

Emergency Information

FOR PARENTS

2011
2012

COLLEGE OF
Saint Benedict



Saint John's
UNIVERSITY

Important Phone Numbers

Contact Information

CSB Security (320) 363-5000

Darren Swanson, Director of Security

SJU Life Safety (320) 363-2144

Shawn Vierzba, Director of Life Safety

CSB Residential Life (320) 363-5580

Mary Beth Thompson, Director of Residential Life –
Facilities & Operations

Shelby Wentworth, Director of Residential Life –
Staffing & Programming

SJU Residential Life (320) 363-3512

Dan McAvey, Director of Residential Life and Housing

**CSB/SJU Counseling and
Health Promotion** (320) 363-5605
(320) 363-3236

Michael Ewing, Ph.D., LP,
Director of Counseling and Health Promotion

CSB Health Services (320) 363-5605

HealthPartners Clinic – SJU Campus (320) 363-2430

CSB Dean of Students (320) 363-5601

Jody Terhaar

SJU Dean of Students (320) 363-3512

Michael Connolly

St. Joseph Police (Non Emergency) (320) 363-8250

Chief Peter Jansky

Stearns County Sheriff (Non Emergency) (320) 251-4240

John Sanner, County Sheriff

Saint Cloud Hospital (320) 251-2700

Gold Cross Ambulance (320) 251-8505

Dear Parents,

All college campuses are committed to providing a safe and secure environment for students, faculty and staff. We want to provide you with information about our services, programs, and policies related to serious situations that can occur on a college campus. Included in this newsletter you will find information about mental health issues, criminal activity, medical emergencies, sexual assault, and human rights. We want to provide you with some basic information to answer common questions and contact information should you have any additional questions or concerns.

Sincerely,

Jody Terhaar
Dean of Students
College of Saint Benedict
jterhaar@csbsju.edu
320-363-5601

Michael Connolly
Dean of Students
Saint John's University
mconnolly@csbsju.edu
320-363-3512

Campus Emergency Information

Major Campus Emergency

In the case of a major campus emergency, information would be posted and updated on the CSB/SJU Web site. Depending on the nature of the emergency, information would also be communicated via television and radio.

Emergency Notification System

The College of Saint Benedict and Saint John's University have partnered with ConnectED, a company that provides the technology for mass notification services to keep students, parents, faculty and staff informed and connected in the event of an emergency. The ConnectED program allows students to enter up to six phone numbers and e-mail contacts to which emergency messages would be sent. Students have the option to add their home phone number, cell phone number, parent(s) home and cell phone information in addition to e-mail addresses. Additional information about ConnectED can be found at www.csbsju.edu/ConnectEd.htm.

Emergency Contact Information

CSB Security and SJU Life Safety Services provide 24-hour coverage for the campuses and are available to provide assistance after regular business hours.

CSB Security (320) 363-5000

SJU Life Safety Services (320) 363-2144

Residential Life Staff Support & Resources

At the College of Saint Benedict, Residence Directors (RDs) live in the residential community with students and supervise the student Resident Assistants (RAs). At Saint John's University, the residence hall staff includes Faculty Residents (FRs) and Resident Assistants (RAs). The Residence Directors and Faculty Residents serve as mentors, informal counselors, disciplinarians and role models. In conjunction with the Resident Assistants, the Residence Directors and Faculty Residents are available to provide support and guidance to students. They are also available to you as parents if you have questions or concerns about your daughter or son.

Residential life staff members on both campuses are available to assist you and your student. For specific contact information, please utilize the links below:

CSB - www.csbsju.edu/csbreslife/staff.htm

SJU - www.csbsju.edu/sjureslife/staff.htm

Criminal Activity

The College of Saint Benedict and Saint John's University are fortunate to be safe communities. The level of safety on our campuses is due to the diligence of our Campus Security and Life Safety staffs and our relationship with local law enforcement. It is imperative for students to be partners in maintaining campus safety and security and we expect students to be responsible for their own safety and attentive to the safety of the campus community.

The CSB Security Department and SJU Life Safety Services have a strong commitment to providing education to our students and other community members. We encourage you to explore the Web site for each department so you can reinforce the messages and encourage proactive behaviors in regard to personal safety.

Both CSB and SJU are in full compliance with the Campus Security Act and the annual Campus Safety Reports for each institution and are available online at:

www.csbsju.edu/CSB-Security/Annual-Crime--Fire-Safety-Report.htm

Medical Emergencies

In the case of a medical emergency, CSB Security or SJU Life Safety should be contacted immediately. Both departments have officers and staff who are Emergency Medical Technicians and First Responders. If it is an emergency requiring immediate assistance, 911 should be called. The agencies that respond to the College of Saint Benedict and Saint John's University are Gold Cross Ambulance and St. Joseph Fire and Rescue. The Saint Cloud Hospital receives students who are transported by ambulance or are in need of emergency or crisis medical care.

CSB Health Services

The College of Saint Benedict Health Service, located in the lower level of Lottie Hall, in conjunction with Counseling and Health Promotion forms the CSB Health Center. The Health Service is designed with the specific needs of college women in mind. The women of Saint Benedict will find an experienced staff who can address their needs in a comfortable, confidential environment. The Health Service offers primary care including treatment of acute illnesses, injuries and mental health concerns; preventative health exams; travel consults; and immunizations. Hours are Monday through Friday, 8 a.m. – 4:30 p.m. To better serve patients, appointments are preferred and can be made on-line, if desired.

HealthPartners Clinic – SJU Campus

HealthPartners Central Minnesota Clinics operates a clinic providing primary care and urgent care services in the south wing of the Quadrangle on 1st floor. The clinic is open Monday through Friday, 9 a.m. to 5 p.m. during the fall and spring semesters. Days and hours of service may be reduced during breaks and over the summer. Services offered include checkups, physical examinations, immunizations, travel consultations and vaccinations, urgent care and treatments. NovaCare physical therapy services are available here also. HealthPartners operates on a fee-for-service basis and accepts most insurance plans. Please see the HealthPartners Saint John's Clinice website for more information: www.csbsju.edu/sju-health-center.htm.

Mental Health Services and Programs

The CSB/SJU Counseling and Health Promotion department (CSB: Lower Level Academic Services Building; SJU: Ground Floor Mary Hall 10) include psychologists and counselors who provide counseling and psychological services to currently enrolled CSB/SJU students. The following is offered as a primer of the services available on-campus.

Individual Counseling

Students can work individually with a clinician to explore concerns and work towards a better understanding and resolution of difficulties. Each year 350-425 CSB/SJU students utilize counseling and psychological services via CSB/SJU Counseling and Health Promotion offices. Some of the common concerns students discuss in counseling include: self-esteem, stress/anxiety, depression, relationship difficulties, family issues, academic performance, alcohol or other drug use, and disordered eating behaviors.

Scheduling Appointments

CSB/SJU students interested in scheduling an appointment with a clinician are welcome to call the Counseling and Health Promotion office at either CSB (320-363-5605) or SJU (320-363-3236). Appointments can also be made by stopping at either the CSB Office (Lower Level, ASB 104) or the SJU office (Ground Floor, Mary Hall 10). Office hours are 8 a.m. to 4:30 p.m. (Monday-Friday). Parents, friends, or faculty cannot schedule appointments for a student and appointments cannot be made via e-mail.

Crisis Counseling

Students or concerned others can contact Counseling and Health Promotion (CHP) to request assistance with a crisis or emergency. When calling or visiting CHP for crisis/emergency assistance, students or concerned others should identify themselves and clearly indicate that they are in need of assistance with a crisis/emergency. In the event of an after-hours crisis/emergency (as noted above CHP offices are staffed Monday – Friday 8 a.m. – 4:30 p.m.) students or concerned others are encouraged to contact CSB Campus Security (320-363-5000) or SJU Life Safety Services (320-363-2144). Campus Security/Life Safety staff members will coordinate responses to requests for after-hours crisis/emergency consultation.

Mental Health Screenings

Mental health screenings for depression, anxiety, alcohol abuse, and eating disorders are offered to CSB/SJU students on Wednesdays from 1-3 p.m. Clinicians at both CSB and SJU Counseling and Health Promotion offices provide free, anonymous screenings to students of either campus on a walk-in basis during this time. These mental health consultations/screenings take approximately 20 minutes. For more information please contact the Counseling and Health Promotion office at either CSB (320-363-5605) or SJU (320-363-3236).

Consultations

Consultation services are available to students and concerned others (faculty, staff, students, and parents) to help them address the developmental and psychological needs of students. When utilizing this service, please be advised that professional and ethical standards require counseling staff members to maintain confidentiality of client contacts and records (see below).

Confidentiality

Counseling records are kept separate from other campus records to ensure students' privacy and confidentiality. Information regarding a student's use of counseling and psychological services can only be provided if students in question have provided their written (informed) consent to permit the disclosure. This restriction applies to both current and past use of counseling services. An exception to these standards can be made when a student is at imminent risk of harming self or others.

Cost

There are no fees for counseling and psychological services. There may be nominal fees for testing/assessment and some educational workshops.

Sexual Assault/Sexual Assault Policy

The College of Saint Benedict and the Order of Saint Benedict, Inc., Collegetown, are committed to maintaining an environment which is free from the physical and emotional threat of sexual assault. The Joint Sexual Assault Policy defines sexual assault as sexual contact or penetration without consent. These institutions will investigate and

promptly seek the equitable resolution of all allegations of sexual assault and abide by the Joint Sexual Assault Policy and Sexual Assault Complaint Procedures for Sexual Assault Violations.

In institutions such as ours, which espouse Catholic and Benedictine values, every community member's awareness of and respect for the rights and human dignity of every other member undergirds community life. These values demand that we strive to create an environment where the sacredness of each person is honored. Sexually assaultive conduct violates the sacredness of the person, weakens the health of the community, and is antithetical to the mission of these institutions. Therefore, we will not tolerate sexual assault in any form.

In addition to initiating a complaint under the Joint Sexual Assault Policy, students are also strongly encouraged to make a report to local law enforcement. Both CSB and SJU work closely with local law enforcement in handling sexual assault complaints and investigations.

The complete Joint Sexual Assault Policy and the Joint Sexual Assault Complaints Procedure for Sexual Assault Violations can be found on our website at www.csbsju.edu/Human-Rights/Sexual-Assaults.htm.

Harassment/Human Rights Policy

The College of Saint Benedict and the Order of Saint Benedict, Inc., Collegetown, are committed to creating and maintaining an environment in which all members of the community are aware of and respect the rights and human dignity of every other member. Therefore, we will investigate and promptly seek the equitable resolution of allegations of discrimination relating to race, creed, religion, color, national origin/ethnicity, sex, sexual orientation, age, marital status, status with regard to public assistance, or disability.

Sexual harassment or other forms of harassment based on race, creed, religion, color, national origin/ethnicity, sex, sexual orientation, age, marital status, status with regard to public assistance, or disability are reprehensible, are antithetical to the mission of these institutions, and will not be tolerated. In institutions such as ours, which espouse Catholic and Benedictine values, every community member's awareness of and respect for the rights and human dignity of every other member undergirds community life. Attitudes of condescension, hostility, stereotyping, and other forms of bigotry and intolerance weaken the health of the community. Furthermore, discrimination and harassment compromise the integrity of a liberal arts education because they make the learning, residential and working environments hostile, intimidating, and offensive; they destroy opportunities to develop strong positive self-concepts and the sense of self-confidence which is essential to living out the ideals of a liberal education. In addition, persons who harass others compromise their own integrity and credibility. Consequently, neither the College of Saint Benedict nor the Order of Saint Benedict, Collegetown, will knowingly permit the violation of the Joint Human Rights Policy.

The complete Joint Human Rights Policy and Joint Complaint Procedure for Human Rights Violations can be found on our website at www.csbsju.edu/human-rights.htm.

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