Benedictine friend.
28. I was valedictorian of my high school class.
29. I ran cross country for six years in Iowa.
30. One day, I would like to own Mexican jumping beans.
31. I studied 30 hours each week for the MCAT this past summer.
32. I would like to learn how to make my own cheeses.
33. I conducted research on robotic hysterectomies this summer at Gundersen Lutheran Hospital in La Crosse, Wisconsin.
34. I have made chocolate from cacao beans.
35. I love house plants and have 10 in my CSB campus apartment.
36. I love the feeling of new, soft, cotton socks.
37. The Benedictine Sisters taught me how to quill during my freshmen year, and I have been
quilling cards ever since.
38. My favorite part of holidays at college is enjoying Thanksgiving dinner at SJU and Holiday dinner at CSB.
39. I am in my fourth year of teaching outdoor nature classes to elementary students and community members as a student naturalist for Saint John’s Arboretum.
40. I am the food lab manager and a teaching assistant for the Nutrition Department.
41. I played saxophone in the wind and jazz ensemble at CSB/SJU.
42. I have been accepted to med school and hope to become a primary-care, osteopathic physician.
43. I can drive a Farmall M tractor.
44. I took piano lessons for 13 years.
45. I love the smell of fresh cut grass.
46. For most of my childhood, I wanted to be a priest. I held Mass on my porch, complete with songs from old hymnals and communion.
47. I have a collection of over 200 unsharpened, unique pencils that I started when I was seven.
48. My favorite quote is one by Ralph Waldo Emerson, “Do not go where the path may lead. Go instead where there is not a path and leave a trail.”
49. I have met Martina McBride, Keith Anderson, and Greg Stokes.
50. Autumn is my favorite season because it is tantalizing to all senses when I hear leaves crunch below my feet, feel cool breezes brush against my skin, and gaze at brilliant fall colors.
hearts filled

edited by Heidi L. Everett
CSB/SJU received two grants from the ASIANetwork Freeman Foundation Student-Faculty Fellows Program to support collaborative research in Asia. One grant funded five independent research projects in Nepal by CSB students Elizabeth Carroll-Anderson, Megan Kack, Jessica Najarian, and Sarah Mahowald, and CSB graduate Jamie Utzinger ’09.

Najarian focused on the lack of adequate understanding regarding Alzheimer’s and dementia in the Kathmandu Valley. Kack studied the socio-cultural forces that hinder the ability of Western dental practice to bring advanced dental technology to Nepal. Utzinger chronicled the life stories of five women through narratives and photographic images in the Pokhara area. Carroll-Anderson tutored Buddhist nuns in Spanish and conducted research on why Nepali women enter monasteries. Mahowald, who is returning to Nepal for a second summer, helped design and integrate an art education curriculum for several art schools.

What follows are excerpts from the blog that these Saint Ben’s researchers kept while in Nepal.
Have bags. Will Travel.
Posted Wednesday, June 9, 2010
Sitting here in my College of Saint Benedict office, I know there are five Bennies and five Johnnies out there madly packing for our trip to Nepal. Half will conduct research and half will intern. All of us will have our senses overloaded and our world views challenged.
– Kolleen Kellom, associate vice president, institutional advancement

We’re here
Posted Saturday, June 12, 2010
Miracle of miracles. 36 hours on the road!

Out in the open
Posted Sunday, June 13, 2010
We visited Pashupatinath Temple, one of the holiest temples in Nepal. The students were mesmerized by burial ceremonies. One remarked that in the U.S. we keep everything hidden, indoors, out of sight. Here everything is outside, under the open sky for all to see. Death is part of living. Another noted that our culture seems surprised when someone dies – like it’s not expected to happen, even though we all know it will, and it does.

Making connections
Posted Monday, June 14, 2010
Today is a work day – we connect with some sites and people with whom our researchers will work. We’ll go to Shri Shakti, which focuses on women’s empowerment. We’ll visit Whitefield School where some of our students will intern as teachers. Jessica looks forward to connecting with the Nepalese expert in Alzheimer’s work. Tomorrow we go to a monastery where Liz is eager to learn about the women Buddhist monastics. We have rested, found a good restaurant with hummus and pita bread. What else do we need?

Still Monday -- What a sight!
Posted Monday, June 14, 2010
In the middle of five squeezed-tight lanes (if you can call them lanes) where rear-view mirror touches rear-view mirror sleeps a dog. No one runs it over – it just sleeps peacefully.

Megan Kack’s adventure starts
Posted Tuesday, June 15, 2010
She writes, “I had a successful first meeting with Dr. Sudin Shkaya, D.M.D. and Dr. Sujit Shkaya, D.M.D at the National Dental Hospital. A goal of this hospital is the promotion of oral health through training and dental camps. Dr. Shkaya is a wonderful mentor. I will be observing in the hospital and clinic settings and conducting a dental camp. The dental camp will allow me to survey patients as well as allow dentists to provide much needed dental work. What an exciting start to my project.”

Liz Carroll-Anderson is off
Posted Wednesday, June 16, 2010
Liz left us for a week to live in the Buddhist nuns’ monastery in the village of Pharping.

The road with Jessica Najarin
Posted Thursday, June 17, 2010
Today we were able to visit the Mother Theresa Center and a home for the elderly that takes care of Alzheimer’s sufferers.

What’s the word?
Posted Friday, June 18, 2010
We are reformulating some of our assumptions as we learn what is actually possible on the ground here in just five weeks. What some of our students thought might work as they pondered research from the comfort of Saint Ben’s becomes a test of creativity, flexibility, ingenuity, and patience. That was the word at breakfast this morning.

Sarah Mahowald takes off
Posted Friday, June 18, 2010
She writes, “My helpful contact, Deependra, has started the ‘School of Creative Communications.’ In July he is hosting a workshop for children and asked if I would like to teach! Today I met with a friend of Deependra’s named Sujan Chitrakar (his last name means ‘traditional painter’). What a fascinating man! He started the first 4-year BFA program in Nepal. The school is part of Kathmandu University but has its own campus about 30 minutes from the heart of Kathmandu. What struck me about Sujan was his vision and philosophy. He wants students to learn practical applications for an artistic career, and he provides opportunities for foreign exchange, hosts workshops, and is constantly looking to expand resources and curriculum. Most impressively, he plans to launch a masters’ program this February! The school started 6 years ago with 6 students and now enrolls over 60! Lots of enthusiasm radiates from the growing modern
A cow on a motorcycle
Posted Friday, June 18, 2010

Have you ever seen a cow on a motorcycle? We saw one today. Two guys on a cycle had a cow straddling the cycle cross-wise between them. The back legs were dangling over one side, the front legs accompanied by a confused looking head bounced along on the other side. The camera was packed away, of course. Yesterday it was five goats in the backseat of a car. Have you seen that?

Jessica continues her search
Posted Sunday, June 20, 2010

She writes, “I went to the Patan Mental Hospital. This hospital has 45 beds. Most in-patients suffer from schizophrenia and depression. On a tour, I saw that family members stay with patients. I was told that if I wished to find Alzheimer’s and dementia patients I needed to stay in the out-patient clinic. Because Alzheimer’s and dementia are not well documented or diagnosed here, there are no accurate records on how many patients actually suffer from the diseases. Administrators informed me that about 1 percent of the population suffering with Alzheimer’s and dementia I needed to stay in the out-patient clinic. Because Alzheimer’s and dementia are not well documented or diagnosed here, there are no accurate records on how many patients actually suffer from the diseases. Administrators informed me that about 1 percent of the population suffering with Alzheimer’s and dementia were the caregivers, while in the West, the word usually means a doctor, nurse, or other healthcare provider.”

Hot, humid, and intense
Posted Sunday, June 20, 2010

We went to the Shrii Shakti (S2) conference titled Women’s Sexuality and Empowerment. Researchers stressed that women in Nepal are generally ignorant of their own sexuality, subservient, constantly controlled by the men in their families and society, and unaware of their rights. This drives them into silence and divides women from their very being. In the broader culture, women are goddesses in mythology; they are powerful creative forces. In reality, women are dreadfully downtrodden and hidden. We are grateful to Corbin Cleary, one of our SJU students, for his internship work at S2. He wrote one of the speeches and helped set up the conference site.

Hot, humid, and productive
Posted Monday, June 21, 2010

Today we met with the woman who founded and runs Shrii Shakti. Her name is Indira Shrestha, and she is a dynamic, focused and determined woman who is listed as one of the top 1,000 women in the world working for women’s rights. She speaks of the light within each person, and the need to bring that light out, to recognize that light in each person. When I told her Saint Ben’s motto is “Let your light so shine” she was delighted. ‘So you know what I mean, then,’ she said.

Jamie Utzinger is awestruck
Posted Wednesday, June 23, 2010

She writes, “I suppose Anuradha Koirala has that effect on everyone she tells her story to. When you first meet her, you are taken by how strong of a presence this petite woman has. When she talks, she talks with such passion that you get lost in her words.

“She told us about her childhood in India with her mother, who worked along side Mother Theresa. After she returned to Nepal and faced her own domestic hardships, she took under her wing a few women who were victims of trafficking and domestic violence. Demand for her aid grew. Today, she and her organization, Maiti Nepal, have rescued, counseled and sought justice for over 12,000 women and children.

“She told us of how most of the girls from the villages are tricked into thinking they are getting a nice job in the city and then are brought across the border to India. The brokers can be anyone, from relatives to complete strangers. In the brothels, the girls are beaten, drugged, and forced to have sex with as many as 60 clients a day. Most girls are aged 6 to 9 when they are first trafficked, according to Koirala. We had the opportunity to meet a few girls who were willing to share their stories. They’ve lived through horrors that I cannot even comprehend.

“It is this pain, suffering and hopelessness that Anuradha Koirala sees in the girls eyes that give her strength to keep doing what she does. Her biggest accomplishment, she says, is yet to come: the day she
can close the doors of Maiti because not a single woman or child is trafficked – that is the day she will rest.”

**Around town**
Posted Wednesday, June 23, 2010
One of our students, a bit stressed by the constant barrage of “Want to buy something today?” as you walk down the street, commented that this is just a different kind of marketing. At home we get annoyed at the zillions of TV ads, magazine ads, and junk mail. At least we can turn off the TV or throw stuff away. Here, it’s in your face!

**Radiating joy**
Posted Wednesday, June 23, 2010
We traveled into the hills to get fresh air and pick up Liz. For the past week she’s been staying with one of the 13 monastic communities in the Pharping area. Liz was radiant as we met her at the gate and as she gave us a tour. She said the week was simply spectacular.

**A day of surprises with Charlie**
Posted Wednesday, June 23, 2010
SJU student Charlie Davisson invited us to meet an architect who specializes in old building and monument restoration. His office is located at Patan Durbar Square, which is a treasure all by itself. Patan, famous as the oldest city in the Kathmandu Valley, is known as the City of Fine Arts. It is a photographer's delight.

**Village life**
Posted Saturday, June 26, 2010
We found ourselves in a hillside village of special significance: it aims to be self-sustaining, environmentally friendly, organic, a cooperative, and profitable, too. The cooperative began with little but now, through its policy of micro-loans, is worth over 250,000 (I’m not sure if she meant US dollars or 250,000 Nepali Rupees – and I didn’t ask.)

“**Hearts should leave room . . .**”
Posted Saturday, June 26, 2010
The other day Sarah interviewed Sangeeta Thapa. She writes: “This assiduous woman’s double-sided business card is a laundry list of accomplishments and titles. When I interviewed her, she had just come back from 18 days in Thailand visiting her mother and was to leave in a day for Sudan to reunite with her husband – a UN employee.

“I started a movement here in Nepal,’ she says. From her I learned how the Maoists try to control the arts. Sangeeta joined forces with Shashi Kali Tiwari, a Nepali artist. They started Siddhartha Art Gallery to create an interest in modern art. Their efforts were thwarted by a civil war. The Maoists targeted and attacked many of the largest business owner's homes, kidnapping their children and stealing their money. These particular families were patrons of the arts and had taken an interest in buying modern Nepalese art. After facing such brutality, these families held on to their money, fearing any extravagance would bring unwanted attention to them.

‘Hearts should leave room for Nepal because,’ in Sangeet’s words, ‘Art from Nepal is at its most exciting period. After enduring political upheavals, Nepali artists are registering changes in their art. They want to show this to the world.’”

**Reflections on human dignity**
Posted Friday, July 9, 2010
Jessica writes, “This experience has changed my life in ways I could have never imagined. I have gained a new respect for all humans in all walks and ways of life. Witnessing the birth of a Nepali child and the kindness of an elderly Alzheimer's patient who offered me her last mango, I experienced the importance of human dignity. I’ve discovered that humanity’s survival lies with each one of us individually, and whether we choose to aid in this work can make all the difference in the world.

“My research also has taught me that each culture embraces the elderly in different ways. However, we will all grow old one day, and our humanness will be the same. We should take pride in caring for our elders and give them the respect they deserve. Our elders are a living history of a cherished and valuable society.”

**Megan’s day at dental camp**
Posted Tuesday, July 13, 2010
She writes, “Facilities for dental treatment rarely exist outside of the Kathmandu valley and dental problems go ignored in remote regions. The Satungal community received a free dental camp. Satungal has one dentist who has been practicing for one year. The nearest treatment facility is 3.5 kilometers away. Most individuals who were seen at the dental camp know they need to brush teeth, but proper techniques were not known. Some of the elderly use tree twigs to brush or mustard oil and salt. The major-
ity of those surveyed at camp had never been to the dentist before. Everyone waited in the hot sun for hours and were relieved to finally receive treatment after many years of suffering.”

There are no words . . .
Posted Wednesday, July 14, 2010

The students took an exhausting mountain hike. The following is a compilation of their reactions: “Walking 53 miles through villages that hang on the edge of cliffs and are enshrouded in fog, all you can do is focus on the few feet in front of you, on the slim, little path that is your link to the next set of huts. It is a physical endurance test, yes, but more than that — it is about willing yourself to go on, even when you think you can’t. When you are alone with your thoughts, on a little path in the fog for hours at a time — it affects you. It slows down your mind, your thoughts.

Everything quiets down. You can’t escape your self. Living on the edge has a different meaning for me now.

In search of the perfect banana
Posted Friday, July 16, 2010

Going up from the Pokhara Valley into the higher mountains, we found fruit stands along the slim slice of roadway. Three women sitting on the stoop of a little house sporting pineapples and beautiful bananas caught our eye.

Stop the van!

Fresh, just off the tree - you rarely taste anything so terrific as a perfectly ripe, fresh banana. Each cost 5 Nepali Rupees – approximately 7 cents. What a treat!

Women creating change
Posted Saturday, July 17, 2010

Jamie writes, “With an open heart and an open mind, I embarked on an adventure to meet incredible, influential women and learn their stories. What I am discovering is women dream larger than life, with a passion to help people unconditionally and improve the quality and equality of their sisters’ lives. Each woman has taught me something different to take back to the West: a new attitude, a new belief, a new appreciation for the world.”

Becoming each other’s families
Posted Tuesday, July 20, 2010

Liz writes, “Ultimately, the most important question is, in a society that tells women their role is to marry and have children, why do some Buddhist women choose the monastery over marrying and creating a family?

“The day after I arrived, the nuns had a holiday, so I was able to spend time getting to know them. There is a strong sense of community. This helped explain why the nuns were okay leaving their families; they support each other and become each other’s families.”

One last stop
Posted Wednesday, July 21, 2010

This journey is nearly at its end. After a short visit to New Delhi, the group visited the famous city of Agra, home to the more famous Taj Mahal. It is spectacular.

Reflecting on the past weeks, Megan writes, “The best journey’s are the ones that answer questions you did not think to ask in the beginning. My trip has led me to ponder, question, grow, and form new perceptions of my everyday situations. Mostly, as Bill Holms writes, traveling to a foreign culture illustrates how the heart can be filled anywhere on Earth.”
ALUMNAE MILESTONES

1954
Mary Jo Willette Hughes was a 2010 Recipient of the Mother Benedicta Riepp Award from the Sisters of Saint Benedict.

1957
Angeline Dufner and S. Phyllis Plantenberg received the 2010 Public Service Award, on behalf of the St. Joseph Farmers Market. Angie and S. Phyllis were instrumental in its founding in 2000. Since then, the Market has grown into a year-round enterprise.

1963
Dr. Pat Vincent Pickett received the Award for Communication from the Mayor of Nashville, TN. This award was the result of a selection process by the Mayor’s Advisory Committee for People with Disabilities. As Director of Pastoral Care at Cloverbottom Developmental Center, a state institution for persons with developmental disabilities, she was chosen for her work with non-verbal persons through art, helping them find their voice in a non-traditional way.

1964
Joan Strom Riebel was a 2010 Recipient of the Mother Benedicta Riepp Award from the Sisters of Saint Benedict.

1973
St. Cloud Hospital Nursing Research Committee recently announced Kathleen Domino Ohman, Prof. of Nursing, CSB/SJU, and patient care support float pool nurse, received the Lifetime Achievement Award.

1976
Beth Garin Tomlinson received a Master of Arts in Gerontology from Bethel University in May 2010.

Kathryn Erpelding Petri was awarded 2010 Western Region Secondary Art Educator of the Year by the NAEA National Art Education Association.

1977
Claudia Ryan Mosley founded The Women, Wisdom and Winediscussion series to bring the information you crave to life and make it personal. Learn more: womenwisdomandwine.com.

1978
Ann Stein Forner received a Masters Degree in Vocational Rehab Counseling from SCSU.


Joan Schmitt Gasser is now Board Certified as a Specialist in Gerontological Nutrition, only 1 of 6 in Minnesota.

1980
Vicki Rasmussen was named one of the Minneapolis-Based Finance and Commerce’s Top Women in Finance 2010. She is currently the vice president of finance, facilities, leverage and process solutions at Medtronic Inc., which includes overseeing Medtronic operations in Europe, Asia, and Latin America. In her third year with Medtronic, Rasmussen received formal recognition for her efforts, winning the company’s highest honor—the Wallin Leadership Award.

1981
SALO, LLC has named Minneapolis executive Ann Ruscioyealudith human resources affiliate company, Oberon, LLC. Ruscioyealudith hires more than two decades of executive management experience from a range of companies and industries. Mary Eldredge-Sandbowitz, “I am just finishing up my official year as North Dakota Teacher of the Year for 2010. It has been a huge honor to represent the teachers in North Dakota. I am grateful for the education I received at CSB! I teach Biology at Des Lacs-Burlington High School in Des Lacs, North Dakota.”

1983
Donna Davis Oliver celebrated 20 years with Amtrak in January 2010. Deb Chaney Rupar was hired to coach Newman Girls Tennis.

Lisa R. Griebel has been elected Treasurer of the Minnesota Defense Lawyers Association. Griebel is a founding partner with Terhaar, Archibald, Pfefferle & Griebel, LLP located in Minneapolis, Minnesota.

1984
Nancy Polomis was elected to serve at the St. Cloud Hospital Nursing Research Committee.

1987
Theresa “Teri” Skluzacek Carlison was valedictorian of the graduating class of William Mitchell College of Law in January 2009. She has since passed the Minnesota State Bar Exam and is employed as a staff attorney with the Toro Company. Sue Forsberg West was promoted to Chief HR Officer, Senior Partner, at Carmichael Lynch advertising firm in downtown Minneapolis.

1990
Holly Holdgraf Baker, Ph.D., was promoted to Vice President of Measurement/Incorporated located in Durham, NC. Holly oversees the Performance Assessment/Scoring Division, as well as the company’s strategic partnerships. She is also the national and state policy liaison for the company.

Renée Chouinard Braun was named Teacher of the Year at Cudahy Middle School, Cudahy, WI (near Milwaukee).

Margaret Murphy, president of Denali Marketing, has been named President of OLSON’s newest specialty discipline, OLSONdenali.

1991
Brenda Ridgeway Marcy received a Nurse Practitioner degree from the College of Saint Scholastica.

1992

Jan Maxfield was named a director of women’s services at Rice Memorial Hospital. Maxfield began her career with Rice as a staff nurse in the obstetrics unit in 1979. In 1999, she earned a master’s degree in nursing from the College of St. Scholastica in Duluth. Maxfield is employed as a staff nurse in the obstetrics unit at Rice Memorial Hospital. For complete news and notes from classmates, log on to www.csbsju.edu/csbalum/news.
Amy Fredregill, vice president of Cooperative

1993
Meredith Hazelton Speier was named Senior Director, Strategic Planning at JWT, 2009’s Global Aid Agency of the Year.

Kelly Schmit accepted a new position as Senior Vice President, General Counsel of Screenlife, as subsidiary of Paramount Pictures Corporation, based in Seattle, Washington.

1994
Jennifer Nord Mallard accepted a position at Mayo Clinic. She will be based in Washington D.C. as Director, Federal Government Relations.

1995
Amy Bonfig Vos founded Little Saints Academy in Saint Joseph, MN. “Wesding and dance, sculpt and paint, play and laugh and so much more, ” she says. Studies show music and music experiences in the first years of life support important brain development.

1996
Melanie Schoenborn Johnson accepted a position as Fetal Alcohol Spectrum Disorder Case Manager for the White Earth Reservation Tribe in Northwestern MN after earning a license in Social Work.

1997
Minnesota Center Chorale has named Jody Schindele Martinson its new music director.

The Initiative Foundation has named Sara Dahlquist as its children, youth, and families specialist. She will coordinate the foundation’s Minnesota Early Childhood Initiative and its 16 regional coalitions; the Minnesota Thrive program for early childhood health; the Youth Has Resources program for teen leadership and community service; and the Inside Out Connections program for children in incarcerated parents.

Anne Olson received a Masters in Public Administration from Hamline University in May 2010.

Corie Dumdie Barry was promoted to VP Finance-Home Customer Solutions Group at Best Buy Co., Inc., in Richfield, MN.

Tammy Salfer Boushek was recently made Executive Director for Love INC of Douglas County Lakes Area.

Amy Fredregill, vice president of Cooperative Network, was named one of “Women in Business-25 Women to Watch” by Minneapolis/St. Paul Business Journal.

1999
Michelle Macy is a marathon swimmer and is currently working toward a 50k for breast cancer research at the University of MN - Masonic Cancer Center. www.macyswim.com

2000
Ampusam Symonette and a team of 5 other Bahamian health professionals volunteered in Haiti to provide healthcare.

Sarah Fehring accepted a position at Bellevue Public Schools located in Omaha metro as a School Social Worker.

Alicia Foulk Fisher received a MSN degree from New York University in May 2009. With this degree she is an Adult Acute Care Nurse Practitioner.

2001
Patty Stang wrote a book with Sister Lois Wedl about using pets and puppets to teach social skills.

Rebecca Johnson graduated from the University of Minnesota Medical School in May and joined the Pathology residency program at the University of California - San Diego in June.

2002
Heidi Anderson Reuter became Wadena, Minnesota’s first female dentist. She has joined the practice of Dr. James Matthiae.

Emily Mages Rath graduated from Winona State University May 2009 with a Master in Nursing. Currently, she is a Nurse Practitioner in the department of Family Medicine at Mayo Clinic.

Rebecca Schaefer was hired as a new tri-attorney at Huddleston Bolen in KY. She is a Nurse Practitioner in the department of Family Medicine at Mayo Clinic.

2003
Beth Jueich-Velottaco-authored a chapter in a book on technology and teacher education. The chapter is titled “Synergy: Service Learning in Undergraduate Instructional Technology Courses.”

2004
Johanna Paron was promoted to Corporate Application Support Specialist at Global Education Network.

Amy Pauling accepted a position at Rudolph Technologies, Inc. located in Blooming, MN as Marketing Communications Specialist.

Amy Schwarz was admitted to the Minnesota Bar, practiced law, and was a member of the Association of Women’s Health Obstetrics and Neonatal Nursing. She is also a member of the Minnesota Organization of Leaders in Nursing.

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**ALUMNAE MILESTONES**

**2007**
- **Abby Johnstone** is attending Pharmacy school at UMD. She won the Local Clinical Skills Competition at the University of Minnesota College of Pharmacy, which allowed her to advance to the National Clinical Skills Competition in Las Vegas, Nevada, to compete against the other 101 pharmacy schools in the nation.
- Britney Johnson accepted a position at Duluth Clinic West as a Physical Therapist. She received a Doctorate of Physical Therapy from St. Catherine University in May 2010 and received the MNAPTA Physical Therapy Student of the Year award at St. Catherine University in April.
- Anne Redmon Johnson received a Doctor of Physical Therapy from St. Kate’s in May 2010. Jessica Wendland received her MBA from Saint Cloud State University.

**2008**
- Calley Kingston received a Masters in Social Work from St. Kate’s/St. Thomas in May 2010.

**2009**
- Kenna Belcher is a Network Management Associate at DeCare Dental in Eagan, MN.
- Megan Vetsch is working at the Operations and Marketing Manager with Fine Arts Programming at CSB/SJU.
- Paige Kames is working at KPMG in the Federal Government Audit Practice in Washington, DC.
- Emilee Parson is attending Debusk College of Osteopathic Medicine located in Harrrogate, TN.
- Jacki Van Moer is in her second year of law school at St. Thomas. Last summershe completed a law program in Rome.

**From this day forward**

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<thead>
<tr>
<th>Year</th>
<th>Name 1</th>
<th>Affiliation</th>
<th>Year</th>
<th>Name 2</th>
<th>Affiliation</th>
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<tbody>
<tr>
<td>1997</td>
<td>Angela Pierce</td>
<td>to Eric Mejdrich, April ’9</td>
<td>2000</td>
<td>Kimberly Soon-Young</td>
<td>Therres to Joseph Oh, Sept. ’10</td>
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<td>1997</td>
<td>Jennie Pfluegero</td>
<td>to Dan Reider, Oct. ’10</td>
<td>2000</td>
<td>Rebecca Johnson</td>
<td>to James Baldrica, June ’09</td>
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<td>2000</td>
<td>Alison Bornman</td>
<td>to Brian Bell, June ’09</td>
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<td>2000</td>
<td>Dawn Bauerle</td>
<td>to Corey Pieper, Dec. ’10</td>
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<td>2002</td>
<td>Christine Hegge</td>
<td>to Christian Finch, July ’10</td>
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<td>2002</td>
<td>Tina Schochow</td>
<td>to Chris Greazel, June ’10</td>
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<td>Shannon Kegley</td>
<td>to Andy Hagen, Sept. ’10</td>
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<td>Amy Flaherty</td>
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<td>Mary Keane</td>
<td>to William Willner, June ’10</td>
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<td>2003</td>
<td>Katie Lutz</td>
<td>to Paul Hightam, Feb. ’09</td>
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<td>Beth Jueich</td>
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<td>Medora Gruber</td>
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<td>Kate Johnson</td>
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<td>Kristin Erickson</td>
<td>to Michael Kraemer, Aug. ’10</td>
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<td>Darcie Waldvogel</td>
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<td>Natalie Scheidt</td>
<td>to Carl Zeigler, April ’10</td>
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<td>Michelle Cottingham</td>
<td>to Gregory Prokott, Aug. ’09</td>
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<td>Chauntee Ruppe</td>
<td>to Steven Nichols, Oct. ’10</td>
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<td>Emily Sirek</td>
<td>to Mathew Ferche, ’03, Oct. ’10</td>
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<td>Yen Doanto</td>
<td>to Frank Fasano, May ’08</td>
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<td>Johanna Paronto</td>
<td>to Daniel Miller, Oct. ’09</td>
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<td>Maria Catesto</td>
<td>to Patrick May, Oct. ’04</td>
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<td>Kristin Holmes</td>
<td>to Chris Stapleton, Oct. ’04</td>
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<td>Sarah Tellingshuisen</td>
<td>to Tommy Euston, Dec. ’09</td>
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<td>Andrea Pavelka</td>
<td>to Kjell Hoversten, June ’10</td>
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<td>April Schorrner</td>
<td>to Andy Bushman, June ’10</td>
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<td>Hilary Knolto</td>
<td>to Todd Anderson, Sept. ’10</td>
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<td>Megan Orgeman</td>
<td>to Scott Crumb, May ’10</td>
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<td>Keely Nolant</td>
<td>to Josh DeBell, Mar. ’10</td>
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<td>Lauren Chunpila</td>
<td>to Chase Dankers, ’05, Aug. ’09</td>
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<td>Lacey Ressel</td>
<td>to Otis Westbrook, Dec. ’09</td>
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<td>Bethany Heinezen</td>
<td>to Jay Robicheaux, Aug. ’09</td>
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<td>Cassandra Young</td>
<td>to Adam Stark, Sept. ’09</td>
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<td>Julie Hallato</td>
<td>to Josh Orman, ’04, May ’09</td>
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<td>Jess Berghersen</td>
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<td>Ashley Krenz</td>
<td>to Troy Wendlandt, Feb. ’10</td>
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<td>Katherine Funniss</td>
<td>to Matthew Smith, April ’09</td>
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<td>Danielle Weber</td>
<td>to Andrew Spanen, ’06, Aug. ’10</td>
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<td>Kimberly Johnson</td>
<td>to Kraig Boser, Aug. ’10</td>
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<td>Meghann Green</td>
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<td>Sarah Kopischke</td>
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<td>Marian Studer</td>
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<td>Alyssa Wenz</td>
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<td>2005</td>
<td>Meghan McMurray</td>
<td>to J. Ryan Currens, Oct. ’10</td>
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<td>2005</td>
<td>Emily Hesse</td>
<td>to Nickolas Dalbec, Oct. ’10</td>
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<td>2005</td>
<td>Melissa Petterssen</td>
<td>to Eddie Kaiser, ’03, Sept. ’10</td>
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<td>2005</td>
<td>Sara Kersbergen</td>
<td>to Gabriel Ruiz, July ’10</td>
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<td>2006</td>
<td>Brittany Mrozek</td>
<td>to Andrew Schou, ’06, Aug. ’09</td>
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<td>2006</td>
<td>JaNae Altepeter</td>
<td>to Kelby Teer, Dec. ’09</td>
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</table>
2006 Amy Radato to Nick Zams '06, Oct. '09
2006 Nicole Lindgren to Jake Biskey, April '09
2006 Tara Jo Huxford to Andrew Olson, Oct. '09
2006 Valerie Durand to Rudy Kovachevich, June '09
2006 Jennifer Lien to Nathaniel Wesenberg, May '10
2006 Lindsay Krieg to Joe Block '06, July '10
2006 Melissa Cambron to John Broich '06, June '10
2006 Emily Cook to Jeff Lundgren '07, July '10
2006 Stephen Peterson to Luke Solberg, Aug. '09
2006 Megan Ellenbecker to Bill O'Keefe, Aug. '10
2006 Jackie Moran to Reid Craigmile '07, Aug. '10
2006 Meghan Ellenbecker to Bill O'Keefe, Aug. '10
2006 Sophia Polasky to Christopher Lauer '06, July '10
2006 Kelly Holmseth to Matthew Bohlig '07, June '10
2006 Lindsay Novak to Jason Good '06, May '09
2006 Bethany Keene to Ryan Buus '04, Aug. '09
2006 Lisa Bush to Tyler Nelson, Sept. '10
2006 Alisha Kriesel to Scott Rand, Oct. '09
2006 Heather Fischer to Dan Kleszewski, Jan. '10
2007 Katie Lenz to Chad Norris, Nov. '09
2007 Hollie Breegemman to Luke McMahon '07, Dec. '09
2007 Heather Rochau to Ryan Maurer '07, Sept. '09
2007 Emily Langmade to Brad Schwanke '07, Aug. '09
2007 Stephanie Peterson to Luke Solberg, Aug. '09
2007 Anne Redmon to Kyle Johnson '06, Dec. '09
2007 Kallie Promersberger to Daniel Iverson, Aug. '09
2007 Katie Whitcomb to Steve Gurville '07, Aug. '09
2007 Britney Johnson to Jeremy Braegelmann, June '10
2007 Kim Murphy to Erik Ellingboe '08, June '10
2007 Christine Synott to Jason Prostrollo '07, July '10
2007 Tanya Lindquist to Bryan Fleegel '07, July '10
2007 Jesse Lindgren to Lucas Van Leeuwe '07, June '10

2007 Dawn Moldan to Brian Chen '07, Aug. '10
2007 Jolene Fischer to Robert Gerads, Nov. '09
2007 Kayla Nelson to John Todd, Oct. '09
2007 Elizabeth Seviola to Todd Benusa '08, Sept. '09
2007 Elizabeth Sturlaugson to Marc Kohlhofer '07, Oct. '09
2007 Amy Carruth to Dan Fremling '06, June '09
2007 Melissa Hund to Jhon Giancarlo Ceria Caruajulca, Jan. '10
2007 Raelene Rasmussen to Rob Fandrich, Aug. '09
2007 Brittany Billehus to Christopher Sele '07, July '10
2008 Kelly Holmseth to Matthew Bohlig '07, June '10
2008 Elizabeth Seviola to Todd Benusa '08, Sept. '09
2008 Melissa Vlasek to Dan Nelson '08, May '10
2008 Sarah Mattson to James Bockwinkle '08, Aug. '10
2008 Carolyn Hejny to Chad Stang '08, Aug. '10
2008 Calley Kingston to Derek Roers '07, June '10
2008 Marit Swartout to Tom Kirzaden '08, July '09
2008 Rachael Smith to Luke Fischer '08, Sept. '09
2008 Kelsey Hanks to Alex Tatone '08, Sept. '09
2008 Elisabeth Degen to Jonathan Wilhite '08, June '10
2008 Christy Wurm to Vinnie Schleper '09, Aug. '10
2008 Brenna Mehleto Dan Bonach, May '10
2008 Amy Wolf to Joseph Gubbels, May '10
2009 Stephanie Krzmarzick to Rob McMillan '09, June '10
2009 Catherine Desalvo to Trent Miller '09, Aug. '10
2009 Sara Rae Thomalla to Justin Panek, Aug. '10
2009 Lindsay Novak to Jon Shellenberger, Aug. '10
2009 Mara Grivnato Tyler Wurm, July '10
2009 Lindsay Pagard to Joel Holyan, Aug. '10
2009 Megan Maus to Michael Radtke '10, July '10
2009 Amber Wetter to Matthew Moldan, June '10
2009 Sonya Kamen to Andrew Gaydos '09, June '10
2009 Ashley Brandel to Joe Veeder '09, Oct. '10
2009 Kimberly Watkins to Jason Lutz '10, May '10
2010 Mya Osborn to Daniel Herscher '09, May '10
2010 Emma Jaynesto Tom Keeler, Aug. '10
2010 Maria Gaudo to Eric Bavier '11, July '10
2010 Jessica Huotto to Nick Lahti '11, Aug. '10

Bundles of Joy
1989 Annie Garry Belts & Jeff Belts '90, Twins, Rachel and Jack, Jan. '09
1989 Mary Koupal Schmelzer & Peter Schmelzer '90, Boy Charles, Sept. '09
1990 Lisa Kopetzki Christensen & Max Christensen, Girl, Olivia, Feb. '07
1990 Jill Tschida Wallace & Robert Wallace, Girl, Josie, Oct. '09
1991 Vicki Casey Larson & Chris Larson, Boy, Joseph, Aug. '09
1991 Jeanne Kutner Voll & Anthony Voll, Boy, Jackson, Oct. '09
1991 Belinda Miller Topa & Christopher Topa, Girl, Elynn, April '09
1991 Janel Halverson Goff & Brian Goff, Boy, Jett, April '10, and Girl, Bianca, Jan. '09
1992 Bonnie Kalia & Kurt Moreland '91, Boy, Isaac, Oct. '09
1992 Monica Hall Zielesdorf & Darin Zielesdorf, Boy, Nathan, Jan. '10
1992 Nicole Heisler Pelowski & Nathan Pelowski, Girl, Marlow, April '10
1993 Stacy Schwinghammer Zimmerman & Kyle Zimmerman, Girl, Savannah, Feb. '09
1993 Leslie Drahozal Page & Daniel Page '93, Boy, Henry, April '10

ALUMNAE MILESTONES

1993 Stephanie Holmgren Swanson & Charles Swanson '91, Girl, Sadie, Sept. '09
1993 Mamee Swing McGowan & Mark McGowan '93, Girl, Beatrice, June '09
1993 Pam Lenartz Pundsack & Kris Pundsack '95, Girl, Kelli, Dec. '09
1995 Cyndi McDermott & Kevin VanOverbeke, Boy, Gavin, Jan. '09
1995 Heidi Hoeschen Jackson & Keith Jackson, Girl, Eleanor, Oct. '09
1995 Pam Fasching Cwach & Martin Cwach, Girl, Lilly, July '09
1995 Heidi Wagner Schuster & Rick Schuster, Girl, Olivia, Nov. '09
1995 Keli Hetherington Friden & Colin Friden, Girl, Camille, Aug. '09
1995 Sonda Gominsky Binsfeld & Anthony Binsfeld, Girl, Abigail, March '10
1995 Kathy Bentler Kobbermann & CJ Kobberman '94, Boy, Philip, Sept. '10
1996 Libby Farrell Smith & Regan Smith '91, Girl, Leah, Aug. '09
1996 Kim Ferche Juelke & Justin Juelke, Girl, Avery, Mar. '10
1996 Samantha Kukar Herrmann & Matt Herrmann, Girl, Bernadette, May '10
1996 Nancy Gilbert Kirchner & Matt Kirchner, Twins, Mason & Maya, July '10
1996 Tanya Bjorge Ruth & Paul Ruth, Boy, Brayden, Sept. '10
1996 Jennifer Nord Mallard & Joseph Mallard, Boy, Spencer, May '10
1996 Megan Cassidy Meuli & Allan Meuli, Girl, Angela, Oct. '09
1996 Julie Athman Ernst & Joel Ernst, Girl, Autumn, Aug. '09
1996 Julie Amon Remer & Duane Remer, Girl, Lucy, April '09
1996 Liz Morris Otto & Kevin Otto, Girl, Katherine, Mar., '10
1996 Michelle Auers Mohr & Jesse Mohr, Girl, Kathleen, July '09
1996 Danielle Guse Schlomann & Alan Schlomann, Girl, Alyssa, Oct. '09
1996 Jennifer Holton Tacheney & Steven Tacheney '93, Girl, Nora, Oct. '09
1997 Suzette Posch Kiffmeyer & Timothy Kiffmeyer, Girl, Michaela, Nov. '09
1997 Stasi Sullivan Ristau & Corey Ristau, Boy, Elijah, Aug. '09
1997 Nichole Heimovich Schaefer & Jeff Schaefer, Boy, Samuel, May '10
1996 Marcie Betker Andrews & John Andrews, Girl, Margaret, Aug. '09
1996 Katrina Bruggeman & Andrew Floerke, Boy, Simon, Feb. '10
1996 Nicole Theisen Lang & Daniel Lang, Girl, Sophia, Dec. '09
1995 Michelle Schoenborn Johnson & David, Girl, Kira, Nov. '09.
1996 Theresa Ledermann Morey & Tim Morey, Girl, Hannah, April '10
1996 Sherry Christenson Amelse & Tony Amelse '96, Boy, Joseph, June '09
1996 Rebecca Gibbons Alfieri & Michael Alfieri, Boy, Christopher, May '10
1995 Stasi Sullwold Ristau & Corey Kiffmeyer, Girl, Michaela, Nov. '09
1995 Suzette Posch Kiffmeyer & Timothy Kiffmeyer, Girl, Michaela, Nov. '09
1995 Meggie Sullwold Ristau & Corey Kiffmeyer, Girl, Michaela, Nov. '09
1996 Kelly Connelly Lawler & David Lawler, Boy, Thomas, Feb. '10
1996 Sarah Augustine Pegors & Eric Pegors, Girl, Lauren, Nov. '09
1996 Jen Taylor Mawson & Chris Mawson, Twins, Morgan & Liam, Oct. '09
1996 Mary Grossman Scavotto & Chris Scavotto, Girl, Gina, May '09
1997 Norah Swartz Morris & Stacy Morris '97, Girl, Mary, July '09
1997 Julie Menden Mercer & Jacob Mercer '97, Boy, Henry, Jan. '10
1997 Colleen Sniffee Hardie & Chad Hardie, Boy, Cash, Sept. '09
1997 Tracy Lepper Gilbert & Bryan Gilbert '98, Boy, Gunner, May '10
1997 Pamela Sonntag Nelson & Reid Nelson, Girl, Anna, May '10
1997 Angela Pierce Mejdrich & Eric Mejdrich, Girl, Violet, April '10
1997 Kathy Woods Rakowczyk & David Rakowczyk, Girl, Kylie, July '10
1997 Corie Dumdie Barry & Marty Barry '98, Girl, Jackson, May '10
1996 Bridget Penfold Bahman & Chad Bahman '97, Boy, Tommy, April '09
1997 Becky Poore Hanson & Jason Hanson, Boy, Maverick, June '10
1997 Amy Domiden Johansen & Michael Johansen, Girl, Amelia, May '10
1996 Amy Flaga Borden & Nathan Borden, Boy, William, April '10
1997 Jennie Pfueger Reider & Dan Reider, Girl, Noelle, June '09
1997 Kim Larson Bartels & Gary Bartels, Girl, Catherine, March '10
1997 Kristy Clausen Edds & Brian Edds, Boy, Aiden, July '10
1997 Beth Connelly Kashyap & Rahul Kashyap, Boy, Kiran, Oct. '09
1997 Jennifer Halstead Reyes & Rolando Reyes, Girl, Rayna, May '10
1997 Megan Marksberry Bisset & Ian Bisset, Boy, Callum, Sept. '10
1998 Jessica Kettle & Bryan Carroll '97, Girl, Barrett, Dec. '09
1998 Angela Olson Erickson & David Erickson, Twins, Jenna & Nathaniel, June '09
1998 Angie Wolf Davenport & Christian Davenport, Girl, Alison, June '09
1998 Julie Nester Carlson & Boe Carlson, Boy, Henry, May '09
1998 Kelly Jordan Bowers & Howard Bowers, Boy, Kieran, Nov. '09
1998 Robin Weber Schlimgen & Eric Schlimgen, Boy, Talec, Sept. '09
1998 Kristin Koos Olson & Michael Olson, Boy, Sven, June '09
1998 Tanyelka Kajer & John Fuchs, Girl, Eva, Jan. '10
1998 Susan Wal Yitlalo & Nels Wal Yitlalo '01, Boy, Issac, Jan. '09
1998 Debbie Schmidt Reuter & Karl Reuter, Girl, Regan, June '09
1998 Paula Luzum Sarsland & Tryg Sarsland '98, Boy, Bode, Aug. '09
1998 Megan Heinz & Mark Kuzinski, Boy, Landon, Sept. '09
1998 Ema Urness Hartung & Greg Hartung, Boy, Seth, April '10
1998 Katie Hagen Cheney & John Cheney, Girl, Meara, May '10
1997 Corie Dumdie Barry & Marty Barry '98, Girl, Jackson, May '10
1996 Bridget Penfold Bahman & Chad Bahman '97, Boy, Tommy, April '09
1997 Becky Poore Hanson & Jason Hanson, Boy, Maverick, June '10
1997 Amy Domiden Johansen & Michael Johansen, Girl, Amelia, May '10
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1998 Susan Wal Yitlalo & Nels Wal Yitlalo '01, Boy, Issac, Jan. '09
1998 Debbie Schmidt Reuter & Karl Reuter, Girl, Regan, June '09
1998 Paula Luzum Sarsland & Tryg Sarsland '98, Boy, Bode, Aug. '09
1998 Megan Heinz & Mark Kuzinski, Boy, Landon, Sept. '09
1998 Ema Urness Hartung & Greg Hartung, Boy, Seth, April '10
1998 Katie Hagen Cheney & John Cheney, Girl, Meara, May '10
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<tr>
<th>Year</th>
<th>Parents</th>
<th>Gender</th>
<th>Full Name</th>
<th>Date</th>
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<tbody>
<tr>
<td>1998</td>
<td>Kay Buynakt Bechtold &amp; Gary Bechtold, Triplet Girls</td>
<td>Girl, Leah, Lucy</td>
<td>April '10</td>
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<tr>
<td>1998</td>
<td>Sara Frenkis Haag &amp; Adam Haag, Boy, Ethan</td>
<td>Boy</td>
<td>May '10</td>
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<td>1999</td>
<td>Monica Kami Marsh &amp; Kirk Marsh, Boy, Griffin</td>
<td>Boy</td>
<td>June '10</td>
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<td>1999</td>
<td>Jen Loos Schneider &amp; Eric Schneider '98, Boy, Zachary</td>
<td>Boy</td>
<td>March '10</td>
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<tr>
<td>1999</td>
<td>Michelle Frith Heiland &amp; Joe Heiland '98</td>
<td>Boy, Jake</td>
<td>Jan. '10</td>
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<tr>
<td>1999</td>
<td>Karen Neidermeier-Gill &amp; Dale Gill, Boy, Brady</td>
<td>Boy</td>
<td>Sept. '10</td>
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<td>1999</td>
<td>Charlize Meyer Herbst &amp; Adam Herbst '99, Boy, Franklin</td>
<td>Boy</td>
<td>Nov. '09</td>
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<td>1999</td>
<td>Courtney Cahill Brenny &amp; Chris Brenny, Girl, Adeline</td>
<td>Girl</td>
<td>Feb. '09</td>
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<tr>
<td>1999</td>
<td>Elise Gentz Wercinski &amp; Darren Wercinski, Boy, Bennett</td>
<td>Boy</td>
<td>Feb. '10</td>
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<td>1999</td>
<td>Marsha Parnsteinbeiser &amp; Daniel Steinbeiser, Boy, Kyle</td>
<td>Boy</td>
<td>Sept. '09</td>
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<td>1999</td>
<td>Cheryl Palm Hyk &amp; Tony Hyk '99, Boy, Anders</td>
<td>Boy</td>
<td>Mar. '10</td>
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<td>1999</td>
<td>Karmyn Tuma Nelson &amp; Grant Nelson '99, Girl, Kiara</td>
<td>Girl</td>
<td>Nov. '09</td>
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<td>1999</td>
<td>Melissa Urbashich Oltmesch &amp; Jeff Oltmesch, Girl, Emma</td>
<td>Girl</td>
<td>Mar. '10</td>
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<td>1999</td>
<td>Kristin Sawyer Lyman &amp; Andrew Lyman, Boy, Aaron</td>
<td>Boy</td>
<td>March '10</td>
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<td>1999</td>
<td>Amy Aubin Fielding &amp; Chad Fielding, Girl, Brenna</td>
<td>Girl</td>
<td>Sept. '09</td>
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<td>1999</td>
<td>Steffanie Bergen Jarvis &amp; Bobbie Jarvis, Girl, Olivia</td>
<td>Girl</td>
<td>Sept. '09</td>
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<tr>
<td>1999</td>
<td>Anne Rohe Holmberg &amp; Jeff Holmberg, Girl, Addison</td>
<td>Girl</td>
<td>Nov. '09</td>
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<td>1999</td>
<td>Nicki Pauls Holthaus &amp; Gary Holthaus, Girl, Paige</td>
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<td>2000</td>
<td>Amanda Heinz Collins &amp; Joe Collins '99, Girl, Angela</td>
<td>Girl</td>
<td>Feb. '09</td>
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<td>2000</td>
<td>Karina Bliss Hohn &amp; Jeremy Hohn, Boy, Mathias</td>
<td>Boy</td>
<td>Oct. '09</td>
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<td>2000</td>
<td>Kendra Zener Adelman &amp; Matthew Adelman, Boy, Braden</td>
<td>Boy</td>
<td>Dec. '09</td>
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<td>2000</td>
<td>Sarah Nachreiner Johnson &amp; Avery Johnson, Boy, Oskar</td>
<td>Boy</td>
<td>Mar. '09</td>
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<td>2000</td>
<td>Meagan Sauder Ricard &amp; Eric Ricard '99, Girl, Mara</td>
<td>Girl</td>
<td>Mar. '10</td>
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<td>2000</td>
<td>Cody Dunshee Schultz &amp; Joshua Schultz, Boy, Sully</td>
<td>Boy</td>
<td>March '10</td>
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<td>2000</td>
<td>Shannon Roers Jones &amp; Ross Jones '99, Girl, Katherine</td>
<td>Girl</td>
<td>May '10</td>
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<td>1999</td>
<td>Jason Schmelling &amp; Chris Schmelling '99, Girl, Maren</td>
<td>Girl</td>
<td>Apr. '10</td>
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<td>1999</td>
<td>Jody Peterson Manderfeld &amp; Anthony Manderfeld, Boy, Tyler</td>
<td>Boy</td>
<td>May '10</td>
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<td>1999</td>
<td>Shannon Speidel Braaten &amp; Randy Braaten '99, Girl, Liv</td>
<td>Girl</td>
<td>July '10</td>
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<tr>
<td>1999</td>
<td>Sally Koering Zimney &amp; Andrew Zimney '99, Girl, Harper</td>
<td>Girl</td>
<td>Mar. '10</td>
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<tr>
<td>1999</td>
<td>Becky Heidke Kwiatkowski &amp; Jeremy Kwiatkowski, Boy, Jake</td>
<td>Boy</td>
<td>Aug. '10</td>
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<tr>
<td>1999</td>
<td>Theresa Hanish Covert &amp; Charlie Covert '99, Boy, Thomas</td>
<td>Boy</td>
<td>Sept. '10</td>
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<td>1999</td>
<td>Jackie Wendlandt Olson &amp; Pete Olson, Boy, Isaac</td>
<td>Boy</td>
<td>Aug. '10</td>
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<tr>
<td>1999</td>
<td>Moriya McGovern Rufer &amp; Sam Rufer '99, Girl, Marielle</td>
<td>Girl</td>
<td>Mar. '10</td>
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<tr>
<td>2000</td>
<td>BriAnne Erpelding Zauhar &amp; Jake Zauhar '01, Boy, Tyson</td>
<td>Boy</td>
<td>Dec. '09</td>
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<tr>
<td>2000</td>
<td>Jessica Chalupsky Erpenag &amp; Jim Erpenag, Boy, Reid</td>
<td>Boy</td>
<td>July '09</td>
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<tr>
<td>2000</td>
<td>Jessica Fena Koland &amp; Mark Koland, Boy, Kash</td>
<td>Boy</td>
<td>Mar. '10</td>
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<tr>
<td>2000</td>
<td>Sarah Omann Hansen &amp; Ryan Hansen '00, Boy, Grant</td>
<td>Boy</td>
<td>Oct. '09</td>
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<tr>
<td>2000</td>
<td>Deborah Saad Morris &amp; Glenn Morris, Girl, Laura</td>
<td>Girl</td>
<td>Sept. '09</td>
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<tr>
<td>2000</td>
<td>Alison Surdo &amp; Lindsey Ling Sun Cheng, Boy, Conlan</td>
<td>Boy</td>
<td>March '10</td>
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<tr>
<td>2000</td>
<td>Denise Ross Christie &amp; Jeremy Christie, Girl, Lauren</td>
<td>Girl</td>
<td>Feb. '09</td>
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<td>2000</td>
<td>Kelly Martin Hicks &amp; Andrew Hicks, Boy, Maxwell</td>
<td>Boy</td>
<td>June '09</td>
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<td>2000</td>
<td>Sarah Young Erickson &amp; Mark Erickson, Girl, Sophia</td>
<td>Girl</td>
<td>April '10</td>
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<tr>
<td>2000</td>
<td>Katie Hiniker Carney &amp; Chad Carney, Boy, Finn</td>
<td>Boy</td>
<td>Jan. '10</td>
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<td>2000</td>
<td>Beth Holbrook &amp; John Sandberg '01, Boy, Paul</td>
<td>Boy</td>
<td>Feb. '09</td>
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<tr>
<td>2000</td>
<td>Jessica Fena Koland &amp; Brian Koland, Boy, Kash</td>
<td>Boy, Mark</td>
<td>May '09</td>
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<tr>
<td>2000</td>
<td>Alison Blood Peterson &amp; Blake Peterson, Girl, Lily</td>
<td>Girl, April</td>
<td>'10</td>
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<td>2000</td>
<td>Mary Anderson Jenniges &amp; Travis Jenniges '99, Girl, Hailey</td>
<td>Girl</td>
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<tr>
<td>2000</td>
<td>Katie Nihaus &amp; Matthew Skudiar, Boy, Samantha</td>
<td>Boy, April</td>
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<td>2000</td>
<td>Becky Dick Saffert &amp; Steven Saffert '03, Girl, Kendal</td>
<td>Girl, March</td>
<td>'10</td>
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<tr>
<td>2000</td>
<td>Amy Smith Satre &amp; Joseph Satre, Boy, Owen</td>
<td>Boy, June</td>
<td>'10</td>
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</tr>
</tbody>
</table>

Sally Larson Hagen ‘04 and Scott Hagen are proud to announce the birth of a baby boy.
2001  Jeanette Wetherbee Guggisberg & Nicholas Guggisberg, Boy, Cohen, Jan. ’10
2001  Kimberly Zirbes Loch & James Loch, Boy, Joshua, June ’09
2001  Kelley Jukowski Goodwater & Greg Goodwater, Boy, Collin, June ’09
2001  Ann-Marie Bonach Kenna & Ross Kenna, Boy, Gabriel, Nov. ’09
2001  Angie Minnerath Spitzley & Robert Spitzley ’01, Girl, Isaiah, June ’10
2001  Karla Bradley Fjeld & Christopher Fjeld, Boy, Aidan, Dec. ’09
2001  Amber Wise Faletti & John Faletti ’01, Girl, Grace, July ’09
2001  Tina Kortenbusch Streit & Jeff Streit, Girl, McKenzie, Jan. ’10
2001  Gretchen Rhoads Graham & David Graham, Girl, Alaina, Sept. ’09
2001  Suzanne Fahey Thompson & Jason Thompson ’01, Twins, Claire & Elliott, Sept. ’09
2001  Melissa Kubasta Pozorski & Todd Pozorski, Girl, Tristyn, Feb. ’10
2001  AnneMarie Butler Rendulich & TJ Rendulich ’01, Girl, Lila, Sept. ’09
2001  Nicole Tuma Macalena & Jeff Macalena ’01, Girl, Olivia, Feb. ’10
2001  Sarah Young Erickson & Mark Erickson, Girl, Sophia, April ’10
2001  Jessica Johnson Keating & Ryan Keating ’03, Girl, Reese, Feb. ’10
2001  Angie Laveen Pokharel & Gaurav Pokharel ’02, Boy, Nitesh, March ’10
2001  Sarra Torborg Johnson & Shaino Johnson, Girl, Jada, May ’10
2001  Stephanie Anderson Fox & Peter Fox, Boy, Nicholas, Aug. ’09
2001  Robyn Mogelson Chrast & Andy Chrast, Boy, Edward, Feb. ’10
2001  Suzanne Kuboushek Britton & Ben Britton ’01, Girl, Molly, Jan. ’10
2001  Angela Sinner Begnau & Joseph Begnau ’01, Girl, Grace, July ’10
2001  Beth Pribly Johnson & Aaron Johnson ’01, Girl, Eleanor, July ’10
2001  Dana Renneker Simons & Chad Simons, Boy, Blake, April ’10
2001  Johanna Steffen O’Malley & Mike O’Malley ’00, Boy, Leo, April ’09
2001  Leah Linder Morris & Michael Morris, Girl, Hazel, Jan. ’10
2001  Melissa Werner Anderson & Jeremy Anderson, Boy, Isaiah, June ’10
2001  Laura Yokiel Helferich & Brad Helferich, Girl, Vivian, Sept. ’10
2001  Lee-za Ballman Matthews & Josef Matthews, Boy, Owen, Aug. ’10
2001  Jill Harren Wilcken & Brandon Wilcken, Boy, Gavin, April ’10
2001  Kari Pfannenstein Scholz & Aaron Scholz, Boy, Anthony, Oct. ’10
2001  Katie Keeley Kohnen & Kevin Kohnen ’01, Twins, Keeley & Finley, Sept. ’10
2001  Liz Voto Kostelic & Christopher Kostelic, Girl, Sophia, June ’09
2001  Melissa Hogan Gombola & John Gombola, Girl, Alexandra, Jan. ’10
2001  Stephanie Braegelmann LaBine & Nathan LaBine, Girl, Chloe, Mar. ’10
2001  Dana Kelly Fitzpatrick & Matthew Fitzpatrick, Boy, James, Nov. ’09
2001  Lora Harris Smith & Brandon Smith ’02, Girl, Claire, Jan. ’10
2001  Tricia Crowley Tempel & Michael Tempel ’01, Boy, Ian, Nov. ’09
2001  Christie Mason Bauer & Michael Bauer, Girl, Laura, March ’09
2001  Desiree DeRosier Faletti & Michael Faletti ’00, Girl, Adam, July ’09
2001  Katie Low Coudron & Curt Coudron ’02, Boy, Owen, April ’10
2001  Christine Dickinson Piersma & Tom Piersma ’01, Girl, Madeline, May ’10
2001  Anne Cornesky Warrington & Tom Warrington ’02, Girl, Adeline, June ’10
2001  Becky Cole Ahstrom & Justin Ahstrom ’02, Boy, Mason, July ’10
2001  Brianne Parker Peroutka & Brent Peroutka, Girl, Reese, Nov. ’09
2001  Jamie Frost Kingston & Vince Kingston, Girl, Audrey, May ’10
2001  Libby Viola Johnson & Paul Johnson ’03, Girl, Paige, March ’10
2001  Sara Anderson Krieg & Brendon Krieg ’02, Boy, Colin, March ’10
2002  Kate Rassier Tschakert & Brent Tschakert, Girl, Hazel, Aug. ’10
2002  Michelle Kelash Hemmesch & Michael Hemmesch ’97, Boy, Alexander, Sept. ’10
2002  Kate Tillemans O’Hara & Travis O’Hara ’02, Boy, Charlie, May ’10
2002  Lora Harris Smith & Brandon Smith ’02, Girl, Claire, Jan. ’10
2002  Marissa Brooks Rousslange & Josh Rousslange, Boy, Evan, July ’10
2002  Jill Carlson Busiton & Jared Busiton, Twins, Ava & Nicholas, Feb. ’10
2002  Julie Hanson Zimmy & Adam Zimmy ’02, Girl, Nora, April ’10
2002  Jodene Pieper Steuwe & Andrew Steuwe, Girl, Jayde, March ’10
2002  Chris Miller McCarthy & Andrew McCarthy ’02, Girl, Lucy, April ’10
2002  Karin Najarian Charro & David Charro, Boy, Matthew, June ’10
2002  Katie Langer Robertson & Travis Robertson, Boy, Oliver, Oct. ’10
2002  Katie Flynn Benscoter & Adam Benscoter, Girl, Ellen, Oct. ’09
2002  Lindsay Etter McCarthy & John McCarthy, Boy, James, July ’09
2002  Tami Lanning Klucas & Emmett Klucas, Boy, Silas, Aug. ’09
2002  Jenny Pabubicki Reyes & Michael Reyes, Girl, Addison, June ’09
2002  Lisa Wann Ingebrand & John Ingebrand, Girl, Anna, July ’09
2002  Jennie Limpert Eiden & Tony Eiden ’02, Girl, Molly, Aug. ’09
2002  Meranda Strey Wacek & Stephen Wacek, Boy, Charles, June ’09
2002  Jessica Haidt Hill & Nathan Hill, Girl, Mariana, Nov. ’09
2002  Katie Deslauriers Sullivan & Tom Sullivan ’03, Boy, James, Jan. ’17
2002  Laura Herbst Sherburne & Andrew Sherburne ’03, Girl, Caroline, Jan.’10
2003  Erin Peterfeso Edlund & Chad Edlund ’00, Girl, Haylee, Nov. ’09
2003  Leah Haehn Sanner & Nicholas Sanner ’02, Boy, Benjamin, Feb. ’10
2003  Tiffany Wagenbach White & Brian White ’03, Girl, Amelia, June ’09
2003  Maggie Malone Dukinfield & Greg Dukinfield ’03, Boy, Isaac, April ’10
Perfect Match

How cool is that? A game that actually has love in its scorecard! A matching gift to the Annual Giving Program is like tying the score of an already exciting game. What’s not to love-love?

Visit www.givecsb.com to see if your or your spouse’s employer is one of the hundreds of matching gift companies nationally.

Support Saint Ben’s today!
2003  Julie Dawson Larsen & Mike Larsen, Boy, Connor, Nov. ’09
2003  Jennie Scott Lanz & Adam Lanz ’03, Boy, Jack, Sept. ’09
2003  Rita Imholte Moravec & Wade Maravec ’02, Girl, Myra, May ’10
2003  Laura Kinzle Boecker & Sam Boecker, Girl, Mabel, Feb. ’10
2003  Ember Franch Hutton & Matthew Hutton ’04, Girl, Ellery, March ’10
2003  Jessica Foster Imdieke & Benjamin Imdieke ’02, Girl, Evangeline, Aug. ’10
2003  Noelle Gunderson Elliott & Blake Elliott ’03, Twins, Harper & Hudson, May ’10
2003  Annie Radabaugh Darling & Matthew Darling ’04, Girl, Caitlin, Sept. ’10
2003  Allison Clark Pietrzak & Ed Pietrzak, Boy, Aaron, June ’10
2003  Briana Schnurr Adams & Dan Adams ’03, Boy, Jackson, Dec. ’09
2003  Katie Bodeker Koopmeiners & Joe Koopmeiners ’02, Boy, Nicholas, June ’10
2003  Erin Pryzbylla Koshti & Paul Koshti, Boy, Matthew, Aug. ’10
2003  Erica Lindquist Rademacher & Chad Rademacher, Boy, Cameron, Oct. ’10
2003  Mindy Schumer Hoyer & Shane Hoyer ’02, Girl, Eva, Oct. ’10
2003  Kate McBride Hunter & Grant Hunter, Girl, Audrey, Aug. ’10
2003  Anna Bjerk Belongia & Tom Belongia, Girl, Paige, June ’10
2003  Kelly Sherman Peterson & Brian Peterson ’03, Girl, Adelyn, April ’10
2003  Kristel Swanson Lastine & Kristoffer Lastine, Girl, Sofia, May ’10
2003  Heidi Schmitz Goodreau & Benjamin Goodreau, Boy, Samuel, Aug. ’10
2004  Janelle Heitzman Loehlein & Matthew Loehlein, Girl, Julia, Mar. ’10
2004  Suzanne LaVoy Lightfoot & Benjamin Lightfoot, Boy, Samuel, Sept. ’09
2004  Jessica Fostar Imdieke & Benjamin Imdieke ’02, Girl, Eva, Oct. ’10
2004  Mindy Schumer Hoefer & Shane Hoefer ’02, Girl, Eva, Oct. ’10
2004  Justin Clark & Jennifer Clark ’01, Girl, Jordan, May ’10
2004  Sarah Guze & Russ Guze, Boy, Nathan, Sept. ’10
2004  Jesica Zellmer Kirschner & Nathan Krchna ’01, Girl, Charlotte, May ’09
2004  Kristin Kattar Carlson & Luke Carlson, Girl, Sienna, April ’10
2004  Kristin Kattar Carlson & Luke Carlson, Girl, Sienna, April ’10
2005  Alecia Boser Larson & Aaron Larson, Boy, Carter, Sept. ’09
2005  Katie Schaefer Notch & Eric Notch, Boy, Donovan, April ’08
2005  Briana Zenzen Worms & Carl Worms, Girl, Kendra, Jan. ’10
2005  Rachel Gadberry Mack & Robert Mack ’05, Boy, Nolan, June ’09
2005  Emily Kassekert Utech & Brenton Utech, Twins, Nathan & Benjamin, Jan. ’10
2005  Claire Loesch Kief & Joe Kief ’05, Boy, McCoyre, Mar. ’10
2005  Bethany Heinzken Robicheaux & Jay Robicheaux, Girl, Natalie, Dec. ’09
2005  Katie Ferber Knutson & Matt Knutson, Boy, Jordan, April ’10
2005  Emily Terpstra Utsch & Adam Utsch ’05, Girl, Anna, May ’10
2005  Sarah Schneeweis Johnson & Ben Johnson, Boy, Sullivan, May ’10
2005  Lindsay Fredeen Ebeling & Erik Ebeling, Twins, Hayley & Dylan, May ’10
2005  Tracy Studinski Ebnell & Jason Ebnell, Boy, Ethan, June ’10
2005  Tara Schloe Prom & Joe Prom, Boy, Peyton, June ’10
2005  Danielle Schiffer Benjamin & Adam Benjamin ’05, Girl, Lauren, Aug. ’10
2005  Erin Schumacher Scherer & Benjamin Scherer ’05, Girl, Greta, June ’10
2005  Claire Callahan Stocker & Christopher Stocker ’04, Boy, Miles, June ’10
2005  Sarah Ryan Olsen & Justin Olsen ’05, Girl, Ella, July ’10
2005  Katie Neumann Heins & Jamie Heins, Boy, Aiden, May ’10
2006  Ashley Roerick Douvier & Jon Douvier, Girl, Reagan, Nov. ’09
2006  Sara Smith Jansen & Cole Jansen ’06, Boy, Ian, Feb. ’10
2006  Tricia Nolan Meling & Shaun Meling ’05, Boy, Liam, April ’10
2006  Molly Laatsch Wurm & Mitchell Wurm, Girl, Avery, Nov. ’09
2006  Kristin Beranek Hilleshjem & James Hilleshjem, Girl, Ashlyn, June ’09
2006  Mary Simmons Thom & Joshua Thom ’05, Boy, Jackson, May ’09
2006: Joe Briese '07, Carrie Humble Briese '08, Brenna Blevins '08, Matt Smith '07, John Kohlhaas '08, Allison Lynch Moses '08, Justin Athman '08, Ben DeMarais '08, Catherine Cuddy '08, Tom Kirzeder '08, and Richard Raile '07 all gathered for Coopman, Boy, Dominic, March '10

2005: Lynn Rotchadl Coopman & Christopher Girl, Ella, July '10

2006: Beth Welle Bertram & Joel Bertram, Girl, Sally, May '09

2006: Danielle Simpson Pellitteri & Tim Pellitteri, Boy, April '10

2006: Megan Sand Carr & Carl Carr '03, Girl, Madysyn, Sept. '10

2007: Chelsie Kahlhamer Meemken & Joseph Meemken, Girl, Kiera, March '10

2007: Katie Flynn '08, Marit Swartout Kirzeder '08, Caitlin Kennedy '08, Shaina Crotteau Raile '08, Tonya Schneider '07, Laura Angell Ashbach '08.

For a complete listing of announcements, please log on to the Online Community: www.csbsju.edu/csbalum/community

With this issue, we begin a new policy for death announcements. We will list the passing of alumnae, their spouses, and children.

In memoriam

1933: Margaret Galvin Wyman, Oct. '09
1934: Monica Hughes Traxler, Jan. '10
1934: Crescent Scheuer, July '10
1936: Hazel Huber Smith, Feb. '10
1939: Marjorie Riefei Bartolotta, Nov. '09
1939: Betty Prinz Smisek, Feb. '10
1939: Kay O'Rourke Brinkman, Aug. '10
1939: Elaine Daniel Wirth, Oct. '10
1940: Elsie Tahnk Seaman, March '10
1940: Charlotte Tubbs Kephart, April '09
1941: Margo Hoffmann Clasby, July '10
1941: Elizabeth Kiner Bauer, Feb. '10
1942: Adeline Flice Seifert, March '10
1942: C. Elizabeth Cox Melby, March '10
1942: Rita Boese St. Onge, Sept. '10
1943: Mary Botz Vos, Sep., '10
1943: Margaret Rice Brunton, Mar. '10
1943: Mary Malerich, April '09
1943: Marianne Jutz Ward, April '09
1943: Jeanette O'Brien Johnson, May '10
1943: Angie Boese Bohannon, Aug. '10
1944: Dolores Johnson Boetcheier, Dec. '10
1944: Jayne Theis Theurer, Jan. '10
1944: Sr. Andre Marthaler, Oct. '10
1945: Beatrice Julig Smith, Jan. '10
1945: Gerald Morrow, Apr. '10
1946: Laurena Lenihan Petron, Jan. '10
1947: Eleanor Wolfe Latterell, June '09
1948: Marcia Lambert Donlin, June '10
1948: Sally Lloyd Michaels, June '10
1949: Loreta Novetzke Merchant, Aug. '10
1949: Francis White, spouse of Louise Koehnen White, Jan. '10
1949: Bob Fixmer , '49, spouse of Audrey Mettel Fixmer, Mar. '10
1950: Patricia Fisher Maixner, April '09
1950: Thomas Scheller, spouse of Margaret Simon Scheller, April '10
1951: Jeanne Chiu Hsiao, June '10
1951: Helen Richter, May '10
1952: Beverly Boehm, Dec. '09
1952: Dorothy Corr Hertzog, Dec. '09
1954: Lawrence Cripe '54, spouse of Marilee Zachman Cripe, Mar. '10
1955: Marie Dobias Coqyt, Jan. '10
1955: Carol McCarthy, Sept. '10
1957: Sr. Janice Wedl, March '10
1958: Sister Lynette Primus, July '10
1958: Liz Dempster Kertz, Nov. '09
1961: Kathleen Maher Siebers, April '10
1961: Rosalie Richard, Nov. '09
1963: Mary K. Mayer, Sept. '10
1963: LeRoy Moore, spouse of Margaret McLain Moore, Dec. '09
1964: Pearl Peltier Nickels, Nov. '10
1965: Sister Teresa Duerr, Jan. '10
1966: Sr. Gilmary Kemp, May '10
1967: S. Virgine Marx, Nov. '10
1968: Vidor Roy, spouse of Judy Lawrence Roy, Dec. '09
1969: Mary Quinn Hughes Lamey, April '10
1969: Bill Fernandez, spouse of Juliana Bloch Fernandez, April '10
1971: Andy Bohn, son of Linda Bishop Bohn, Jan. '10
1972: LaVonne Mallan, Dec. '09
1980: Joe Rogers '80, spouse of Maureen O’Neill Rogers, Feb. '10
1980: John McDonald, spouse of Ann Donovan McDonald, Feb. '10
1981: Kathy O’Connell Krebsbach, April '10
1984: Joyce Hanauer Deitschmann, April '10
1997: Annie Elizabeth Bahneman, age 7, daughter of Bridget Penfold Bahneman and Chad Bahneman '97
1999: Joshua Rajkowski, infant son of Susan Erlander Rajkowski, Jan. '10
2000: Kristi Merten, Oct. '10
2003: Dayleen Krahling, April '10

Faculty

Cecilia Fuchs, OSB, speech, Sept. '09
Elaine Henke, physical education, Aug. '09
John Yoakam, social work, April '09
Rich Jochman, chemistry, Dec. '09
Sarah Gebeke ’02 on location in the Namib Desert to film an episode of Bizarre Foods with Andrew Zimmern for the Travel Channel.
Describe your work:
I work in TV production at Tremendous! Entertainment for the Travel Channel show, Bizarre Foods with Andrew Zimmern. I have a few different roles.

As a story editor, I recently traveled with our crew to Namibia and Madagascar to capture story elements. This involves conducting side interviews with Andrew and with main characters appearing on camera. When I return to the office I write a story narrative describing key story elements for the final version of the show. My next travel opportunity is Chengdu, Sichuan China!

Serving as field producer involves overseeing pre-production story details and logistics, and then directing the host and crew on location. I make sure we tell the best stories in the field and have substantial footage to edit the show.

I have also served as associate producer. In this role, I do all pre-production work to ensure a successful field shoot. This involves researching story ideas, calling the in-country fixer to plan our shoot, scheduling shoot locations, writing the beat sheet for network approval, and writing deliverables for the Travel Channel website content.

How did you end up doing what you are doing?
I was a communication major at CSB. After college I moved to Los Angeles without a job, a place to live or any friends, but I had a goal to work my way to a great career! I contacted a CSB alumna working at Paramount Pictures for the Dr. Phil show, Stephanie Tripp Gholam. She got me an interview for a non-paid internship on the show and later gave me my first job as a logger on VH1’s The Surreal Life. Luckily, that was a short gig, and then I was hired as a researcher and promoted to associate producer on the Dr. Phil show. After three years in Los Angeles, I moved back to Minneapolis and produced shows for HGTV and DIY networks. I also freelanced as a writer for the Food Network.

I can honestly say my connection with Stephanie jump-started my career. She became a great mentor and is now a dear friend. I never would have made that connection without my on-campus job at the CSB Career Resource Center. Considering I had no idea what career path I wanted to take until my senior year, I’m very grateful it all worked out!

Which aspects of your CSB experiences helped you in your later achievements?
Networking with CSB grads was huge for me, whether it was job shadowing, information interviews, or attending on-campus Career Exploration series. The Communication Media Writing class gave me the story-telling tools I needed for this industry. My study abroad experience in Segovia not only fulfilled my life-long dream to live in Spain, but it ignited my passion for food, culture, and travel. This was the beginning of my career goal to work on a travel food show, and now here I am!

What is rewarding in your work?
The relationships I make with the people I work with is the most rewarding part of my job. I enjoy talking to people in other countries and learning about their culture. My favorite experience was attending a sacred ceremony with the Saklava tribe in Madagascar and sandboarding down the dunes in the Namib Desert. I can’t think of anything more exciting than traveling to remote places, seeing how the locals live first-hand, and sharing those stories with our viewers around the world.

What does the public typically misunderstand about your work?
The hours it takes to plan and film a one-hour television show is mind boggling! People also assume it’s a glamorous job, but it often involves sitting long hours in a cubical planning a show or getting very dirty in the field, whether you’re kneeling in the sand or being rained on while filming a show.

What advice do you have for students?
Set your goals high, and never give up. You’ll learn so much along the way. Push yourself beyond your comfort zone. Intern or job shadow as often as possible to learn what you can, but also remember that you may learn what you don’t want to do as well. Take advantage of the CSB tradition to network with alumnai in your field. And of course, travel as much as you can before you get your first desk job!