CONFIDENTIAL SUPPORT & REPORTING

Colleges and universities are required, under Title IX, to respond to any known allegations of discrimination based on sex. This includes sexual assault, sexual harassment and other types of sexual misconduct. If you are speaking with an employee of the college or university, that person may be required to share that information with other campus authorities. However, there are places on campus and off campus where you can have confidential conversations about sexual assault and sexual violence.

Counseling Services at CSB and SJU
(320) 363-5605 or (320) 363-3236
Monday-Friday, 8:00am - 4:30pm
Offices located at CSB in the lower level of Lottie Hall
Offices located at SJU in the lower level of Mary Hall

Central Minnesota Sexual Assault Center
(320) 251-4357
Assistance, support, and advocacy is available 24 hours

Healing Voices Support Group at CSB
Support group typically meets during spring semester and is facilitated by the Central Minnesota Sexual Assault Center

You can speak with others about your experiences, but be aware they cannot promise confidentiality and may need to act upon the information you share with them. Sometimes, a student who is dealing with a sexual assault or sexual violence experience finds they have difficulty concentrating on classes, feeling comfortable in their residential setting, meeting employment expectations, etc. You can seek support and assistance from the following places and people:

   Academic Issues:  Academic Advising and Professors
   Living arrangements:  Residential Life Offices, RAs, CAs, ACs, RDs, and FRs
   Sports and Athletics:  Coaches, Athletic Director
   Work:  Supervisors and the Student Employment Office

Conversations with these resources can take place without necessarily sharing the specifics of the incident or situation. For example:

   “Something happened to me, and because of this, I hope you understand if...”
   “There was an incident that happened to me and I’m trying to deal with it, so I hope you understand if...”

PLEASE REMEMBER
St. Ben’s and St. John’s are committed to doing everything possible to respond to incidences of sexual assault and sexual violence. We encourage students who have experienced sexual assault or sexual violence of any kind to come forward to report the incident and to receive support and resources.