FOR IMMEDIATE RELEASE

Mary Reuter, OSB, Publishes Book on Spirituality

Running with Expanding Heart: Meeting God in Everyday Life, by Benedictine Sister Mary Reuter, is full of wisdom and encouragement for those who seek God in the world around them. Through her poignant and humorous stories, and through her careful listening to Scripture and the Rule of Benedict, readers will find in Sister Mary someone who is skilled in paying attention to the extraordinary in the ordinary, in discovering the presence of God in the events of daily life. In this new title from Liturgical Press, S. Mary proves a companion and guide to all those willing to take up the practice of looking for God in unexpected places; in doing so, they will find their hearts expanding with the unconditional and all-embracing love of God.

S. Mary Reuter is a member of Saint Benedict’s Monastery in St. Joseph, Minn., where she served as prioress from 1989-1995. She is one of the founders and currently the interim program director of the Companions on a Journey program at the College of Saint Benedict. She also teaches in the theology department at the College of Saint Benedict and Saint John’s University.

Running with Expanding Heart is available at bookstores, or for purchase in person or online from Whitby Gift Shop at www.sbm.osb.org/store.

If you are interested in receiving a review copy of this book, please contact Michelle Verkuilen at Liturgical Press, mverkuilen@osb.org or at 320-363-2227.

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