

# Nature Notes

For the week of  
June 30–  
July 6

From your friends at Saint John's Arboretum!

## Paper Making



Photo courtesy of the Literary Arts Institute

### Paper Making is a Cycle

Rags make paper

Paper makes money

Money makes banks

Banks make loans

Loans make beggars

Beggars make rags.

### Paper Making

- Paper is first known to exist in China.
- Paper can be made from any natural fiber, however some are easier to process than others. The main fibers used for papermaking are cotton, flax, and kozo (from the pulp mulberry plant.) The only one known to be historically grown in Minnesota is flax.
- At the Saint John's Arboretum some plants that are easy to use include: cattails, reed canary grass, and big blue stem.
- The basic steps to make paper are: harvest, cook, beat, form, press, and dry. For an at home activity follow these [instructions](#).
- For a more detailed description of how kozo is used please see [Awagami Factory](#).

## Upcoming Arboretum Events

### Papermaking

Thursday, July 1 — 6:30–8 p.m.

Meet at the prairie kiosk to learn how to gather materials for papermaking, then move to the New Science Center to make your own paper! Preregistration required, check it out on the Arboretum website: [www.csbsju.edu/arboretum](http://www.csbsju.edu/arboretum)

\$5—Arboretum members and students of all ages

\$10—Non-members/non-students

### Summer Shindig Volleyball Tournament

Thursday, July 8 — 5:30–9 p.m.

Students on campus this summer are challenged to put together a winning team in our classic summer event at the Watab volleyball courts next to the Watab parking lot. Look for live music, juicy burgers and brats, and a good time!

### Abbey Solar Farm Tours

Saturday, July 10 @ 11:30 a.m.—12:30 p.m.

Saturday, August 14 @ 10:30–11:30 a.m.

The community is abuzz with interest in St John's Abbey's new solar farm. Join us for a public tour to learn more about renewable energy!

Free—Arboretum members and students of all ages

\$5—General Public

### Dragonfly workshop

Sunday, August 1 — 9 a.m.—4 p.m.

The Minnesota Odonata Survey Project (MOSP) is hosting a free workshop at Saint John's Arboretum. Visit [www.mndragonfly.org](http://www.mndragonfly.org) for more information.

### Night Canoe during a Meteor Shower

Monday, August 9 — 9 p.m.

Canoe to the middle of Lake Sagatagan to watch the Perseids Meteor shower!

### Dutch Oven Dinner

Monday, August 9 — 5:30–7:30 p.m.

Back by popular demand is our Dutch oven cooking demonstration and wonderful meal. While the food is cooking, enjoy a wildflower walk in the prairie by Arboretum staff.

\$10 Arboretum members and students

Reserve your spot [online!](#)

If you would like to be on the volunteer e-mail list for the Arboretum, please e-mail

[arboretum@csbsju.edu](mailto:arboretum@csbsju.edu).

We'll be in touch...

Your friends at the Arboretum

It's your backyard, so get out and play!

\*\*\*Nature Notes is a weekly publication designed to keep you informed about exciting events offered by the Arboretum!

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