COLLEGE OF SAINT BENEDICT

ICELAND
LAND OF FIRE AND ICE

ABOARD THE DELUXE M.S. LE BOREAL
JULY 28 TO AUGUST 5, 2010
Dear alumnae, alumni, parents and friends:

Step into a land of contrasts, where glittering glaciers rest atop simmering volcanoes, where ancient Viking ruins exist alongside the latest in geothermal technology, and where night and day meld during summer nights of midnight sun. This is Iceland, a rugged, beautiful and everchanging landscape that serves as a testament to the powerful forces that shape our planet.

Join this rare opportunity to see Iceland’s extraordinary landscape of fire and ice. During this specially designed seven-night cruise, encounter Iceland’s wondrous sights at close range: abundant wildlife, world-renowned geological marvels and ancient cultural traditions. Discover a naturalist’s paradise, home to colonies of puffins and auks, lush mosses and marshes, and pods of minke and humpback whales that feed along this island nation’s dramatic coastline. You will cross into the Arctic Circle, where this paradoxical frontier averages a surprising 60° Fahrenheit in the summer, perfect for exploring this seldom-seen land. From towering fjords to spouting geysers and undulating lava fields, see unimaginable views that exist nowhere else on Earth. In addition, you will learn more about the first Norse settlers and their distinct traditions, great medieval sagas and supernatural beliefs in the *buldufólk* (“hidden people” or elves) and the mystical “power places” in nature—echoes from the past that are still relevant in modern Icelandic culture.

Cruise along Iceland’s rugged coast and into the breathtaking West Fjords aboard the deluxe M.S. Le Boreal, a vessel offering state-of-the-art, deluxe amenities with personalized service in a welcoming and intimate setting. To be launched in 2010, this small ship provides a unique opportunity to cruise into remote areas and dock in small ports rarely visited by even the most experienced travelers.

Don’t miss this journey into the otherworldly wonders of Iceland for an unforgettable experience. Make your reservation before December 11, 2009, while Early Booking Savings are still available. Please join us!

Peace and blessings,

Kolleen Kellom
College of Saint Benedict Travel Program
866-763-3345
320-363-5879
kkellom@csbsju.edu
U.S. Wednesday, July 28
Depart from the U.S.

REYKJAVIK, ICELAND
Thursday, July 29
Arrive in Reykjavik, the world's northernmost capital. More than half of the country's total population of 300,000 lives in or near the city. The afternoon is at leisure, or you may opt to take an excursion to the Blue Lagoon, with time to rejuvenate in its famous geothermal seawater before the transfer to the M.S. Le Boreal for the Captain's welcome reception and dinner.

ISAFJÖRDUR
Friday, July 30
Enjoy the morning cruise to the awe-inspiring West Fjords, docking in Isafjördur, a vibrant center of art and culture. See the ruggedly stunning mountains of the Djup, the dominating fjord of this extreme region. Stop at the open-air museum of Osvor to see a restored 19th-century “fishing outfit,” consisting of traditional fisherman's huts and fishing equipment that paint a vivid picture of the lives of generations of coastal Icelanders. Then tour Isafjördur's West Fjords Maritime Museum for insight into the climatic and geographical challenges faced by residents of this remote outpost.

GRIMSEY ISLAND /THE ARCTIC CIRCLE
Saturday, July 31
Bisected by the Arctic Circle, Grimsey Island is the northernmost inhabited territory in Iceland. Visit the quaint Grimsey Church, built out of driftwood in 1867, and cross into the Arctic Circle. The island is treeless but green; despite its remote Arctic latitude, its weather is mild year round. You'll see lush marshlands, grasses and mosses, as well as thriving populations of seabirds, especially auks. Their black and white coloring is similar to a penguin's, but auks have the ability both to fly and dive, a distinct and rare differentiation.

AKUREYRI
Sunday, August 1
Rise early for the unforgettable approach to Akureyri, a charming fishing port nestled beneath the mountains of Eyjafjördur, one of Iceland's longest fjords. Cross the fjord to Godafoss, “Waterfall of the Gods.” According to legend, this spectacular waterfall earned its name when an Icelandic chieftain threw wooden statues of his Norse gods into its crashing waters, signifying his conversion to Christianity. Continue to cerulean Lake Mývatn, a haven for Iceland's bountiful wild ducks. Watch for the sleek harlequin duck and the black-and-white Barrow's goldeneye, a species that nests nowhere else. Walk among the surreal lava formations of Dimmuborgir, the rocky basin of a former lava lake, and stop at Namaskard, a steaming field of boiling, sulfurous mud pots. The afternoon is at leisure in Akureyri, where you can visit the exceptional Botanical Gardens.

GRUNDARFJÖRDUR
Monday, August 2
Cruise into the majestic fjord that borders Snæfellsnes Peninsula, a captivating landscape of lava caves, waterfalls, mineral hot springs, lush foliage, glacier-tipped mountains and unique natural formations that arose during the island's active geologic history in the last Ice Age.

Cover: While the cause of their eruptions is unknown, geysers amid Iceland's vast lava fields can shoot scalding water and steam hundreds of feet into the air.

Discover the sheer power and beauty of nature in Iceland, where cascading waterfalls and ethereal rainbows surround you in mystical splendor.
From the picturesque town of Grundarfjördur, set off for Snæfellsjökull, a gleaming glacier atop a dormant volcano, embodying the island’s magnificent extremes of fire and ice. Here, explore views that inspired centuries of poets and writers, including Jules Verne, who in his novel *Journey to the Center of the Earth* chose the glacier as his doorway to inner space. In Arnarstapi and the small fishing village of Budir, see the natural phenomenon of black lava and unusual yellow sand coalesced into perfect formation.

**HEIMAEY ISLAND**

*Tuesday, August 3*

Arrive at Heimaey Island, the tall cliffs of which are inhabited by puffin, fulmar and guillemot species of birds. Located on an active volcanic belt, the island experienced a sudden, traumatic volcanic eruption in 1973, which caused the formation of Mount Eldfell (“Fire Mountain”). See the lava fields, which are still warm to the touch almost 40 years later. Stop at the precipitous headland of Storhofdi to observe the largest puffin colony in Heimaey and to take in magnificent views of the glaciers on the mainland.

This evening, cruise around Surtsey Island, a UNESCO World Heritage site. Created during a series of volcanic eruptions between 1963 and 1968, it is the youngest island in the world and one of the most fragile as it is eroding very quickly into the ocean.

**REYKJAVIK**

*Wednesday, August 4*

Today, visit the “Golden Circle,” three of South Iceland’s most renowned landmarks. Set off for Thingvellir National Park, the “assembly plain.” Here, in A.D. 930, settlers founded the legislative and judiciary hub of their Icelandic Commonwealth, arguably the world’s oldest parliament. Stroll through the dramatic rift valley where the Eurasian and North American continental plates are pulling apart and view the vast lava plain blooming with flowers and teeming with birdlife.

Listen to the cacophonous din and feel the sheer force of Gullfoss, the “Golden Waterfall,” where crystal clear glacial waters drop off at 96 feet, appearing to vanish into the earth. Visit the valley of Hankadher, famous for its geothermal waterspouts, including Geysir and Strokkur, a geyser that erupts approximately every five minutes. Stop at the Hellisheiði Geothermal Power Plant to learn more about harnessing this natural resource to provide low-cost heat and hot water.

**REYKJAVIK/U.S.**

*Thursday, August 5*

Depart Reykjavik and arrive in the U.S.

**REYKJAVIK PRE-CRUiset OPTION**

Before your cruise, spend one night in Reykjavik in the four-star Hotel Borg. Visit the vast Langjökull Glacier, the open-air Arbaer Museum and the National Museum. See the Pearl, a 10-story building that stores hot water and power for the area, an architectural wonder and a feat of engineering. Complete details will be provided with your cruise reservation confirmation.

Watch for puffins nesting in crevices along Iceland’s rocky shoreline.

Visit Snæfellsjökull crater and stand at the opening to “the centre of the Earth,” the famous starting point of Professor Lidenbrok in Jules Verne’s 19th-century fantasy *Journey to the Center of the Earth.*
INCLUDED FEATURES ONBOARD THE DELUXE M.S. LE BOREAL

♦ Seven-night cruise round trip from Reykjavik, Iceland, with port calls at Isafjördur, Grimsey Island, Akureyri, Grundarfjördur (Snæfellsjökull) and Heimaey Island.

♦ Spacious and elegant outside accommodations with private bathroom and individual stateroom climate control.

♦ Captain’s welcome and farewell receptions.

♦ All meals—Continental breakfast, buffet breakfast, buffet lunch, afternoon tea, dinner and late-evening snack—throughout the cruise, featuring fine Continental and regional cuisine, served at single, unassigned seatings.

♦ House wine, beer, soft drinks, mineral water, coffee and tea with lunch and dinner.

♦ Tour of the charming fishing town of Isafjördur, a bastion of traditional Icelandic culture, featuring the Maritime Museum and Ösvör, one of Iceland’s oldest fishing stations.

♦ Specially arranged tasting of Icelandic schnapps and dried fish in Isafjördur.

♦ Visit to the pristine island of Grimsey, located directly on the Arctic Circle and known for its lush vegetation, spectacular cliffs and diverse birdlife.

♦ Excursion to legendary Godafoss (“Waterfall of the Gods”).

♦ Excursion to beautiful Lake Mývatn, the bizarre lava towers of Dimmuborgir, the unique craters at Skútustadir and the geothermal field of Namaskard.

♦ Afternoon shuttle service in Akureyri to tour the town or the Botanical Gardens on your own.

♦ Exploration of Snæfellsnes Peninsula, including the quaint fishing town of Grundarfjördur and the geological wonders of the Snæfellsjökull Glacier.

♦ Tour of volcanically formed Heimaey Island to see playful puffins, ruins of ancient Viking villages and the still-warm and smoldering lava fields of Eldfell (“Fire Mountain”).

♦ Circumnavigation of Surtsey Island, Iceland’s most active volcanic island and a UNESCO World Heritage site.

♦ Excursion to Thingvellir National Park, a UNESCO World Heritage site, to view the rift valley and stunning Gullfoss, with lunch amid the spouting geysers and hot springs of Geysir.

ENHANCED TRAVEL SERVICES

♦ All transfers and luggage handling abroad for all participants who have purchased their air tickets through Gohagan & Company and whose arrival(s)/departure(s) coincide with the scheduled group transfer(s).

♦ All excursions and visits, as outlined in the itinerary, led by experienced, English-speaking local guides.

♦ Gratuities for local guides and drivers on included excursions and transfers.

♦ Experienced Travel Director to accompany you throughout the travel program.

♦ Hospitality desk aboard the ship.

♦ Travel document wallet, name badge and pre-departure information.

♦ Automatic $250,000 flight insurance policy for each participant ticketed on flights by Thomas P. Gohagan & Company.
Introducing the Next Generation of Deluxe Small Ships

M.S. Le Boreal

State-of-the-Art Design
Introducing the deluxe M.S. Le Boreal, custom-built in Italy to revolutionize small ship cruising. Featuring a new generation of ship design and technology, this ship will set unprecedented standards in elegance and comfort. The M.S. Le Boreal is specially designed to fulfill the needs of the most discerning passengers who have cruised aboard the highly acclaimed M.S. Le Diamant.

120 Exceptionally Spacious Accommodations
The large Staterooms and Suites range in size from 200 to 398 square feet. Ninety-five percent feature private balconies, most with open railings and some with a partial half wall.

Exclusive Deluxe (Luxury) Suite and Stateroom Amenities
All Suites and the majority of the Staterooms feature two twin beds which can be converted into one queen-size bed, a private bathroom with shower (some with bathtub), international direct dial telephone, satellite flat screen television, DVD/CD, iPod dock with speakers, wireless Internet access, safe, minibar, full-length closets, writing desk/dressing table, hair dryer, duvet and plush terrycloth robes.

Exceptional Dining Experience/Flexible Dining Options
International and local cuisine is served in the stylish, spacious Dining Room in a single, unassigned seating; alfresco in the casual indoor-outdoor Grill Restaurant on Le France Deck, available at select times; or from 24-hour Room Service. Continental and buffet breakfast, buffet lunch, afternoon tea, a three-course dinner and a late-evening snack are served daily. Complimentary wine and beer are served with lunch and dinner. Additionally, bar service is available on the Sun Deck.

Exceptional and Spacious Public Areas
Inviting and spacious public areas have been designed to accommodate passenger numbers exceeding the ship’s capacity. The attractive 3,000-square-foot Le Club lounge, where nightly entertainment is showcased, is complete with a dance floor, while the Panoramic Lounge is designed to offer breathtaking views. The state-of-the-art theater is the perfect venue for lectures, cultural performances and film screenings. There is a library, casino, Internet salon offering computer stations and Internet access, beauty salon, elevator and infirmary.

World-Class Recreational Facilities
Recreation, fitness and wellness facilities include a swimming pool, spa, Turkish bath-style steam room, full range of fitness equipment and open-air Sun Deck. The ship is equipped with Zodiac landing craft in addition to two large tenders.

Passenger and Environmentally Friendly
The technologically superior electric propulsion system enables the ship to cruise with little vibration and significantly less engine noise to provide an exceptionally smooth, quiet and comfortable cruise. The ship operates using the latest “Cleanship” standards and the advanced navigational dynamic positioning system designed to prevent contact with environmentally sensitive seabeds.

Unmatched Services
The highly trained English-speaking International Crew provides refined hospitality and attentive service to the most discerning passengers. There is a doctor and nurse aboard ship. Laundry services are available.

Fuel-Efficient Electric System
M.S. Le Boreal is proud to introduce the next generation of deluxe small ships, powered by the newly developed, highly fuel-efficient electric propulsion system that has previously been available only on larger vessels and featuring an advanced navigational system. M.S. Le Boreal meets the highest security standards.
GREENLAND POST-CRUISE OPTION

Extend your exploration of the far North and its geological phenomenon on our optional five-night Post-Cruise to remote Greenland, an island nearly covered by an ice cap that holds 10% of the world’s total fresh water reserves. The ice in all its many forms is living art, dazzling in the light and mysterious in the fog—and suffused by an aura of unfathomable vastness.

Just south of the Arctic Circle, spend two nights in Tasiilaq, the largest community on Greenland’s east coast (population 1,800), and two nights in the isolated village of Kulusuk (population 300), spectacularly located on the craggy slopes of an ice-filled bay. East Greenland features some of the most spectacular scenery in the country, and its stunning peaks, dramatic fjords and giant glaciers have been described as a “dream landscape.”

This program includes the flight from Iceland, helicopter and boat transfers, an excursion to a glacier and guided walks amid extraordinary landscapes. Here, learn more about the daily life, history and traditional culture and religion of the Inuit people, nomadic hunters of Siberian descent, who settled here 5,000 years ago. The Inuit still form the largest part of Greenland’s population and live a very traditional way of life, including hunting and fishing for food and dog-sledding.

Come with us to the very edge of civilization: a world with deep links to its ancient culture and land, yet poised to make the most of modern innovations—a place simply unlike any other on earth. Complete details will be provided with your cruise reservation confirmation.

Soaring icebergs rise majestically from the waters surrounding Greenland, the largest island not considered a continent and home to some of the most striking scenery in the world.
Enclosed is my/our check(s) for $__________ as deposit ($600 per person, plus $200 per person Reykjavik Pre-Cruise and/or $200 per person Greenland Post-Cruise). Make check(s) payable to Thomas P. Gohagan & Company. Deposits can also be made by credit card; however, all FINAL payments are required to be made in cash, by check or wire transfer by April 23, 2010.

I/we authorize you to charge my/our deposit to:    □ Visa    □ MasterCard

Card Number ___________ Exp. Date ___________ Signature as it appears on credit card

I/we want to make reservations in stateroom category:

1st Choice: _______ 2nd Choice: _______
□ Double occupancy (one queen bed).
□ Double occupancy (two twin beds).
□ Single accommodations.
□ I am reserving as a single but prefer to share accommodations and will allow you to select my roommate (shares cannot be guaranteed).

REYKJAVIK PRE-Cruise Reservations
□ Double at $595 per person.
□ Single at $795 per person.
□ I am reserving as a single but prefer to share accommodations and will allow you to select my roommate (shares cannot be guaranteed).

GREENLAND POST-Cruise Reservations
□ Double at $2995 per person.
□ Single at $3995 per person.
□ I am reserving as a single but prefer to share accommodations and will allow you to select my roommate (shares cannot be guaranteed).

Program Air:
□ Flights Chicago/Reykjavik with return Reykjavik/Chicago. Airfare is available at an additional cost to be advised. 1
□ Flights from ________________________________ (fill in departure city) to Reykjavik, Iceland, with return from Reykjavik at an additional cost to be advised. 2
□ Class: □ Economy □ Business □ First

An Air Coordinator will contact you no later than four months prior to departure regarding your selections. Please contact your travel agent or air carrier directly for any deviations to the above.

Note: Airfare is subject to change and availability and is nonrefundable.

□ I/we will make my/our own air arrangements.

For more information, please call Gohagan & Company at (800) 922-3088.

Send to:
Iceland: Land of Fire and Ice 2010
Thomas P. Gohagan & Company
Eleven South LaSalle Street, Second Floor
Chicago, IL 60603-1240

Title: ______ Full name (exactly as it appears on your passport)

Title: ______ Full name (exactly as it appears on your passport)

Address (no P.O. Box number please):

City ___________________ State _______ ZIP Code ______

Telephone: (Home) _______ (Business) ______

Email Address _______ (Mobile) ______

Preferred name(s) on name badge(s): Tour No. 107-07/28/10-269

□ Single are available in category 6 at $9995 and in category 4 at $10995 on or before December 11, 2009. Add $1000 for reservations made after December 11, 2009.

□ Taxes are an additional $395 per person and are subject to change.
Soak in the rejuvenating waters of the Blue Lagoon, Iceland’s natural geothermal spa.

CONTRACT: TERMS & CONDITIONS
NOT INCLUDED:
Taxes; passport fees; visas and fees for obtaining visas; personal expenses such as laundry and telephone calls; accident/sickness, trip cancellation, and baggage insurance; gratuities to ship personnel; optional sightseeing excursions; excess baggage charges on aircraft; local departure area taxes; airline and associated local taxes, airport facility taxes and federal inspection fees not listed in the “Included Features” section; transfers and baggage handling to/from airport/hotel/ship on day(s) of arrival and/or departure; 1) if you have not purchased your air arrangements through Thomas P. Gohagan & Company, or 2) if you are arriving earlier or later than and/or departing earlier or later than the scheduled group transfer(s); meals and alcoholic beverages not listed in the “Included Features” section; and all other services not specifically mentioned in the “Included Features” section.

AIRFARE:
Airfare is subject to change and availability and is nonrefundable. Your airline ticket constitutes a contract between you and the airline (not Thomas P. Gohagan & Company), even if purchased through Thomas P. Gohagan & Company.

LUGGAGE:
Luggage allowance policies are set by the airlines and may change without prior notice. Please contact your airline(s) for the most current luggage allowance policy.

HEALTH:
Any physical or mental condition that may require special medical attention (for example, the need for a wheelchair) must be reported in writing when you make your reservation.

DISCOUNTED RESERVATIONS:
Discounts apply only to those reservations received in the offices of Thomas P. Gohagan & Company in writing, accompanied by the required deposit, by December 11, 2009. In the event a “discounted” reservation must be cancelled, no “replacement” reservation can be substituted at the discounted rate. A “replacement” reservation is, in effect, a new reservation and can be substituted only at the full-fare tariff. Cancellation and/or default payment cancellation fees apply as outlined in this “Contract: Terms and Conditions” for the “replacement” reservation and the cancelled reservation.

CANCELLATIONS AND REFUNDS:
Cancellations for all or any part of the trip will not be effective until received in writing in the offices of Thomas P. Gohagan & Company. Should you have to cancel, the following terms will apply: reservation cancellations are subject to a $200 per person administrative fee from the time of booking through 120 days prior to departure; from 95 through 119 days prior to departure, $500 per person; from 60 through 94 days prior to departure, 50% of the published full regular tariff; cancellations 59 days or less prior to departure, a no-show; or early return from the trip will result in forfeiture of 100% of the published full regular tariff. In addition, any applicable airline cancellation fees and administrative fees will be assessed.

PRE- AND POST-CRUISE CANCELLATIONS:
Should you have to cancel, the following terms will apply: reservation cancellations are subject to a $50 per person administrative fee from the time of booking through 120 days prior to departure; from 95 through 119 days prior to departure, $250 per person; from 60 through 94 days prior to departure, 50% of the published full regular tariff; cancellations 59 days or less prior to departure, a no-show; or early return from the trip will result in forfeiture of 100% of the published full regular tariff. In addition, any applicable airline cancellation fees and administrative fees will be assessed.

Responsibility:
Thomas P. Gohagan & Company, the sponsoring institution or association, and its and their employees, shareholders, subsidiaries, affiliates, officers, directors or trustees, successors, agents, and assigns (collectively “Gohagan”), do not own or operate any entity which is to do or does provide goods or services for your trip including, for example, lodging facilities, airline, vessel, or other transportation companies, guides or guide services, local ground operators, providers or organizers of optional excursions, food service providers, etc. All such persons and entities are independent contractors. As a result, Gohagan is not liable for any negligent or willful act or failure to act of any such person or entity of any third party.

In addition and without limitation, Gohagan is not responsible for any injury, loss, death, inconvenience, delay, or damage to person or property in connection with the provision of any goods or services whether resulting from, but not limited to, acts of God or force majeure, acts of war or civil unrest, insurrection or revolt, animals, strikes or other labor activities, criminal or terrorist activities of any kind, sickness, illness, the lack of availability of or access to appropriate medical attention, overbooking or downgrading of accommodations, mechanical or other failure of airplanes or other means of transportation, or for any failure of any transportation mechanism to arrive or depart on time.

If due to weather, flight schedules or other uncontrollable factors, you are required to spend an additional night(s), you will be responsible for your own hotel, transfers and meal costs. Baggage is entirely at owner’s risk. The right is reserved to decline to accept or retain any person as a participant on these trips at any time. Specific room/cabin assignments are within the sole discretion of the hotel/cruise line.

Gohagan reserves the right to change the itinerary or trip features at any time and for any reason, with or without notice, and Gohagan shall not be liable for any loss of any kind as a result of any such changes. Gohagan may cancel a trip for any reason whatsoever; if so, its sole responsibility is to refund monies paid by the participant to it. Gohagan is not required to cancel any trip for any reason including without limitation, United States Department of State, World Health Organization or other Warnings or Advisories of any kind. All fares, as well as ship schedules, port calls, hours of arrival and departure, special programs and guest lecture series (if applicable), are subject to change or cancellation without prior notice. Gohagan shall not be required to refund any portion of the fare or make any other compensation under these circumstances. Gohagan is not responsible for penalties assessed by air carriers resulting from operational and/or itinerary changes, even if Gohagan makes the flight arrangements or cancels the trip. Gohagan reserves the right to substitute vessels or hotels of a similar category for those listed in this brochure. Gohagan reserves the right to increase the tour price in the event of cost increases due to changes in airfares, currency fluctuations or fuel surcharges and all such increases are to be paid to Gohagan upon notice to the tour participant of such increases.

ARBITRATION AGREEMENT: Any controversy or claim arising out of or relating in any way to these Terms and Conditions, to the Responsibility Clause, to the brochure, or any other information relating in any way to the trip, or to the trip itself, shall be settled solely and exclusively by binding arbitration in Chicago, Illinois, in accordance with the commercial rules of the American Arbitration Association then existent.

RATES:
Prices quoted are based on fares in effect at the time of printing and are subject to change prior to departure.

REGISTRATION:
CST#: 201386-8-0, WSTR#: 601 767 666, OSTR: TA 0905;
ACCEPTANCE OF CONTRACT:
By forwarding of deposit, the participant certifies that he/she does not have any mental, physical or other condition of disability that would create a hazard for him/herself or other participants and accepts the terms and conditions of this contract.

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Travel Arrangements by: Thomas P. Gohagan & Company.

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