First Generation November Recaps

In November the First Generation Program hosted two workshops, attended a play and the Festival of Cultures event. Our first workshop was about how to manage stress and students learned skills to help them relax and recognized stressful situations. A group of us had dinner and then attended You Can’t Take It With You on November 12. The show was very entertaining! For spring we will be attending the Step Afrika show. Our second workshop was You Want to Study Abroad? With the upper class students. Students had the opportunity to ask questions about the application process, how to pay for study abroad, and what resources are available to them. Our last event of the month was attending the Festival of Cultures on November 21st.

Meet Theresa Anderson

I grew up in Caldwell, Idaho, which I still consider “home” even though I’ve lived away from Idaho longer than I actually lived in “Idahome.” I left home for Portland, Oregon, and a bachelor’s degree from Lewis & Clark College with a major in psychology and a minor in religious studies. (Along the way, I learned some Russian, entertained a political science major and funded most of my education by working full time in the college’s financial aid office.) I was ultimately the first in my family to earn a bachelor’s degree and went on to earn a master’s degree in counseling from Indiana University. I was positive that, following graduate school, I would move back to the Pacific Northwest and that I would continue to work in a college environment. I was also absolutely sure that I would not be an academic advisor. As you have probably figured out, things turned out a bit differently than I had planned: I moved to the Northwest Territory instead of the Pacific Northwest. I was, fortunately, right about wanting to work with college students. And it turns out that academic advising is a fabulous career fit for me. After all, I get to work with people as they define themselves and their future goals.

I think it is important to know that people with expertise didn’t always have expertise. I didn’t always know how to study well, participate meaningfully in class or connect what I was learning in psychology with the gender studies class I was taking. Life isn’t a you-know-it-or-you-don’t enterprise. Whatever you don’t know, you can learn. And college is about learning how to learn—learn by reading, writing, living with others, traveling, trying new things and meeting new people. Learn about who you are when you are away from home, your resilience and how you recover from setbacks, how to ask questions that lead to more questions. Two of my favorite questions: For me--Why do I make the choices I make? For teachers and mentors--What else should I know about this topic/experience/etc.? Best piece of academic advice I received in college: Go to class no matter what. You’ll learn something. Enjoy college!
Welcome to CSB Campus Ministry!

At CSB Campus Ministry, we are committed to accompanying you on your spiritual journey wherever you might find yourself, whether that means breaking bread together, helping you understand the Christian conscience, offering you exposure to other world faiths, involving you in active engagement and service, or praying and participating in retreats together. Our ministry at CSB includes Liturgy, Spirituality and Social Justice, Faith Communities, and Alternative Break Experience trips.

**LITURGY**

Student ministers like you are an integral part of Campus Ministry and liturgy, whether you volunteer to minister at mass or decide to participate in other events. There variety of opportunities for liturgy and worship during the academic year are abundant, including a weekly student mass, reconciliation, and becoming Catholic through the RCIA (Rite of Christian Initiation of Adults).

**ALTERNATIVE BREAK EXPERIENCES**

Each year, students trade a beachside trip to Cancun for a more meaningful winter and spring break experience. Campus Ministry works hard to provide meaningful trips, both nationally and internationally offering exposure to other cultures, places, and ways of life through service. If you are interested, it is not too late to sign up for a spring break trip!

**FAITH COMMUNITIES**

The Faith Communities Ministry of CSB believes that people of all faiths and backgrounds are created in love, to give and receive love. Through respectful dialogue, faith sharing, prayer and fellowship, we explore the strengths of our common values and the richness of our differences. We provide opportunities for interfaith dialogues, Bible Study, Catholic theological dialogue, and multifaith awareness emails.

**SPIRITUALITY AND SOCIAL JUSTICE**

This ministry integrates social justice and spirituality in promoting an active and lifelong commitment to living both prayerfully and justly. You can get involved in Urban Plunges, volunteering projects, retreats, advocacy, and more!

**We hope to see you get involved! Contact us anytime to learn more!**

CSB Campus Ministry
Murray Hall Suite 150
csbcampusministry@csbsju.edu
Summer Employment: Start Now!

Sooner than later, the lines at your local fast food joints will be filled with more summer job seekers than hungry customers. Mallrats will be replaced by well-mannered students with résumés in hand. And your parents will begin a steady, annoying cadence that will only end when you’ve got a place to finally stamp your timecard:
"Have you found a job yet… Have you found a job yet? Have you found a job yet?!?"

Well, have you? Sure, you can choose to diss the job search all together, and spend the summer bored, broke and having to do mom and dad’s laundry every morning just to pass the time. But that’s just awkward for everyone.
In other words, you need a part-time/hourly summer job. And in order to beat the flood of slackers that will spill onto the 'Net and into stores once we work our way into June, you need to start looking now. According to a recent Junior Achievement summer jobs survey, more than 85 percent of students ages 15 and older plan on looking for jobs. And if you do the quick math, you’ll realize not everyone is going to get their first choice of jobs (or second, or third). Someone is digging ditches, but that someone doesn’t have to be you.

From Snagajob.com

So start thinking about your summer job options now! Check out the Career Services website for more information!
www.csbsju.edu/career/students/gaining/summeremployment.htm

Study Abroad Deadline Approaching!

The deadline for applications to study abroad for all semester long programs for 2010-2011 is January 15, 2010. Three references are needed for the application, so students must begin working on this now!
For more information:
www.csbsju.edu/internationaleducation/home/postapplication.htm

Applications for RA or CA Positions

Find Your Place…

If you are going to be studying abroad next semester but want to interview for the 2010-2011 RA or CA positions the application process is available on-line and are due on Monday, December 7, 2009. Interviews for students going abroad will be held December 7-11, 2009.

www.csbsju.edu/csbreslife/ra_application/RA_CA_ApplicationProcess.htm
# Upcoming First Generation events!

Mark your calendar for these upcoming First Generation Events!

**First Year Workshop:**
**Making the Most of Your College Experience**
Tuesday, December 1, 4:30 pm to 5:30 pm
Murray 001
Presenter: Ashley Ver Berg, President of CSB Senate

**Second Workshop:**
**The Benefits of Internships**
Monday, December 7, 4 pm to 5 pm
Gorecki 204A
Presenter: Julie Christle, Internship Program

**Social:**  **Climbing Wall at SJU**
Sunday, December 6, 7 pm to 9 pm
SJU Climbing Wall

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## Upcoming Campus Events and Activities

### December 2009

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