Benedictine Values

Awareness of God
We acknowledge the primacy of God.
To look for God in the ordinary events of each day.
“We believe that the divine presence is everywhere.” RB 19.1

Moderation
We are committed to practicing simplicity and frugality.
To be content with living simply and finding balance in work, prayer and leisure.
“All things in moderation.” RB 48.9

Hospitality
We practice hospitality and respect for all persons.
To offer warmth, acceptance and joy in welcoming others.
“Let all ... be received as Christ.” RB 53.1

Dignity of Work
We are committed to the stability of place.
To appreciate the dignity of work in God’s creation.
“... that they live by the labor of their hands.” RB 48.8

Community Living
We are committed to forming stable relationships in the community.
To become who we are by our relationships with others.
“... and may He bring us all together to everlasting life.” RB 72.12

Listening
We listen reverently with the ear of our heart.
To hear keenly and sensitively the voices of persons and all created beings.
“Listen ... with the ear of your heart.” RB Prologue 1

Taking Counsel
We call the community together for counsel to make decisions.
To cultivate rootedness and a shared sense of mission; to stand firm in one’s promises.
“As often as anything important is to be done ... the abbot shall call the whole community together and explain what the business is.” RB 3.1

Common Good
We integrate a commitment to the common good and respect for the individual.
To develop a robust sense of the common good.
“We intend to establish a school for the Lord’s service ... We hope to set down nothing harsh, nothing burdensome. The good of all concerned may prompt us to a little strictness in order to amend faults and to safeguard love.” RB Prologue 45-47

Stewardship
We reverence all creation.
To appreciate and to care lovingly for all the goods of this place.
“Regard all utensils as if they were the sacred vessels of the altar.” RB 31.10

Respect for Persons
We reverence all persons.
To respect each person regardless of class, background or professional skill.
“No one is to pursue what is judged best for oneself, but instead, what is better for someone else.” RB 72.7

Justice
We are committed to practicing justice.
To work toward a just order in our immediate environment and in the larger society.
“... that in all things may God be glorified.” RB 57.9

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