

community

A newsletter for the faculty and staff of the College of Saint Benedict and Saint John's University

Baenninger Named CSB President

MaryAnn Baenninger, Ph.D., has been named the 14th president of the College of Saint Benedict by the college's Board of Trustees. She will begin her official duties on August 1. She succeeds Carol Guardo, who has served as president of the college during the 2003-04 academic year.

Baenninger is the executive associate director of the Middle States Commission on Higher Education in Philadelphia, Pa. The Commission is a non-governmental, peer-based membership association dedicated to educational excellence and improvement through peer-evaluation and accreditation. As a senior staff member of the Commission, Baenninger serves as liaison to a diverse group of 110 member colleges and universities in the Middle States region. In her role, she oversees the evaluation of educational and institutional effectiveness and works with peer reviewers to make recommendations regarding accreditation actions.

Prior to her post with Middle States, Baenninger was a tenured associate professor in the department of psychology at The College of New Jersey, Ewing, N.J. Before that, she served on the faculty of Philadelphia University in Philadelphia, Pa. and Washington College in Chestertown, Md. Baenninger received her Ph.D. from Temple University, where she also completed her bachelor's degree in psychology, summa cum laude, Phi Beta Kappa.

"I am excited to have this opportunity to lead one of the premier Catholic liberal arts colleges in the country," Baenninger said. "Saint Benedict's distinctive liberal arts mission, its commitment to the development of young women, its strong Catholic and Benedictine values and its extraordinary relationship with Saint John's University make this opportunity a particularly important and appealing one for me. I look forward to becoming part of this wonderful community."

This is a significant moment in the history of the College of Saint Benedict, said CSB Board of Trustees chair Susan Lester. "Our paramount objective in making this selection was that the president embrace the mission of the College of Saint Benedict and lead us to a new level of academic excellence as well as provide a vision for the education of women for the 21st century," Lester explained. "MaryAnn is an energetic, dynamic, articulate leader with an exceptional sense of higher education. Under her leadership, we will build on the college's tremendous gains in quality and reputation over the past decade."

In the past 10 years, CSB became the only Catholic college for women ranked among the top 100 liberal arts colleges in the U.S. The college has significantly improved both its enrollment and the academic profile of its students, while at the same time creating greater opportunities for students, faculty and



MaryAnn Baenninger

staff to understand and engage the college's Catholic and Benedictine identity through major gifts and programming. The college also significantly increased its endowment and received the largest single gift of support in its 90-year history.

Carol Guardo assumed the role of CSB president after the resignation last year of Mary E. Lyons, who became president of the University of San Diego in (See **President, Continued** on back page)

COLLEGE OF
Saint Benedict



Saint John's
UNIVERSITY

Inspired Learning. Inspiring Lives.

SJU Men's Development Conference Targets Solutions to Violence

prepared by Glenda Isaacs Burgeson,
Community editor

The SJU Men's Conference on The College Male opened with a rousing call to end violence against women. Jackson Katz, one of the nation's leading anti-sexist male activists, in his keynote address challenged the men in the audience to take a stand against a pervasive culture of violence that dictates how people live their lives.

His remarks set the tone for a lively conference, held Feb. 20-22 on the SJU campus, that buzzed with excitement as participants explored issues, shared ideas, and exchanged e-mail addresses. The conference, the first of what organizers hope will be an annual event, was organized by the SJU Center for Men's Leadership and Service to address the development of men during the traditional college age, 18-24. It attracted 170 participants nationwide, including undergraduate and graduate students, as well as faculty, and served as a showcase for research and presentations by SJU and CSB students.

Katz was the first man at the University of Massachusetts-Amherst to earn a minor in women's studies, and he also holds a master's degree from the Harvard Graduate School of Education. In 1993, he founded the multi-racial, mixed-gender Mentors in Violence Prevention (MVP) Program, at Northeastern University. MVP is the first large-scale attempt to enlist high school, collegiate and professional athletes in the fight against all forms of men's violence against women. Today, MVP is the most widely utilized gender violence prevention program in college athletics. Since 1997, Katz has been directing the first world-

Conference Showcases SJU, CSB/SJU Initiatives

prepared by Glenda Isaacs Burgeson, Community editor

The Conference on the College Male provided numerous opportunities for students, faculty and staff to showcase before a national audience gender-based programming at SJU and joint initiatives at CSB/SJU.

Students from the CSB/SJU Gender Group gave a presentation entitled "The Gender Box." This peer education group, comprised of CSB and SJU students, led an interactive discussion about how images in the media shape self image and cultural expectations. The session, which involves initial separate-gender conversations and concludes with mixed-gender discussion, was introduced by Sherry Smolik Day, CSB/SJU coordinator and director of student human rights/diversity. The Gender Group gives this presentation to first-year students, to introduce them to gender issues, she said.

Gar Kellom, SJU vice president for student development and director of the SJU Men's Center for Leadership and Service, served on a panel discussion, "The State of Collegiate Masculinities," moderated by Ozzie Mayers, CSB/SJU professor of English.

In addition, he facilitated panel discussion about SJU student research sponsored by the SJU Center for Men's Leadership and Service. The panel featured SJU students Cheval Morrison, Corey Kallstrom and Jonathan Casper.

Fr. Bill Schipper, faculty resident at Mary Hall, gave a presentation on "Men, Spirituality, and the Collegiate Experience," in which he discussed the pioneering Men's Spirituality Groups at SJU. This program, which was recognized last spring by the American College Personnel Association as the recipient of the Outstanding Men's Program Award, uses a model of personal story-telling in small-group discussions to guide students in self-awareness as young men. Independent assessment of the program shows that SJU students gain a better understanding of relationships and develop a sense of spirituality and connectedness. First-year students are invited to join a Men's Spirituality Group that meets throughout their college years. Initiated in 1995, the program now has 20 groups, each with approximately 10 members and two mentoring facilitators.

During his presentation, Schipper introduced a panel of SJU group members who discussed their experiences in the programs and answered questions from the audience.

Eric Felsch, staff counselor, SJU Personal and Professional Development Center, and SJU seniors Joe Ceronky and Joe Houseman gave a presentation entitled "The Men's Program," a workshop on what men can do to help a sexual assault survivor. The students are in the process of implementing this peer-education program in the SJU residence halls.

The conference also provided opportunities for leadership development for SJU and CSB students. SJU senior Richard Carlborn served as chair of the student-led conference steering committee. CSB students assisted with conference registration.

wide gender violence prevention program for the United States Marine Corps, and he is also a member of the Secretary of Defense's Task Force on Domestic Violence in the military.

He advocates an awareness campaign to counter what he calls the "dysfunctional aspects of traditional socialization." Social norms that belittle empathy and interdependence isolate men and discourage them from taking responsibility to stop the violence.

"Women I know can't walk down the street at night for fear of assault," he said in his remarks. "The question is: where are the men?"

Men need to realize that violence against women is not a women's issue, it's a men's issue, he argued. They need to understand that, in instances of bullying, sexual harassment, youth violence, sexual assault and domestic violence, the offenders are predominantly men.

"Women order their daily lives around the threat of men," he said

"The vast majority of men have done very little about sexual violence," Katz said. "We need to raise the bar. We need to create a peer culture that doesn't tolerate sexual assault."

After his speech, participants set about exploring ways to create that peer culture.

CSB Renaissance Award Honors Irving Weiser

Irving Weiser, chairman of RBC Dain Rauscher, a Minneapolis-based wealth management and capital markets firm, will be the recipient of the 2004 Renaissance Award. The CSB community will honor Weiser during a breakfast program at 9:40 a.m. Wednesday, April 14, in the Alumnae Hall in the CSB Haehn Campus Center. During this event, there will be orange juice toasts and Weiser will address the audience.

The Renaissance Award will be presented later that day at a reception at the Minneapolis Club in Minneapolis.

Weiser served as the president of RBC Dain Rauscher from 1985-89 and CEO from 1990 to April 2003. Prior to 1985, Weiser was a partner at Dorsey and Whitney, a leading Minneapolis law firm. He is a past chairman and current member of the Executive Committee of the Board of Directors of the Guthrie Theater Foundation, former member of the Board of Overseers of the Carlson School of Management at the University of Minnesota and was chairman of the 2000 Minneapolis United Way campaign. Currently, he serves on the board of the Greater Twin Cities United Way. He has served on the boards of several community organizations, including the Minneapolis Institute of Arts and Children's Home Society of Minnesota and as an adjunct professor at the William Mitchell College of Law.

The Renaissance Award, given for the first time in 1999, honors leaders in the business community for their actions dedicated to the transformation of society. The Renaissance was a period of rebirth — political, economic, religious, artistic and intellectual — and the award represents this diversity of interests and the goal of social change within the context and values of the 21st century.

Individuals receiving the Renaissance Award are successful leaders in successful



Irving Weiser

businesses. They have endeavored through word and deed, in both their professional and personal lives, to be agents of social change, to support education and the arts and to show leadership in business and corporate responsibility.

Past recipients of the award include James Campbell, former chairman and chief executive officer of Norwest Bank Minnesota and Wells Fargo Bank Minnesota; James Colville, chief executive officer of the Greater Twin Cities United Way; Marilyn Carlson Nelson, chairman and chief executive officer of Carlson Companies, Inc.; William W. George, chairman and chief executive officer of Medtronic, Inc.; and Michael Bogniore of Honeywell, Inc.

Private College Scholars at the Capitol

The first Private College Scholars at the Capitol event was held Thursday, Feb. 5.

Students from 10 of Minnesota's private colleges and universities showcased their independent research and creative scholarship in a wide range of disciplines from art to politics, astronomy to prairie ecology, and environmental chemistry to math education in the Capitol's Rotunda. Projects included a study of practical solutions for the housing crisis in Kenya by Peter Ehresman, SJU senior, who is majoring in political science.

Benedictine Spirituality Lecture Focused on Middle East Peace Process

The Rev. William Skudlarek, OSB, spoke about his recent trip to Israel on Feb. 26, at the Benedictine Center in St. Paul. During his lecture, "The Way to Peace in the Holy Land: Monastic Reflections on a Fact Finding Mission," Skudlarek reflected on how the spiritual teaching of *The Rule of Saint Benedict* can help people understand and support grassroots efforts for peace and justice in the holy land.

Skudlarek, who serves as administrative assistant to the abbot of Saint John's Abbey, participated in the fact-finding mission to Israel which was funded, in part, by the American Israel Friendship League (AIFL) and Americans for Peace Now (part of Shalom Achshav). His week-long journey enabled him to talk to people in government and at the grassroots level who are working to promote a peaceful resolution to the problems in the Middle East. Skudlarek and his fellow travelers were encouraged to ask "hard questions" of people from the left, right and center in Israel and in Bethlehem and then to determine if the media "have got it right" in their reports on the conflicts between Palestinians and Israelis.

At his lecture, Skudlarek described what he saw and heard. "There is no way that I can begin to explain the entire situation, but I think that people will come away with a clearer understanding of the dilemmas, complexities and the efforts that are being made to listen and not pre-judge."

News media in the U.S. and the rest of the Western world tend to focus on acts of terrorism and retaliation between the Israelis and Palestinians, he said.

"Tragedy gets people's attention, but there are signs of hope. The positives are small, grassroots and not glamorous, but they are there."

He and his fellow travelers witnessed

many encouraging and dramatic signs of dialogue and peacemaking. "There will be, unfortunately, more bloodshed and more tragedies before peace is formed," he said, "but Israelis and Palestinians are willing to listen and hear how each have suffered and are being changed by what they hear. And, that's a sign of hope."

CSB Honor Society Inductees Announced

CSB inducted 23 new members into the Omega chapter of Delta Epsilon Sigma (DES) on Feb. 8. The program began with a mass at the Sacred Heart Chapel, followed by a brunch and ceremony in Alumnae Hall in the HCC.

DES, a national Catholic honor society for women, is considered CSB's highest honor for a student. The criteria for membership require applicants to have completed at least 50 percent of the credit requirements for their baccalaureate degrees with a distinction of performance, maintaining a 3.9 grade-point average or higher on a 4.0 scale. The purpose of DES is to recognize outstanding academic accomplishments, dedication to intellectual activity and service to others.

The following are the inductees for 2004: Ashley Agerter of Rochester, Minn., senior psychology major; Stacy Busch of New Prague, Minn., junior biology major; Elizabeth Dahlman of Delano, Minn., junior theology major; Kathryn Enger of Madison, Minn., jun-

ior history major; Katie Finnegan of Sioux Falls, S.D., junior art major; Maureen Handoko, junior biochemistry major from Indonesia; Amanda Henning of St. Cloud, senior German major; Katherine Marie Johnson of Mendota Heights, Minn., senior elementary education major; Kelly Becker of Maple Grove, Minn., junior nursing major; Ashley Korbel of New Prague, Minn., junior biology major; Kathleen McCarney of Litchfield, Minn., senior history and art history double major; Teresa A. Minnich of Ashland, Ohio, senior political science major; Sarah Nezworski of Eau Claire, Wis., junior biology major; Molly Orcutt Cold Spring, junior biology major; Nicole Pagliaccetti of Virginia, Minn., junior biology major; Emily Margaret Sheehan of Excelsior, Minn., junior art major; Jenny Stephenson of Aberdeen, S.D., senior biology and environmental studies major; Jodi Tangen of Monticello, Minn., senior elementary education major; Melissa Emily Thompson of St. Cloud, senior sociology major; Jessica Tierney of Mendota Heights, Minn., junior biology major; Theresa Werth of Glencoe, Minn., senior biology major; Andrea Winn of Shakopee, Minn., senior accounting major; and Kate Winzenburg of Johnston, Iowa, junior English major.

SJU Football Team Receives Congratulations from House of Representatives

U.S. Representative Mark Kennedy introduced on the House floor on Feb. 4 a resolution congratulating the SJU football team on its national championship.

Saint John's Arboretum Offers Volunteer Options for Students

prepared by Kyhl Lyndgaard,
Arboretum writer/administrative assistant

Saint John's Arboretum, charged with instilling greater environmental awareness and literacy in all CSB/SJU students, appeals to a wide range of academic interests. The more than 2,500 acres that Saint John's encompasses were designated a natural arboretum in 1997. Its rural and natural setting serves as a magnet for students from many disciplines, all drawn by a common love of nature and the outdoors.

Opportunities for students are diverse. The ongoing K-12 educational tours, land management and natural habitat restoration work require many volunteers and high levels of student involvement.

Marian Studer, a CSB junior art major/secondary education minor, works as one of the Arboretum's student tour leaders, and also has developed curriculum for elementary students during the summer. The student tour leaders, coordinated by John Geissler, assistant director of Saint John's Arboretum, guide more than 4,000 K-12 students through the oak savanna, wetlands and prairie each year.

The establishment of the environmental studies major indicates the level of appreciation CSB/SJU students have for nature, and many students practice their academic interests by completing Arboretum work. SJU senior Will Gorrilla, a double-major in economics and environmental studies, has participated in four prescribed burns to help improve native vegetation. His first exposure to the Arboretum was helping build the 900-foot floating boardwalk across the wetlands.

Another major source of student involvement at the Arboretum comes from the Service Learning project, required of education students. While these students have the option to serve at various charities and organizations in cen-

tral Minnesota, many elect to volunteer at the Arboretum. SJU sophomore Jake Witherbee, a natural science major/secondary ed. minor, participates in the service learning program. Witherbee chose to volunteer at the Arboretum, citing the flexibility of hours and his own personal interest in the outdoors as the primary reasons he became a student teaching aide. "The tours are nice for kids in the area — I would have enjoyed such an opportunity."

Saint John's Arboretum welcomes all volunteers and also has an active membership base. For information on memberships, events and volunteer opportunities, please contact Saint John's Arboretum at 363-3163, or visit the Web site at www.csbju.edu/arboretum.

Pianist Willem Ibes to Perform in New York City

Willem Ibes, CSB/SJU professor of piano, will perform a recital in Weill Recital Hall at Carnegie Hall at 8 p.m., Tuesday, April 6.

This will be Ibes' fourth recital in New York and his third at Carnegie Hall/Weill Recital Hall. When he made his East Coast debut in 1990, critic Joseph McLellan of *The Washington Post* wrote "Ibes is not exactly a household name on the East Coast. But ... one could not help wondering why his arrival had been delayed for so long." Ibes is in fact an acclaimed pianist, who has appeared all

over the United States, Europe, Japan and China, performing in recital or as soloist with orchestras that have included the St. Paul Chamber Orchestra, Philadelphia Festival Orchestra, Minneapolis Civic Orchestra and recently the Manhattan Virtuosi. Ibes has recorded five CDs of music by Beethoven, Liszt, Fauré, Chopin, Berg and other composers.

Ibes will be performing a program that includes Bach's *Italian Concerto*, the second and fourth *Ballade* by Chopin, Mendelssohn's *Variations Sérieuses* and four *Préludes* by Debussy from *Book II*.

The evening's final work is Beethoven's *Sonata in A Major*, op. 101, which the pianist has dubbed the "Dorothea-Caecilia" Sonata. After extensive research into the question of Beethoven's "Immortal Beloved," Ibes recently presented his bold theory that the Immortal Beloved's name, Dorothea (von Ertmann), is encoded in the rhythm and meter of each and every measure of the sonata. His colleague, CSB/SJU professor of music Philip Welter, undertook the task of transcribing the whole sonata in a setting for three voices and sparse accompaniment. Ibes supplied the text, consisting of a single four-syllable name, Dorothea, its variants and derivatives as O' Thea, Dorothee, Theodora and, especially in the last movement, putting the last "a" in front: Adoro Te, Adoro Thea, Adoro Dorothea.

SJU Leads NCAA Division III in Total Football Attendance for 2003

The SJU football team was the top ranked institution among NCAA Division III total attendance leaders, attracting 58,465 spectators during nine regular season and playoff home games in 2003. SJU has led NCAA Division III in total or average attendance seven times in the past 11 years. The attendance rankings were released in the Feb. 2 issue of *The NCAA News*.

A special feature of the recital will be a few sung excerpts from this Cantata version and a short commentary by the performer on the discoveries which led to his firm conviction that the Sonata's sub-text is indeed that single name: Dorothea.

Ibes, a native of the Netherlands, has been professor of piano at CSB/SJU since 1957. He graduated from the Amsterdam Conservatory of Music and later studied with Marguérite Long in Paris, where he earned the equivalent of a doctorate in musical arts. He also has a degree in philosophy and regularly leads students in the study and practice of Zen meditation.

Paul Lawson Fourth Quarter Deadline Approaching

Applications for the Paul Lawson Administrative Development Fund are due for the final quarter on April 15. The fund provides for the professional growth and development of individual administrators at SJU. University administrators are given preference as are proposals which support the strategic priorities of the institution. For more information contact T. Todd Masman, selection committee chair, at tmasman@csbsju (ext. 5273).

Faculty/Staff news

Joyce Merkel, assistant professor of nutrition, and SJU dietetics senior Chad Schwartz presented on nutrition and aging at a workshop for Faith In Action (FIA) volunteers on Feb. 7. FIA coordinates volunteers to provide services such as grocery shopping, transportation, household chores and friendly visiting to people in need in the greater St. Cloud area.

Madhu Mitra, associate professor of English, recently presented two papers. "What use is *ahimsa*? Re-evaluating Non-violence in Nayantara Sahgal's *Lesser*

Breeds" was presented at the Mid-Atlantic Association for Asian Studies Conference in Washington, D.C., in October. "Nostalgia and Postcolonial Narrative" was presented at the Hawaii International Conference on Arts and Humanities in Honolulu in Jan. 2004.

Marina Martín, associate professor of Spanish, has had two of her papers on film and literature (Carlos Saura/Borges) and art (Antonio López) accepted for two future conferences in Cincinnati in May and in Madrid in July.

Scott Richardson, professor of classics, delivered a paper entitled "Indirection in the *Odyssey*" at the annual meeting of the American Philological Association in San Francisco on Jan. 3.

Cynthia Rudolph, instructor of sociology, presented papers at two conferences last fall. "Purging God the Father, Eating God the Mother: Images of God in Experiences of Bulimia" was presented at a conference on mothering, religion, and spirituality sponsored by the Association for Research on Mothering at York University in Toronto. "Others' Problems, Others' Solutions: Gender Violence and the Construction of a White, Rural Identity" was presented at the annual meeting of the American Anthropological Association in Chicago.

Fr. Anthony Ruff, assistant professor of theology, presented a talk on "Liturgical Music and the Vatican II Renewal" at Benedictine College in Atchison, Kan., on Feb. 7.

Tony Cunningham, professor of philosophy, has been appointed the Blecker Professorship in the Humanities beginning 2004-05. He will succeed Annette Atkins.

James Read, professor of political science, gave an address titled "Hamilton and Liberty" on Jan. 31, at a symposium on Alexander Hamilton at the New York Historical Society in New York City. The event was co-sponsored by the Historical Society and the Gilder-Lehrman Institute of American History. The symposium was videotaped for future broadcast on C-Span.

Laura Rodgers, RN, Ph.D. and professor of nursing, published results from her phenomenological research in February's issue of *Geriatric Nursing* (vol. 25, no. 1, pages 2-9). The title of her article is "Meaning of Bereavement among Older African American Widows."

Louis Johnston, assistant professor of economics, gave a presentation, "How did we get here? The evolution of the international economy, 1850 to the present," at the Alternatives to Violence

Register Now for Maple Syrup Festivals

The Saint John's Arboretum Maple Syrup Festivals will be 1-4 p.m. March 29 and April 3. The family-friendly festival features horse-drawn wagon rides, sap collection, tree tapping demonstrations, syrup cooking and maple syrup sundaes. Admission for Arboretum members is \$2 for adults, children of members, free; non-members admission is \$6 for adults, \$2 for children. Pre-registration is required. E-mail arboretum@csbsju.edu or call 363-3163 to register.

Project workshop, Jan. 30-Feb. 1, at St. Cloud State University, sponsored by NOVA.

Vicky McIntyre, assistant professor of management, has co-authored a paper titled "Mexican Village Too: Can an Independent Restaurateur Succeed Where Franchises Have Failed?" in *The Journal of Accounting Case Research* (vol. 7, No. 2).

SJU peace studies senior **Christopher Hausmann** has had his paper proposal accepted for presentation at the National Conference on Undergraduate Research. His paper is titled "Perceptions of Charitable Choice by Faith-Based Service Providers in South Dakota." He has been working on the research project for approximately one year with **Ronald Pagnucco**, assistant professor of peace studies, who will accompany him to the conference in Indianapolis.

CSB peace studies junior **Johanna Hatch** has had her research paper, "On Stilts or Off: Mothering Activities and Visions of Peace," accepted for presentation this month in Milwaukee at the Mount Mary College symposium, "Transforming Conflict: Women's Ways of Leading." She wrote this paper last spring for an independent learning project directed by **Kelly Kraemer**, assistant professor of peace studies, as a followup to her work in Kraemer's "Women and Peace" course.

In The Media

Louis Johnston, CSB/SJU assistant professor of economics, was a guest commentator Feb. 3, on Minnesota Public Radio's Middy, featuring a discussion on "Are American Jobs Heading Overseas?"

The Welcome Mat

We welcome the following to the CSB/SJU community:

Sheri Hoole, Food Service

Dave Konz, Custodian

Lori Steinly, Faculty, Physical

Education

Rosamond Spring, Faculty, Education

Judith Seaburg, Faculty, Education

Jeffrey Chounard, Dining Service

Theresa Mertes, Custodial Services

Russell Kilanowski, Physical Plant

Farewell to Friends

We bid farewell to the following members who have left the CSB/SJU community:

Jim McDougle, Power Plant

Jodi Carlson, Library

Lisa Winkels, Prep School Snack Bar

Lois Sand, Custodial Services

Kirsten Clark, Library

John Determan, Physical Plant

Hayatt Deeb, Prep School Snack Bar

Margaret Hughes, Faculty, Physical

Education

Donations Requested for Food Drive

Donations are solicited for the annual Lenten Food Drive, sponsored by the Administrative Assemblies of Saint John's and the College of Saint Benedict, co-chaired by S. Eunice Anthony at CSB and Tom Stock at SJU. Drop-off locations are prominently available on both campuses. Cash or check donations, made out to CSB or OSB Food Drive, may be directed to either CSB or SJU Student Accounts Office. The food drive will conclude on April 7.



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Deadline for the April issue is March 19.
To share your information and story ideas,
simply e-mail them directly to Community at:
community@csbsju.edu.

The Puzzle Pieces of You

prepared by Suzanne Gerjets and Katie Wasness, CSB Health Advocates

A puzzle consists of multiple pieces that fit together to display the best image. Each puzzle piece is vital for this image to be complete. This demonstrates the concept of holistic health, which means taking care of your “whole” self. As individuals, we each have many dimensions that help complete our own puzzle. Our different puzzle pieces include physical, occupational, emotional, intellectual, social, and spiritual aspects. Each is vital to helping us become the best person we can be.

Our physical puzzle piece includes exercise, nutrition and the behaviors that help us prevent illness. The occupational puzzle piece includes whether or not we are content with the work we do. The way we accept our emotions, and the

overall feelings we have about ourselves and our lives make up the emotional puzzle piece. Using our minds to increase our knowledge and skills and sharing this with others make up the intellectual puzzle piece. The social puzzle piece consists of how much we offer ourselves to the greater good of the community. The spiritual aspect of our puzzle includes searching for meaning and knowing who we are in relationship to a higher being.

In order for you to become as healthy as possible, it is important for you to identify areas of your puzzle that are missing or incomplete. If you have any questions or would like to learn more about holistic health, please contact the Health Advocates at healthinfo@csbsju.edu.

Editor's note: Each month, the Healthy Learning Community and the Partners for Healthy Learning promote a health theme to the CSB and SJU campuses. These groups are involved in the promotion of physical, intellectual, emotional, social, occupational and spiritual health. To learn more about the Healthy Learning Community and the Partners for Healthy Learning, please visit the Web site at <http://www.csbsju.edu/extending/projects.htm>.

(President, Continued from front page)
California last July. During this important transition, Guardo has worked to continue the progress of the college and pave the way for the new long-term president.

“I extend a warm welcome to MaryAnn on behalf of the entire Saint Benedict community,” Guardo said. “Under her energetic leadership, I am confident the College of Saint Benedict will move forward strategically as a premier liberal arts institution. She brings perspectives and experiences that will help Saint Benedict fulfill its unique potential to be a college for women in partnership with Saint John’s University. Given her many gifts, MaryAnn will be a strong

model for our students as a woman of the 21st century.”

Br. Dietrich Reinhart, SJU president, anticipates a productive partnership with Baenninger.

“I am delighted to welcome Dr. MaryAnn Baenninger as the next president of the College of Saint Benedict. She brings vibrant, energetic leadership to CSB, an extraordinary commitment to higher education, and deep support for our Catholic, liberal arts mission. I look forward to working with MaryAnn and the opportunity to provide together the leadership that will allow these colleges to grow and flourish,” he said.