



College of St. Benedict & St. John's University  
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***Empowering high school students to recognize and develop their talents in order to achieve college admission and make informed decisions about their futures.***

**REFERENCE FORM**

**APPLICANT INFORMATION & INSTRUCTIONS:** Please fill out this portion of the recommendation form and then give it to a teacher, coach or club leader who knows you well enough to comment on your abilities. (This person MAY NOT be a member of your family.) Your teacher, coach or club leader will then return it to you in a sealed envelope to be handed in with the rest of your application.

Name of Student: \_\_\_\_\_

Name of High School: \_\_\_\_\_ Grade: \_\_\_\_\_

**REFERENCE INFORMATION & INSTRUCTION:** The student listed above is applying to join the Fast Forward Youth Program (FFYP). The FFYP seeks to help students who are traditionally underrepresented in higher education to prepare for college admission through ACT practice, college visits, assistance with college applications, guidance in the financial aid process, and general tutoring and mentoring. Your reference, accompanied by the student's application and interview, will help us judge whether or not this student is a good fit for participation in the Fast Forward Youth Program. After completing this form, please return it to the student in a sealed envelope with your name signed over the seal and the student's name written on the front. It will be turned in with the rest of his/her application materials.

Reference Name: \_\_\_\_\_ Position: \_\_\_\_\_

Relationship to Applicant: \_\_\_\_\_ Length of time you have known the applicant: \_\_\_\_\_

<b>Please rate applicant using the criteria listed below by placing an 'X' in the appropriate box.</b>	<b>Excel- lent</b>	<b>Very Good</b>	<b>Good</b>	<b>Fair</b>	<b>Poor</b>	<b>No Basis to Judge</b>
<u>Responsibility</u> Capable of making decisions that reflect good judgment						
<u>Dependability</u> Completes work with minimal supervision and consistent quality						
<u>Integrity</u> Displays convictions to a positive set of values						
<u>Maturity</u> Exhibits positive modeling in interpersonal relationships						
<u>Respect for Authority</u> Works well with those in charge and takes instruction well						
<u>Stress</u> Tolerates emotional and stressful situations with confidence						
<u>Criticism</u> Responds openly and positively to feedback						
<u>Enthusiasm</u> Shows lively interest in new opportunities						

***All information provided on this form is confidential.***

**CONTINUED ON OTHER SIDE**

How does this applicant demonstrate responsibility and maturity? \_\_\_\_\_

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How has the applicant demonstrated the dedication necessary to participate in this program and work toward college admission? \_\_\_\_\_

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Describe the applicant's strengths: \_\_\_\_\_

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Describe challenges that the applicant may face: \_\_\_\_\_

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Signature: \_\_\_\_\_ Date: \_\_\_\_\_

***All information provided on this form is confidential.***